

SPECIAL REPORT What the death
of the Queen means for Aotearoa

NEW ZEALAND **LISTEN**

SEPTEMBER 24-30 2022



QUEEN ELIZABETH II
1926 - 2022

End of an era?

JANE CLIFTON

What the Queen was really like

HELEN CLARK

The next step is up to us

ANDREW ANTHONY

A not-so-United Kingdom

MAI CHEN

The tough questions ahead

BILL RALSTON

Why we need a kaihautū

& MORE



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SUBSTACK

The Kiwi behind the
media phenomenon

EYE SPY

Preventing vision
loss as you age

HI, ANXIETY

Robyn Malcolm
shares her fears

COVER IMAGE: GETTY IMAGES/LISTENER ILLUSTRATION



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HAZEL PHILLIPS

Pause for thought

The Queen's death may cause us to think about our constitutional arrangements, but there is no rush, writes HELEN CLARK.

The passing of Her Majesty the Queen has been marked by many reflections on her contribution to public service. As a young woman, the then Princess Elizabeth vowed to serve for her whole life, and she literally did. Just two days before she died, she farewelled one British Prime Minister and welcomed the next. One can only imagine the immense effort that took for a 96-year-old in failing health. But, as ever, the Queen did her duty.

Her unflinching dedication commanded respect across society, regardless of how people viewed the monarchy as an institution.

The Queen was of my parents' generation – born between two world wars, witness to the Great Depression, the Cold War and its nuclear arms race, decolonisation, and much more that is ancient history to most people alive today.

In her long reign, she met leaders from across geographies and political systems, travelled widely, and was both well briefed and knowledgeable. To me as a prime minister a generation younger, the Queen was a veritable walking encyclopaedia of people, places and events, which made her a fascinating, albeit discreet, conversationalist.

Now, after 70 years as Head of State of New Zealand, the UK and many other countries, she is suddenly no more. There will be no more Queen's Christmas messages, no more walkabouts, and no more 100th birthday cards sent to those, like my father, who were so proud to receive them. The Queen's presence in ways great and small will be missed. She represented continuity in an age of turbulence, and the anchor she provided has now gone.

That break with the past will be felt most keenly in the UK. In a nation deeply divided by Brexit, the Queen was one of the few unifying forces. So, King Charles III has big shoes to fill. But he has been an understudy for the role since he was a small child, and I wish him well. He was an advocate for sustainable development long before it was fashionable and helped make it a mainstream cause, which has been a significant contribution to the public good.

In this country, the Queen has been a more remote figure seen on television screens, heard on radio, and much photographed in print media. In the first 49 years of her reign, she visited New Zealand 10 times, but her last visit was 20 years ago. As she travelled less far from home, younger members of the royal family came to keep the links. Meanwhile, NZ Governors-General got on with performing the duties delegated to them by our non-executive Head of State. Will these arrangements long survive the transition in the monarchy? Will there be an appetite for constitutional change here any time soon? Will reflections on these issues gather momentum now?

The jury is out on all these questions. The matter is not one of urgency, but one day it will no doubt be addressed. Whether addressing it will result in change remains to be seen. The "if it ain't broke, don't fix it" mantra may prevail, along with an awareness that a constitutional debate can also add another dimension of polarisation in a society where political rhetoric has become more charged, and where there are heightened perceptions of marginalisation and exclusion.

In such circumstances, therefore, and in the absence of public demand for change, there may well be little appetite for launching a national debate that would likely be divisive. But over time, as our population diversifies and

as generations with few ties to the UK, save for the snaps from the working holiday, come to predominate, attitudes may change. If they do, one hopes for public dialogue that is respectful and does not end up as a Brexit-style experience leaving us more divided than we are now.

Thus, the death of the Queen has forced us to think, even if only momentarily, about our country's future constitutional status. The certainty and stability of the system she has long presided over have been unsettled. Whether and how it settles is in our hands. ■

The Rt Hon Helen Clark was Prime Minister of New Zealand from 1999 to 2008 and administrator of the United Nations Development Programme from 2009 to 2017.



The Queen and Helen Clark at the dedication of the New Zealand Memorial in Hyde Park in 2006.

The certainty and stability of the system she presided over have been unsettled.

SUBMISSIONS for *Upfront* should be approximately 600 words long and should be sent to listener@aremedia.co.nz. Full contact details must be provided.

Doctors and diagnosis

Thank you, Marie Murray, for your *Upfront* about endometrial cancer (September 10). It's the same story I have told to many women in the 17 years since my cancer was diagnosed.

I also experienced breakthrough bleeding in my mid- to late-50s and brought this to the attention of my doctor. Each time, I had a smear test that came back negative. So, I started tracking when these events occurred and established a pattern that showed bleeding occurred within a day or two of my

being in close proximity to my infant grandchildren, or indeed any infant.

After having this theory dismissed by the doctor, I just settled into enjoying being some kind of "Earth mother" – until one night the bleeding got more serious. This time, the doctor finally decided to do Pipelle endometrial sampling.

The next day, I got my diagnosis – cancer, endometrial adenocarcinoma to be exact. By this time, it was Stage 2, and things moved swiftly from there. As with Marie, my treatment and care

from then on were first class.

Here is the question: given my symptoms, my age, my weight (oestrogen is stored in fat and an excess of this hormone can contribute to endometrial cancer), why was I not diagnosed earlier?

Seventeen years on, I am enjoying life, but I still ponder the fact that if I had not been persistent and proactive, it could have been a different story.

Marie, I wish you well. Keep spreading the news.

Bobbie Poll
(Whanganui)

SCAMMING RED FLAGS

I had always thought it would be difficult to scam me ("Don't be fooled", September 10), but then I found out otherwise. Here is my experience. The scary thing is that despite alarm bells ringing in my head, I did what the scammers asked anyway.

A scammer claiming to be from Chorus rang me with a plausible story about local broadband connections running slowly. Allegedly, somebody might have hijacked my computer and was sending scam emails from it. He got me

WINNING CAPTION

Rex McGregor, Auckland

FINALISTS

Boris Johnson: "When things start getting tough for me, I just go off and have a jolly good drinks party with some friends!" – Joe Shannon, Drury

Johnson: "Must rush, old chap. Funeral, you know."

– Ann Love, Nelson

Johnson: "A word, old chap: if that interpreter of yours introduces me as Doris Johnson one more time, so help me ..."

– Dean Donoghue, Papamoa Beach

Johnson: "Carrie calls these my love handles."

– Joe Baker, Dunedin

Johnson: "Yes, we can get you more tiles from London, postwar stock."

– Alan Beck, Dunedin

Johnson: "Have you got a position in your cabinet?"

I know how to set up a party!" – Kevin Boyce, Raumati Beach

Caption Competition {listenercaption@aremedia.co.nz}

TO ENTER Send your captions for the photo at right to listenercaption@aremedia.co.nz, with "Caption Competition No 479" in the subject line. Alternatively, entries can be posted to "Caption Competition No 479", *NZ Listener*, PO Box 52122, Kingsland, Auckland 1352. Entries must be received by noon, Tuesday, September 27.

THE PRIZE The keepsake book of the multiple Emmy Award-winning TV comedy *Schitt's Creek*, by series creators and stars Daniel Levy and Eugene Levy.



Caption competition
THIS WEEK'S PICTURE



Camilla, then Duchess of Cornwall, with BBC presenter Fiona Bruce during a visit to the *Antiques Roadshow* at the Eden Project in Bodelva, Cornwall.



to check a lot of things, most of which I didn't understand, but, being helpful, I spent a long time "helping" him.

Then he said the next thing to check was complicated, and it would be simpler if I would let him take over my computer. Big red flag, and I felt uneasy, but went along with it anyway. He got me to download software called "AnyDesk". Never do that. Then his accomplice took over, and said my bank accounts might be compromised, and I should check them, which I did. They were, of course, logging my keystrokes by then.

Then an even bigger red flag. She asked for a photo of my "NetGuard" card, which is a grid of numbers and letters used for security purposes. I refused at first, but then I actually did as she asked.

Their strategy was to spend a long time wearing me down. They kept me engaged by relying on my being helpful, and then progressively sapping my confidence with their brisk, knowledgeable manner. I became more and more passive, had less and less trust in my own critical faculties, and just did as I was told.

So, there is another red flag – being asked to do lots of obscure things that take ages.
Name & address withheld

POVERTY INACTION

It would be interesting to know the amount of money this government spends on research and proposals, as no amount of escalating child poverty, as shared in Colleen Brown's well-researched article ("Deprived at the start", September 17), seems to press the action button.

It must be a true embarrassment to Jacinda Ardern, who so publicly took on the child poverty portfolio.

What sheer frustration the many tireless but fatigued social workers and others working in this area

experience on a daily basis while the government refuses to implement their well-researched suggestions for change – change that could actually break the cycle of child poverty.

The article also must be commended for pointing to the level of racism rife in New Zealand, which adversely affects so many people's lives.

Alan Johnson's suggestions are to address tax inequality and have a fairer distribution of wealth and, of course, affordable housing.

The government currently enriches rental property owners' profits through accommodation benefits – a reckless use of state money when homelessness is a growing, visible problem. How is that a fair and progressive housing model?

R Riccola
(Albany, Auckland)

WHO ELECTED HIM?

Amid all the grieving for the late Queen, it's important to remember that the monarchy is inherently a completely unjust system that gives untold privileges and wealth to an extraordinarily small group of people born into a family whose predecessors gained such entitlements through the exploitation of ordinary citizens.

Through an accident of birth, so-called royals never have to worry about paying off a mortgage, cost-of-living increases or the price of petrol. Their lifestyle is so far removed from the average Kiwi's as to make them entirely irrelevant to most of us.

That New Zealand should so rapidly accept Charles as our king is a denial of the changing nature of our country, of our multicultural population and of the wishes of many of us for our country to be a truly independent, sovereign state.

Parliament can say what it likes, but I don't recognise

Charles as my king or sovereign ruler. To paraphrase the peasant in *Monty Python and the Holy Grail*, I didn't vote for him!

Chris Brady
(Taumarunui)

GENDER-AFFIRMATIVE CARE

As a parent of a young person who came out as transgender after the first lockdown, I was shocked and upset by the rush to affirm, and to offer puberty blockers with virtually no consideration of their background, mental health, etc ("Age of uncertainty", September 10).

There was no counselling and three brief meetings, on the third of which puberty blockers were administered. I was told, "Would you rather have a live daughter or a dead son?" But evidence of a link between denial of puberty blockers and an increased likelihood of suicide is lacking.

New Zealand needs to look at what is happening here and overseas in the name of gender ideology.

EG Johnson
(Castor Bay, Auckland)

FUEL FROM WASTE

In the ongoing discussion on biofuels (*Letters*, September 10), David Keat is correct that there is no means of manufacturing biofuels now. But Leigh Ramsey is also correct that we are going to need hydrocarbon fuels.

During the first oil shock, I was in charge of the Department of Scientific and Industrial Research chemistry division's biofuels programme. High-pressure liquefaction could solve New Zealand's problems. Thus,

the organics from municipal waste could make about eight litres of hydrocarbon fuel per head, or 32 litres per family of four.

A demonstration plant was designed in the US but was never built because the price of Saudi crude plummeted. But the argument we cannot do it is rubbish.

Work I did at the DSIR showed how, at the bench level, you could optimise the conversion of woody biomass for aviation fuel. Subsequently, I made some diesel substitute from microalgae that was used by Aquaflow Bionomic to run a diesel car around Parliament. The 2008 financial crash killed that project.

We can do it if we want to. As a country, we seem to prefer to sit around and hope someone else will do it. If we maintain we want to do our part, here is somewhere we could start.

Ian Miller
(Kelson, Lower Hutt)

YOGA & THE NAZIS

I want to express my surprise at Stephen Davis' allegation (*Reality Check*, September 3) that yoga instructors are some of the country's most fanatic conspiracy theorists.

Most disturbing was his underhand slur linking Nazism to yoga. The Nazis were known to "cherry-pick" and borrow from ancient scripts and teachings for justification for their beliefs and evil actions.

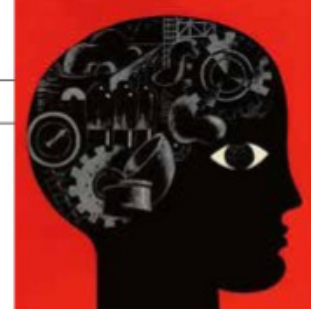
The Yoga Sutras – not new age but dating back to the 10th century – teach discernment and ethical behaviour that is life-enhancing. They include non-violence, truthfulness,

Letters to the editor {listenerletters@aremedia.co.nz}

The Editor, NZ Listener, PO Box 52122, Kingsland, Auckland 1352

- Letters must be under 300 words. Preference is given to shorter letters.
- A writer's full residential address is required on all letters, including emails.

- A phone number can be helpful.
- Pen names or letters submitted elsewhere are not acceptable.
- We reserve the right to edit or decline letters without explanation.



Quips & Quotes

"Is there anything more threatening than a friendly reminder?"
– *Seen on Twitter*

"She was the Queen for 70 years, longer than any monarch in British history. To put it into perspective for Americans, this would be like if Kris Jenner died here." – *Jimmy Kimmel*

"I'm going to miss that version of me, the girl who played tennis."
– *Serena Williams*

"Beware the fury of a patient man." – *John Dryden*

"Polite conversation is rarely either." – *Fran Lebowitz*

"You know you must be doing something right if old people like you." – *Dave Chappelle*

"Old age is no place for sissies." – *Bette Davis*

"All actors should experience public failure."
– *Olivia Wilde*

"All you have to do is play one note. But it needs to be the right note." – *Herbie Hancock*

"When we argue for our limitations, we get to keep them." – *Evelyn Waugh*

"If you tell people where to go, but not how to get there, you'll be amazed at the results."
– *George S Patton*

"You can't always see both sides of the story. Eventually, you have to pick a side and stick with it. No more equivocating. You have to commit."
– *John Mulaney*

10 Quick Questions

by GABE ATKINSON

1. Which TV series included the quote, "That's what I do – I drink and I know things"?

- ☐ Cheers
- ☐ Game of Thrones
- ☐ Will & Grace
- ☐ Father Ted

2. Where would you find a kind of worker called a "pusher" doing their job?

- ☐ Railway station
- ☐ Furniture factory
- ☐ Sales office
- ☐ Elevator

3. By ancient custom, MPs entering the UK's House of Commons are entitled to a pinch of ... what?

- ☐ Salt
- ☐ Gunpowder
- ☐ Snuff
- ☐ Nutmeg

4. Which of these footwear innovations was created by a co-founder of Nike in 1971,

and helped to boost the company's early success?

- ☐ Velcro straps
- ☐ Waffle soles
- ☐ Gel cushioning
- ☐ Inflatable soles

5. Which film includes a memorable scene in which a famous singer called Johnny Fontane performs at a wedding?

- ☐ The Graduate
- ☐ The Wedding Singer
- ☐ Four Weddings and a Funeral
- ☐ The Godfather

6. What is an English name for the bird called tītī in te reo?

- ☐ Blue duck
- ☐ Muttonbird
- ☐ Yellow-eyed penguin
- ☐ White heron

7. True or false? The US was the first country to achieve a successful soft landing of a spacecraft on

the surface of the Moon.

- ☐ True
- ☐ False

8. Raoul Island is the largest in which of these New Zealand island groups?

- ☐ Chatham Islands
- ☐ Auckland Islands
- ☐ Campbell Islands
- ☐ Kermadec Islands

9. Which New Zealand Prime Minister was in office when the Beehive was formally opened?

- ☐ David Lange
- ☐ Geoffrey Palmer
- ☐ Robert Muldoon
- ☐ Sidney Holland

10. Which of these is not one of the four title characters in the 1984 film *Ghostbusters*?

- ☐ Carl
- ☐ Egon
- ☐ Winston
- ☐ Peter

Answers on page 58.

accountability, equanimity and self-awareness. They provide a blueprint for all yoga students to live skilfully, using physical postures and breathing techniques. This includes learning to be discerning about your choice of teacher.

To my mind, the study and practice of yoga are a deterrent to going down a rabbit hole where no one can see clearly or get wiser.

Marion Chasteau
(Warkworth)

SHADES OF GREEN

It is time for those seeking public office to be upfront about their affiliations and background. Nelson mayoral aspirant Matt Lawrey ("Green shoots of recovery", September 10) seems intent on distancing himself from the Green Party. Rival Nick Smith doesn't attempt to hide his political background. Who is being more honest here?

Most people deplore the attempts by anti-vaxxers and others with extreme views to hide their connections to get elected on to local councils and even school boards of trustees. But is it any different when local body candidates try to minimise their connections to hide policies that voters might wish to know about before they decide how they will vote?

Perhaps it is time for a declaration of interests to be an official requirement for councils and other publicly funded organisations, in much the same way that conflicts of interest must be declared in public companies and local publicly funded organisations.

Vic Evans
(Nelson)

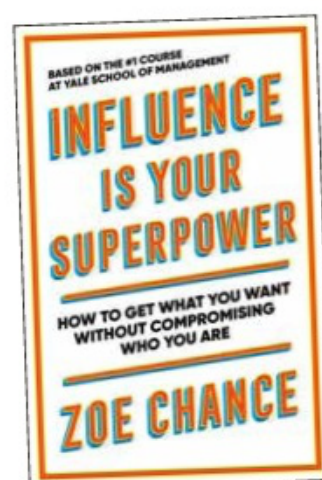
LETTER OF THE WEEK

A quarter of a century after the event, Nelson mayoral candidate Matt Lawrey recalls a disparaging but comparatively innocuous remark made by one of his Fifehire Radio colleagues.

Fair enough, but at least the *Listener* could have had the courtesy to spell my name correctly.

Tim Morice
(Motueka)

– *The Listener* apologises for the error.



Letter of the week prize

Yale School of Management behavioural scientist Zoe Chance rewrites the rules of persuasion in this psychology book, subtitled "How to get what you want without compromising who you are".



CHARLOTTE GRIMSHAW

Hollywood ending

A voice said, “There’s something wrong with the Moon.” In the hot night, this didn’t seem so odd. The Hollywood Moon lay at a drunken angle; the smoggy old Moon, knowing it was showtime, was refusing to go on. Nature had turned strange, the atmosphere was febrile, the centre could not hold. The record-breaking September heatwave was brutal and frightening, and Los Angeles, a city teetering on the edge of a nervous breakdown, was barely hanging on.

What was it with the Moon? The colour and the angle were off. We joked: a different Moon would appear. The heavens would reveal a terrifying new orb. The air was stifling, absolutely still. We talked about Shakespeare, nature turning unnatural, about works of fiction in which catastrophe is presaged by omens, abnormal phenomena – and heat, always heat.

During the day, the temperature was overpowering. You could see it, the air metallic and rippling. Excessive Heat Warnings were repeated: drink water, stay inside, conserve energy, check on the vulnerable. The air was full of smoke.

In the diner, a woman said, “This isn’t climate change. God has sent us a test.” The waiter rolled his eyes. The City delivered updates: the electricity supply was under extreme strain

and rationing was necessary. The grid could collapse at any moment. Citizens should turn off appliances to avoid a massive outage. We did not fancy this city in a blackout.

The Uber driver said, “Don’t get me wrong, I hate Russia, but when I grew up in Soviet Union, everyone had apartment and job.” At the edge of the freeway, no one had apartment or job. Trash was rotting among the tents; a man lay unconscious in full sun. A woman sat howling in the gutter. Try living in a tent on baking concrete when it’s over 40 degrees. All over the city, the homeless were dying.

We were startled by a piercing alarm: our phones going off. The city authorities had mass-texted a Flex Alert. Rolling blackouts could happen tonight. In the Hollywood

Bowl, the conductor of the LA Philharmonic announced, “I’m calling this concert Mozart Under a Heat Lamp.” The temperature climbed and we felt the need to move. The city had instructed, “Do

not hike.” We wouldn’t hike, of course. We would walk in the hills between two known points. All very sensible; everything would be fine.

Try living in a tent on baking concrete when it’s over 40 degrees. All over the city, the homeless were dying.

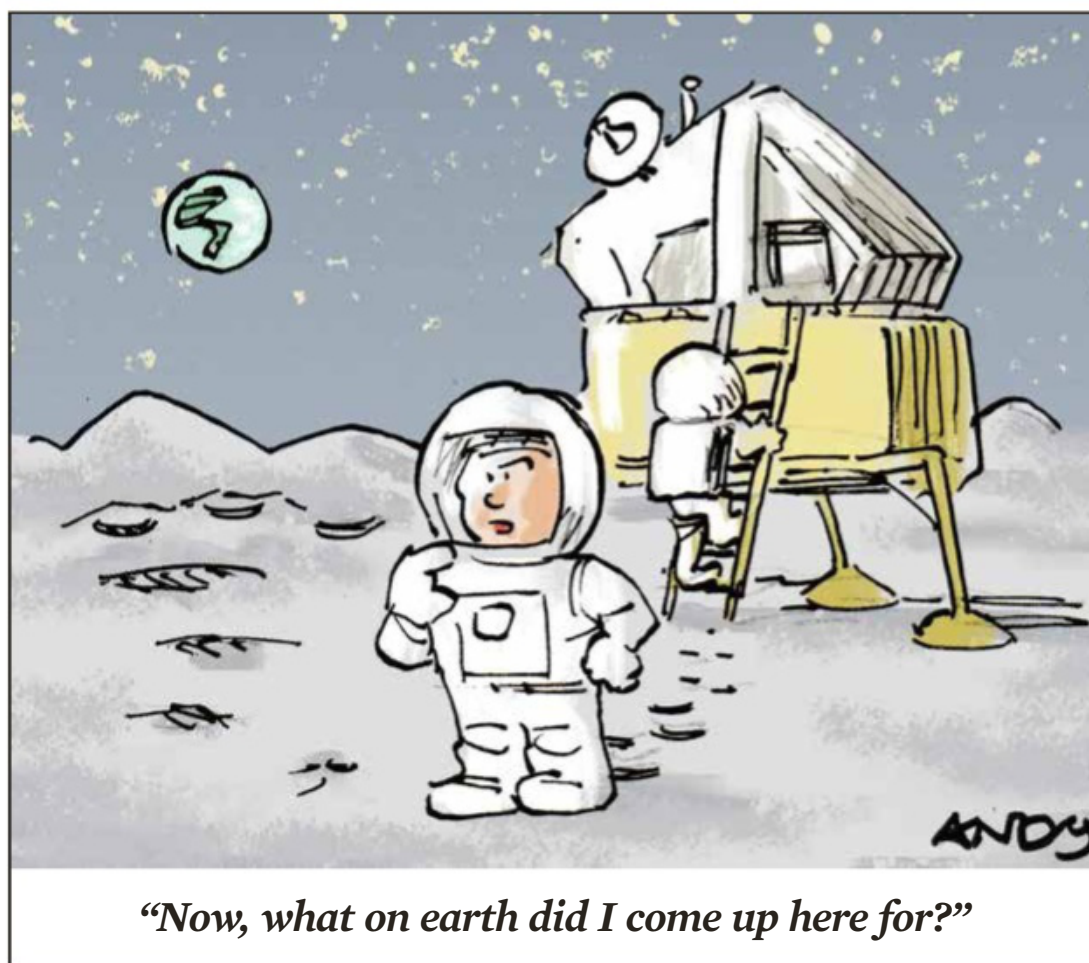
At the start of our walk, a man asked if we would take his and his friends’ photo, and when we agreed, he pulled a gold statue from his bag. “What’s that?” I asked. It was an Emmy. They’d won it the

night before, for their production of the Superbowl Halftime Show. We photographed them against the distant Hollywood sign. In the American way, they insisted on photographing us, too. There I am in the

picture, holding an Emmy. Behind me, the blue sky seems to blister and bulge, and there is a large black bird on a rock.

We made it to the summit. Talking intensely, we took the wrong path, and when we noticed that, we faced a long, steep hill with no clear sense of the path. There was no cellphone coverage. I panicked and began to hurry. We’d run out of water and the heat was terrifying. Overheating makes you nauseated, I discovered, and now I understood how it would go. Your legs would buckle, there was no shade, and it wouldn’t take long to die. We would appear in our last-ever photo, beaming uncertainly, watched by a raven and holding an Emmy. It would be surreal, comical, strange; death by climate crisis: a truly Hollywood ending. ■

Charlotte Grimshaw is an Auckland author and critic.



“Now, what on earth did I come up here for?”



BILL
RALSTON

Severing family ties

The British know how to do pomp and ceremony, as you may have noticed over the past week or so with the death of the Queen and the accession of King Charles III. We, by contrast, are a lot more relaxed in this matter. In fact, New Zealand appears slightly awkward as we farewell the era of Elizabeth II. Most of us liked and respected the Queen, but we look slightly askance at much of the rest of her family.

For many decades, we have followed the royal family's doings from afar as they moved from a great drama of grandeur to the more recent, racier incarnation as a long-running soap opera. Charles and Diana, Harry and Meghan, marriages and divorces, births and deaths. Aside from the family's value as tabloid fodder, the question must arise: are the royals relevant to us any more in a constitutional sense?

With the interment of the Queen, discussion and debate about this country becoming a republic will grow. It won't be as fast as in Australia, but inevitably it must do so here, too.

Currently, the Governor-General effectively functions as head of state, in the name of Charles, opening Parliament, giving legislation the royal assent, holding garden parties and meeting and greeting worthies and notables.

Although the incumbent in the role is basically powerless, pressure will still increase to sever the role of head of state from the royal family and create a titular president. Actually, if we are going to do that at any stage, I suggest we abandon the somewhat-debased name of "president" and go for something indigenous. Call the new head of state "kaihautū" – which means leader, the person who gives the time for paddlers in a waka.

Occasionally, the great waka of Parliament appears to paddle discordantly in circles, and someone keeping all those wildly rowing MPs in time and heading in the right direction would certainly be helpful.

Today, the government nominates who it wants as Governor-General. It could do the same for naming a

kaihautū, who would perform essentially the same role. The last thing we want is an election for the job or, indeed, a US-style president as a powerful head of state. Donald Trump ruined that idea.

We have no cumbersome

practice basically unfettered by other centres of power in the state.

Of course, as we have seen too often in the past, having such freedom can lead governments into massive blunders, but it is probably

I suggest we abandon the somewhat-debased name of "president" and go for something indigenous, such as "kaihautū".

Upper House to clutter the process of government. Our powerless head of state cannot come into direct conflict with our elected representatives. Our Parliament is a lean machine in which cabinet or, indeed, an inner cabinet of a few ministers can make decisions and put them into

better than having one that is hopelessly encumbered by an obstructive Upper House and interfering president that leads to stagnation and inertia.

So, we need to start thinking about it. There is no hurry, but watch the pageantry of Charles' coronation (when that happens) and his actions as the new king, and scrutinise the royal family's antics in the next few years and ask yourself, is it time yet to drop them from our political system?

Those of us whose ancestors came from the UK are now probably several generations removed from Britain, and many others have a very different heritage.

The time is fast approaching for us to finally regard ourselves as a truly independent country without paying homage to a family of hereditary royals half a world away. ■



"Hang on, Spike. How about we give someone else a chance to answer?"



STEPHEN
DAVIS

The really bad news

Bad news can be bad for your health. As a recent article in this magazine highlighted, there are consequences for your mental and physical wellbeing if you are, like me, obsessed with current affairs.

Researching a column that deals with the world of misinformation and disinformation can be particularly depressing. There are many times when writing about Trump, Putin and conspiratorial yoga lovers (see *Letters*, page 5) that I have felt like switching off and letting the world pass me by.

But I don't think I have ever felt as gloomy as when reading a recent report, buried beneath the tsunami of words devoted to the death of an elderly hereditary monarch in the UK.

The report, "The Kids Aren't Alright", by "mainstream conservative" UK think tank Onward, is the latest graphic evidence that young people are turning away from democracy. Shockingly, a large number in the study believed that having the army rule would be a good way of governing the country.

A summary of what the authors describe correctly as a dangerous detachment from democracy: "61% of 18-34s agree that 'having a strong leader who does not have to bother with parliament and elections would be a good way of governing this country'", and 46% agree that "having the army rule would be a good way of governing this country". More than a quarter (26%) think democracy is a bad way

of governing the country, and three-quarters think having experts, not government, make decisions would be a good way to run the country.

"These results are extreme, but they should no longer be surprising," the report

This is not just a British issue. In this year's French elections, nearly half of 25-34-year-olds voted for the fascist populist Marine Le Pen.

Another study, by the Centre for the Future of Democracy,

news and false prophets online offering attractive-sounding alternatives. Or they decide nothing can be believed and so it does not matter whom you vote for or under what form of government you live.

We should empathise because government is not delivering for them. From employment to housing to a warming planet, they face a less-secure future than past generations.

We need to reform our systems of government, from an education system that teaches pupils the difference between fact and fiction, to ensuring we do not have democracies in name only.

Which brings me back to the death of the Queen. This is the end of an era and the perfect time to discuss reform. Having the king of a faraway northern hemisphere country as our head of state is completely undemocratic. How can an 18-year-old Oamaru voter relate to and trust a state that has as king a man like Charles III, who loves to be surrounded by servants, who could have come straight from an episode of *Upstairs, Downstairs*?

We should have an Aotearoa with a Kiwi head of state, not least so we can avoid the nonsense of having our Department of Internal Affairs issuing press releases saying our passports will still be valid despite the death of Her Majesty. Her approval was apparently needed to allow us to move around the world. ■

Stephen Davis is a Dunedin-based investigative journalist, educator and author.



Even smart, socially engaged young people were notably sceptical about the benefits of democracy.

says. "Since 1999, support for military rule among 18-24-year-olds has risen fivefold (from 7% to 44%), while support for a strongman leader has more than doubled (from 25% to 60%). There have been similarly large increases in 25-34-year-olds' support for army rule (10% to 47%) and a strong leader (33% to 62%). This explosion of anti-democratic sentiment has been considerably stronger among younger voters than older voters."

has shown that young people's satisfaction with democracy is declining across the West, Latin America, and sub-Saharan Africa.

In my classes at the University of Otago, even smart, socially engaged young people were notably sceptical about the benefits of democracy.

We should not underestimate the long-term dangers. As they lose faith in our systems of government, they are increasingly exposed to fake



JANE
CLIFTON

Charles in charge

Truth be told, New Zealand is already far more like a republic than many actual republics.

If even Sinn Féin can wholeheartedly welcome King Charles to the throne as Northern Ireland's Head of State, it seems unlikely New Zealanders will surge to the "cancel" button of republicanism just yet.

Despite the seeming inevitability of that final snip of the British apron strings, it's not at the top of the to-do list of anyone who could make it happen any time soon. New Zealanders will have plenty of time to get used to their new Head of State, and he may be more fun than many expect.

Cranky-tempered he might be, and to modern sensibilities a sort of PG Wodehouse caricature, but were Charles to stand in a democratic election, he'd be surprisingly electable.

He was on about saving the planet and preserving nature long before even Al Gore. His model villages could teach today's so-called urbanists a fair bit about decent civic amenity. And though his absurd wealth makes it an automatic parody, he is a lifelong exemplar of anti-consumerism. Most of his wardrobe is decades

old and his shoes have been to the royal cobblers many times. To Charles, "fashion" is a verb meaning to make something useful.

But possibly the best facet of the new Carolean age will be that, despite their frequently clashing temperaments, Charles is rather more his irascible

badger culling, alternative medicine and illegal poaching of the Patagonian toothfish.

At the time, it was feared – and in some quarters hoped – that these epistles would damage his prospects as future monarch. But it's possible the world is now more than ready for a king with reckons.

on the record as saying we should grow more plants, and fix things rather than send them to the tip.

Charles will also be aware that the next generation, including his heir, William, find the practice of buttoning up one's views and emotions stultifying. For that reason alone he will have to pave the way for a more relaxed, open style of monarchy.

It's worth noting the pragmatism, borne of a bloody turmoil of experience, that moved Sinn Féin to embrace the new monarch. The Irish republican party now controls both the Northern Ireland parliament and the Irish Republic's. Northern Ireland's Speaker, Alex Maskey, said: "[The Queen] perfectly demonstrated how individual acts of positive leadership can help break down barriers and encourage reconciliation ... [and] underlined that one tradition is not diminished by reaching out to another."

Funny thing is, with respect to New Zealand, Charles is in all but a strictly lawyerly or technocratic sense king of a functional republic. New Zealand behaves like, and is experienced by its citizens as, a republic in every way that matters.

Funny thing is, Charles is in all but a strictly lawyerly or technocratic sense king of a functional republic.

father's son than his mama's. He, unlike Elizabeth, has opinions that he is prepared to share. Although the Queen's greatest strength was her heroic neutrality, at times it seemed an outmoded cruelty that she must never comment – and at other times, a cop-out.

There was quite a furore some years back when British courts forced the disclosure of letters Charles had written to various government ministers, clearly

aimed at lobbying them. Dubbed the "black-spider memos" in honour of his anarchic handwriting, they traversed a dazzling field, including Iraq,

He's unlikely to go all "prince-tagram" like his son Harry and over-share. Charles has his mother's sense of public emotional reticence. But he's likely to talk openly about starkly important public issues: climate change, poverty, possibly even geo-politics.

PAVING THE WAY

Charles' opinions are likely to be controversial, but only because they're his, and we're used to a monarch being seen but not heard. Upon analysis, little of what he's said as Prince of Wales has been incendiary. The last statement of note was to tell the World Economic Forum in Davos that time is running out to grapple with climate change. He's also daringly



King Charles III



The ineluctable bottom line is that what the government says goes. The Head of State is a mere nodding-dog in the back window of the great vehicle of state.

Is there any more vivid a demonstration of who's in charge and who's following orders than the "speech from the throne" at the opening of Parliament? The monarch or the Governor-General reads a speech prepared by the government, setting out the government's agenda. The throne's views and aspirations are eternally muted, since they're irrelevant.

This writer has always found that rather a humiliating gig for a royal or Governor-General, which not even getting to wear a tiara would compensate for.

We are arguably more republic-y than even some actual republics because we

have pure, unadulterated democratic rule, without counterbalancing mechanisms to curb it; no federal system with devolved governing powers for states or provinces, no upper house like the senate or the Lords with law-blocking ability, and very little authority vested in local councils.

Were we to have a local as our Head of State, it could be a little more expensive than maintaining a Governor-General, but we would be highly unlikely to agree to give that person more power than a G-G. Few things would offend the New Zealand ethos more than an individual, whether elected or appointed, throwing their weight around. It would be like a replay of Winston Peters in king-maker role after the

elections, only permanent.

For those determinedly hankering after a republic, there's still no getting away from that other "R" word.

According to no less an authority than Sir Geoffrey Palmer, New Zealand would

to appoint a committee to do the preparatory constitutional audit for doing away with her job.

There's a further paradox. Dame Cindy is exactly the sort of person who, once we had restyled ourselves as a

It would be like a replay of Winston Peters in king-maker role after the elections, only permanent.

first have to have a royal commission to round up all the bits and bobs that constitute our constitution.

Why a "royal" commission? They are the most august of our public inquiry armoury, and are appointed by our Head of State, the Governor-General, currently Dame Cindy Kiro.

So, we'd have to get our existing Head of State

republic, would be likely to be chosen as its new Head of State. She's a person who is accomplished, dignified, well liked and respected, good with people and not detectably politically partisan. Someone just like a Governor-General.

In other words, the more we change things, the more likely they are to stay reassuringly the same. ■

United Kingdom?

To maintain relevance, the monarchy needs to reinvent itself under King Charles III. **by ANDREW ANTHONY**

No one does births, deaths and marriages quite as effectively or emotively as the British royal family. They are the occasions on which the private becomes public, and the personal is made political. They are also moments of change, and because change causes instability, they are presented as studies in continuity.

This has always been the case, but never more so than with the death of Queen Elizabeth II. Her 70-year reign was so long that only people over 80 could recall life before she was on the throne. It meant she had become a symbol of constancy in an ever-changing world.

While that durability successfully created an image of seamlessness in the workings of British statecraft, it also raised a problem for the Crown: what to do when she was no longer here? After all, she was widely respected for her uncomplaining work ethic and taciturn neutrality, and, unlike various members of her family, she was also extremely popular, both in the United Kingdom and abroad.

There is a well-established formula to deal with monarchical transitions. The Queen is dead, it is hastily pronounced, long live the King! But in this instance, the invocation was more like, the Queen is dead, long mourn the Queen.

When the British government announced 10 days of official mourning, it not only sought to recognise the unprecedented length of the modern Elizabethan era, but also to re-emphasise the critical importance of the crown itself in British and, to a lesser extent, Commonwealth life.

To live through this black-garbed period was akin to being transported inside WH Auden's satirical poem "Funeral Blues":

"Stop all the clocks, cut off the telephone ..." Images of the late Queen shone forth from advertising hoardings on every high street, not to mention the prime spot overlooking Piccadilly Circus.

The BBC ripped up its TV and radio schedules and effectively gave up on reporting other news – save for the occasional mention of the war in Ukraine – and broadcast round-the-clock solemn commemorations of every aspect of the Queen's life, broken here and there by pronouncements about the new monarch, King Charles III, and speculation on what it all might mean for the fraternal rift between his sons, William and Harry.

On its website, even sports reports were given over exclusively to stories concerning the Queen. Indeed, all football matches were postponed "as a mark of respect". Newspapers, too, produced daily supplements filled with photographs and stories memorialising the Queen, but also gave over most of their news coverage to the royal family and the national bereavement.

NATIONAL HEARTBREAK

As the days ticked on, the official mourning grew increasingly suffocating, a little like a benign version of that coerced grief in which personality cults specialise. Of course, it was all done with far more subtlety and grace than a dictatorship could ever manage, but woe betide anyone who expressed doubt or an unwillingness to go along with the prescribed tone of national heartbreak.

There was zero tolerance for republican sentiments. People were arrested or led away by police for making any form of protest, even holding up a placard that said "Not my King". On social media many were eviscerated for demonstrating emotional resistance. I witnessed the public shaming



Transcendent: the Queen's death eclipsed all other events in the UK media and public life, and those who questioned the veneration were condemned.

of an academic on Facebook after he had had the temerity to say he wished politicians would stop saying that "everyone was devastated", pointing out that he respected the Queen's selfless character, but felt 96 was not an unreasonable or unexpected age at which to die. He might as well have announced that he was a child molester for all the opprobrium that was duly dumped on him.

Much of the anger doubtless stemmed from a genuine affection for the Queen, but it also spoke of a desire to be part of something larger and transcendent. Britain is an odd country in that although it has a history of chauvinism, it struggles to register pride or patriotism that isn't inextricably tied up with the monarchy. The national anthem is *God Save the King*. The flag represents the United Kingdom. Traditionally, the British haven't been citizens but subjects.

So, to venerate the Queen is, in some sense, to express love for one's country. By the same token, to show any reluctance to do so becomes, almost by default, an unpatriotic act. The 10 days of official mourning, then, were in no small part demonstrating the centrality of the monarch in British life.



Because, to put it bluntly, the new king is going to need all the help he can get.

When the Queen came to the throne in 1952, the UK was a country embedded in class, deference, empire and a kind of superiority complex. It's a testament to her powers of adaptation that she was able to convey

It is a period of political turmoil, economic uncertainty and general despondency.

consistency while having to change with the rapidly transforming reality around her.

Her son comes to the throne with the UK having left the European Union but without having found a new place in the world. It is a period of political turmoil – Liz Truss is the fourth prime minister in six years – economic uncertainty and general despondency. Charles turns 74 in two months, not an age that is renowned for

flexibility or adaptability. He is set in his ways, and his ways have often set the British public on edge. An unlikely combination of diffidence and entitlement, he has always wanted to have his voice heard – be it on matters of modern architecture (bad) or talking to plants (good).

And he's not been afraid to cut corners to get what he wants. Earlier this year, it emerged that the then-Prince of Wales had accepted more than NZ\$5 million in cash in a suitcase from a Qatari politician, and there are allegations that his closest confidant secured an honour for a Saudi billionaire, amid claims of a cash-for-access culture at Clarence House – the new king's former HQ.

On top of all that, his divorce from Princess Diana and the public airing of his affair with Camilla Parker Bowles, later to become his wife and now the Queen Consort, did lasting damage to his nice-guy brand. Republicans – an abashed minority in the UK, counting for about one in seven of the population – have long been hoping that Charles' succession would trigger a groundswell of anti-monarchy sentiment. And even avowed monarchists have envisaged him more as a

throne-warmer for his son William, now the Prince of Wales. But it's perfectly possible he'll be around for 20 years or more.

SECURING PUBLIC SUPPORT

What seems clear is that the monarchy needs to reinvent itself in the 21st century if it hopes to maintain relevance. Charles has yearned for decades for the respect that he believes his position as well as his efforts in the fields of charity and community building demand. But the truth is it's very hard to imagine, no matter what he does, that his eventual death will be followed by 10 days of official mourning and the total media saturation and endless "marks of respect" that have characterised Elizabeth's passing.

Although it may have been partially conceived as a means of securing public support for the monarchy, it feels more like a last hurrah, the end of an era.

The best Charles can hope to do is build on the goodwill that is his mother's legacy, and to learn from her the most vital secret of being head of state: keeping quiet and carrying on. ■

GETTY IMAGES

Royal & loyal

We all think we knew her, but what was the Queen really like? **BY JANE CLIFTON • illustration by JOSEPH QIU**

Though it is the literal truth, the expression “born to rule” fitted Elizabeth Alexandra Mary, the late Queen Elizabeth II, remarkably poorly.

She was born a Princess of York, but her father wept bitter tears when he learnt 10 years later that he would have to become king. It’s no secret his elder daughter’s “best life” would have been that of a country-woman in Barbour jacket and wellies, superintending children, horses, dogs and livestock, and not necessarily with the help of staff.

Her glamour-loving sister, Margaret, seemed temperamentally better suited to the limelight. Yet when duty called with the shock abdication of King Edward VIII, there was no question in Elizabeth’s mind that she must not just prepare to reign, but to do whatever she could to protect the Commonwealth. It, rather than Britain, was her great purpose.

In protecting the then-flourishing alliance, she became the world’s most striking exponent of “soft power”. As historian Ben Macintyre said, few people would remember a word she said, but her actions – even if simply gestures – did the talking.

Nine years after taking the throne, she literally danced the Commonwealth out of potential collapse. As relations between its developing countries and its wealthy white nations deteriorated, Ghana was set to lead other African countries out of the alliance. Politicians could not seem to resolve the situation. In a deft piece of diplomacy, Elizabeth and Ghanaian President Kwame Nkrumah inaugurated the after-dinner ballroom dancing after a state dinner in Accra. That image telegraphed her intended message around the world: that in her estimation,

all Commonwealth countries and cultures were first among equals. Nkrumah subsequently reaffirmed his country’s profound respect for the monarch – something he could not have said about any number of prime ministers, including Britain’s – and it was seen that Elizabeth’s behind-the-scenes counsel had averted the walkout.

The image resonated at least as strongly

was privately livid when James Callaghan resumed selling British arms to South Africa in the 1970s, which obliged her to refrain from attending that year’s Commonwealth Heads of Government Meeting (Chogm) – where Britain was castigated. She made sure to accept directly the next year’s Chogm invitation for Ottawa, asserting her role as Queen of Canada. It was Callaghan’s turn to fume in private.

She also deplored Callaghan’s unwillingness to share her concern at the treatment of black Rhodesians, and stunned cautious politicians by inviting the recently freed Nelson Mandela to dinner a year before he became South African leader.

Another prime minister she thwarted was Margaret Thatcher, who was notoriously distrustful of Britain’s Byzantine class system. Born a grocer’s daughter, Thatcher prided herself as the cat who might look at the queen. According to palace staff, Thatcher did most of the talking in her regular palace meetings. But as one tabloid tartly observed, there was still only one woman entitled to wear the crown.

Elizabeth was disturbed by Thatcher’s radicalism and the resulting riots in districts such as Toxteth, and job losses in industries such as mining and shipbuilding. When Thatcher let it be known she did not want the Queen to attend the 1979 Chogm, Elizabeth again broke with protocol and announced she would be going.



Queen Elizabeth at Buckingham Palace on the day of her coronation in 1953.

in the US, where many Black people were still denied the vote.

Behind her carapace of noble neutrality, she never let British prime ministers push her around, particularly when she felt they were acting against the interests of other Commonwealth countries. She

FAIRY-TALE LIFE

In many ways, Elizabeth’s life was a fairy tale. She was a princess who married a prince, ascended to the throne, rode in gilded carriages, wore priceless jewels and stunning gowns and was feted the world over. But her immense personal and family



wealth became increasingly anachronistic in the modern political climate. She paid no income tax for the first 40 years of her reign and, along with key family members, had her operating costs met by the British taxpayer from an automatically rising fund now worth more than £80 million. She has always paid value-added tax and local rates, and from 1993 volunteered to pay income and capital gains tax. But the public fiscal support for an institution that could easily fund itself often rankled public opinion.

In 1976, a disastrous devaluation of sterling drove the British government to seek a £2.3 billion bailout from the International Monetary Fund. At the same time, the

public and the public for her. Unlike gregarious Margaret, Elizabeth's preferred habitat was the muddy countryside rather than the chandeliered ballroom.

She was once overheard on a visit to Sheffield telling some women that she, too, had difficulty keeping her floors clean.

HOMELY CLASHING TARTANS

Anyone who doubts her natural thrift need only study the drawing-room photograph that emerged when New Zealand Prime Minister John Key and his family went to stay with her at Balmoral in 2013. Notwithstanding some priceless figurines, this rarely seen interior was a comfy, den-

The future Queen Mother doubled down on her tweediness, which gave her the last laugh. Her look, and later her daughter's, of emphatically below-the-knee frock coats, shift dresses and gaily mono-coloured public ensembles, complete with matching hats, became the gold standard in style. To this day, fashion-conscious Italians spend a fortune on classic British brands such as Brora, which have been heavily inspired by the royal family's staid, unchanging wardrobe.

CHRISTIAN VALUES

Timelessness was her hallmark; not just of instant recognisability – that same hairdo on nine decades of stamps and coins – but of her Christian values. She is the all-time antidote to the celebrity habit of emoting – although at times that damaged her, notably when her stoicism at Diana's death was widely interpreted as lack of feeling.

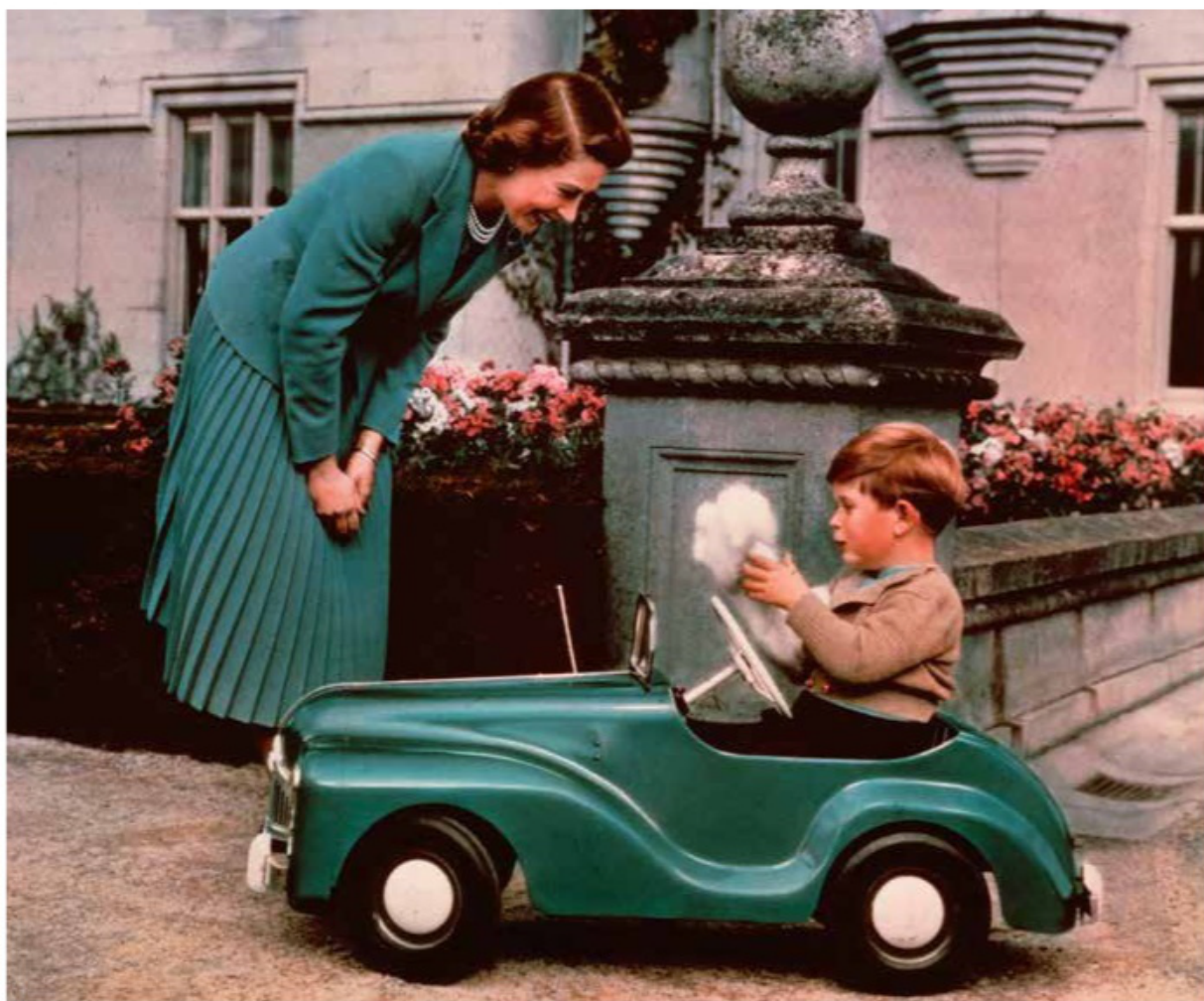
The couple received a live turkey from a New Yorker concerned that the miseries of rationing might affect the wedding breakfast.

She did, insiders attest, have very strong views on many issues. She was also endlessly curious. But she never displayed this outside her private chambers. In scrupulously never overplaying the generous hand she was dealt, she earned respect even from some devout anti-monarchists.

Paradoxically, compared with the other European monarchies, Elizabeth's has remained extremely high profile – possibly another aspect of her determination to keep the Commonwealth united. If she ever regretted this, given the avalanche of tabloid prurience the family attracted, it is not recorded. The closest she has come to ruefulness was in her 1992 Guildhall speech marking her Ruby Jubilee, in which she termed the year her *annus horribilis*. Three of her children had ended their marriages to a raucous media chorus, and an inferno at Windsor Castle had destroyed more than 100 rooms and their historical contents.

'ONE'S A SORT OF SPONGE'

The day it was announced that Elizabeth, Duchess of York "was safely delivered of a baby girl" by Caesarean section in Mayfair,



Queen Elizabeth with Prince Charles at Balmoral in September 1952.

Queen applied for a raise, to £1.4 million a year. That planning was under way for her publicly funded Silver Jubilee further underscored the peculiarity of a titular but non-governing monarch being "kept" by the public purse. Parliament acquiesced but, just to add salt, one of Elizabeth's racehorses then won more than £100,000 at the track.

Personally, however, she was curiously frugal and determinedly unflashy. The society photographer Cecil Beaton recalls "Project Princess", a covert palace campaign to burnish the reserved, horsey image of a young Elizabeth via photographs and public appearances, both to ready her for the

like room with a low-tech heater, a slightly shabby dog bed and a slew of homely clashing tartans. British commentators were clearly shocked that the monarch should dwell contentedly in such an unglamorous setting.

Elizabeth's tweedy reserve was likely learnt from her mother, who unwaveringly withstood the scorn of other society women in her younger days at her refusal to follow fashion. Elizabeth senior was seen as downright dowdy by the elegant society set that surrounded her brother-in-law, the then-Prince of Wales, and his future wife, Wallis Simpson. A courtier once witnessed daughter Margaret trumping her mother in a tiff with the riposte, "Oh, do shut up, you weren't even born royal."



London, only a couple of the more fanciful publications speculated this child would one day become the sovereign. The succession of her Uncle David seemed secure, not least to himself.

Britain itself seemed secure in its imperial past and the appropriateness and viability of the monarchy were questioned and doubted only at society's fringes. A telling social inventory by Ben Macintyre recalls that the year she took the throne, London still ran on trams, Winston Churchill was prime minister, British soldiers were fighting in Korea and mathematician Alan Turing was forced to undergo hormone therapy to "treat" his illegal homosexuality.

Ever the understater, Elizabeth said at her Golden Jubilee in 2002 that she'd witnessed

"the transformation of the international landscape ... and the structure of society in technology and communications, in our work and in the way in which we live".

Republicans rightly emphasise Britain's diminished influence and wealth during the second Elizabethan era.

By her death, a pandemic and the Russian invasion of Ukraine had again transformed the world, with climate change set to make further profound inroads into the most

The Queen reacts after a swarm of bees delayed her review of the guards in 2003.

basic assumptions and practices of everyday life.

Britain's relationship with Europe has been battered by Brexit, with Scotland yet to resolve its status, the Irish border question remaining a ticking time bomb, and further appetite for devolution spreading even to the tiny Shetland.

Republicans rightly emphasise Britain's diminished influence and wealth during the second Elizabethan era. Yet she also presided over a period in which the standard of living for Britain's citizens rose more rapidly than at any time in its history. In the centuries preceding her reign, Britain's

REUTERS

might and influence certainly grew, but without particularly lifting the welfare of most of its people.

Her place in history will not easily be pigeonholed. Despite the family's upheavals and scandals, there has yet to be anything close to a tipping point toward republicanism in most countries where she remains Head of State, save for Jamaica and arguably Australia. Jamaica remains so committed to the Commonwealth that it campaigned – though unsuccessfully – to supply the organisation's latest secretary-general, despite its intention to withdraw its fealty to the monarch next year.

Elizabeth cherished her meetings with

become a sort of quality assurance board. Only countries with a proven human-rights record and law-based administration may join. Those members whose records remain patchy – and there are several – face constant pressure from other members. The grouping is now a global touchstone for orderly, rules-based global trade, and has been useful in peace-broking.

WHO WOULD BE BOSS

Less well known is Elizabeth's lifelong battle of wills with her mother. The pair tussled early on over who was to be the boss, and it took Elizabeth three years to overcome her mother's opposition to her

opinion poll, which showed overwhelming support for Philip to remain by her side for the ceremony.

Given Britain's post-war austerity, Elizabeth's grand wedding required tactful framing. She used saved clothing rations for her wedding dress, as any other bride would have had to, and returned the many coupons she received from members of the public. Journalists pounced on the provenance of the silk used for the beaded Norman Hartnell gown, satisfied only after proof it was from allied China, and not axis Japan.

As well as china, silver and jewels, the couple received a live turkey from a New Yorker who was concerned that the miseries of British rationing might affect the wedding breakfast, and an extraordinarily large quantity of hand-knitted tea cosies. The Aga Khan sent a racehorse.

Happy in her own marriage, it's widely believed Elizabeth always regretted not overruling her mother's opposition to

It's widely believed Elizabeth always regretted not overruling her mother's opposition to Margaret marrying Peter Townsend.

Margaret marrying the divorced air force flying ace Peter Townsend. Elizabeth was so troubled by the devastating impact this opposition had on her sister that she is believed to have undergone counselling for some time afterwards. Her subsequent welcoming of divorcée Camilla Parker Bowles – the great love of her son Charles' life – into the family in 2005 can be seen as a lesson belatedly learnt. As with Margaret's heartbreak, the family's initial refusal to entertain Charles' marriage to Camilla when both were young went on to blight his life, and the family's reputation.

As in so many families, ancient and modern, the two sisters were often described in stereotypical terms. Margaret was the pretty, vivacious, funny one; Lilibet the self-effacing, quiet, dutiful one. Elizabeth was King George VI's pride, Margaret his joy, biographers noted.

Although attractive, Elizabeth never overestimated her glamour, complaining she looked too forbidding in repose, calling it her "Miss Piggy face".

There's no indication, outside of



The Queen with her mother: they had a lifelong battle of wills.

Commonwealth leaders, especially the private ones, hoping to hear their unvarnished worries and aspirations. "One's a sort of sponge," she said, describing her role as one of listening rather than talking.

Having begun her reign pledging herself to "the imperial family", she was regularly challenged by politicians who saw the alliance as a curious historical patchwork of old acquaintance and colonial nostalgia. British politician Enoch Powell termed it "farcical", and former prime minister Edward Heath "peripheral".

But if anything, it's stronger than ever, having transcended its original purpose to

daughter's romance with the handsome but near-penniless exiled Greek prince, Philip Mountbatten.

A scion of the exiled Greek monarchy, Philip had endured a childhood of benign neglect that fitted him perfectly for a naval career and, as it turned out, a royal one as well. Not everyone agreed, however, given his splintered family background.

Elizabeth's grandmother and father were Team Philip, but her mother hurled a series of other suitors in her daughter's path. That Elizabeth had taken an instant shine to Philip from the age of 12 cut no ice.

Elizabeth even had to battle her mother to have her husband beside her for her coronation. Such was the controversy that the *Daily Mail* helped settle the matter with a public



depictions in television's *The Crown*, of serious jealousy on either side. She's said to have been very tolerant of people's foibles if she liked them – be it a servant with an iffy temper or a drinking problem, or an overbearing house guest.

IMPORTANCE OF FAMILY

It's also worth considering the counterfactual of this monarch's life. Having witnessed her father's dread of the crown – according to one courtier, he “cried like a baby in his wife's arms” at the prospect – Elizabeth could have downsized the monarchy. She might have let the Commonwealth dwindle. She always had the option of becoming more of a private citizen and less of a public property, as most of Europe's

other monarchies had done.

Instead, she accepted her privilege, as well as the enormous helping of public service and duty that came with it. She never

She accepted her privilege, as well as the enormous helping of public service and duty that came with it.

indulged the luxury of a public opinion on anything but anodyne matters, such as the importance of family. She appeared stoically to endure a lack of privacy most people

The Queen and Prince Charles share a laugh at a Highland event in 2012.

would find oppressive. Subsequent generations will struggle to understand the choice she made – though it is likely that with her upbringing, she did not even regard it as a choice.

And she had her boundaries. Sir John Key cheerfully tells a story about the time in 2016 he made his courtesy phone call to inform her he was resigning as New Zealand Prime Minister. After a few minutes' polite chit-chat, recalling their pleasant weekend at Balmoral together, he asked if he might stay in touch. After a slight pause, the answer came in her extruded vowels, “Ah ... ny-oh.” ■

A chance to reflect

Two prominent lawyers give their views on whether the end of the

by GOLRIZ GHAHRAMAN

The question of how a Pacific nation grounded in Te Tiriti o Waitangi engages with and relates to a hereditary monarch on the other side of the world isn't new. But for the first time in 70 years we have the opportunity to ask this question unencumbered by our feelings about a particular person.

The death of Queen Elizabeth II is a chance for us to reflect on who we are as a nation and the type of Aotearoa we want to pass on to our kids. It is fascinating to see how this debate is shaping up.

There is no doubt that the Queen served her country and its former colonies. She was also a mother, grandmother, and great-grandmother who will be missed by those who loved her. But there is a disconnect here. The language of service, duty, and grace won't sit comfortably for the many Indigenous, black and brown communities around the world for whom the British monarchy is a symbol of harm. An agenda linked to the British monarchy stripped many of our land, language, and culture and brought war, slavery, and other forms of violence.

Younger generations are more connected to communities of decolonisation and anti-racism via online spaces. And right now, they are debating their future – not in the pages of newspapers or magazines like this one, but online. Many are connecting Black Lives Matter with historic slavery perpetuated by the British crown, with no reparation.

Activists and academics in the former colonies – from Africa to South Asia, and within migrant or refugee communities across the West – are also asking when their national treasures will be returned. Ethnic communities – including second-, third- and fourth-generation 'Kiwis' – are connecting their own family's displacement with British colonisation.

These are not historical questions. They are living, raw harms.

As a child in Iran, I was raised to

Tangata whenua have campaigned for decades for self-determination.



question authority and fight for democracy. The regime that ruled us was cruel and oppressive. Though I now find sanctuary in a democratic nation, I still find it hard to reconcile the fact that we have a hereditary monarch as our Head of State. But whatever direction we take, there is still much we can do to move Aotearoa away from our past and toward a more just future.

THE WAY FORWARD

The work to reclaim mana motuhake for te iwi Māori has been under way for decades and will continue. Last week was Te Wiki o te Reo Māori, during which we commemorated the 50th anniversary of the Māori language petition.

Despite huge progress over the past five decades, there is still a long way to go before Māori have fully reclaimed the language that was literally beaten from them. Parliament was meant to mark the occasion with a historic debate. But it didn't happen. We had to adjourn for the week because of the Queen. The irony is not lost.

We need to better engage communities in decision making, take big money out of politics, and give young people their right

to vote. We must also continue to remember and teach our history. And, as we do, we must consider reparations for the harm that was perpetrated, the effects of which are still felt today.

The idea that an inherited monarchy should personify a democratic nation born of the Pacific is a complete anachronism. But we need to create safe spaces where Māori, Pasifika and ethnic communities can share their story – these lived experiences must be part of the next chapter in the story of Aotearoa. To tell a victim of harm to hold their tongue or correct their tone while others mourn and glorify an institution responsible for unspeakable acts of violence is to perpetuate that harm for a new generation.

We need to allow space for the survivors of colonisation to speak about current and historical injustice, directly caused by the British monarchy. That discussion is not only valid but urgent to the health of our society. We could put this discussion on hold. But my question for those who feel this 'isn't the time' is: if not now, then when?

Golriz Ghahraman is an Iranian-born MP for the Green Party and a former United Nations lawyer.

on modern values

Queen's reign should be the catalyst for constitutional reform.

by MAI CHEN

Studies show that it can take up to four election cycles before migrants vote, especially if they come from distant cultures that do not speak English. It takes time to settle in, and government is therefore not a priority. Nor is constitutional reform.

New Zealand's constitutional arrangements are smoky at best for most people who were born here, let alone the growing number who were born elsewhere but now call New Zealand home. In Auckland today, one in three are Asian. It is also the biggest Pasifika city in the world. Thus, a significant "minority" of Aucklanders are likely to be unfamiliar with our constitutional system.

Māori, who together with other minority groups are expected to comprise 49% of the population by 2043, tend to be more vocal on such issues. Aotearoa is their home and many say the current constitutional arrangements have not advantaged tangata whenua.

But in a democracy, tangata whenua remain a minority (16.5% in 2018) and the growing number of superdiverse New Zealanders (29.8% in 2018) have other priorities. That, together with the smooth transition from Queen Elizabeth II to King Charles III, does not create a burning platform for further constitutional reform.

FACTS TO CONSIDER

There is no doubt that New Zealand is currently effectively a republic. It is governed by the executive branch of government and the Queen's representative, the Governor-General, acts by convention on the instructions of ministers and in conformity with the Letters Patent Constituting the Office of the Governor-General of New Zealand. Indeed, the convention is that if the Prime Minister instructs the Governor-General to dissolve Parliament and call an early general election, Dame Cindy Kiro would have to do that.

Nevertheless, if New Zealand was to embrace constitutional realism and make our formal constitutional arrangements



consistent with where power really resides in this country, we would have to face hard issues and resolve them.

This includes whether a president would be elected (and by what majority and for how long) or appointed (and by whom); what the role of the president would be vis-à-vis the prime minister and executive government; when the president would be able to stop the prime minister and the cabinet from acting if they disagreed with each other; the status of Te Tiriti o Waitangi in the reformed constitution; whether there should be some form of co-governance; and whether we'd need a written constitution with supreme law status.

We should possibly also consider whether we want to extend the term of Parliament to four years, and whether we should have another referendum on proportional representation.

None of these questions are easy, but that doesn't mean they shouldn't be addressed. Whenever we have been given an opportunity to submit on constitutional reform, however, the majority has tended towards the status quo.

In 2013, the Constitutional Advisory Panel Report found there was no broad

support for a supreme constitution. And in 2016, 57% of people who voted in the flag referendum said they would prefer to stay with the current flag.

We may all agree that New Zealand will become a republic in future since it is effectively one now, but most New Zealanders appear to believe "If it's not broken, why fix it?". In a democracy, constitutional reform depends for its legitimacy on the will of the (majority of) people.

In the current environment, where we are coming out of a pandemic that made everything we took for granted more uncertain, it does not feel as if this is New Zealand's moment for constitutional reform. In fact, the 2022 Edelman Trust Barometer finds that trust in political institutions has never been so low and there has also been a collapse in trust in democracies.

It is fortunate that we have been well served by our late Queen and our constitutional monarchy, as it appears we will continue to have that system for the foreseeable future, whether you are a monarchist or a republican.

Mai Chen is a leading public law expert and a barrister at Public Law Toolbox Chambers.



Queen Elizabeth II with Prime Minister Jim Bolger and the Māori Queen, Te Arikinui Dame Te Atairangikaahu.

The day the Queen apologised

History was made in 1995 when the Queen apologised publicly to Waikato-Tainui in an act of global significance that continues to have healing consequences decades later. **by SIMON GIMSON**

The Queen rarely apologised during her 70-year reign because she rarely put a foot wrong. But in one particular case she was obliged to apologise in New Zealand, and it continues to have positive and healing consequences worldwide to this day.

The occasion was the Queen's visit in 1995. The government was committed to accelerating the resolution of Waitangi Tribunal hearings and was on the cusp of

sealing a deal for one of the largest outstanding claims. The sticking point with Waikato-Tainui was a proposed apology by the Crown.

Under the draft Deed of Settlement, the Crown agreed to provide cash and land worth \$170 million to Tainui. But the additional element that made this settlement unique was that it offered more to overcome the sense of historical grievance. The Crown agreed to acknowledge openly that its representatives had acted in breach

of the Treaty of Waitangi. It expressed its profound regret, and then went so far as to apologise unreservedly for the loss of life and the devastation of social life and property.

On top of agreeing to apologise formally for the first time, the Crown also proposed to undertake to do so not behind closed doors but publicly to Waikato-Tainui.

Working with the Queen in London, those of us advising her always had three abiding concerns to bear in mind. First was to assess

whether her role as head of state was being used in such a way that it favoured local political interests of the day at the expense of others, and also potentially damaged Her Majesty as an enduring source and symbol of national unity who stood above the political fray.

LONG-TERM CONSEQUENCES

The Queen first visited New Zealand in 1953 at the start of her reign, when she had witnessed first-hand with Prince Philip the national trauma of the Tangiwai train disaster in the shadow of Mt Ruapehu on Christmas Eve.

At the time, she had added a last-minute personal touch expressing her personal condolences in her Christmas broadcast to the Commonwealth the next day.

These moments throughout her reign, of being as one with New Zealanders at times of national sadness and stress as well as success, were part of the way she was connected as head of state to the people. It was a responsibility based on non-partisanship that had to be carefully nurtured and constantly refreshed to be relevant to the times in this country.

Second was to consider the consequences of her decisions and actions not only in the next weeks or months but potentially in the next few decades. Governments invariably think in short electoral cycles of a few years.

The Queen always took the long view. Could and would an apology contribute to resolving deeply held grievances that had been addressed in earlier processes of reconciliation and redress that had not stood the test of time? What might be the impact on other claims before the tribunal? Would this set a precedent for other apologies in other walks of life and public policy in future where social cohesion had broken down or grievance had arisen?

The third concern was the impact and consequence of the Queen's decisions in all 16 realms where she was head of state, and potentially the wider expanse of Commonwealth countries. A decision needed to be carefully thought through as Queen of New Zealand if it could also have consequences for her role as Queen of Australia, Canada, Papua New Guinea, the UK and so on. One British observer complained on learning of the proposed apology: "The next thing we know, the Queen will be apologising for the Irish potato famine!"

As a New Zealander in the Royal Household, I had my own sense of protest at the contradictions of a multi-realmed Crown. The Queen's realms each theoretically had

equal weight and importance, but one of them invariably took precedence and priority. When the Queen travelled abroad to most countries during her reign – from Russia to South Africa to the United States or even to Pacific neighbours such as Vanuatu – she went as Queen of the United Kingdom.



Prime Minister Kevin Rudd greets a member of Australia's Stolen Generations after his public apology in 2008.

She never made state visits to those same countries as Queen of New Zealand, nor could she easily. New Zealand made do and still does with "state-lite" visits, the governor-general travelling as a representative but not the actual head of state.

In applying those three filters, the proposed Tainui apology was innovative and invariably set off muffled alarm bells in Buckingham Palace, but the Queen always embraced thought-through change with willingness and even enthusiasm.

And, at heart, the Crown has limited and carefully nuanced constitutional powers: the sovereign can advise and can warn a government, but must ultimately act on the advice of the government. To oppose a government proposal would spark a constitutional crisis.

SETTING A PRECEDENT

And so, during the Queen's 1995 visit, she duly signed the Waikato Raupatu Claims Settlement Act 1995 in the presence of the Māori Queen, Te Arikinui Dame Te Atairangikaahu, and Tainui kaumātua. It was a global first for another reason, beyond the actual apology itself. This was

the first time that Her Majesty had been seen publicly giving her Royal Assent in any of her realms, signing and thus formally enacting legislation. Not even in the UK had this constitutional act been seen publicly.

The consequences of the Tainui apology have since, as anticipated, spread far and wide. In 2008, 13 years later, Australia's Prime Minister Kevin Rudd publicly apologised to Aboriginal and Torres Strait Islanders, especially the Stolen Generations.

The consequences of the Tainui apology have since, as anticipated, spread far and wide.

In the same year, Prime Minister Stephen Harper of Canada publicly apologised to the victims and survivors of residential schools for Indigenous children as well as for systemic racism towards black soldiers formed in a segregated battalion during World War I.

More recently – approaching three decades later – Prince William expressed "profound sorrow" for British slavery during a visit to Jamaica earlier this year. And, similarly, King Charles III expressed the "depths of my personal sorrow" over Britain's role in the slave trade when, as Prince of Wales, he attended the Commonwealth Heads of Government Meeting in Rwanda this year.

None of these advances in healing the wounds of the past would have been possible without the precedent set by the Queen of New Zealand in 1995.

Ultimately, in her role as head of state, the Queen's fundamental preoccupation in all she did and said was for the peoples she served. This may seem ironic since she was the individual personification of national sovereignty on whom all eyes and ears are trained, with relentless media coverage. But the Queen worked tirelessly almost every single day for 70 years in a profoundly selfless and generous way for others.

An apology can go a long way, and the Queen typically was farsighted in seeing how far the apology to Waikato-Tainui could go in bringing closure to many grievances worldwide over the longer term.

Simon Gimson was seconded by the New Zealand government as special assistant to the Queen's private secretary from 1993 to 1997.

GETTY IMAGES

Monarch wanted

It's a tough job, but someone has to do it,
writes PAUL CATMUR.

A recent bereavement has left the United Kingdom with a vacancy for a monarch. Although the post is based in London, the role will include extensive travel. Applicants should be prepared to devote their life to the crown and peoples of the UK and the Commonwealth.

QUALIFICATIONS

Candidates require no formal qualifications and will be selected purely by accident of birth. An extensive knowledge of history and British constitution and a love of small dogs is a definite advantage. Prior experience in horse riding, crown wearing and the ability to choose the correct cutlery for each course will help.

JOB DESCRIPTION

The role will be based on continuing the life and work of your predecessor, and includes:

- Overseeing the dissolution of the largest empire the world has ever seen. This includes the ability to maintain good relations with former territories and colonies who may have the tendency to feel aggrieved.
- Being the figurehead to a large, disparate nation of different races, beliefs and football teams.
- Maintaining peaceful government in the UK and ensuring the calm transfer of power from one regime to another, whatever the politics of the new government. The candidate's own prejudices or political inclination will always be secondary to the wishes of the people as expressed through elections.
- Looking interested at interminably dull events, such as operas, nine-course banquets and Commonwealth Games.
- Entertaining visiting dignitaries (however repugnant they may be)

opening shoe factories, launching battleships, etc.

- All this should be done while maintaining a long and happy marriage and simultaneously controlling the worst excesses of your extended family.

REMUNERATION

- The salary is available on request. It is extraordinarily generous and includes bonuses for further conquering. Fecklessness is frowned on, but decades of self-sacrifice would culminate in a widespread outpouring of grief and a tremendously impressive funeral.

PERKS

- The role comes with extensive accommodation throughout the UK, including palaces in London, castles in Scotland and estates in Norfolk.
- Extensive holidays and travel are included, although the winning applicant is expected to be on call 24/7.
- You will be provided with a large staff, including 158,000 soldiers, many aircraft, and a smattering of aircraft carriers. (These are generally used for ceremonial purposes only.)

START DATE

- This role will start on the passing of your predecessor and continue until your own death, whenever that may be. Note: early retirement is forbidden unless physical or mental decline prohibits further work.

UNIFORM

- A full uniform will be provided. This includes medals, crowns, tiaras, etc. You will also be expected to provide your own extensive wardrobe of semi-formal wear.

WARNING

- There are those who view your role as the continuation of an aggressive and

rapacious regime that has for centuries sought to subjugate people around the world for the benefit of the inhabitants of the British Isles. This is not your concern; you are merely doing your job to the best of your ability. Try not to take offence.

PERFORMANCE REVIEWS

- Reviews will be conducted by the national and global press, who will be sure to let you know what they think on a regular basis. Again, try not to take this personally.

NEXT STEPS

- Those interested should write c/o Buckingham Palace, enclosing photos, CV and a covering letter listing relevant experience. Interviews will not be necessary as we have known you since birth. The monarchy is not an equal opportunities employer.

CAVEAT

- Your predecessor was extraordinarily accomplished in the role and loved by millions. Don't rush into it; you have a very hard act to follow. ■



A challenge before us

Becoming a republic would have significant international advantages for New Zealand, argues PETER HAMILTON.

At 5.54am on September 9, I received a text from my daughter. She knew I had long advocated that New Zealand become a republic once the Queen died. She wondered what I was thinking now that it had happened.

I was seven months old when Elizabeth ascended the throne in 1952. Like most New Zealanders, I have known no other British monarch.

I grew up on a farm in rural Somerset before we migrated to rural Waikato. In my Somerset school, I was taught to revere the monarch, and I can still recite every one of the 44 British kings or queens since Edward the Confessor: land-grabbing William the Conqueror and his merry band of marauding knights; the medieval monarchs who were often just military adventurers; Richard III, who was willing to give up his kingdom for a horse (or so Shakespeare tells us); Edward VIII, who gave up his kingdom for a woman; Henry VIII, who had too many women in his life and had to remove some of them; and Charles I, who was so consumed by his divine right to rule that he lost his head.

From that point on, monarchs started to rule less and reign more. Then there was the Queen's great-great-grandmother Queen Victoria, who mourned her deceased husband for the rest of her life and neglected her public duties.

So, what will mark the reign of Elizabeth II? Whereas all previous monarchs expected unquestioning loyalty from their "subjects", Elizabeth preferred to earn our respect and admiration. Her passing marks the end of an era unlike any other in British history.

Now we have Charles III. I had a long conversation with him some years ago while I

was High Commissioner in Singapore. He is a man of integrity and a deep thinker who is very interested in environmental issues and climate change, but he won't have as long as his mother to make his mark. I hope the inevitable bureaucracy that will surround

another country to perform this task for us. This is, of course, a legacy issue, reflecting our former status as a British colony. But New Zealand is an entirely different country now. We should take the opportunity of the ending of the second Elizabethan era to have a national conversation about appointing a New Zealander as our head of state.

We already have an embryonic head of state in the form of the office of Governor-General, who in practice already does everything that a head of state is required to do. The Governor-General, however, does not have the status and mana, domestically and internationally, to reflect the importance of her office.

There are significant international advantages in our becoming a republic, in addition to its recognition of our evolution as an independent state.

I believe we should avoid a US-style presidency and have the head of state appointed by Parliament (by a majority of, say, 70% to ensure the office remains apolitical). The Treaty of Waitangi would remain unchanged as a key element in our constitution and I would expect the

British monarch to be an honoured guest at the bicentenary of the Treaty of Waitangi in 2040.

For the moment, however, it is appropriate we reflect on the example of a remarkable woman who dedicated her life to the service of her country and the Commonwealth. Quite simply, she was the best monarch Britain has ever had, in more than 1000 years. ■

Peter Hamilton is a former deputy secretary of Foreign Affairs and Trade and a member of the Campaign for a New Zealand Head of State.



Charles, seen here in 2019, won't have as long as his mother to make his mark.

him will not stifle his more liberal principles and generous nature.

LEGACY ISSUE

The Queen visited New Zealand on 10 occasions, but she was largely absent from our ongoing national life (for example, she was not able to lead our national mourning at the funeral of Sir Edmund Hillary). Charles will be, too.

This country is unusual in that we do not have our own head of state but rely on



Write stuff

How a boy from Clyde ended up working for Elon Musk.
And then went on to disrupt the global media industry. **by PAUL LITTLE**



Substack co-founders, from left, Chris Best, Jairaj Sethi and Hamish McKenzie.

University of Otago. His heart was set on journalism, and there was a stint as editor of the student paper *Critic*, but no trajectory in mind beyond that. “I’ve always had dreams and ambitions and fantasies,” says McKenzie, “but never, never anticipated that anything would present itself in the way it has in the past few years.”

His career as a freelancer took him to the US via Hong Kong. And when Elon Musk invited him to work at Tesla, “I couldn’t really say no.”

McKenzie had written about a Mark Zuckerberg-funded tech lobby group called FWD.us. “They’d made a big mess of everything, trying to play Capitol Hill games.

Musk was impressed by a blog post McKenzie had written describing him as more significant than Apple’s Steve Jobs.

Zuckerberg and his cohorts had convinced a number of big-money tech people to put money into it. Elon had been part of that early on. And then they did these things that pissed him off and Elon withdrew. I’d written a story about that big mess, and Elon was impressed by that story.”

Musk was also impressed by a blog post McKenzie had written describing Musk as more significant than Apple’s Steve Jobs. The assessment was based on the potential impact of electric cars and interplanetary travel. “I would probably moderate my gushiness about this now,” he reflects.

Musk hired him on \$200,000 a year, the most he had ever earned. “My title was lead writer and no one knew what I was going to do, including me,” he says. “Elon was just like: ‘Go and join the communications team. We’ll figure it out.’” His new colleagues found out about the hire only when it was reported in the Silicon Valley scandal sheet *Valleywag*.

In the end, McKenzie stayed only a year. “I wanted to be a journalist. I didn’t want to be a general comms person.” He also had three bosses within that time – not usually a sign of a stable workplace.

He decided to write the book that would eventually be published as *Insane Mode: How Elon Musk’s Tesla sparked an electric*

In 2012, a freelance writer named Hamish McKenzie interviewed US journalist Glenn Greenwald for this magazine. Eight years later, McKenzie was publishing Greenwald’s writing on Substack, an online writers’ platform he co-founded in 2017.

Last year, after the company raised over \$100 million from investors, Substack was estimated to be worth as much as \$1 billion. Even allowing for the irrational exuberance of the US start-up scene, it’s still an

impressive valuation for a company that employs around 80 people.

These days McKenzie lives in San Francisco, where the company has its headquarters. It’s a long way in every sense from Alexandra, where he grew up. He was born in Clyde in 1981. His father, Richard, was an atmospheric physicist, and the family spent three years overseas while Richard did his PhD at Oxford. McKenzie’s mother, Louise, taught Māori language and culture at high school.

He did a degree in English at the



SUBSTACKER

HAZEL PHILLIPS: Wild Snowflake

FREELANCE JOURNALIST HAZEL Phillips is best known as author of the book *Solo*, which details her mountaineering and tramping adventures around New Zealand. Her involvement with Substack goes back only seven months but, this being a New Zealand story, her involvement with Substack co-founder Hamish McKenzie goes back much further.

As a student at the University of Otago, Phillips used to write for *Critic*. "Hamish was a friend of a friend, and one day he asked me for a bit of advice about how to start writing for *Critic* and how to get into journalism and what did you need to get into journalism school."

She was excited the first time she saw his byline: "A lot of people will ask you for advice and then never do anything." Not a charge that could be laid against McKenzie.

She heard about Substack when David Slack added her to his subscribers' list. Then she subscribed to Bernard Hickey's Substack (see page 30). She was inspired to begin *Wild Snowflake* for two reasons.

"It makes me write. I'm quite disciplined about doing one post a month, rather than spamming people too much. And then the other part is that I want to avoid becoming one of those older people who doesn't understand the back end of technology. I think if you keep a finger in a pie of something like that, then you keep up to date with developments."

She hasn't switched on the pay option yet, nor has she gone to any lengths to grow her subscriptions, which are a modest 300. But she is proud that about two-thirds of her subscribers actually open her posts and look at them every month.

"Getting paid is not a huge focus at the moment," she says. "I've left the door open to that if I have a large subscriber base and was looking to make it an income stream."

She has had no direct communication with anyone from Substack yet, but no doubt will if or when she decides to use it to make some money. After all, she knows the boss.

revolution to end the age of oil, drawing on his experiences.

The handsome \$125,000 advance was severely depleted by the \$750-an-hour lawyer McKenzie had to employ to deal with legal pressure from Musk, who did not want it to appear. In the end, it "was told from a more distant perspective, but still told the same story".

While writing the book, he went to work part-time with his friend Chris Best

Substack readers
"get a deep relationship
with the writers they
most trust and love".

at a messaging app called Kik Interactive. After Best left Kik, he took some time to think about the future of the media.

"Chris sent me this draft of a blog post he had written decrying the ills of the attention economy and how, out of the original sin of online advertising, these machines have emerged to maximise return for advertisers, which means creating news feeds that optimise for addiction," says McKenzie. "Content that enraged or provoked or divided people was being rewarded."

McKenzie pointed out that everyone in the media knew this, but nobody knew what the alternatives could be. "That led to these discussions, and he never got around to finishing the piece. We started the company instead."

FUNDING EXPANSION

McKenzie, Best and another former Kik colleague, Jairaj Sethi, decided Substack would be a home for online newsletters. The thinking behind Best's blog post served as guiding principles. Start-up funding included \$20,000 from McKenzie's dad and an inheritance from his grandmother. In 2019, Substack raised \$25 million in venture capital to fund expansion. Two years later, it raised another \$100 million or so.

The key difference from previous online newsletter services is that readers are "the customer, not the product", McKenzie explains. "They get a clean reading experience – it's got no ads. They're not being packaged up and sold to some advertiser."

Simplicity was crucial to Substack's success. Subscription-based online media have a lot of moving parts: the platform itself, an email function, a payment system and



Elon Musk: applied legal pressure in a bid to prevent McKenzie from publishing a book about the Tesla boss.

other technology all need to work for it to succeed. “Most people are not all those things,” says McKenzie. “You’re lucky if you’re a good writer. So we thought, what if we can take all the other stuff off the table for people so they don’t have to worry about anything but the writing?” Substack also provides some help with editing, design service, legal support and even health coverage.

So, what do Substack readers get that they can’t already find elsewhere? Choice for one thing, and variety for another. There are thousands of Substacks with something for every interest and outlook. Plus, readers “get a deep relationship with the writers they most trust and love”, McKenzie says.

As well as Greenwald and other high-profile US journalists, including Andrew Sullivan, Edward Snowden and Dan Rather, the literary likes of Salman Rushdie, Chuck Palahniuk and Patti Smith also have Substacks. There are now flourishing “Substack natives”. And the platform has made stars of writers who otherwise might have remained known only to a small circle. Its most successful writer in terms of subscribers and earnings is history professor Heather Cox Richardson, whose excellent *Letters from an American* is “a newsletter

about the history behind today’s politics”.

Writers decide how much they will charge – and there is lots of company advice on how to work out what that should be. Most ask for between US\$5 and US\$15 a month. The uber-niche *Petition* – “Curated financial news, analysis and commentary with an emphasis on distressed investing,

New Zealand writers who use the platform include Bernard Hickey, Emily Writes, and several Davids (Farrier, Slack and Cohen).

restructuring and bankruptcy” – charges an exceptional US\$49 a month.

Substack won’t say how many writers are earning more than US\$1 million a year, only that the top 10 publications make more than US\$25 million annually in aggregate. Richardson’s “tens of thousands” of subscribers paying US\$5 a month put her comfortably in the million-dollar club by 2020.

New Zealand writers who use the

platform include Bernard Hickey, Emily Writes, and several Davids (Farrier, Slack and Cohen).

Many of these people could get or have had jobs at Stuff or NZME, but Substack gives them independence, editorial control and the possibility of expanding their audience to include a share of the platform’s one million subscribers and 1.5 million paid subscriptions.

Someone who is not a big-name writer can also build it, but will they come? Substack has put a lot of effort into giving writers the resources to expand their followings. After all, that is the only way the company will earn any money. The determination not to allow advertising is unwavering. The company charges 10% commission and the payment-processing company Stripe takes 2.9%, plus 30c a transaction.

Beyond the obvious advice – use social media, tell your friends – McKenzie describes what Substack can do for you: “We build a product to maximise the chance someone will share it, and then someone will discover it, have a good experience and then decide to sign up.”

It is also finessing a recommendation system. “If I go to your Substack and



Bernard Hickey:
"It's really simple
for dumbbells
like me to use it."

SUBSTACKER

BERNARD HICKEY: The Kākā

BUSINESS AND POLITICS WRITER

Bernard Hickey set up an email newsletter, Hive News, in 2013. "I built my own payment system, database, publishing system, essentially jammed together a version of WordPress, with a version of [payment-system] Stripe, and an email database, and I spent \$50,000 getting someone to make it for me.

"It worked until it didn't – there was too much admin and tech for someone who wanted to write."

In 2017, he helped set up *Newsroom* before deciding he would be happier out on his own. "I did a whole lot of freelancing and I started off just noodling around Substack, with the vague idea that I might launch it as a subscription thing."

In September 2020, he launched The Kākā – "Public interest journalism about NZ's housing, climate and poverty crises". He started offering paid subscriptions a year later, "and it's been hammer and tongs ever since". It's now how he makes his living.

He found a lot to like about the platform. "It works all the time. It doesn't go down. It's really simple for dumbbells like

me to use it. And also, it's really simple to turn the paywall on."

He has also had the advantage of a lot of professional support. At the beginning of the year, he did a Substack training course in which "they give you \$10,000 and put you together with someone who is already using it at a very high level".

Hickey was paired with Judd Legum, an investigative journalist who is one of Substack's most successful writers.

He is now up to 10,000 subscribers, a quarter of whom are paying for his regular output, as well as such frills as a podcast, events diary, regular Ask Me Anything sessions and much more.

"Substack has got a really welcome approach to its readers, and its writers, which says, 'We're not here to harvest data and sell it to some advertiser or track you around the internet.' People are paying for a clean experience. They don't want Google chasing them around and selling them things that they bought two days ago, or guessing that they're pregnant."

subscribe, I'll be shown three to five Substack writers you have recommended. Because you're a writer I've learned to trust, I'm likely to pay credence to your recommendations. We're trying to build a recommendation engine that is human-centric and not like the YouTube rabbit holes, or Twitter, sorting by controversy."

CONTROVERSY

Not that Substack is any stranger to controversy. It has recently been at the business end of arguments over cancel culture and content moderation, with writers leaving and much op-ed ink being spilt on the issue.

It does have lines that can't be crossed. Its content guidelines say: "Substack cannot be used to publish content or fund initiatives that incite violence based on protected classes. Offending behaviour includes credible threats of physical harm to people based on their race, ethnicity, national origin, religion, sex, gender identity, sexual orientation, age, disability or medical condition."

That leaves a lot of room for views on all those things that many people would find odious. If you wanted to have a Substack devoted to the view that, say, Jews run the entertainment industry, that would be fine.

McKenzie isn't keen on such hypotheticals, but says: "I think people's brains are a little bit broken about this. The position that Substack takes on free speech is not radical. It's the view that 99% of good-thinking, left-wing people had 15 years ago."

The three founders have been adamant on the value they give to protecting free speech. McKenzie doesn't object to the analogy that Substack is like the paper that newspapers and magazines are printed on, and no one goes after the paper makers for what is written on the paper.

"You're better off exposing crazy to sunlight and letting it be disinfected than to push it aside and give it a sense of intrigue and mystique," he says. The problem, according to him, is that on the likes of YouTube, Twitter and Facebook, "we've seen a lot of bad stuff happen because of their business models and because of the way they function, amplifying and rewarding provocative stuff. People have overcorrected in a way that risks compromising some incredibly important principles around free speech."

He points out that the money – "probably billions" – that Facebook and Twitter have spent on content moderation and tweaking guidelines has not reduced the amount of disinformation in circulation.



Hamish McKenzie:
“We’re not changing the world – we’re trying to contribute to changing the world.”

So, the platform will not ban, for instance, anti-vax writing. The US-based Centre for Countering Digital Hate reported that Substack generates at least US\$2.5 million a year from five popular anti-vaccine newsletters. One of those is by Dr Joseph Mercola, whom the *New York Times* calls a “misinformation superspreader”. There is also at least one New Zealand-based anti-vax Substack.

McKenzie’s ambitions for the platform are underpinned by New Zealand values he has taken to the US. “One of the key things is the New Zealand habit of underpromising and overdelivering. We try to be modest about it. We’re not changing the world – we’re trying to contribute to changing the world. My co-founders are also from cultures that prize modesty: Chris is Canadian and Jairaj was born and raised in Japan.”

New Zealand is still a big part of his life. “I was back for seven months last year during the pandemic. It was good. I could work remotely.” He is “nervous” about taking American citizenship, even though he is eligible.

McKenzie is married to Stephanie Wang, a former corporate lawyer who works at a small start-up. They have two sons, Arthur, “who is the same age as the pandemic”, and James, who is “the same age as Substack”.

A typical day starts with him driving – yes, a Tesla – to work, dropping the boys

at school on the way. “Then a bunch of Zoom meetings.” He now holds “a luxury position” where he is able to focus on his own writing and “projects around helping writers”.

Unsurprisingly, Substack has inspired competitors and imitators. Twitter tried to buy it, but “we said no”.

“I’m much happier doing that than managing,” he says.

His own Substack is called *Disjointed*. He reads “Dylan Cleaver, a lot of David Farrier, Matt Taibbi, Freddie deBoer – he’s from the left, but he takes down a lot of left shibboleths. I follow a lot of Substacks and see what’s interesting on a given day.”

RESENTMENT ONLINE

Success inspires as much resentment online as it does anywhere else. If Substack appears to slip, schadenfreude goes into overdrive. Last month, it ended a contract with a freelance editor who had worked on a piece critical of the company that

appeared on a competing platform. Much virtual tut-tutting ensued.

“It didn’t feel good to be maintaining a contract with a freelancer who had effectively said he didn’t like the company,” says McKenzie, “but, on reflection, we agreed that was a bad move, so we made amends and publicly apologised.”

Plans to raise more money were abandoned earlier this year. “The signals were bad, and then the market turned fast enough that it became clear that the wiser decision was to not try to raise money. So, we just stopped. We decided we should make some tough decisions to set Substack up to get through the economic winter.” Thirteen employees were laid off in June.

Unsurprisingly, Substack has inspired competitors and imitators. Twitter tried to buy it, but “we said no, very early in the discussion”, McKenzie says. LinkedIn, Facebook, Forbes and other traditional media have all introduced newsletter options since Substack debuted.

McKenzie sees this as evidence that the company is influencing the media landscape.

“There are other people trying to do this model now. It expands the possibilities. And I don’t know exactly how it plays out, but if we succeed, it means it’s going to be a part of the media ecosystem, where writers are truly in control and can build new types of media businesses.” ■

The battle to save Foulden Maar

A mining threat to a science treasure trove has exposed a gaping hole in our ability to protect geological sites of international significance. **by SALLY BLUNDELL**

Lying under farmland near Middlemarch in east Otago is an undisturbed fossil record telescoping 23 million years back in time. Foulden Maar, a former crater lake, stretches about a kilometre at its widest and, at its deepest, just over 180 metres.

Daphne Lee, honorary associate professor in the University of Otago's geology department, has been chipping away at these rocks since she was a student in the 1970s. "It was just another site," she recalls. "No one quite knew why it was there."

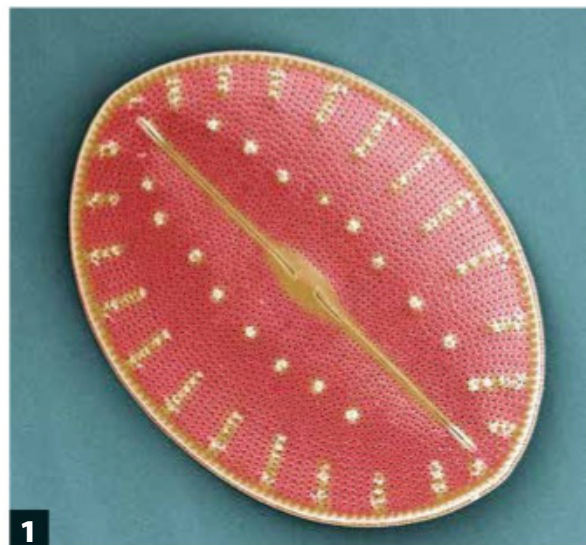
Since 2003, however, Foulden Maar has revealed an archive of perfectly preserved fossils – algae, sponges, insects, fish, leaves, flowers. It has allowed scientists to piece together a rare picture of a subtropical rain-forest ecosystem at the very beginning of the Miocene epoch (from about 23 million to 5.3 million years ago).

In a new book co-authored by Lee, German palaeontologist Uwe Kaulfuss and palaeobotanist John Conran, photographs provide an extraordinary insight into this record: the impossibly fragile wing of a termite, flowers with pollen grains still attached, the newly discovered, star-shaped *Fouldenia staminosa*, the vertebral column of an eel, detailed impressions of fern leaves carrying spores, a tiny ant with delicate forewings extended. There are fish with the remains of their last meal in their stomach; galaxiid specimens with gaping mouths as if caught in their last gasp; the first fossil spiders found in New Zealand; scale insects still attached to the leaf from which they were sucking sap when a gust of wind carried them both into the lake.

Such treasures have earned Foulden Maar the classification of *Konservat-Lagerstätte*, a German term describing rare fossil-storage places. The site has inspired

hundreds of reports and prompted calls for Unesco world heritage site status.

Yet three years ago, Foulden Maar was nearly mined into oblivion. Now, even as it attracts global scientific attention, there's still no protection in any existing legislation



“This would be like mining volcanic ash at Pompeii for pig food.”

for our earliest window into New Zealand's ecological past.

Foulden Maar was formed when a series of volcanic eruptions blasted across the area. As hot magma pushed up through the Earth's crust, it hit an ice-cold aquifer, sparking a mighty explosion that left a small, deep crater. Over the following 120,000 years or so, after groundwater filled the steep crater, the lake became a repository for a microscopic form of aquatic algae called diatoms. The diatoms sank to the bottom, forming “a thin blanket of fine-grained siliceous ooze that over time built up to become diatomite”, write the authors.

Leaves, seeds, spores, flowers, insects

and fish fell, floated or were blown into the lake, drifting down to the anoxic lakebed. There, they were “effectively pickled in the oxygen-deprived environment”. New alluvial sediment eventually capped the lake and preserved this Miocene archive for the next 20 million years.

LAYERS OF TIME

It took the discovery of gold in Otago in 1861 for geologists to take a closer look. In 1875, they reported a deposit of “diatomaceous earth” on the pastures of the Strath Taieri river plateau. From the 1940s, the diatomite was mined for the manufacture of cement, filtration systems, insulation, pet litter and as a pesticide and fertiliser additive. Each year, a few truckloads were removed from four small, shallow, open-cast mining pits.

In 2011, Featherston Resources, which had taken over the diatomite mine in the late 1990s, built a million-dollar processing plant near Mosgiel. Under chief executive Alan Walker, the company maintained an amicable relationship with scientists. “Featherston was very happy for us to come and go,” says Lee. “Alan Walker would ring me up and say, ‘We have a digger coming today – would you like to bring a team up and see what we have discovered?’” Such was the cordiality of this relationship that the scientists named a fossil fern after Walker.

In 2003, Lee was preparing for a field trip for the annual conference of the NZ Geoscience Society when she and her colleagues saw a newly exposed face showing extraordinarily well-preserved layers, effectively “barcoding” the sediment into 0.25-2mm-thick layers of time. In 2009, a research team drilled down into the deepest part of the deposit to retrieve a 183m-long core sample. What was thought to be a 20-40m layer of diatomite turned out to be three times as



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1. A coloured image of a diatom, a type of phytoplankton, found at Foulden Maar. 2 & 3. An extinct fish species, *Galaxias effusus*, discovered by Daphne Lee. 4. A fossil of an *Aneurys* flat bug, the first Southern Hemisphere record of the *Aradidae* family. 5. A leaf with a perfectly preserved vein structure. 6. A fossil *Cunoniaceae* flower with pollen still attached. 7. A fossil wasp. 8. Leaves from Foulden Maar. 9 & 10: Bell-like *Elaeocarpaceae* flowers.



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deep. Findings from this core presented a readable annual climate record for the first 120,000 years of the lake's life. Stomata, the tiny portals on leaves responsible for gas exchange, indicated a climate twice as warm as today, with annual rainfall about four times higher. Carbon-dioxide levels were 450 parts per million – particularly relevant, since this is close to the levels Earth is expected to reach in the next few decades.

The core sample also showed the maar's diatomite reserves were up to six times larger than previously thought. Because the research had been funded by a Marsden grant, this was public information. "That must have caught the eye of the Plaman company," says Lee.

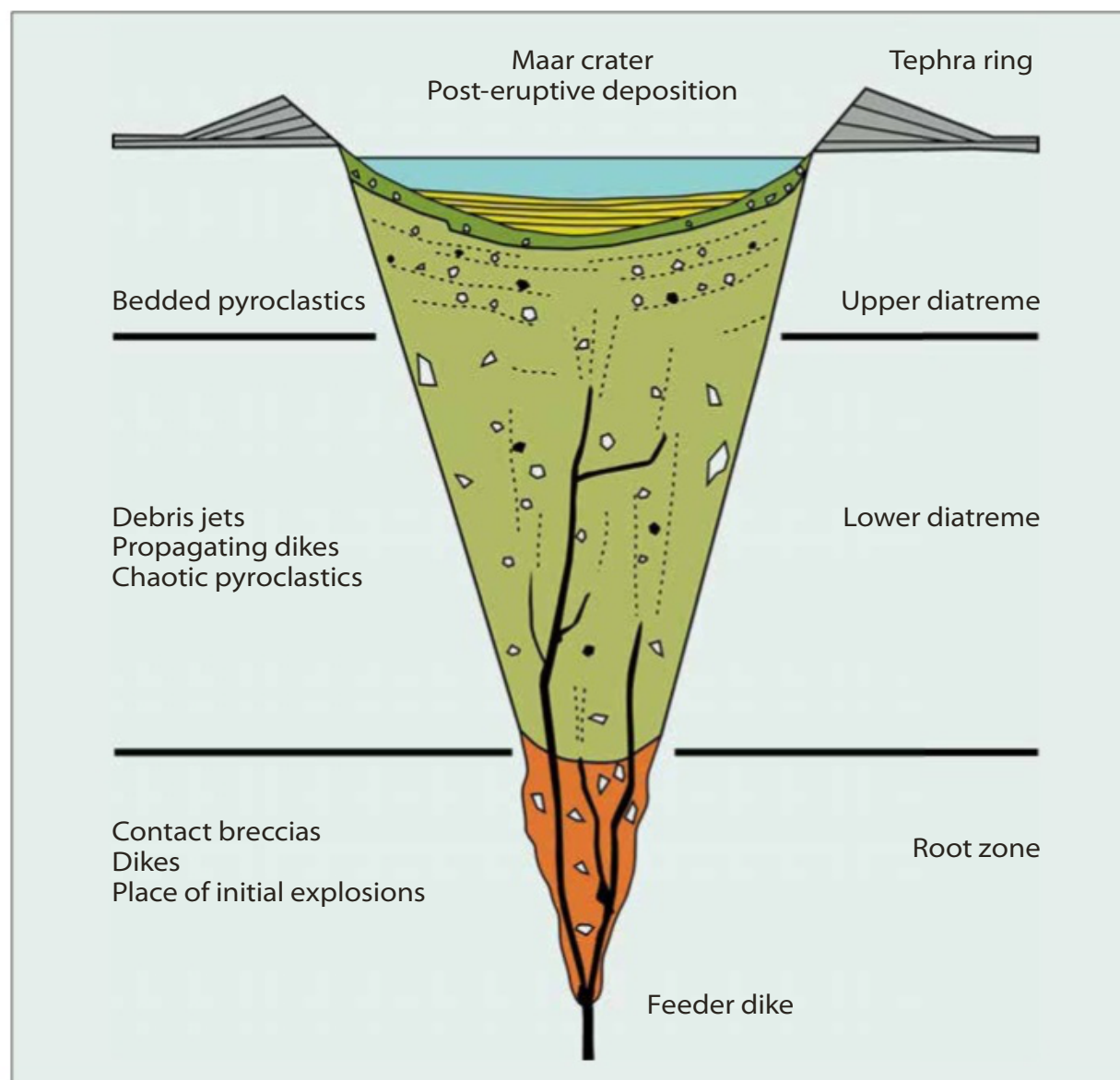
In 2014, the mining operation was bought by Plaman Global. Associate company Plaman Resources, through its majority shareholder, Malaysian-based Iris Corporation, intended to mine diatomite for use as a fertiliser for palm-oil plantations. It successfully applied to the Overseas Investment Office (OIO) to buy the 42ha site, then owned by Holcim New Zealand, with a new stated goal to process up to 31 million tonnes of diatomite as a feed additive for stock. Nic Rawlence, director of the University of Otago's Palaeogenetics Laboratory, later wrote in *The Conversation*, "This would be like mining volcanic ash at Pompeii for pig food."

In 2018, Plaman made a second OIO application to buy about 432ha of surrounding farmland. It planned to take the diatomite to Milton, about 100km south, where a plant – to be built with \$30 million of taxpayers' money from the Provincial Growth Fund – would crush and granulate the rock.

“A TOTAL NONSENSE”

At first, there seemed no great cause for worry. University scientists still had access to the site; the Dunedin City Council, in a letter of support in October 2018, saw economic benefits for both Milton and Middlesmarch. But over the following months, the scale of the enterprise – the potential extraction of up to 500,000 tonnes of diatomite a year over nearly three decades – and a growing understanding of the importance of the fossil archive provoked a wave of outrage among the local community and scientists.

In April 2019, a confidential report by investment bank Goldman Sachs was leaked to the *Otago Daily Times*. It noted that any appeal to the Environment Court was likely to come from a small number of residents “who are not well-resourced and will not have comprehensive technical reports to



the same extent as Plaman Global". It also recommended that Plaman remove any link between Foulden Maar and the Iris Corporation, due to growing antipathy toward the idea of exporting to palm-oil plantations. Goldman Sachs, it appeared, had provided Plaman a bridging loan of US\$20 million.

Residents and scientists were incensed. Until then, says Lee, they had “no idea” what

CO₂ levels were 450 parts per million, close to those Earth is expected to reach in the next few decades.

the company was planning. She describes its proposal as “a total nonsense”. Diatomite is not rare – globally, there are vast deposits of cheap diatomite, mostly of marine origin. “They were trying to say there was something special about Foulden Maar diatomite. There is nothing special about it except fossils are in it. They were going to trademark it as Black Pearl – really?”

In May 2019, the council sent a please-explain letter to Plaman Global, saying the full extent of the environmental impacts and loss of the “pre-eminent” fossil cache

at Foulden Maar “was not adequately disclosed at the presentation you gave us last year”. The Geoscience Society withdrew its support. A petition by the newly formed Save Foulden Maar campaign attracted more than 10,000 signatures in two months.

The following month, Plaman announced it was being placed in receivership. Six months later, the council signalled its intent to buy the 42ha owned by the company, but nothing has happened. Nearly three years on, the gates remain locked and access by scientists has been halted.

INCALCULABLE VALUE

The council, still in discussions with the receivers, Calibre Partners, refuses to discuss the matter publicly. A request under the Local Government Official Information and Meetings Act for correspondence between the council and receivers was declined. A council spokesperson told the *Listener* it is “not yet able to comment on the details, but will have more to say in due course”.

Dave Cull, the then Mayor of Dunedin, wrote in 2019 that the council wasn't aware the site could “contain fossil records of incalculable value”. Says Lee: “Maybe as geologists we don't do a good job publicising what we do.”

The Prime Minister's Chief Science



Adviser, Dame Juliet Gerrard, has pointed out there is no obvious entity in central government to consider the value of a fossil record – not the Ministry for the Environment, the Department of Conservation (DoC), the Environmental Protection Agency or Heritage New Zealand. Mining permits are granted through the Ministry of Business, Innovation and Employment, which looks at the technical, financial and environmental aspects of a proposal, but these do not include fossils.

The scientific case features only in local government resource consenting processes required before mining can begin. The Resource Management Act includes the protection of outstanding natural features from inappropriate development. However, there is no consensus on what counts as “outstanding”.

“If there had been fortifications or historic stone fences, or if it was a wetland, it would be fine,” says Lee.

Through the OIO application process, Land Information NZ could rule in favour of the fossils, but that would require special scientific status. This is a possibility. After all, the Grube Messel fossil site in Germany was destined to become a rubbish dump in the 1970s and is now a Unesco World Heritage Site.

The Save Foulden Maar group is calling

for the site to be protected as a government-owned scientific reserve. Lee and her co-authors want it designated an Outstanding Natural Feature of International Significance and protected in district and regional plans under the guardianship of the council and DoC for use by scientists, students and the public.

Lee, who retired four years ago, is

“If there had been fortifications or historic stone fences, or if it was a wetland, it would be fine.”

“amazed and horrified” New Zealand still does not have any way of safeguarding sites such as Foulden Maar.

“To have nothing in our natural heritage legislation seems extraordinary. You don’t want to go to the other extreme and have it under so many layers of protection we can never go and look for fossils again – that is like having the Hocken Library with the doors chained shut. But there is a happy medium where the site is protected but available for scientific research and education.”

Geologist Daphne Lee: “Amazed and horrified” that New Zealand has no safeguards for sites such as Foulden Maar.

And palaeontologists are eager to get back to work. Only an estimated 1% of the fossil diversity of Foulden Maar has been recovered, and perhaps 5-10% of plant diversity. No bird fossils have been found yet, but with the discovery of coprolites and fossil fruit from the surrounding forest, it is only a matter of time.

Yet Foulden Maar remains a locked and gated tract of farmland. Here and there, clumps of matagouri dot the paddocks; the odd tōtara stands as a monument to the once-great expanses of podocarp.

Rawlence, the Otago University palaeoecologist, is optimistic that there would be no “social licence” if large-scale mining were to be proposed again – “Not after Plaman.” But, perhaps to provide some extra insurance, he is leading a campaign to choose a native fossil as a national emblem. “New Zealand needs to learn to love its fossils more,” he says. “They have a fantastic story to tell.” ■

FOSSIL TREASURES OF FOULDEN MAAR: A window into miocene Zealandia, by Daphne Lee, Uwe Kaulfuss and John Conran (Otago University Press, \$60)

Keep an eye out

Regular vision checks as we age are important to pick up treatable conditions that are easy to miss, such as macular degeneration.

Many of us accept that as we get older our vision will worsen. But that acceptance comes at a cost, as it means we may miss the early signs of treatable conditions such as macular degeneration.

The macula is the central region of the retina, a part of the eye that processes visual images. As we age, it can deteriorate, resulting in vision loss in the centre of a person's field of vision.

"In this country, about one in seven people who are over the age of 55 will have some signs of the disease, and over the age of 70 it's one in four," says Rachael Niederer, a senior lecturer in clinical ophthalmology at the University

Rachael Niederer

"People who smoke are three times more likely to get age-related macular degeneration."

of Auckland. "The projections are that rates in New Zealand will grow by about 70% by 2030."

There is a genetic component to macular degeneration, but a number of genes are involved and just because you may have them doesn't mean you are

bound to develop the condition. For prevention, and to slow the progress of the disease, the main thing you can do is stop smoking, Niederer says.

"It makes a massive difference. People who smoke are three times more likely to get age-related macular degeneration and more likely to lose vision from it."

There is science to show that nutrients also play an important role. The Age-related Eye Disease I and II studies by the US National Eye Institute identified a specific formula of antioxidants that significantly reduce progression and delay vision loss. (That formula is zinc 80mg, copper 2mg, vitamin E 400 IU, vitamin C 500mg, lutein 10mg and zeaxanthin



2mg, and it is available in supplement form). An earlier version contained beta-carotene but that was removed because it has been associated with an increased risk of lung cancer, particularly among men who smoke.

The AREDS trials showed benefit only for those with intermediate to advanced disease. They reduced their risk of vision loss by about 25% over five years. They also lessened the chance of developing macular degeneration in the other eye. The same effect wasn't seen for people in the earlier stages of the disease.

"That's not to say it's completely useless in the early stages, but it may take more than five years to get the outcomes you're looking for," says

Niederer. "Generally, I'd say if you're the kind of person who likes to take supplements then go for it, and maybe in the long term you'll do some good. But otherwise, spend the money on lots of vegetables and fruit in all the colours of the rainbow."

In the AREDS trial, the participants who didn't get much lutein and zeaxanthin in their diets were the ones who benefited most from supplements. Other studies have suggested a diet rich in these antioxidants – with plenty

The brain is very good at reacting to vision loss in one eye by compensating with the other.

of leafy greens, sweetcorn, yellow and orange capsicum, and citrus fruit – helps lower the risk of age-related macular degeneration. A 2018 study from the University of Sydney showed that eating an orange a day reduced the risk by more than 60%. And omega 3 from oily fish has also been shown to be helpful.

"Basically, if it's healthy for your heart then it's healthy for your eyes," says Niederer.

Research is happening here and overseas to find new treatments. But there is still no medical intervention for those with dry macular degeneration, which is caused by small yellow deposits called drusen that accumulate beneath the retina. The other form of the condition is known as wet macular degeneration. This occurs when abnormal blood vessels grow under the retina and leak fluid or blood and cause scarring. The most common therapy for the wet form is injections of drugs that block the protein – vascular endothelial growth factor – that causes this to happen.

In the earlier stages of macular degeneration, people often miss symptoms, says Niederer, as the brain is very good at reacting to vision loss in one eye by compensating with the other. That is one of the reasons why, even for those who have had good eyesight all their life, regular screening by an optometrist is recommended for everyone over the age of 45.

"Then you should have one every five years until you hit 60 and every three years after that," she advises. ■

HEALTH BRIEFS

MENTAL HEALTH & COVID

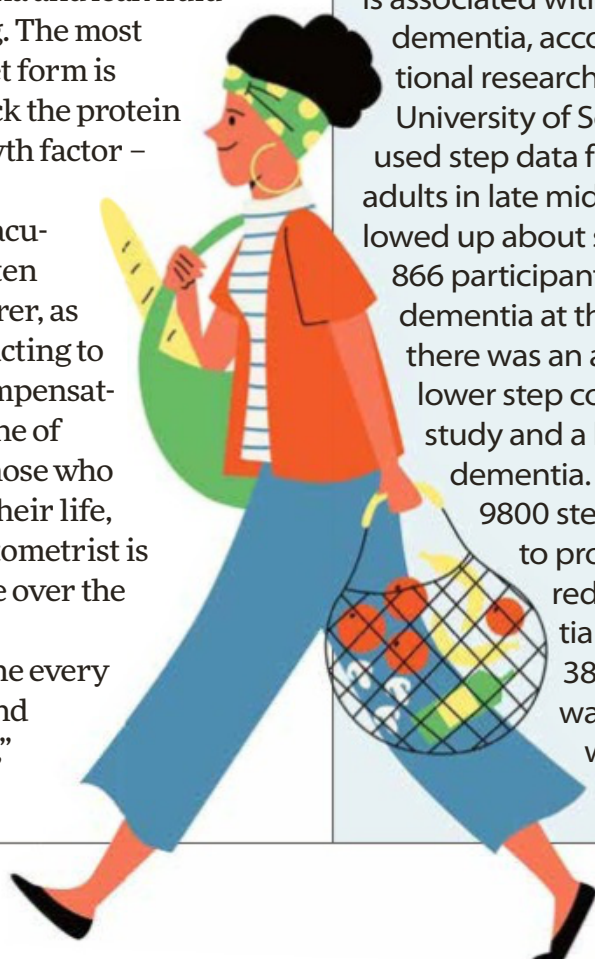
People with psychological distress before catching Covid-19, including symptoms of depression, anxiety, worry about the virus, loneliness, and perceived stress, were more likely to develop long Covid after infection than those who did not experience psychological distress, according to a study of more than 3000 people from the Harvard TH Chan School of Medicine. Exactly why psychological distress should increase the risk of long Covid remains unclear.

LOWERING CROUP RISK

Babies and children under three years old are less likely to develop croup if their mothers take fish oil and vitamin D supplements during pregnancy, according to new results from a clinical trial. Croup is a viral chest infection that affects young children, causing a characteristic "barking" cough, a hoarse voice and difficulty breathing. The randomised controlled trial of 736 pregnant women by the Copenhagen University Hospital, Denmark, found that taking fish oil and high-dose vitamin-D supplements gave a lower risk of children developing croup over the next three years.

STEPS AGAINST DEMENTIA

Walking as little as 3800 steps a day is associated with a reduced risk of dementia, according to international research. A team from the University of Southern Denmark used step data from nearly 80,000 adults in late middle age, and followed up about seven years later: 866 participants had developed dementia at the follow-up, and there was an association with lower step counts during the study and a higher risk of dementia. Taking about 9800 steps a day appears to provide the optimal reduction of dementia risk, but about 3800 steps a day was still associated with a 25% lower incidence.



Hard to nail

Splitting, peeling and flaking nails are not uncommon, and finding a cure can be challenging.

Question:

I am an active 76-year-old. This year, my fingernails have become unmanageable, flaking and splitting badly. Nothing I have done has helped, including increasing calcium intake, taking supplements for nails and skin, using over-the-counter nail strengtheners, and asking my GP for advice. My diet is well rounded, and I use lots of skin and nail lotions and wear protective gloves outside, especially in the garden. What else can I do?

Answer:

Our fingernails serve more than decorative purposes – they also protect our fingers and help us to feel and manipulate objects – abilities we often take for granted until they're absent. Although a quick dietary fix for flaking and

Brittle nails can be caused by health issues, such as thyroid problems, or nutritional deficiency.

splitting nails would be helpful, research suggests most nutritional supplements have little impact on nail health, except for biotin.

It's not uncommon for nails to split, peel and break; researchers estimate that about 20% of the population suffer from

brittle nails, though the condition is more common in women and older people. Brittle-nail syndrome is characterised by flaking and peeling nails (known as onychoschizia), as well as ridges and splits on the nails (known as onychorrhexis).

Problems with nails can be caused by external environmental factors or internal health conditions, including nutrition. An excellent way to identify whether the cause is external or internal is to check your toenails – if your toenails are in good health but your fingernails are flaking and splitting then it is likely an external factor is contributing to your fingernail problems, rather than a dietary issue.





Brittle nails fall into two categories: dry and brittle or soft and brittle. Dry and brittle nails are caused by too little moisture; this often results from repeated washing of the hands, which dries out the nails. Conversely, if your nails are soft and brittle, they might be getting too much moisture, or are being damaged by overexposure to household detergents and chemicals, nail polish removers and the like. In addition, brittle-nail syndrome can be caused by health issues, such as thyroid problems, or nutritional issues, such as an iron deficiency.

A 2020 review on nail health published in the *International Journal of Women's Dermatology* noted that curing brittle nails is challenging. But

steps worth taking include limiting exposure of your hands to water and chemicals by wearing gloves for things like gardening and washing dishes or clothes, avoiding filing your nails, and using a good moisturising cream or ointment on the hands.

From a nutrition perspective, a 2007 study published in the *Journal of Drugs in Dermatology* reviewed clinical trials of a range of nutritional supplements, including vitamins A, C, E and B12, silicon, zinc, iron, copper and selenium. The researchers concluded there was no evidence to support their use to improve the nail health of healthy individuals (that is, people who do not have a diagnosed dietary deficiency) or the nail appearance of those with nail-related diseases.

Up to 5mg a day of biotin taken under medical supervision was found helpful in the treatment of brittle-nail syndrome.

Calcium is also often suggested as a means to increase nail hardness. Unfortunately, there is no truth in this belief, either. Calcium contributes only about 0.2% of our nails' weight and plays no role in nail hardness.

However, the 2007 and 2020 reviews noted that daily supplementation with biotin could be an effective therapy for resolving brittle-nail syndrome in some people. Taking biotin has risks (it can compromise lab test results) and an intake of 25 micrograms a day of biotin for women and 30 mcg/day for men is normally recommended. However, clinical trials found a 2500 mcg/day biotin supplement taken under medical supervision was helpful in the treatment of brittle-nail syndrome.

The 2020 review concluded that supplementation with up to 5mg of biotin orally per day, taken under medical supervision, has improved the quality of nails. Nail improvements typically take 2-3 months to appear.

And, as with all things health-related, talking to your GP or a specialist such as a dermatologist is a sensible option to ensure you identify any underlying health issues. ■

Email your nutrition questions to listenerlife@aremedia.co.nz



NUTRITION BITES

INSULIN WEIGHS IN

It is well known that lifestyle factors such as being overweight influence the risk of metabolic diseases such as diabetes. But researchers at the University Hospital of Basel have found the relationship works the other way around as well. If insulin production is compromised, as is the case in the early stages of Type 2 diabetes, this can contribute to a person being overweight. The team reported their findings in the journal *Nature Communications*.

STARVING MELANOMA

Researchers have shown that inhibiting a key metabolic enzyme selectively kills melanoma cells and stops tumour growth. The study found melanoma is addicted to an enzyme known as GCDH. By inhibiting the enzyme, it leads to changes in a key protein called NRF2, which acquires its ability to suppress cancer. Now, the goal is to find a drug that limits GCDH activity. Because tumours grow fast and require a lot of nutrition, researchers have been investigating ways to starve cancer cells.

RISE IN EARLY CANCERS

The incidence of early-onset cancers – those diagnosed in people under 50 – has dramatically increased around the world. In an extensive review, researchers found that “early life exposure”, which encompasses diet, lifestyle, weight, environmental exposure and microbiome, has changed substantially in the past few

decades. They hypothesised that factors such as a Westernised diet and lifestyle may be contributing to the epidemic.

Although earlier detection through screening programmes is a factor, the increased incidence of many of the 14 cancer

types is unlikely to be due to this alone, say the researchers. – *Listener staff*



Bellissimo!

VICKY BENNISON, of the popular Pasta Grannies YouTube channel, unearths more home-cooked Italian goodness.

Teresa passed away on March 4, 2020, aged 92. Whenever one of our *signoras* dies, it's like losing a favourite aunt, so even though she featured in Pasta Grannies' first book of home-perfected Italian recipes, I'm putting another recipe of hers in this one as a way of saying "addio" (farewell).

LIZZIE MAYSON

We first met her as one of a group of lively women making *tajedda* for our programme. She stayed out of the hubbub and quietly got on with opening the mussels. And then it turned out she had a great sense of humour and was a whiz at making pasta, so of course we had to film her again.

Tajedda (pronounced "tay-edda") is an all-in-one mussel bake that is popular in the summer with families in the Salento region of Puglia. It has several spellings and multiple versions – this is the consensus recipe from Teresa, Lucia and Cecilia.

I have specified cherry tomatoes because they tend to have the best flavour when buying them in the shops, but if you have access to some luscious juicy "country" tomatoes, which have never been in plastic or a fridge, chop four up and use those. This is a *piatto unico* – a one-pot meal.

TERESA'S TAJEDDA SALENTINA / MUSSEL BAKE FROM SALENTO

- 300g Roma or Arborio risotto rice
- 20 ripe cherry tomatoes
- salt
- 1.5kg live mussels in their shells
- olive oil, for drizzling
- 1 onion, diced
- 500g waxy potatoes, peeled and cut into 5mm-thick slices
- 2 courgettes, cut into 1cm rounds (halved if using large courgettes)
- dried chilli flakes, to taste
- 2 tablespoons finely chopped flat-leaf parsley
- 2 handfuls of coarse breadcrumbs

Soak the rice in cold water for 1 hour. This step ensures the rice will be cooked completely after it's baked with the rest of the ingredients.

Cut the cherry tomatoes in quarters over a bowl to catch their juices; season the tomatoes and juice with salt and put to one side.

Rinse the mussels under cold running water and pull off their beards. Discard any mussels that are gaping open.

Take a short-bladed knife and prise open the closed mussels with a twisting movement of the blade between the two shells. Keep the half shell with the mussel upright.

Preheat the oven to 180°C.

Take a deep roasting tray, about 30 x 22cm, and pour in enough oil to coat the base of it. Drain the tomatoes and keep the juices in a measuring jug, then arrange the ingredients in layers in the following order: onion, half of the sliced potatoes, courgette, tomatoes and rice.

Lightly season each layer with salt, chilli flakes, parsley and a wee

bit more olive oil. Finish with a layer of the remaining potato slices and arrange the mussels on top.

Check how much tomato juice you have: if it's less than 200ml (scant 1 cup), top up with water then pour this over.

Lastly, generously cover the mussels with breadcrumbs and drizzle with more oil.

Cover the tray with foil and bake in the oven for 30 minutes. Remove the foil and cook for another 30-45 minutes – how long will depend on the depth of your tajedda.

Check for doneness by inserting the tip of a knife into the potatoes. The top should be golden brown.

Remove from the oven and let it cool for 15 minutes before serving.

Prep 2 hours, plus 1 hour soaking time.

Serves 4–6.

BUNET IS A classic dessert from Piedmont and every home cook has her version of it.

This is 93-year-old Ida's recipe, or rather her mother-in-law's recipe because Ida learnt it from her.

She likes to serve it for Christmas, and it's an ideal sweet to have up your sleeve for the holidays, as it's simple to make.

Ida is one of our "star grannies" – women we return to film whenever possible, and she features in the first Pasta Grannies book, too, where she shares stories of her life.

Traditionally, this is a brick shape, but you can, of course, experiment and serve individual portions.

IDA'S CHOCOLATE BUNET / CHOCOLATE PUDDING FROM PIEDMONT

FOR THE CARAMEL

100g (½ cup) caster sugar
100ml (scant ½ cup) water

FOR THE CUSTARD

100g Amaretti cookies
100g toasted hazelnuts
100g dark chocolate, grated
50g unsweetened cocoa powder
1 litre (4¼ cups) full-fat milk
8 eggs
120g (generous ½ cup) caster sugar
1 tablespoon rum
1 tablespoon vanilla extract

Mix the sugar with the water in a nonstick saucepan, place it over



Ida's chocolate bunet / chocolate pudding from Piedmont. Opposite: Teresa's tajedda Salentina / mussel bake from Salento.

a medium heat and, once it starts simmering, reduce the heat and – without ever stirring it – cook the caramel for about 10 minutes until it is honey-coloured. Carefully pour the caramel into a 30 x 13 x 8cm loaf tin. Try to line the bottom and sides evenly (a silicone brush can be helpful here). Let the tin cool down while you prepare the custard mix.

Preheat the oven to 180°C.

The custard needs to cook in a bain marie, so half-fill a large roasting tin with water. Place the tin in the oven while mixing the custard ingredients.

Use a food processor to blitz the Amaretti cookies and toasted hazelnuts to a coarse crumb, then add the dark chocolate and the cocoa powder and pulse until it becomes powdery. Be cautious about this – overdo it and the chocolate will melt.

Warm the milk until you cannot stick your finger in it, but it's not boiling.

Beat the eggs with the sugar in a large bowl, then add the warm milk, rum and vanilla extract. Stir through

the dry ingredients then transfer the about-to-be custard into the caramel-lined tin. Remove the roasting tin from the oven, place the loaf tin in the middle and return it to the oven.

Bake for 45-60 minutes until set. Start testing it with a wooden skewer after 45 minutes – it should come out clean when you stick it into the middle of the custard.

Remove the loaf tin from the oven, take it out of the water, and let it cool before unmoulding it on to a platter. First, release the sides by gently running a table knife along the edges of the tin, then reheat its bottom by placing the tin in a small amount of hot water for about 45 seconds.

Pat the base dry. Place the platter over the tin and flip it, while making sure you clamp the plate and tin together.

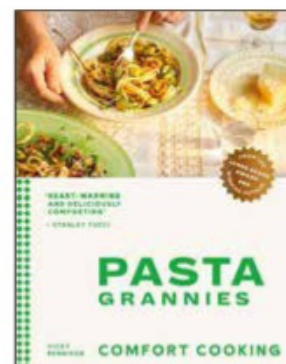
Be decisive; gravity will ensure the bunet escapes the tin.

Serve in thick slices.

Prep 1½ hours, plus cooling.

Serves 12. ■

An edited extract from **PASTA GRANNIES: COMFORT COOKING** by Vicky Bennison, (Hardie Grant Books, RRP \$50)



WINE

by Michael Cooper

High standards

The most gratifying wine finds are those that balance top quality with great value for money.

The art of wine buying involves more than discovering quality offerings. The real challenge – and the greatest satisfaction – lies in identifying wines at varying levels of quality that deliver outstanding value for money.

Ranging in price from \$16 to \$29, these white, rosé and red wines are all of very good quality and some are outstanding.

GETTY IMAGES

WHITES

**Church Road
Hawke's Bay
Chardonnay 2021**
★★★★

Described by wine-maker Chris Scott as “unashamedly just a little bit old school”, this fresh, full-bodied wine has generous, ripe stonefruit flavours, mealy, toasty notes adding good



complexity, and a well-rounded finish. Already enjoyable, it should be at its best by mid-2023+. \$19

Durvillea Marlborough Pinot Gris 2021 ★★★★★

This ideal all-purpose wine was grown mostly in the Awatere Valley. Freshly aromatic, it has citrusy, spicy flavours, strong and lively, finely balanced acidity and a dry, lingering finish. (From Astrolabe.) \$16

Esk Valley Hawke's Bay Pinot Gris 2021 ★★★★★

From vines nearly 20 years old, this mouthfilling, vibrantly fruity wine has strong, ripe, peachy, slightly spicy flavours, a touch of barrel-ferment complexity, finely balanced acidity and a dryish finish. Drink now or cellar. \$20

Falconhead Hawke's Bay Pinot Gris 2021 ★★★★★

Drinking well in its youth, this full-bodied, strongly varietal



wine has very good depth of pear and spice flavours, a hint of ginger, and a smooth, off-dry finish. \$16

Forrest Marlborough Chardonnay 2021 ★★★★★

Showing surprising richness and complexity for a sub-\$30 chardonnay, this wine was formerly labelled as John Forrest Collection Chardonnay. Sturdy and savoury, it has concentrated, ripe stonefruit flavours, slightly

buttery notes, balanced acidity and loads of personality. It's already drinking well. \$28

Hāhā Hawke's Bay Pinot Gris 2021 ★★★★★

Pale straw, with a fresh, spicy bouquet, this mouthfilling wine has fresh, vigorous, peachy, spicy flavours, showing very good depth and harmony, and an off-dry, well-rounded finish. \$18

Main Divide North Canterbury Chardonnay 2021 ★★★★★

This elegant wine is the best vintage yet of Pegasus Bay's lower-priced chardonnay. French-oak-fermented, it is full-bodied, with strong, peachy, citrusy flavours, showing very good complexity, fresh acidity and a slightly smoky fragrance. Well worth cellaring. \$21

Momo Organic Marlborough Sauvignon Blanc 2021 ★★★★★

From Seresin, this certified organic wine is fresh and full-bodied, with ripe passionfruit and peach flavours, dry and lingering. \$19

Paddy Borthwick Wairarapa Sauvignon Blanc 2022 ★★★★★

This very punchy wine was estate-grown at Gladstone. Highly aromatic and full-bodied, it has intense, vibrant melon, green capsicum and lime flavours, lees-ageing notes adding complexity, cool-climate vivacity and a crisp, fully dry, lasting finish. \$22

Seifried Nelson Riesling 2020 ★★★★★

From a pioneer of riesling in New Zealand, this is an instantly attractive wine, with



concentrated, vigorous lemon/apple flavours, peachy notes, a hint of honey, gentle sweetness and a crisp, lingering finish. (12.5% alc/vol) \$20

Stoneleigh Latitude Marlborough Chardonnay 2021 ★★★★★

Grown along Rapaura Road, on the north side of the Wairau Valley, this youthful wine is already highly approachable, with mouthfilling body, generous, ripe, peachy flavours, finely integrated oak, fresh acidity and good complexity. \$20

Sugar Loaf Marlborough Riesling 2019 ★★★★★

Estate-grown at Rapaura, this fragrant wine is starting to break into full stride. Very open and expressive, it is gently sweet, with rich, peachy flavours, and shows very good delicacy, poise and length. (11% alc/vol) \$20

Summerhouse Marlborough Pinot Gris 2021 ★★★★★

Delicious young, this wine was estate-grown at Blind River, in the Awatere Valley. Attractively scented, it is full-bodied and vibrantly fruity, with strong, fresh peach, pear and spice flavours, and an off-dry, finely poised finish. \$19

Villa Maria Cellar Selection Hawke's Bay Chardonnay 2021 ★★★★★

Fermented and matured for nine months in French oak casks, this fragrant, slightly smoky wine has mouthfilling body, fresh, generous, peachy flavours, and savoury notes adding complexity. Best drinking mid-2023+. \$18

ROSÉS

Mission The Gaia Project Hawke's Bay Rosé 2021 ★★★★★

This delicious, bright pink wine is a 50/50 blend of syrah and pinot gris. One of the region's finest rosés yet, it is full-bodied, with vibrant strawberry, watermelon

and spice flavours, delicate, dry and finely poised. \$22

Paddy Borthwick Wairarapa Pinot Rosé 2022 ★★★★★

This delightful, pinot noir-based rosé was estate-grown at Gladstone. Bright, light pink, it is full-bodied and vibrantly fruity, with strawberry, peach, spice and watermelon flavours, showing excellent vigour and depth, and a dry, long finish. \$22



Sileni Cellar Selection Hawke's Bay Rosé 2021 ★★★★★

This bright pink, instantly attractive wine is not identified by variety (although past vintages were based on cabernet franc). Freshly scented, it has red berry and plum flavours, balanced acidity, and excellent delicacy and smoothness. \$17

REDS

Alexander Dusty Road Martinborough Pinot Noir 2020 ★★★★★

Crafted for early drinking, but age-worthy too, this second-tier red consistently offers irresistible value. Estate-grown and matured in French oak barriques, it is deeply coloured, mouthfilling and savoury, with generous, ripe cherry, plum and spice flavours showing excellent depth and harmony. Surprisingly concentrated for a sub-\$30 pinot noir. \$28

Brancott Estate Letter Series 'T' Marlborough Pinot Noir 2020 ★★★★★

This fine-value pinot noir is already drinking well. A single-vineyard red from the south side of the Wairau Valley, it is sturdy, rich and rounded, with generous, very ripe fruit flavours and a seductively smooth finish. (14.5% alc/vol) \$25



Brookfields Hawke's Bay Sun Dried Malbec 2020 ★★★★★

Promoted as “malbec on steroids”, this robust, well-rounded red was made from grapes sun-dried to concentrate their sugars and flavours, and then matured in French and American oak casks. Dark and bold, it has deep, ripe, plummy, spicy flavours, blackcurrant notes, and a very harmonious, smooth finish. \$27

Esk Valley Artisanal Collection Hawke's Bay Malbec/Merlot/Cabernet Sauvignon 2020 ★★★★★

Bargain-priced, this highly characterful red was grown in the Gimblett Gravels. Deeply coloured, it is powerful and fleshy, with strong, vibrant, plummy, well-spiced flavours, savoury notes adding complexity, and ripe, supple tannins. Delicious young. \$25

Hunter's Marlborough Pinot Noir 2020 ★★★★★

This elegant red was hand-picked from hill sites in the

Southern Valleys and matured for a year in French oak barrels. Deeply coloured, it is full-bodied, with strong, fresh, cherryish, plummy flavours, finely integrated oak, and a rich, smooth finish. \$29



Loop Road Central Otago Pinot Noir 2021 ★★★★★

From Quartz Reef, this certified organic red is ruby-hued, mouthfilling and savoury, with excellent depth of ripe cherry, plum and spice flavours, a hint of herbs, a gentle seasoning of nutty oak and supple tannins. Enjoyable from the start, it's also well worth cellaring. \$27

Luna Estate Martinborough Pinot Noir 2021 ★★★★★

Estate-grown and barrel-aged, this generous, supple red is full-coloured and intensely varietal, in a refined, vibrantly fruity style, full of youthful vigour. Best drinking 2024+. \$28

Mills Reef Estate Hawke's Bay Merlot/Cabernet 2020 ★★★★★

Instantly likeable, this 2:1 blend of merlot and cabernet sauvignon was grown in the Bridge Pā Triangle and French oak-aged for a year. Deeply coloured, it is very fresh, fruity and smooth, with ripe berry, plum and spice flavours showing good richness. \$19

Mission Estate Hawke's Bay Cabernet Sauvignon 2020 ★★★★★

This has good muscle and depth, making it a match for many \$25 wines. Matured for 15 months in a mix of oak barrels and stainless-steel tanks, it is full-coloured and mouthfilling, with generous, ripe blackcurrant and plum flavours, a hint of herbs, supple tannins and a rounded finish. \$17

Mount Brown Estates North Canterbury Pinot Noir 2021 ★★★★★

Harvested from 20-year-old vines and matured in French oak barriques, this fragrant, deep ruby red is full-bodied,

with strong, youthful cherry, plum and spice flavours, finely integrated oak, and very good depth and complexity. Savoury and supple, it's as good as many \$30-plus pinot noirs. \$24

Paper Road Wairarapa Pinot Noir 2021 ★★★★★

Full, bright ruby, this is a very harmonious red, fragrant and supple, with generous plum, berry and spice flavours, gentle tannins, and loads of drink-young charm. Best drinking mid-2023+. \$22

Stonecroft Gimblett Gravels Serine Syrah 2020 ★★★★★

This delicious red was hand-picked and French-oak-aged for over 18 months. Deeply coloured, it has strong, youthful plum, spice and black pepper flavours, seasoned with finely integrated, nutty oak. Best drinking 2024+. \$29

Trinity Hill Hawke's Bay The Trinity 2020 ★★★★★

This deeply coloured Gimblett Gravels blend of merlot, cabernet sauvignon and cabernet franc was designed to be enjoyed young. Partly oak-aged, it is dark, freshly scented and buoyantly fruity, with good density of blackcurrant, plum and spice flavours, ripe and supple. \$19

Unison Gimblett Gravels Rocky Red 2020 ★★★★★

This characterful, deeply coloured blend of merlot and cabernet sauvignon was barrel-matured for 19 months. Mouthfilling, it is vibrantly fruity, with strong, ripe blackcurrant, red berry and spice flavours, seasoned with nutty oak, and good tannin backbone. Drink now or cellar. \$25 ■



(Note: all wines are 13-14% alc/vol, unless stated otherwise.)

Seeds of doubt

Exposure to a little disinformation can build our defences against whoppers.

We live in a time of mis- and disinformation. A poster-child for misinformation, according to research, is the way vested and conservative political interests approached climate change.

Early concerns about potential climate change date back as far as the mid-19th century, when the Royal Society was informed that CO₂, then known as carbonic acid, absorbed heat. But it wasn't until the second half of the 20th century that the effects of carbon dioxide production hit the radar of lay people and politicians.

A 2008 US study found that between 1972 and 2005, 92% of 141 anti-climate-change books published in English were linked to politically conservative think tanks.

The playbook for climate sceptics and denialists has subsequently been honed down to four main arguments: it isn't happening; if it is happening it's not because of us and it's not a

problem anyway; scientists are liars or incompetent; and the things suggested to mitigate the impacts won't work and/or will bankrupt national economies.

Some social scientists have devoted their time to trying to identify ways to counter what climate scientists call

Scientists are trying to identify ways to counter climate-change misinformation.

out as misinformation. In my own research, I've questioned whether targeted education or persuasion specifically relating to anthropogenic climate change is an effective

The *Cranky Uncle* game uses cartoons and critical thinking to fight misinformation.

strategy, given that our beliefs about climate change are nested in our broader understandings of the world. How do you change one part of that belief network when it's being tugged at by other beliefs?

One suggestion, with weak support, is to communicate the scientific consensus on climate change – that close to 100% of expert climate scientists argue that the climate is changing and we play a causal role. A problem with this is that not everyone trusts what most scientists say – as the Covid pandemic has shown.

Another extremely promising idea has roots in the Cold War effort to develop ways to counter the kind of propaganda used by the Nazis in World War II. After serving in the war, New Yorker William McGuire became a pioneer in research on persuasion. He was particularly interested in how we change our minds.

A typical McGuire study would involve presenting participants with a self-evident truth (such as 'brushing your teeth daily is good for hygiene') and then challenging it. McGuire showed two important things: surprising or strong challenges could lead to shifts in even self-evident notions; and weak attacks appeared to strengthen belief.

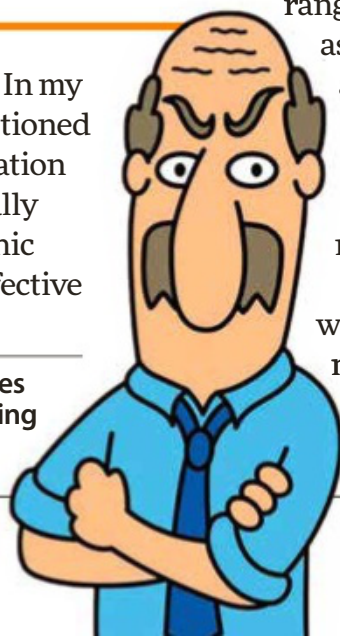
From this, inoculation theory was born. Just as a traditional vaccine involves exposure to a weakened form of a disease to enable the immune system to build a defence without being overwhelmed, exposure to a weak form of disinformation appears to build a mental defence against future infection.

In practice, disinformation inoculation seems to work best by first warning the recipient that they're about to be presented with misinformation. This threat activates our informational defences. Next, provide someone with the tools to work out whether they're being misled. Finally, provide the weak piece of misinformation.

Potential "cures", such as critical-thinking strategies, also help of course. But the challenge is getting such interventions out there.

A great example is the game *Bad News*, a collaboration between University of Cambridge researchers and a Dutch media design company. In *Bad News*, your job is to write headlines that use a range of standard misinformation tactics, such as dodgy "experts". Other examples include apps such as *Go Viral*, *Harmony Square*, and scientist John Cook's *Cranky Uncle*. So far, the research looks promising, and I'm pleased to see something new in the arsenal against misinformation.

My only concern, if I have one, is the vague worry that this psychological inoculation might work both ways. Is there a risk we'll see games that inoculate impressionable minds against the truth? ■



SCIENCE

by Bob Brockie



Backwards leap

Restricting abortion flies in the face of research into the experiences of US women and the international evidence.

From 2010-16, scientists at the University of California, San Francisco, led by Diana Foster Greene, interviewed 1000 women from 30 abortion clinics on 8000 occasions.

The longitudinal Turnaway Study compared the results of women having an abortion with women being denied one, examining the effects of unwanted pregnancy on women's health and the economic consequences of having an unwanted baby.

Many of the claims about the detrimental effects of abortions on women's health were not supported by their evidence. Women experiencing abortions were not more likely to be depressed, anxious or suicidal than those denied an abortion. Five years after their abortion, 95% of women said the procedure was the right decision for them.

Having an abortion did not harm or worry these women, but being denied an abortion resulted in health and financial hardship. Women denied

abortions were more likely to live in poverty, be evicted, be bankrupted, stay with abusive partners, experience life-threatening pregnancy complications such as eclampsia, lose self-esteem, experience poor physical

Having a baby is much more dangerous than having an abortion.

health and anxiety for years after, and even die. The psychologists pointed to serious implications for the children born of unwanted pregnancies.

Several other scientific surveys on abortion are enlightening. Having a baby is much more dangerous than having an abortion, a 2012

It's feared some states could now move to restrict access to the contraceptive pill. Above, demonstrators outside the US Supreme Court during the hearing.

comparative study of mortality rates found.

A survey by Washington's Pew Research Centre in March found 61% of Americans support abortion in all or most cases. However, Pew found the decision was not clear-cut for many.

A third of those who generally support abortion said the statement "human life begins at conception, so a fetus is a person with rights" described their own view at least "somewhat". Just 33% agreed the decision should rest solely with the woman.

The US Guttmacher Institute found unintended pregnancies are highest in countries that restrict abortions. Research reported in the *Lancet* found that the average abortion rate increased by about 12% between 1990 and 2019 in countries with severe restrictions on abortion, whereas it declined by 43% in countries where it was broadly legal.

Researchers and others went to some lengths to bring these findings to the attention of the US Supreme Court judges hearing the *Roe v Wade* challenge. But to no avail. The court in June overturned *Roe v Wade*, taking away US women's right to abortion, and put the decision in the hands of state legislatures.

Twelve states, mainly in the south and Midwest, embraced the new regime immediately; the few liberal states are mainly on the east and west coasts. Abortions will continue, but women will either resort to the black market or travel to another state or to another country.

Caitlin Myers, professor of economics at Middlebury College, Vermont, has looked into the distances US women travel for abortions. If all states expected to ban abortion do so, Myers estimates that 24 million women aged 15-44 will have to travel at least an extra 160km to obtain an abortion, more than twice as much as the average travel distance now.

And overturning *Roe v Wade* may open the door to further legislation. Some anti-abortionists want to protect every newly-fertilised egg and demand fundamental rights for fetuses.

Some abortion-rights advocates fear conservative states could use the ruling to restrict access to contraceptive and morning-after pills and prohibit women from seeking abortions in other states or countries.

Abortion clinics are closing across Texas and those performing abortions risk imprisonment. Future enforcement may include digital surveillance – reading emails to spot women crossing state borders for abortions and identifying illegal abortionists or their suppliers.

Many women scientists have been shaken by the new rules, resolving to move to other states. In the week that followed the June court ruling, 45,000

Americans visited Immigration New Zealand's website, more than five times the number who visited from April 19-25. ■

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Photo: Rowena Baines

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From 'A Master Speaks' Volume 2

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Through thick and thin

An exploration of an enduring friendship embraces the politics and wealth disparities of London and Karachi. **by STEPHANIE JOHNSON**

BEST OF FRIENDS, by Kamila Shamsie
(Bloomsbury, \$32.99)

It could be said that women writers are as fascinated by women's friendships as they are by romantic relationships. Canadian novelist Carol Shields once stated that friendships are lost in modern novels written by men; that "the modernist tradition has set the individual, the conflicted self, up against the world". Kamila Shamsie, writing some 20 years later, makes friendship her central subject.

Best of Friends is Shamsie's eighth novel. Her seventh, the brilliant and disturbing *Home Fire*, which won the 2018 UK Women's Prize for Fiction, centred on the same topic. In that case, it was a dangerous friendship between two men that involved recruitment into Isis and tragic fallout for their families and the people who loved them.

At the heart of the new novel are two women, Zahra Ali and Maryam Khan. It is a friendship that also demonstrates how power corrupts, and how certain convictions may devastate people downstream.

We meet them first as 14-year-olds in Karachi, Pakistan. It's 1988, the year Benazir Bhutto comes to power. Where Zahra is thoughtful, affectionate and scholarly, Maryam is ruthless, reckless and delights in pushing boundaries. Zahra's parents are intellectual, middle-class and politically savvy. Maryam's are enormously wealthy, living luxuriously off her grandfather's successful leather goods company, with useful connections among the thugs that surround dictator General Zia. Her grandfather has oddly modern ideas about women, encouraging his granddaughter to excel at cricket and promising her that she will take over the family business, not her indolent father. He sees dowry as "uncivilised practice".

Intricate and surprising: 2018 Women's Prize for Fiction winner Kamila Shamsie.

Maryam is to be a thoroughly modern young Muslim woman.

Late-80s Karachi is a difficult place for young women to enjoy any kind of freedom. They endure what Maryam dubs "girlfear". One night, the friends foolishly go driving with two young men and the experience alters their present and their future.

Shamsie resists the temptation to take the most obvious path – she is a writer of intricate, surprising and complex tales. The world works through and around her characters, resounding on every level, personal and political.

The world works through and around her characters, resounding on every level, personal and political.

The second part of the novel leaps ahead to London, 2019. Back in Karachi, the teenagers had promised one another that they would still be friends when they were 40, even though "they both knew that no one had the kind of friendship when they were 40 that the two of them had at 14". It strikes a slightly false note – do 14-year-olds contemplate middle age? Shamsie's characters do, and despite their wildly divergent lives, they manage to maintain their deep attachment.

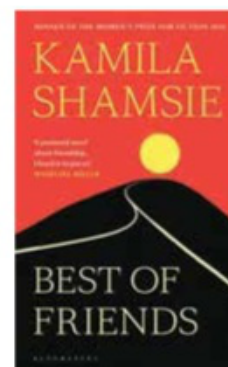
Zahra is head of the Council of Civil Liberties, loathing the Tory government and the barbaric treatment of immigrants. Maryam is a tech millionaire and venture capitalist, her most successful company being one with cutting-edge facial recognition that threatens to be the biggest threat against civil liberties ever. She has a corporate box at Lords, mixes with top

brass and celebrities, and is on first-name terms with the prime minister. By her own admission, she is "morally bankrupt".

Place is vividly evoked – Karachi street life and street food, monsoons, beaches, obscene wealth and grinding poverty; London's streets, parks, buildings, injustices and centuries-old iniquitous class system. It is London that is most lovingly traversed. This is where the girls dreamt of being, having been fed English children's stories and the idea that England is the centre of civilisation. In London, they have arrived. Zahra is enamoured even with the weather. They occasionally experience casual racism but neither feels victimised by it. As Maryam refreshingly remarks, "When you're achingly middle-class, the racist shit of your childhood is largely metaphorical."

There are occasional wobbles in this exploration of their middle age: a little too much reportage, too much filling in what has happened in the intervening 24 years. Much of this comes from the women's contemplation of their lives and times, some of it is authorial. Bhutto's assassination is in the past, as is Zahra's marriage and Maryam's heterosexuality. Maryam half-jokingly talks of buying land in New Zealand "so if tech fails and the world collapses in flood or drought we can all go and live where we're mostly likely to survive". Zahra replies that she would be "too busy looking after climate refugees".

Best of Friends is a giant, not so much in size – 300 or so pages – but in its themes, contemporaneity, wisdom and wide but intimate view. In the UK, Shamsie is a treasured writer. This novel will be read avidly, not only by her existing readership but by those trying to make sense of our confusing world. ■



Links in the chain

A vivid sense of characters' inner lives drives a debut NZ story collection.

by SAM FINNEMORE

PENINSULA, by Sharron Came (Te Herenga Waka University Press, \$30)

As crisply as Sharron Came captures the practicalities of rural life in her debut collection, which won Victoria University of Wellington's Adam Prize, there's plenty of magic behind the realism. The book's most surreal moment spans the first two pages and comes from an unexpected source: veteran dairy farmer Jim Cathcart, having sat down for a moment, is amazed to watch peacocks forming up for a game of cricket on the pitch he laid out decades ago for his children – up to the moment his son, Jack, wakes him with a rattle of the barn door.

The dream, described with surreal precision, colours the rest of Jim's hands-on day on the property; before long it feels like it might have been the reader's dream, too.

That vivid sense of characters' inner lives, blurring into their perceptions of other people and the world around them, is the chief attraction and driving force behind *Peninsula's* 10 interconnected stories, set in the fictional farming township of Hereford. Each is self-contained but in turn picks up and hands off narrative threads across three generations of the Cathcart family and their friends, neighbours and acquaintances.

Came's approach yields hybrid vigour from both novel and short fiction approaches, creating a kind of expanded character study of community itself, as a function of people moving through time and landscape. She knows and clearly loves the places that inspired Hereford's geography, set somewhere near Whangārei Heads. Dairy farms, fenced-off beachfronts and gentrifying lifestyle blocks receive the



same careful, intelligent eye as old-growth bush, rainforest and rocky shoreline.

There's also a continual attention to human movement through landscapes, from farm work to orienteering, trail running, hunting, tramping or driving to or from the distant borderlands of Orewa

Danger lurks in human interaction, too – the drug trade has worked its way into Hereford.

or the North Shore. Occasional mentions of electric vehicles and carbon emissions suggest Came's background as an energy analyst, but traditional utes, side-by-sides and a Mini named Mozart feature more prominently in the action.

There's risk in these environments, of course: creeks, rock faces, losing your bearings along the coast or in the bush. Moments of challenge and physical crisis underline characters' wrestles with identity and belonging, and their anxieties or hopes about where they're headed.

Danger lurks in human interaction, too – the drug trade has worked its way into Hereford and its outskirts, generating one

Sharron Came: portrait of a community.

of the collection's most perilous encounters, as well as one of its most nuanced examples of someone trying to find a place to stand in their family and the wider community. Other, more familiar, negotiations between family, friends and romantic partners are just as compelling.

Most of *Peninsula's* stories unfold through third-person narration, making the deliberate exceptions particularly striking: we hear firsthand only from Jack Cathcart and his daughter, Ellen, both on wilderness trips with friends that take unexpected and worrying turns. Just a single story is in the second person, and set explicitly in the past rather than shown through memory – the only one depicting a character whose journey has ended.

Elsewhere *Peninsula's* flow is always forward, each character's story becoming "a strand in a web of connections" depicted with humour, warmth and consistent insight. It's well more than the sum of its very impressive parts. ■



Taking her place

Humour and compassion light up a tale of a long, tricky friendship.

by BRIGID FEEHAN

ONE DAY I SHALL ASTONISH THE WORLD, by Nina Stibbe (Viking, \$37)

In 1982, aged 20, a sketchily educated Nina Stibbe left Leicester for London to nanny for Mary-Kay Wilmers, co-founder of the *London Review of Books*. Stibbe wrote regular letters to her sister Vic, with her comical, uncowed take on the literary milieu in which she found herself. These letters were published as *Love, Nina* in 2013. Nick Hornby turned the wildly successful book into a TV series (starring Helena Bonham Carter as Wilmers); it was eminently watchable but nowhere near as funny.

Coming later to literary fame, Stibbe has since kept up a cracking pace. Her new novel, *One Day I Shall Astonish the World*, is her sixth book.

The heroine is Susan, an English literature student who falls pregnant to her first boyfriend, Roy, marries him and leaves university to work full-time in a haberdashery. The haberdashery's owners have a daughter, Norma, a haughty geology student planning to switch to the arts. Norma starts to ambush Susan with questions about literature so she can pass her course interview. "I did miss discussing the history of Harris Tweed with [Norma's mother] ... Now it was all, 'Is Woolf considered anti-Semitic or misogynist?' 'Is Flaubert too fond of metaphor?'"

Roy, the golf-club executive husband, is an endearing character who, for most of the novel, is overshadowed by Susan's preoccupation with – if not affection for – Norma. Put off higher education by a nervous mother, who had worried he would suffer at university from "sperm theft" and "comparative despair

syndrome", Roy is passionate about the golf club and achieving longevity. The latter has him practising Wim Hoff breathing techniques every morning and burying cans of food in the garden in preparation for avian flu. Meanwhile, their daughter, Honey, returns prematurely from a school trip to France "whistling elaborate old tunes, like a man", causing her parents to worry about her increasing eccentricity.

The story of the 30-year friendship between Susan and Norma is the backbone of the book. Norma succeeds in a life that could have been Susan's: English literature academic at the university, affairs with professors, sabbaticals in Denmark. Norma is often unlikeable, cheating Susan out of every little bit of glory she gets close to (Susan eventually joining Norma at the university, in administration).

The long friendship is snarky and suspicious on both sides. Norma turns down Susan's offer to be godmother to baby Honey, declining to pick her up and noting that she looks like WH Auden. Time passes and Susan finds herself chauffeuring Norma around when Norma is acting vice-chancellor. She notices the latest Rachel Cusk novel sticking out of Norma's bag, and reads it to give them something to talk about as equals. But

Nina Stibbe: delight in the ordinary.

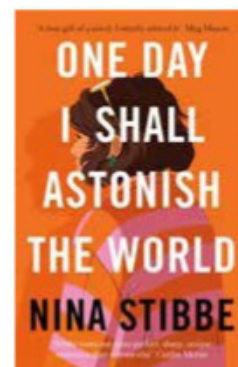
Susan's not a fan, feeling "personally attacked" by the author. She begins to suspect that Norma "might easily have set me up to buy and read the Cusk, like the sort of ex-friend you might read in one of her novels".

Literary references abound; a long-term fear of Susan's is that Honey will never leave home and end up like Doris Lessing's son, Peter, photographed when Lessing wins the Nobel Prize for Literature "alighting from a taxi holding an artichoke and a string of onions. [The image] so odd and unabashed. So Honey."

The plot is loosely stitched and there isn't a lot of page-turning action. But there is, instead, slow and satisfying character and relationship development.

Like the works of Alan Bennett, this novel takes an almost obsessive delight in the ordinary.

Bennett may be an influence (he features prominently in the *Love, Nina* letters), but Stibbe's voice – compassionate, oddly insightful and extremely funny – is distinctly her own. ■



Humpback threat:
about three million
whales have been
killed since 1900.



Tale of a whale

Wildlife film-maker and writer Tom Mustill has a dream of being able to communicate with the planet's largest creatures.

by JENNY NICHOLLS

HOW TO SPEAK WHALE: A VOYAGE INTO THE FUTURE OF ANIMAL COMMUNICATION, by Tom Mustill (William Collins Books, \$36.99)

The picture is small and clear, although badly reproduced. It shows what appears to be a fluffy white cloud sitting on the ocean. Seawater, water vapour, sky. It is actually a dramatic photograph, taken in Monterey Bay off the Californian coast, of an object and three mammals in collision – a kayak,

two kayakers, and the adult humpback whale that landed on top of them.

It appears early on in *How to Speak Whale*, and captures a defining moment in the life of its author, Tom Mustill, one of the kayakers.

"[The whale] erupted from the sea," wrote Mustill, "shooting impossibly upward, as if a building had grown out of the sea ... One moment we were on the flat, calm sea going home, the next this gargantuan living mass of muscle and blood and bone was in the air, arcing toward

us. I remember noticing the grooves on its throat. And the next thing I recall is being underwater ... I spun, a toy person, tumbling in the freezing water faster than I thought possible, my stomach yawning with the feeling you get when you jump off something high."

Incredibly, both kayakers survived being squished deep into the sea by an animal three times as heavy as a double-decker bus. Each foot (30cm) of humpback whale weighs about a tonne, explains Mustill, and adults range from 30 to 50

Tom Mustill's whale fascination began when one nearly killed him.

feet (nine to 15m) long. With the whale towering above him, "it had been a matter of facts: there was a whale above my head and I was going to die".

Mustill trained as a conservation biologist before becoming a wildlife filmmaker; good enough to work with David Attenborough and win a Bafta for a nature series. Given the global extinction rate of species, he calls himself, bleakly, "a sort of nature war reporter". Unlike many reporters, he knows how to write in the first person, which helps to make this popular science book gripping and vivid.

After his "run-in" with the whale, Mustill became fascinated with cetaceans, from the smallest vaquita porpoise to the most ginormous blue whale. He asked brave – some would say, foolhardy – questions. Why did the whale jump on me? What was it thinking? Will we ever know?

Mustill became obsessed with the thought of interspecies communication. He wants, in other words, to talk to a whale.

Although he was nearly killed by one, the thought of whale mortality distresses him. Until his near-death experience, he says, he had thought vaguely that most whales had been hunted in the age of the author of *Moby-Dick*, when "cities were illuminated with burning whale oil, and corsets were ribbed with baleen from their mouths". He was appalled to learn that faster boats and better technology decimated whale populations far more efficiently in the 20th century – some three million have been killed since 1900.

Although the subtitle suggests a book about "the future of animal communication", Mustill's voyage around his adored species is broader, more tentative and personal than this. He talks to the foremost whale and dolphin researchers in the world, scientists who might be colourful but are also deeply and (to Mustill) frustratingly cautious. They have spent decades, in some cases their



"This whale had perceived life forms that are the stuff of science fiction ... it is as though he had lived on a different planet."

lifetimes, studying whale and dolphin brains, their behaviour, senses, society and songs, how to identify them, geolocate them, listen to them. Dolphins are chatterboxes that use sound to identify themselves; whales have clans and cultures, "delineated", as Mustill says, "by the way they speak".

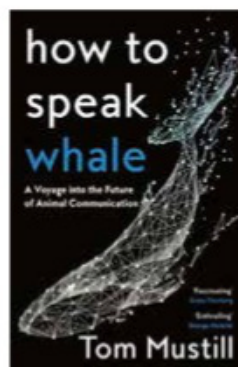
He describes the postmortem of a young male sperm whale that beached in Kent, England. He is allowed to touch a still-warm heart "the size of a desk". He notices ringed scars on the body of this whale, made by the tentacles of a giant squid "presumably before being sucked into his maw. It was astonishing to think of what this whale might have experienced. He had perceived mountain ranges, valleys, [and] life forms

that are the stuff of science fiction ... it is as though he had lived on a different planet."

And so Mustill sucks us into his vision. Imagine learning about these experiences from the whale himself.

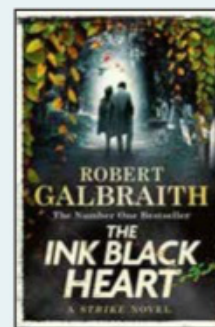
Given the complexity of cetacean research, machine learning, he explains, is our best hope for interspecies connection. Dolphins, for example, may have repertoires of more than 500 whistles. Do any have meaning and syntax? We don't know. To find out requires crunching vast data sets. Powerful AI computational tools – Google Translate, DeepL – have already revolutionised the translation of human languages. Given the right inputs, might they one day figure out what whales are saying? "With time running out for much of life on Earth," Mustill writes, "I [worry] that our recordings of whales could become all that remained of these unique animals' cultures, a pile of digital ghosts."

A wonderfully written, humane and thought-provoking read about a deeply mysterious creature, and why one man's dream of talking to another species might not be as crazy as it sounds. ■



Short cuts

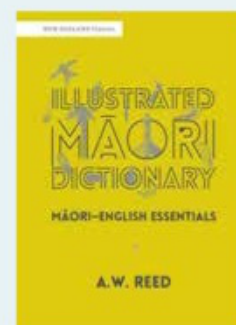
The latest novel from Robert Galbraith, aka JK Rowling in detective-fiction mode, **THE INK BLACK HEART** (Sphere), thumps in at more than 1000 pages. It concerns a cartoonist who's being harassed by vicious online trolls and so calls in Cormoran Strike and Robin Ellacott. Viewed by some as striking back at Rowling's critics – a charge denied by the author – the story "punches its substantial weight", thought the *Irish Independent*. The *Wall St Journal* called it her most complex Strike novel yet. Several critics made the point that no crime novel should be so long, though you can't complain you don't get value for money.



By comparison, at 116 pages, Irish writer Claire Keegan's **SMALL THINGS LIKE THESE** (Faber) is the slimmest shortlisted book in the Booker Prize's history. The novel(1a), about the complicit silence of individuals in the era of the Magdalene laundries and an Everyman hero in small-town coal merchant Bill Furlong, carves out "a profoundly moving and universal story", thought the *Washington Post*. It's "another minor miracle from Keegan, a book that is nostalgic, touching, brutal and angry", said the *Times*. A masterpiece, reckoned Damon Galgut in the *Times Literary Supplement*. We could have our winner.



If you're working on your te reo and like your reference books old school and a bit more visual, check out the **ILLUSTRATED MĀORI DICTIONARY** (Oratia). It's an update of the 1965 original, with key Māori-to-English terms by AW Reed and classic line drawings by Roger Hart, the text updated and expanded by Ross Calman. The entries are in clear type and often add context and history and point to other references so you can tell your pēpepe (moth, butterfly) from your pekapeka (bat). ■



Rays of hope

Four novels for young people offer a path through complex challenges.

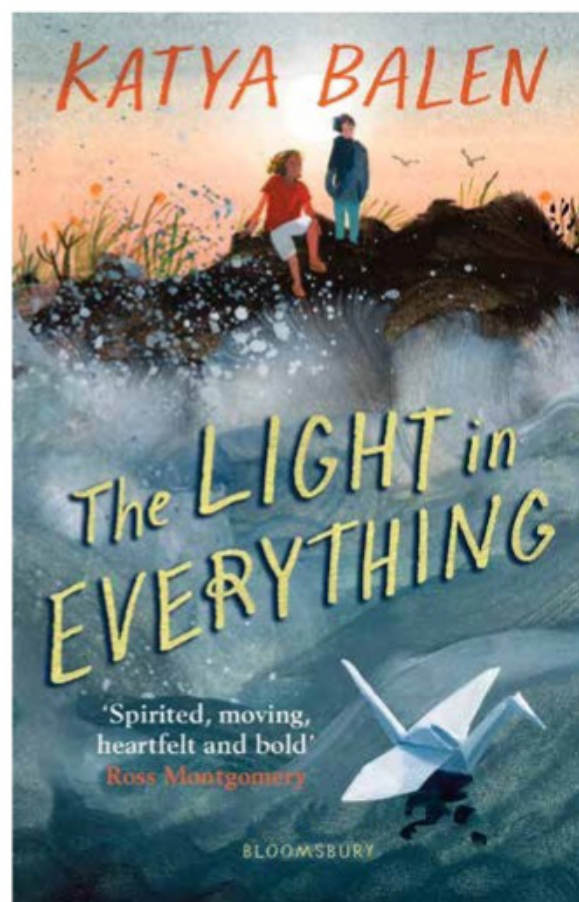
by ANN PACKER

Upheaval, uncertainty, anxiety – even without Covid, most people have something challenging in their lives. Four books for smaller children through to young adult readers address sometimes overwhelming issues, offering ways through the confusion.

XAVIER IN THE MEANTIME, by *Kate Gordon*, Riveted Press (Scholastic, \$16)
Xavier has a dog – a black dog. Yes, *that* black dog, the one that's come to signify depression – though Xavier prefers the word “melancholy”. A companion novel to *Aster's Good, Right Things*, which won CBCA Book of the Year 2021 for Younger Readers, this “Aussie as” tale follows the friendship between Aster, who has learnt strategies for managing her obsessive compulsive disorder, and Xavier – home-schooled, living in the country and still a long way behind on his journey. Together they come to grips with their diagnoses, get daily life sorted, and deal with their challenging inner voices (including the dog slaver in the corner) – and produce a novel therapeutic solution that benefits their whole community. Supportive adults anchor the story, and there are some charming cameo appearances from quirky characters who are on the friends' wavelength.

THE LIGHT IN EVERYTHING, by *Katya Balen* (Bloomsbury, \$17)

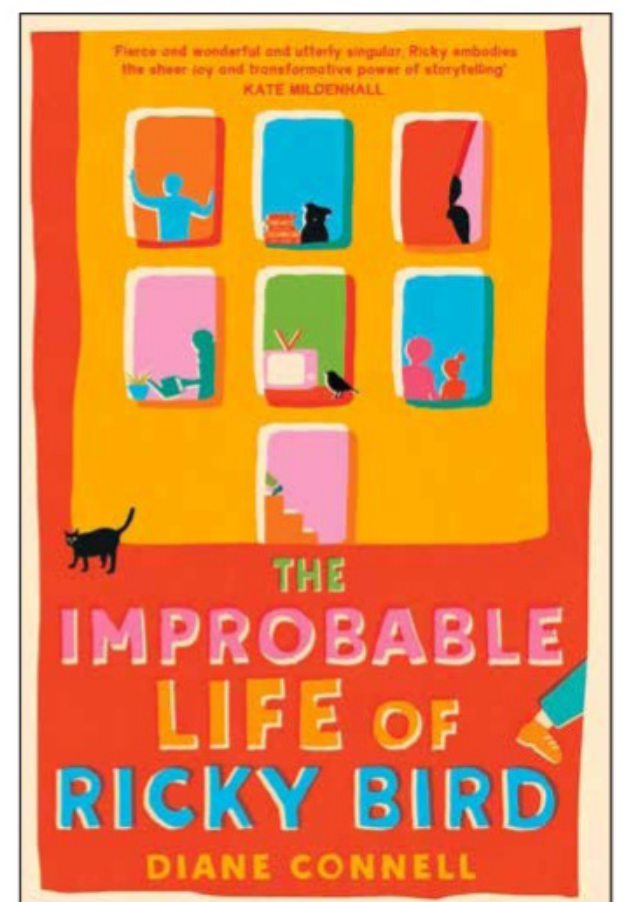
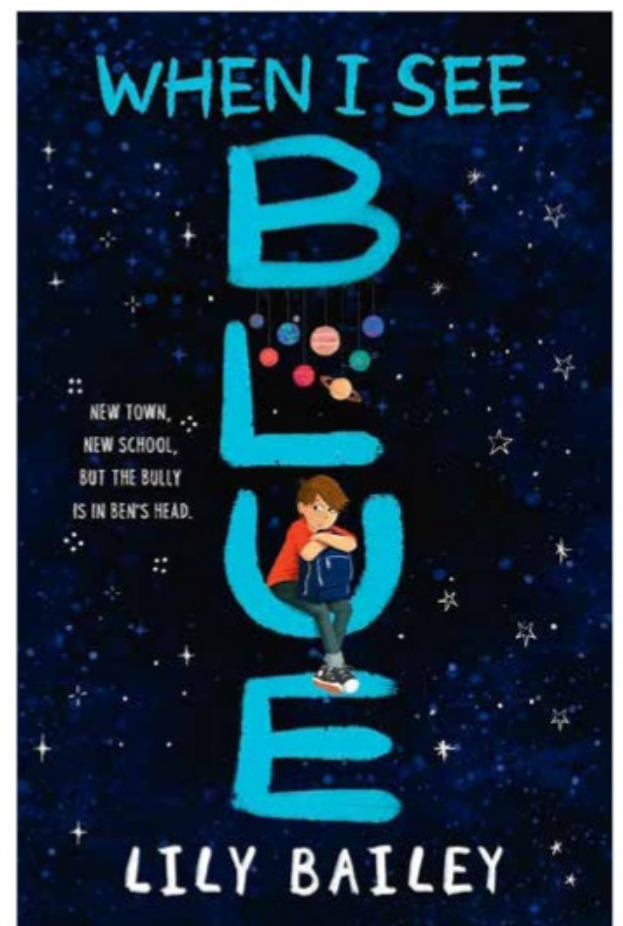
Two solo parents, each protective of their one and only child, fall in love. For the kids, the consequences are devastating, as each one's bubble is threatened. Recounted alternately by Zofia and Tom, the weeks leading up to Tom and his mum's moving into Zofia and her widowed dad's seaside cottage, then the



weeks following, are often raw and at times horrifying, especially as the reason for Tom's fear of the dark is revealed. The imminent arrival of a new baby adds to the emotional maelstrom, especially for Zofia, “born in a storm ... [with] her fists clenched”, though with more measured ambivalence on Tom's part. As you'd expect from the author of the sublime *October, October*, the writing is pure pleasure.

WHEN I SEE BLUE, by *Lily Bailey* (Orion, \$20)

Ben, like Aster, has OCD. He takes everything literally. He's good at maths



– especially multiples of four. Colours, he has a problem with: red is explosive. Words are tricky, if they have more than four letters – no Wordle for him. His mum, a potter, has a drinking problem, and the lunch ladies at his new school don't understand that the food items on his plate mustn't touch each other. But there's hope in the person of new friend and fellow *Doctor Who* fan, April, daughter of overworked NHS doctors. Journalist Lily Bailey knows all about OCD, having managed to keep her own illness private until spurred into action by greater public awareness of the anxiety disorder, in 2014. The scene-setting chapters can be

an exhausting read – all that recounting – but it’s worth persevering to enjoy the resulting ride.

THE IMPROBABLE LIFE OF RICKY BIRD, by *Diane Connell* (Simon & Schuster, \$35)

What a marvellous invention is Ricky Bird. Born Victoria, she insists on a new name when her family, including ailing younger brother Ollie, move to a new London neighbourhood, after Dad’s exit. A born storyteller, Ricky is by implication

The writing in this novel is mesmerising from the opening lines – often funny and frequently heartbreaking.

an unreliable narrator, which is part of her charm. The writing in this YA novel, from a born and bred New Zealander now resident in Sydney, is mesmerising from the opening lines – often funny and frequently heartbreaking. But the name change is only the first clue among many hinting at what’s really going on for the young teen; others are more insidious: hipster-bearded, man-bunned Dad-substitute Dan is “about as hilarious as an infection”. And: “In the move to Camden, Ricky suffered a great loss. It was a yawning emptiness that terrified and disoriented her, but what came in its place, the unspeakable, slithery thing that inveigled itself, was far worse than any of her losses.” Be warned, and prepare to weep. ■

Poetry

The patient navigator

by Michele Leggott

astern footsteps of Uenuku
lofting into clear air ahead
a blue cone lifting above the horizon
mountain to mountain the navigator
offshore with his chances and deviations
this one exiting the strait at 5.30am
a day’s run and they bring the blue cone closer
rounding the cape relieved to be on the downwind leg
to Moturoa the wind around 20 knots from the south west
the ghost boat a little ahead carrying their future
on a treacherous coast whitecaps
the ship heeling over under full sail
the patient navigator makes his calculations
pushing towards a future he cannot catch up with
downwind of the cape opening the Sugar Loaves

footsteps on waves whitecaps
a patch of spray or smoke the deck slanting away
a pencil in hand and a white page ready
the patient artist offshore with his chances
later for the light hues the snow-capped peak and the graceful declination
of the ranges Kaitake and Pouakai
later for knowing the names they go by and who will live under their shadow
the patient navigator will ride out of history
a mile from the shore at Greenwood Road just south of Timaru Reef
where the Gairloch’s rusty boiler still slaps back the breakers
Sugar Loaves invisible behind squalls up the coast
patient navigator patient artist patient windsurfer
all present on the white page where a pencil
is beginning its work of diagnosis
translucent residue white flakes under a loupe

Emeritus professor and former poet laureate Michele Leggott’s most recent collection is
MEZZALUNA: SELECTED POEMS (AUP).

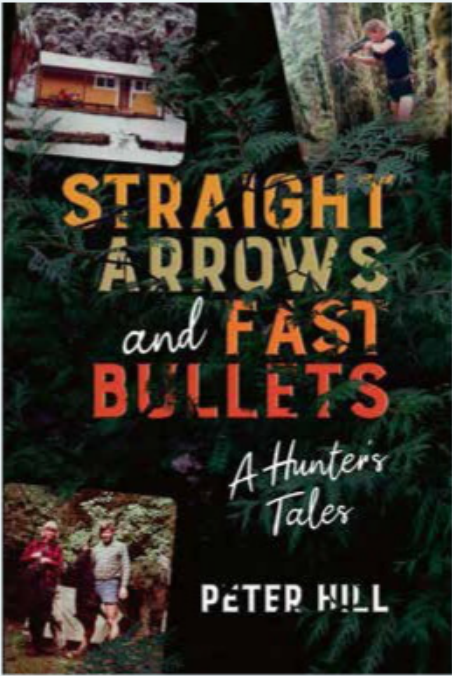
Hunting high & low

by CHRIS MOORE

STRAIGHT ARROWS AND FAST BULLETS: A hunter’s tales, by *Peter Hill* (Bateman Books, \$39.99)

Home is the hunter, home from the hill. For Peter Hill, the return is accompanied by a collection of tall tales but, he assures us, all are truly garnered from a lifetime’s hunting experiences. Naturally the book brims over with furred and feathered

corpses. With a body count worthy of any Jeffery Deaver novel, the former professional hunter for the New Zealand Forest Service, possum trapper, commercial fisherman, fencing contractor and fly fishing guide takes readers from childhood rabbit-hunting forays with bow and arrow to hunting expeditions in the mountains of Southland. He admits that the writing is “very basic” because he hated school and was never very good at writing and spelling. The man lets his gun and bow speak for him. “I can never see the point of using a complicated word when a short one will do,” Hill writes. Many other writers would benefit by heeding this advice. While readers of a more sensitive nature might find Hill’s accounts of the hunt and the kill distressing, they will definitely hit the target for any outdoors man or woman. ■



**STAT
OF THE
WEEK**

Stats NZ
Tatauranga Aotearoa

Firefighters' helmets exported in the calendar year 2021



Learn more at stats.govt.nz

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BRIDGE by David Bird

NORTH
♠ 5 4 2
♥ 7 4 3
♦ A 10 9
♣ 10 8 3 2

WEST
♠ 7
♥ 8 6 5
♦ J 5 4 3
♣ K Q J 9 4

EAST
♠ 10 6 3
♥ K 10 9 2
♦ Q 8 7
♣ 7 6 5

SOUTH
♠ A K Q J 9 8
♥ A Q J
♦ K 6 2
♣ A

Love all, dealer South

West	North	East	South
—	—	—	2C
Pass	2D	Pass	2S
Pass	3S	Pass	4C
Pass	4D	Pass	6S
All Pass			

Spades were agreed as trumps and the next two bids (4C and 4D) were control-showing cue bids, suggesting a slam. On the assumption that 'where there are eleven tricks there are usually twelve', South ventured a small slam. Watch as the play

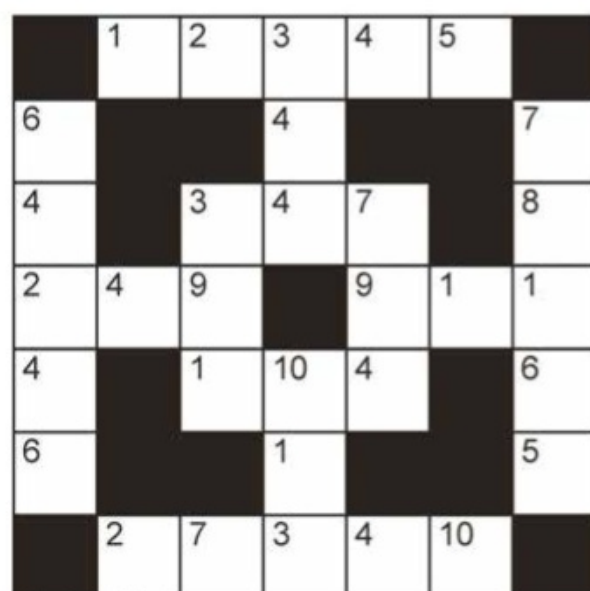
is described and see if you think anyone should have performed better. Declarer won the club lead with the ace and drew trumps in three rounds. He then led a low diamond to the nine and queen. Declarer ruffed the club return and finessed the 10 of diamonds successfully. A finesse of the queen of hearts succeeded. Declarer then overtook the king of diamonds with the ace and finessed the jack of hearts. That was 12 tricks and no need for a post mortem on the dubious bidding! Well, what did you make of that? West could have beaten the slam by inserting the jack of diamonds on the second round. This would force dummy's ace and, with dummy's 9 facing the bare king in the South hand, declarer would have only one entry to dummy to take two heart finesses. He would lose a trick in each red suit, going one down.

BIDDING QUIZ

WEST	West	North	East	South
♠ K 6	—	2S	3H	Pass
♥ K J 8 2	?			
♦ A Q 7				
♣ A J 7 5				

Your side is vulnerable. North's weak 2S shows 5-9 points. What will you say on this West hand?
(Answer on page 58.)

TAKE 5 by Simon Shuker



No.1431

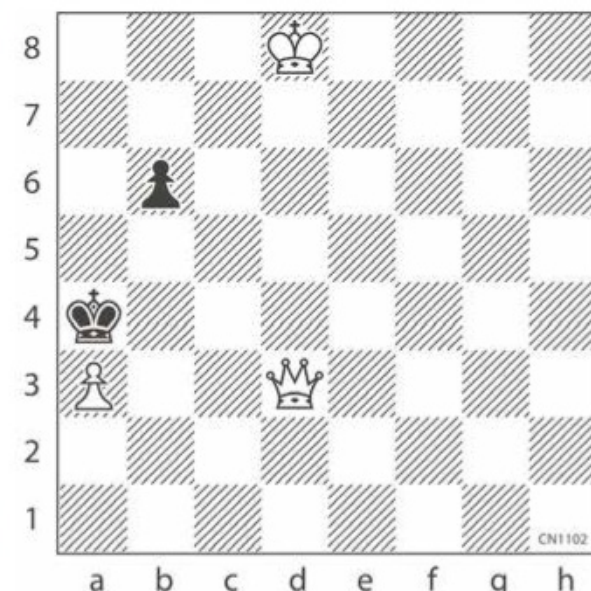
Enter the letter
given, then solve.

9 = W

Solution 1430



BARDEN'S CHESS PROBLEMS



White mates in three moves, against any defence. There is little material left on the board, White is a full queen ahead, and the black king is trapped on the edge. You would expect an easy solution, but it is surprisingly tricky. 1 Qc3? is obvious, but after Kb5! there is no mate in two. If 1 Kc7? Ka5 2 Qb3 b5! with no mating reply. The correct sequence is subtle and counter-intuitive. Can you work out the three-move mate?
(Answer on page 58.)

Puzzle No 1667

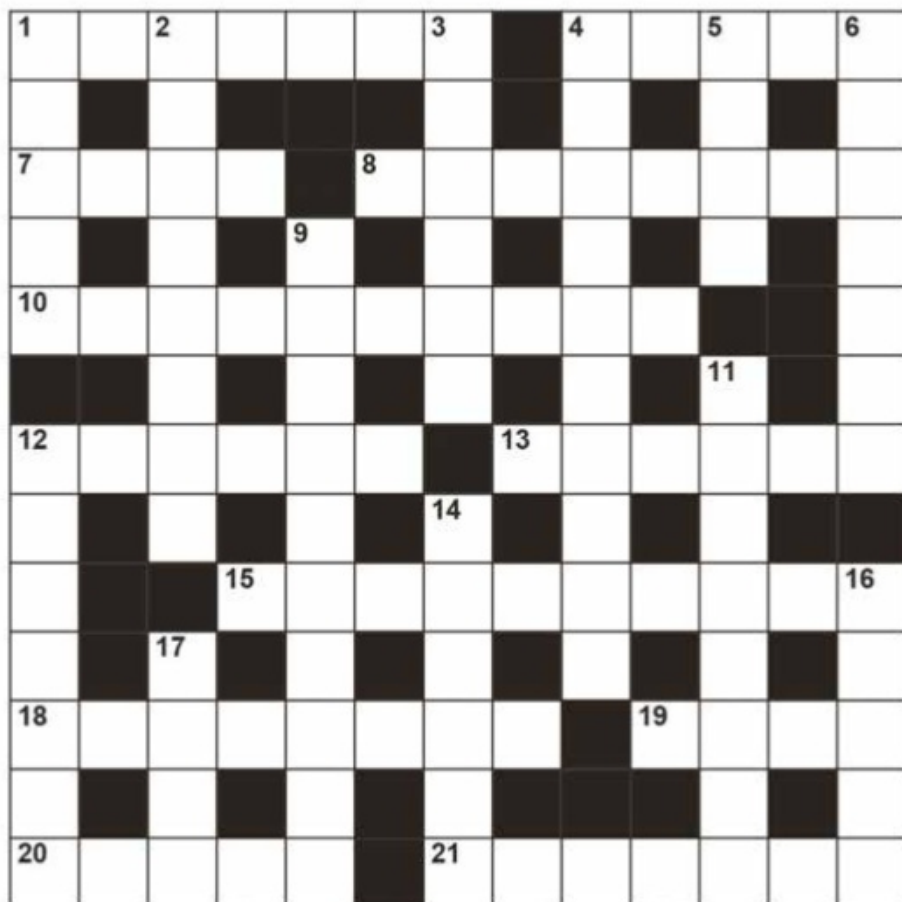
Clues across

- 1/4. In the 24 Tarzan novels written by Edgar Rice Burroughs, Tarzan never ever did what? (5,2,5)
7. What small rodent related to lemmings and hamsters is sometimes known as a field mouse in North America? (4)
8. What ornamental needlework is done by gathering the cloth into tight pleats then stitching? (8)
10. Melvil Dewey developed a classification system for arranging what type of books? (3-7)
12. What musical effect is achieved on brass instruments by alternately applying and removing a mute? (3-3)
13. A turophile is a lover of which food? (6)
15. What stringed instrument is played by cranking a rosined wheel against the strings while depressing keys to change notes? (5-5)
18. Where were the 1978 Commonwealth Games when New Zealanders Rebecca Perrott and Gary Hurring swam to gold? (8)
19. What general name arose in the 18th century for any German white wine sold in Britain? (4)
20. What is the monetary unit in Algeria? (5)

21. What is another name for vitamin B1? (7)

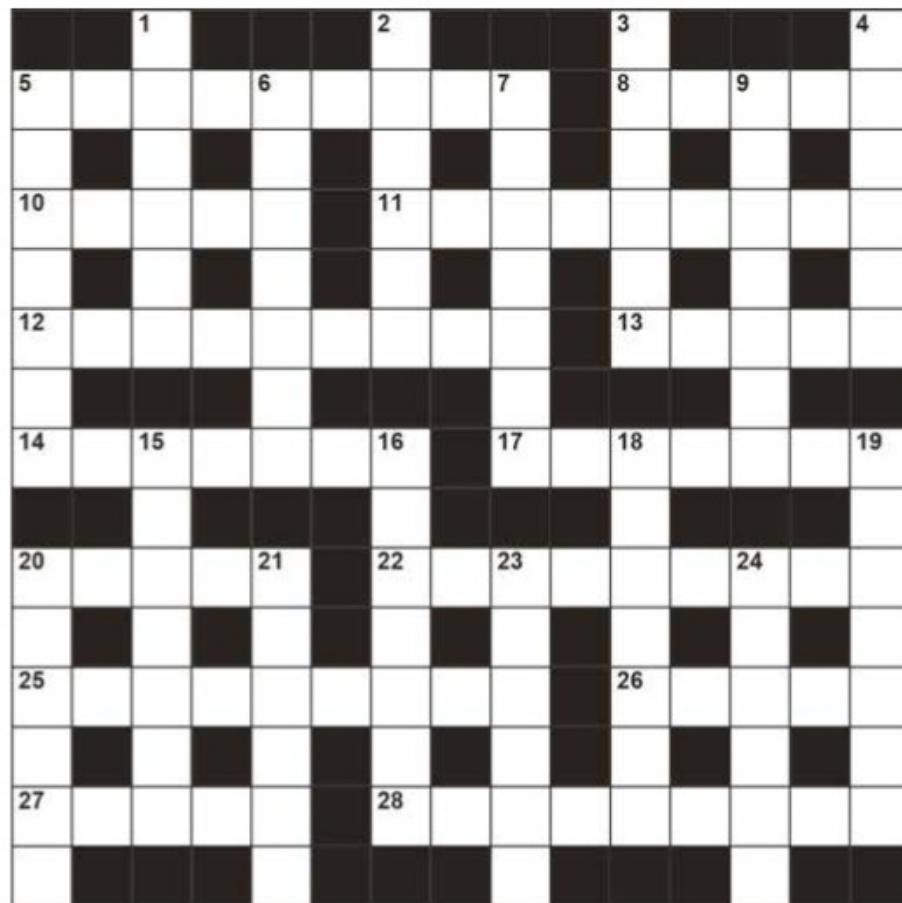
Clues down

1. What do the numbers on opposite sides of dice add up to? (5)
2. *The Peer and the Peri* is the alternative name for which comic opera by Gilbert and Sullivan? (8)
3. Especially popular in Scotland, what is a name for a stupid person? (6)
4. Whose 1862 novel *Les Misérables* was taken off the Roman Catholic List of Prohibited Books in 1959? (6,4)
5. Which Jimmy is seen in television's *Auf Wiedersehen, Pet* and *Spender*? (4)
6. What is an Italian title of respect for a man? (7)
9. Singer-songwriter Lulu wrote the song *I Don't Wanna Fight*, a top-10 hit for which American singer? (4,6)
11. What is a family possession that has been handed down through generations? (8)
12. Which part of London has Covent Garden and many theatres? (4,3)
14. What word, literally "according to right" was borrowed from French? (6)
16. The Klondike gold rush was in which Canadian territory? (5)
17. Where is Muscat the national capital? (4)



Solution 1666 Across: 1 Baby boomers, 8 Rhythms, 9 Sweep, 10 Nori, 11 Ed Moses, 12 Jar, 13/15 Vera Lynn, 17 Rye, 19 Nairobi, 20 Jade, 23 Glaze, 24 Anakiwa, 25 Hans Holbein. **Down:** 1 Bering, 2 Bayer, 3 Baht, 4 Oyster, 5 Ensemble, 6 Stetson, 7 El Paso, 12 Jacobean, 14 Epitaph, 16 Enigma, 17 Riyadh, 18 Pétain, 21 Anise, 22 Paul.

Puzzle No 1299



Clues across

5. Directors brave snakes and ladders? (5,4)
8. Academic takes nothing as solid evidence (5)
10. Love part of the aircraft being outstanding (5)
11. Secret lab experimentally producing jewellery (9)
12. Silly at heart, a coquette appears fidgety (3,2,4)
13. Place reliance in Northern Territory leaders to make an impression (5)
14. Old weather-beaten model rang back endlessly (7)
17. Presume doctor to be without equal (7)
20. A small bay on the right provides concealment (5)
22. Cried like a whale? (9)
25. Minor song composed with Roman Catholic title (9)
26. Suffer at home with mongrel (5)
27. Not here? No, no! (5)
28. Hit one of the dwarfs for being devil-may-care (9)

Clues down

1. Lion tamer could go into denial (6)
2. Final letter to a doctor going on first-class turning up in an African destination (6)
3. Erect part of a castle for maintenance (6)
4. Compensate for being away from the movie location? (6)
5. Show displeasure to ruler with reservation (7)
6. Using fingers, appreciate tail being twisted (7)
7. With backing, some Carlisle man easily puts hard glossy surfaces on things (7)
9. Punctual yet when taking English becoming late (3-4)
15. Lend to get ahead (7)
16. Removes berths from the ship and so exposes nonsense (7)
18. Party leader and I blush stupidly and put out press release (7)
19. Yelled when upset about Republican leader getting on in years (7)
20. Heavenly bodies get me into beds (6)
21. Complained bitterly having been sent on a train (6)
23. Turn public relations propeller to create some brouhaha (6)
24. A major movie the Queen takes up showing directions for the producer (6)

Solution No 1298



						4		5
					1			3
	9		8	5				
			5	8				1
		2				7		
4				3	6			
				6	2		7	
9			7					
1		8						

MEDIUM

9	3	2	4	6	5	7	1	8
8	5	4	1	2	7	3	6	9
6	7	1	3	9	8	5	2	4
5	2	8	6	1	4	9	3	7
7	6	3	2	8	9	4	5	1
4	1	9	5	7	3	6	8	2
1	9	6	7	3	2	8	4	5
3	4	7	8	5	1	2	9	6
2	8	5	9	4	6	1	7	3

		8			9			5
				2				3
				5		6		
6				3		1	4	
	5						7	
	2	1		9				8
		4		1				
2				6				
1			2			7		

HARD

7	2	9	6	8	5	1	4	3
1	4	5	7	2	3	8	6	9
6	3	8	4	1	9	2	5	7
8	1	3	2	5	4	9	7	6
4	6	7	9	3	8	5	1	2
9	5	2	1	7	6	4	3	8
2	8	1	5	6	7	3	9	4
5	7	4	3	9	2	6	8	1
3	9	6	8	4	1	7	2	5

KAKURO 818

		29	7		4	16		16	36		
	12			10			6				
23				13						23	
21							20				12
26					37						
				8							
15			12	29							
	26			22							
						9	8			6	11
		9			5			6			
9	6				15			14			
11			34						12		
			36						5		
6				8			8				
				21			11			23	
		5				15					
11	14				7	10					22
42									12		
36							17				
						6					
	11				22						
		8			4			14			

1. Place a number from 1 to 9 in each empty box.
2. The sum of each vertical or horizontal block equals the number at the top or on the left of that block.
3. Numbers may be used only once in each block.

LAST WEEK'S SOLUTION

9	8	4					4	9	8	7
8	2	1		3	9		1	2	6	4
4	3	2	1	5	6			7	9	
		9	6		8	6	9	1	2	4
9	4		2	3		9	8		1	8
7	1	6	5	9		4	6	8		
	3	8	7				3	4	1	
		5	4	7		8	4	9	6	5
9	3		3	6		1	2		8	7
7	6	2	9	8	5		5	4		
	8	4			2	5	1	3	4	7
3	5	1	2		3	1		5	8	9
8	9	5	7					1	5	6

You are worth a slam contract. If you bid 6H, the expected opening spade lead may give the defenders the first two tricks. A better idea is to bid 6NT, which will protect the king of spades from the opening lead. It would be very reasonable to bid 4NT instead, to check that partner holds at least one ace.

Awards: 6NT/4NT - 10, 6H - 6, 4H - 3.

1 Kc8! If b5 2 Qc3 b4 3 Qxb4 mate. If Ka5 2 Qd7! and if b5 3 Qa7 mate, or Ka6 3 Qa4 mate.

1. The line is spoken by Tyrion Lannister in *Game of Thrones*.
2. Pushers work at crowded transport hubs like railway stations and push people into trains. They are particularly associated with Japan.
3. Snuff.
4. Waffle soles.
5. *The Godfather*.
6. Muttonbird (or sooty shearwater).
7. False. The Soviet Union landed an uncrewed spacecraft called Luna 9 on the moon in 1966.
8. Kermadec Islands.
9. Robert Muldoon. The Beehive was formally opened in 1977.
10. Carl is not a Ghostbuster. The fourth title character is Ray.

LOGIC PUZZLE A REAL PUZZLE

Four students race to sort out a Rubik's cube, each taking a different time and ending with a different colour on top:

- 1. Regarding John and Peter, one finished in 3 minutes and the other finished with white.
- 2. Millie finished with red.
- 3. The person who took 7 minutes ended with yellow on top.
- 4. Peter either finished in 6 minutes or finished with white.

Using these clues and the grid below, can you work out the time taken and the top colour of each student's cube?

		STUDENT				TOP COLOUR			
		Barbara	John	Millie	Peter	Blue	Red	White	Yellow
TIME (mins)	3								
	5								
	6								
	7								
TOP COLOUR	Blue								
	Red								
	White								
	Yellow								

You may write your answers in this grid:

STUDENT	TOP COLOUR	TIME
Barbara		
John		
Millie		
Peter		

SCATTERWORD



Your aim is to create words of four letters or more using the given letters once only but always including the middle letter. Do not use proper names or plural/verb forms which add only "s".

See if you can find the nine-letter word using up all the letters.

15 GOOD
19 VERY GOOD
23+ EXCELLENT

CLUELESS CROSSWORD

Each letter of the alphabet is represented by a different number from 1 to 26. Use your knowledge of English to solve the crossword. Some clue letters are given.

	16	19	17	16	14	20	19	2	17	16	14	
20		20		7		V		26		21		15
11	7	20	23	T		17		4	17	6	22	20
7		14		26	9	6	26	20		20		13
26	23	23	7	20		20		23	26	12	13	3
25			5		17	6	6		22			21
26	9	1	20	23	13		7	5	25	21	17	6
4			9		20	4	4		21			21
19	21	9	6	21		17		24	21	9	17	25
26		26		1	17	22	7	20		17		21
7	9	16	25	20		8		19	7	26	9	22
15		3		9		7		21		1		18
	9	20	W	23	8	25	17	23	3	20	23	

1	2	3	4	5	6	7	8	9	10	11	12	13
V									W			T
14	15	16	17	18	19	20	21	22	23	24	25	26

A B C D E F G H I J K L M
N O P Q R S T U V W X Y Z

PERMUTATE TEMPERATE

Your aim is to change the top word one letter at a time, each time rearranging the letters to create a new word. Perform one such permutation for each blank line below until you arrive at the last word. There is usually more than one correct solution. See how many you can find in 15 mins.

B L O C K

A D E P T

Last week's solutions. Logic Puzzle: The Maverick Strada costs \$320, the Kyosho Outlaw costs \$440, the Tamiya Farm King costs \$200, and the Traxxas Stampede costs \$560. Scatterword: GHOSTLIKE, hoglike, sheik, skite, stoke, skeg, hike, like, kite, tike, koel, sikh, kith, kohl, kilo, silk, kilt, skit, skol. 19 words. Permutate: TRUCK, CRUST, CREST, ASTER/RESAT/RATES/STARE etc, LASER, AXLES

Clueless crossword:

1	2	3	4	5	6	7	8	9	10	11	12	13
F	N	R	P	T	D	K	B	O	G	S	J	U
14	15	16	17	18	19	20	21	22	23	24	25	26
C	V	A	W	E	X	H	Z	M	Y	Q	I	L



Notre maison d'être

Ahead of live appearances in New Zealand, *Escape to the Chateau* stars Dick and Angel Strawbridge talk about turning a derelict French castle into a renovation-show empire. **by MICHELE HEWITSON**



Dick and Angel Strawbridge: what they actually bought was a crumbling pile that had been abandoned for decades.

farmhouse in a charming French village where the locals might accept a couple who are immediately identifiable as just a tad eccentric. There is her name, for one thing. Her name is Angela. When she moved to London in her early twenties, she set up a vintage emporium called Angel. People started calling her Angel and, as she says, “They could never be cross with me. I quite liked it.” As for Adoree, well, why not?

She has bright red hair, which she styles elaborately, and a penchant for frequently flamboyant vintage costumes, often from the 1940s. He has a fondness for velvet smoking jackets and bowties. He also has his own hairy style, which involves an enormous moustache, the hirsuteness of which would cause a walrus to scuttle off in shame. A *Guardian* review of their beyond-their-wildest dreams TV series, *Escape to the Chateau*, noted Dick is “very handy, as well as very hairy”.

I ribbed him about his hairiness. He grew up in Burma, and offers: “An old Burmese saying, ‘The moustache does not stop the man from eating.’” Yes, but moustaches are crumb catchers. He says – and Angel concurs – that his is a “very clean” set of moustaches.

His very clean moustaches and her vintage costumes will be on stage in their show *Dare To Do It!*, which is heading to New Zealand in the new year. Of course their show has an exclamation mark. Their lives together demand at least one exclamation mark. They might be walking, fast-talking exclamation marks. They exude them. They are simultaneously inspirational and exhausting.

As the name of their TV show indicates, they did not buy that charming old farmhouse. They bought a 45-room chateau, with a moat, two

turrets and an orangery. Home is the Château de la Motte in Martigné-sur-Mayenne in the Loire, which sounds entirely charming and romantic, doesn’t it? What they actually bought was a crumbling pile that had been abandoned for decades. It had no electricity, no plumbing and certainly no heat pumps. The loo flushed into the moat, which is not quite so charming and certainly not romantic.

They paid £280,000 for the chateau. People no doubt thought they were mad. Those would be some of the same

watching them. There seems to be no difference between their on-screen personas and their off-screen ones. The only thing big-headed about them is Angel’s hair.

Their idea of escaping to a chateau might have sounded like castles in the air, but they are not airy-fairy types. They are practical people. They muck in. Dick is a former lieutenant colonel and an engineer. Angel is a designer and owner of a business called Vintage Patisserie, which presumably does not sell very old cakes. It is an events manage-

Her idea of camping would include, according to her husband, “king-size beds, jacuzzis, gold-plated showers. It is not exactly camping.”

people who would now have to pay £280,000 for a shabby bedsit in a shady part of London, if they were lucky.

The show will tell the story of the 19th-century chateau and the story of their love affair, and of dreams achieved. These two dream wild and big. But what they are selling sounds like a dream that many people might have but few will achieve. It is not, says Drawbridge, necessarily about buying a castle in France, but about taking the chance with whatever your particular dream is and actually doing it.

It is meant, he says, “to inspire people to take those chances, take those risks”. From anyone else, this would sound like so much motivational blather. Somehow from them, it sounds almost reasonable. They roll up their sleeves and get stuck in. They are down-to-earth people. They are what is called “relatable”. People like them and like

ment company.

Really, they are in the events management business. They put on weddings and other dos at the chateau. They run – or did pre-Covid – a sideline in glamping.

This still makes Strawbridge laugh because, he says, his wife has never been camping in her life. She is a city girl from Essex. She claims she did once go camping. The “once” tells you all you need to know about what she thought of the experience. So, of course, her idea of camping at the chateau would include, according to her husband, “king-size beds, jacuzzis, gold-plated showers. It is not exactly camping.” One of the glamping options involves five-star luxury inside a floating geodesic dome.

She likes all things vintage, including, the *Guardian* reviewer wrote, “... men, presumably”. Now that really is rather rude, but they think it’s quite funny. Dick is 20 years older than Angel. They

In 2015, an English couple decided to move to France. It is, somehow, a quintessentially English dream: to leave rainy old Blighty, to swap brollies, traffic jams and Marks & Sparks lunchtime sandwiches for verdant landscapes of grapevines where villages smell of the day’s baguettes being baked at the local boulangerie.

Angel Adoree and Dick Strawbridge thought they might buy a charming old

met at a party put on by their mutual agent, and it really was love at first sight, says Angel. It was, "Pow! I just got in such a kerfuffle because my heart was beating so hard."

They shared an agent because they had both been on reality shows before. He had appeared on *Scrapheap Challenge*, *It's Not Easy Being Green* and something called *Dirty Rotten Survival*, which may

It takes a bit more than a reality TV show and a couple of English eccentrics to impress the French.

have been good preparation for moving into a falling-down castle with poo in the moat. She had pitched the old cakes idea on *Dragons' Den*. They were characters long before they became telly characters.

They call themselves "telly tarts". Somehow, they manage not to be telly tossers. They didn't buy the chateau – which looks like the fairy-tale castle a lady with red hair might float about in with vintage flair – for a reality show, they say. But pitch they can, so why not pitch it? The show has helped pay for the neverending renovations and it's obviously not a bad advertisement for the chateau as an events venue, either.

They now have two suitably telegenic kids, Arthur and Dorothy, and a fairy-tale castle and a fairy-tale love story. Does that sound too good to be true? It mostly isn't. But viewers, presumably watching through rose-tinted glasses, think they are the perfectly happy couple who never argue. They "argue every day", they say, in unison.

They are both perfectionists; neither of them knows how to spell compromise. They are now famous. But not so much in France, they say. It takes a bit more than a reality TV show and a couple of English eccentrics to impress the French.

Dick says people say: "Oh, it's okay for you. You're an engineer. Angela is a designer.' That's not anything to do with what we do. We grabbed it and gave it a bit of a shake and ended up living in a castle with beautiful children. I was upwards of 50 when I met Angela. You only get one pass. And to not do it, that is utter folly."

You might think that living your life out on the telly would be an utter folly. All those cameras stuck in your face and into your life. They love it. They are naturally extroverted, to put it mildly. Luckily, the chateau has 45 rooms: you would require a lot of rooms to house two such large personalities.

They're fairly famous. "I think fame is something that if you want it, you probably shouldn't be given it," says Dick. They say they just thought they had an interesting story to tell. And, says Angel, "This is a family home first."

A family home with a geodesic dome, a Versailles-inspired downstairs loo, and a spiral staircase. Yes, they have a spiral staircase. Of course they do. ■

Escape to the Chateau screens on Sky TV's *Living Channel* from Monday, September 26, 9.30pm and at various other times. Tickets are now on sale for the *Dick & Angel Dare to Do It! tour*: Kiri Te Kanawa Theatre, Aotea Centre, Auckland, February 26; Michael Fowler Centre, Wellington, February 28.

MUSIC

GRAHAM REID



A total blam blam

There have been many documentaries about the career of David Bowie, but the unconventional and astounding *Moonage Daydream* captures something more elusive.

A decade ago, the international touring exhibition *David Bowie Is* posited that Bowie displayed many

aspects: *David Bowie Is* dance, fashion, music, art ...

He was a human palimpsest, repeatedly wiping clean for another image to be written

The most compelling voice is always Bowie, an artist and a man constantly searching for meaning and purpose in his creative life.

David Bowie: changed to stand out.

on himself.

Bowie's capacity for change – Ziggy Stardust and the Thin White Duke to the Goblin King in *Labyrinth*, and appearing as a nasty version of himself on Ricky Gervais' *Extras* – reflected not just a restless, artistically curious spirit but also someone constantly escaping from previous selves.

From Beat-pop and folksy hippie to music hall songs and glam-rock (in just five years), he then explored Zen, Kabuki and Noh theatre, American soul and austere German electronic sounds before reverting to dance-pop.

Few would deny Bowie was the most interesting and innovative artist of his generation. But since his death in January 2016, aged 69 – two days after the release of his challenging *Blackstar* album – we can add another imprimatur: David

Bowie *Is* business.

There are reissues (on coloured vinyl to seduce collectors), compilations and live albums, and previously unreleased albums *The Ghouster* (remastered and alternative versions of some key songs from the 70s), and *Toy*, recorded in 2000 (mostly revisits to earlier material).

If the artist is being lost in the fog of Bowie Incorporated, then welcome US film-maker Brett Morgen. His CV includes docos on Kurt Cobain, the Rolling Stones and Hollywood producer Robert Evans (*Montage of Heck*, *Crossfire Hurricane* and *The Kid Stays in the Picture* respectively), and he now repositions Bowie centre-frame in his swirling, immersively psychedelic *Moonage Daydream*.

Morgen's style isn't traditional like Francis Whately's

informative if doggedly thorough Bowie trilogy *Five Years* (2013), *The Last Five Years* (2017) and *Finding Fame* (2019). Morgen's visual language is more akin to the excitement of rock'n'roll with sudden shifts of pace and focus.

Moonage Daydream is a trip through the life and thoughts of Bowie, which – although loosely chronological – throws together images from sci-fi and horror films, the glam-rock Ziggy in concert, silent-era German Expressionists, Friedrich Murnau (*Nosferatu*), and Spanish surrealist Luis Buñuel (*Un Chien Andalou*) with glamorous women and louche rock culture.

Bowie's various worlds collide and coincide to a great soundtrack.

So, here's self-described "generalist" Bowie wilfully roaming through rock'n'roll, art'n'culture, flappers'n'freaks, Nietzsche'n'Shakespeare, sleazy bars in Thailand and offering his own extraordinarily penetrating acrylic portraits in Berlin. All of a piece in a life without fear, and art without frontiers.

What director/writer Morgen – with rare access to the David Bowie estate – adeptly avoids is embedding Bowie in the populist accoutrements of his age: no recording *Fame* with John Lennon; no dancing in the street with Mick Jagger (pity, it's howlingly camp and absurd); no hanging with Lou Reed, Andy Warhol, Iggy Pop, Marc Bolan or Queen; and no *Little Drummer Boy* with Bing Crosby.

There's a snippet in the West Berlin studio with Brian Eno and another with Tina Turner for *Modern Love* in the Pepsi ad of the big-hair 80s, the start of his revulsion and rejection of mainstream attention he sought with *Let's Dance* and

radio hits.

But these share brief and equal time with footage from his films *Labyrinth*, *Merry Christmas*, *Mr. Lawrence* and *The Hunger*, and paintings by

Jean-Michel Basquiat, Jackson Pollock and Francis Bacon.

Morgen's cut-up, post-modern approach telescopes sound and vision into a wild ride in the company of the witty, articulate, thoughtful and increasingly contradictory artist.

Overdubbed and television interviews are thought-provoking as Bowie speaks earnestly of his personal discoveries, but he's also witty and ironic, as only a detached, English pop-culture figure can be.

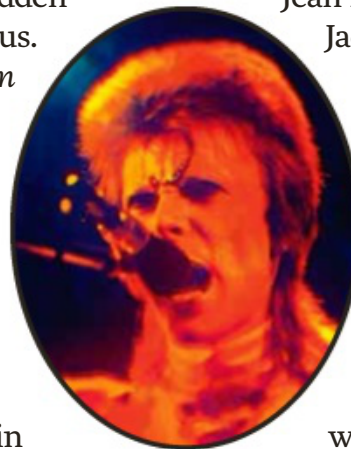
Aside from the whirlpool of kinetic images, the soundtrack races through segments of hits (just enough to establish aural imprints), the live footage is exciting and some passages are cut across by sonic effects, distortion and disembodied voices.

It's loud, never oppressively bewildering despite the information overload, and the most compelling voice is always Bowie, an artist and a man constantly searching for meaning and purpose in his creative life. Morgen restores the magic and mystique in the face of Bowie Inc.

Some consider Bowie a chameleon, but chameleons change to fit in. He changed to stand out.

Moonage Daydream, engaging and arguably too short, even at a whopping 140 minutes, confirms Bowie stood out but was also outstanding, as Morgen – as much a starman here – reminds us. ■

Moonage Daydream is in cinemas now.



Crushing egos



A Spanish showbiz satire provides laughs aplenty.

OFFICIAL COMPETITION
directed by Mariano Cohn and Gastón Duprat

Most satires of the film business take aim at Hollywood and the backstage machinations of making movies. But *Official Competition* amusingly targets European cinema and what happens in rehearsals before the cameras start rolling.

The Spanish film – by the Argentinean duo of Mariano Cohn and Gastón Duprat – delivers a witty three-hander of warring egos and vanities between Penélope Cruz, Antonio Banderas and veteran Argentinean actor Oscar Martínez. The trio are clearly having a blast poking fun at

the pretensions of their world, with Cruz in particularly fine form as eccentric celebrated director Lola Cuevas. She's hired to create a film from an award-winning novel after ageing billionaire Humberto Suárez buys the rights, despite having not read the thing, hoping the film will add to his life's legacy.

As the book's warring brothers, the auteur casts Banderas' vain big-name star Félix Rivero ("By contract, you can't touch his face," explains his hapless assistant) and self-serious thespian Iván Torres (Martínez).

Cuevas, with her frizzy auburn hair and devil-may-care fashions, is uncompromising in her approach. She suspends an enormous rock above her actors in order to create tension in a scene and forces them to cry on demand.

Cohn and Duprat's previous black comedy with

countryman Martínez, *The Distinguished Citizen*, was about a Nobel winning author returning to the Argentinean hometown that inspired his writing after 40 years away. Here, they make Martínez's Torres an earnest man of the theatre with a drama-teaching

Having a blast: Antonio Banderas, Penélope Cruz and Oscar Martínez.

hilariously straight-faced performance as Cuevas, all flashing eyes and fierce pout, that steals every scene. She exudes a gay abandon seldom seen in her previous

Cruz's hilariously straight-faced performance as Cuevas, all flashing eyes and fierce pout, steals every scene.

sideline who propounds the value of his vocal warm-ups. He refuses to fly first class because he considers it vulgar. Global superstar Rivero insists on macrobiotic food and saunters in hours late to every rehearsal, figuring the magic will just happen.

While the rivalry between the actors' egos provides much of the humour, it's Cruz's

anguished women roles.

The self-reflexive and self-referential script delivers plenty of laughs, though the comedy is occasionally a little blunt and doesn't always sustain. However, a scene involving Lola's creative use of a metal shredder is so audacious it's almost worth the ticket price alone. ★★★★★
IN CINEMAS NOW

Paradise lost

Julia Roberts and George Clooney reunite as ex-spouses.

TICKET TO PARADISE directed by Ol Parker

If you are considering booking for *Ticket to Paradise*, a tropical romcom that reunites Julia Roberts and George Clooney, don't watch the trailer first. It gives away two-thirds of the plot, spoils a potentially hilarious needle-drop, and leaves little to be curious about.

Another piece of consumer advice: you had better really love Clooney and Roberts. The film relies entirely on their considerable charisma and star power to lift this predictable, infrequently funny story into something of a good time. They play a divorced couple who bury the hatchet to sabotage their daughter's precipitous wedding to a local lad she's met on holiday in Bali. Uptight David and embittered

Georgia don't believe in reckless love. They married young, had their daughter Lily (Kaitlyn Dever), then split within five years. Nineteen years later, they're bitching at each other on a flight to Indonesia where Lily intends to marry seaweed farmer Gede (a bland if handsome Maxime Bouttier). It's time to stop history repeating.

English director Ol Parker wrote both *Exotic Marigold Hotel* screenplays and wrote and directed the second *Mamma Mia*, with which this film has too many similarities – an exotic holiday location brimming with colourful flora; perpetually smiling locals

with their quaint customs; and an insipid young couple with oodles more emotional intelligence than the bride-to-be's antagonistic parents.

Fortunately, *Ticket to Paradise* is not a musical, though there is quite a funny dance scene in which Clooney shows his talents as a physical comedian as both parents get drunk and groove to hits from the olden days.

Otherwise, Parker's script is somewhat lacking. There isn't a single developed character, the conflicts are magically forgotten by the very next scene, and you can't help but agree with Lily's parents that she's making an immature

Cosy chemistry: Julia Roberts and George Clooney.

mistake in throwing away her post-graduate life before she's even lived it.

So, it's down to George and Julia. And the exes from the *Ocean's Eleven* films are great together, although they don't have the natural comedic flair of, say, Sandra Bullock and Channing Tatum in *The Lost City*. While you can never quite shake that you're watching Clooney and Roberts, their cosy chemistry is certainly endearing. This ticket isn't first class, but it'll do for economy.

★★★

IN CINEMAS NOW



FROM THE ACCLAIMED DIRECTOR OF MONSIEUR HIRE, RIDICULE AND THE GIRL ON THE BRIDGE



A CAREER-BEST GÉRARD DEPARDIEU
IN PATRICE LECONTE'S MASTERFUL NEW CRIME DRAMA

MAIGRET

BASED ON THE RENOWNED NOVELS BY GEORGES SIMENON

★★★★
"GRIPPING.
Depardieu is
formidable."

David Stratton
THE WEEKEND AUSTRALIAN

"Wonderfully
atmospheric
and delectable.
Old-fashioned
storytelling in the best
possible tradition."

Lisa Nesselson
SCREEN INTERNATIONAL

★★★★
"Incredibly moving
and beautiful."

Eric Neuhoﬀ, LE FIGARO

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TV PREVIEW



Hi, anxiety

In a new documentary, Robyn Malcolm explores anxiety and its effects on her and other prominent figures. **by RUSSELL BROWN**

DOCUMENTARY NZ: YOU, ME & ANXIETY, TVNZ 1, Tuesday, September 27, 8.45pm Getting aboard *You, Me & Anxiety* could hardly be less threatening. Robyn Malcolm, who most of us feel we know on some level, arrives home and sits us down for a chat. You feel there's a nice cup of tea somewhere out of shot.

"I believed for a long time that I was sort of invincible," she says to the camera. "And then I fell down. And couldn't get up. Everything just collapsed. I didn't know what was going on and I couldn't get off the floor. But what I felt was this sense of panic about

absolutely everything."

She was suffering from anxiety – so bad at times that she couldn't leave the house. Given that "we're living in a world now where there's a lot to be worried about", we may have these frightening feelings, too, she continues.

"You're experiencing something that most human beings do at some point in their life. And you are not weak, you're not batshit crazy – you're just human. And you're not alone."

It's an impressive and effective way to begin a programme that aims to normalise and destigmatise anxiety disorders. The interviews that follow

with three public figures – former National Party leader Todd Muller, broadcaster Jenny-May Clarkson and singer Ladyhawke – do a similar job, and Muller's account of suffering debilitating panic attacks in public, illustrated with news footage from the time, is riveting.

But having got that far, *You, Me & Anxiety* doesn't seem to know where to go next. We end up with Malcolm lightly exploring several fairly random solutions – laughter yoga, rongoā Māori breath practices, cold-water swimming and ketamine treatment – that are each valid in their own right, but don't really constitute health advice.

Malcolm's visit to Dunedin woman Holly Aitchinson as she takes her first prescribed

dose of the sometime party drug ketamine to ease her treatment-resistant anxiety is both a fascinating bit of actuality (yes, she gets high) and a



Ladyhawke: overcoming anxiety. Above, Robyn Malcolm.

great endorsement of Malcolm's warmth and ease as a presenter, but viewers could have been told more about how ketamine works and how it's prescribed.

Unhelpfully, the yoga teacher tells Malcolm that antidepressants contain "synthetic serotonin" (they don't – we synthesise our own serotonin and the most common antidepressants allow it to wash around our brains for longer).

It might also have been useful for Ladyhawke to talk about her autism diagnosis, given the particular experi-

Muller's account of suffering debilitating panic attacks in public is riveting.

ence of anxiety for autism spectrum disorder people, but it was apparently her choice not to do so.

The producer and director of the documentary, Natalie Malcon, acknowledges there was a great deal that couldn't be fitted into a 45-minute television hour.

"It's a huge topic. And there were a lot of things that we're really gutted that we couldn't fit into it.

"We'd like to explore it more. I know Robyn would be open to it. So, hopefully, this is just the beginning."

There's certainly room for more. Although *You, Me & Anxiety* doesn't connect all its dots, it does do its principal job of setting out anxiety as something that can afflict any of us. And it has established that Malcolm is the person we'd want to talk to us about it. ■



TELEVISION

Our Picks of the Week

SATURDAY SEPTEMBER 24

GINO'S ITALIAN FAMILY ADVENTURE

Going abroad with brood for food
Streaming: TVNZ+

Gino D'Acampo has been a fixture on British television for the past decade though here he's possibly best known for being part of the *Gordon, Gino and Fred* series of boys' trip shows with Gordon Ramsay and Fred Sirieix. This time, the Italian celebrity chef is leading his own excursion in a seven-part series that has him, wife Jess and their UK-born children, Luciano, Rocco and Mia, exploring Southern Italy and its cuisine. The first episode starts on the island of Sardinia for a spot of kayaking on the east coast before heading inland to the mountains to milk some sheep to make the local speciality, pecorino cheese. Future instalments have D'Acampo touring his Neapolitan birthplace on

a Vespa with one of his sons riding pillion. "To be able to take Rocco around Naples on a scooter, and for him to understand the mentality of Neapolitan people, was definitely a highlight for me. It's important for them to understand where the craziness comes from." Recipes in the show are available in a cookbook of the same name.

TUESDAY SEPTEMBER 27

HUNTED AUSTRALIA

On the run in Victoria

Screening: TVNZ 2, 8.30pm

Streaming: TVNZ+

"Have you ever asked yourself," says the promo for *Hunted Australia*, "if you had to disappear tomorrow and a team of elite investigators equipped with cutting-edge technology was looking for you, could you evade capture?" Apparently, enough Australians had such a thought for *Hunted Australia* to become

the biggest launch on Aussie TV this year. In the show, based on the British original, nine pairs of contestants are tasked with avoiding detection and capture for 21 days within the state of Victoria – with the incentive of a \$100,000 prize. Some suspension of disbelief is required: there's actually a producer or director with a camera "embedded" with each team and the investigators don't really have access to such things as AT security cameras, which have to be simulated. But, the *Sydney Morning Herald's* reviewer wrote, "*Hunted* is an incredibly silly show and I have watched every minute of it."

PATRICK GOWER: ON CYBER CRIME

The internet threat

Screening: Three, 8.40pm

Streaming: Three Now

Last week's *Listener* cover star is off the drugs and the booze and into crime for the latest edition of the blockbusting *Patrick Gower: On* series. New Zealanders lose tens of millions of dollars annually to online scams – and sometimes ►



Ghosts, Friday.

we and our children are in danger. Businesses and public entities are targeted for ransom. The threat might even come from a hostile state. Gower talks to victims and experts about what's happening and how we might win the internet back. The following night, Gower is part of the discussion on *Newshub Talks: Cyber Crime*, featuring a panel of experts talking about the issues raised on the show.

THURSDAY SEPTEMBER 29

COMEDY MONTH: THE COMEDY MIXTAPE

Southside laughs

Screening: *Three*, 7.30pm
Pax Assadi curated, hosted and produced this stand-up showcase from a live event at Manukau's Vodafone Events Centre, and it's a good chance to catch some of Auckland's fresher talents alongside the likes of veteran and Laughing Samoans alumnus Tofiga Fepulea'i and past Billy T winner David Correos. Father and daughter Heta and Courtney Dawson (they perform separately) both came up through the Raw Comedy Quest and TikTok creator Kura Turuwhenua was a Raw finalist this year. The 2022

Billy T finalist Janaye Henry and Māngere legend Bubba round out the line-up.

THE BLACK FERNS: WĀHINE TOA

Road to redemption

Screening: *Prime*, 8.30pm
Streaming: *SkyGo*
The Black Ferns' road to defending their Rugby World Cup title has not been a smooth one. This two-part documentary produced by Sky follows dramas on and off the field, from the pandemic postponement to last year's disastrous European tour (which produced the four heaviest defeats in the team's history), the uncomfortable

tour post-mortems and the appointment of a coaching dream team led by Wayne Smith and Sir Graham Henry. Can they turn it around? It's NZ Rugby-approved, so don't expect scuttlebutt, but the players themselves are notably open about their lives and challenges.

FRIDAY SEPTEMBER 30

GHOSTS

Fright return

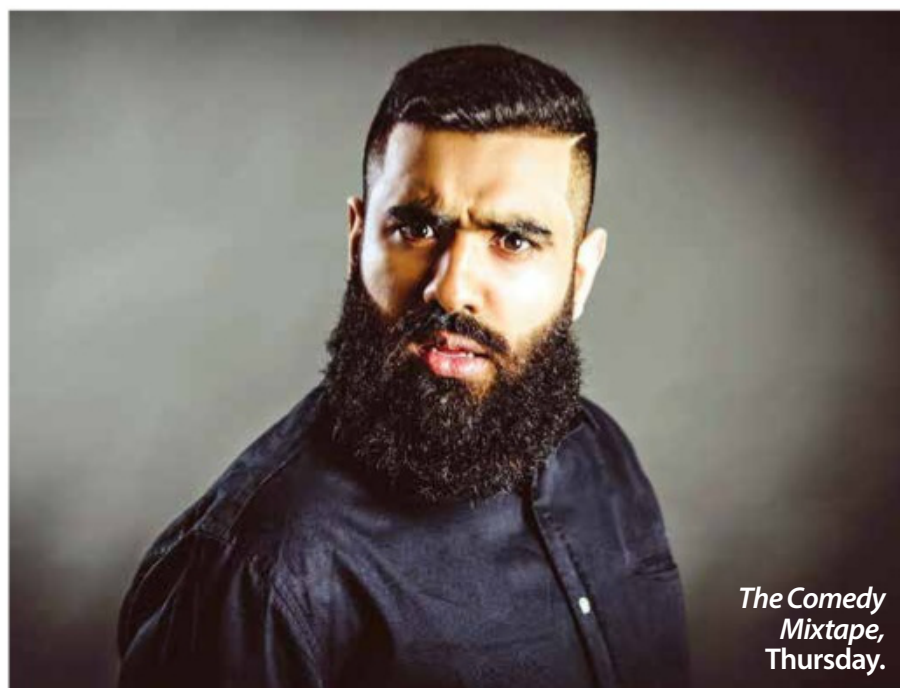
Streaming: *TVNZ+*
The first season of the supernatural sitcom starring our own Rose McIver became a US ratings hit after it premiered last October, becoming the biggest first-season show on

network television. Now the programme, based on a British series that is about to start its fourth season, is back for a second season. Samantha (McIver) and Jay (Utkarsh Ambudkar) have come to terms with owning a busily haunted house and are ready to take guests at their B&B. Meanwhile, the personal lives of the ghosts come to the fore. There will be guest stars and a two-episode Christmas special – something McIver has had previous experience of, having starred in a few excruciatingly wholesome made-for-TV Yuletide movies.

CSI: VEGAS

Murders in the desert

Streaming: *TVNZ+*
CSI: Vegas is back for a second season, with the team grappling with gruesome crimes, including a scuba diver discovered up a tree in the desert, a decomposed body in a bag and a fetish murder. Just for a change of pace, there's a courtroom confrontation with a serial killer. Two original cast members, William Petersen as Gil Grissom and Jorja Fox as Sara Sidle, have moved on, but Marg Helgenberger is returning as *CSI* veteran Catherine Willows. ■



The Comedy Mixtape, Thursday.

TV Films

by RUSSELL BAILLIE

The big movies on TV this week

SATURDAY SEPTEMBER 24

STAR WARS: THE LAST JEDI

"You're no Vader. You're just a child in a mask"

TVNZ 2, 7.00pm

It was a contentious film among the hardcore fans, but this second film in the third trilogy is actually one of the best of the bunch. It's got a great clash of good and evil with Kylo vs Rey, a tragic death of a beloved character and Mark Hamill in fine form returning to his role of Luke Skywalker, now a grumpy hermit. And it did a very good job of balancing fan fulfilment with trying something new. (2017) ★★★★★

A DOG'S PURPOSE

The laps of the dogs

Whakataa Māori, 7.00pm

A sad, saccharin story of pet loyalty designed to tug the heartstrings like a team of huskies. A dog named Bailey ponders (via Josh Gad's voice) the deeper meaning of being man's best friend as it gets reincarnated as other American pooches with other American owners (including

our own KJ Apa) before making yet another one-way trip to the vet. (2017) ★★★

JUST GO WITH IT

Or don't

Three, 8.25pm

Dire Adam Sandler-Jennifer Aniston romcom in which he's a rich plastic surgeon who demands assistant Aniston pose as his ex-wife and make her kids pretend to be his so he can hook a young bombshell (Brooklyn Decker) while on a Hawaiian holiday. Curiously, Nicole Kidman is also involved. (2011) ★★

TITANE

Dark twisted fantasy

Rialto, 8.30pm

The mad, twisted and utterly bamboozling French body horror film that won the Palme d'Or at the Cannes Film Festival, making director Julia Ducournau only the second woman, after Jane Campion, to take the prize. With echoes of David Cronenberg's JG Ballard adaptation *Crash*, *Titane* is the story of Alexia (Agathe Rousselle), an exotic dancer



Wonder Woman, Sunday.



X-Men: Days of Future Past, Saturday.

with titanium plates in her head from a childhood car crash and murderous urges who disguises herself as the grown-up incarnation of the long-missing son of Vincent Lindon's fire chief. (2021) ★★★

X-MEN: DAYS OF FUTURE PAST

Superhero time warp

TVNZ 2, 9.45pm

The seventh X-Men instalment was the start of a new timeline that connected the younger crew from the 1960s origin story *First Class* with their older incarnations via Wolverine getting sent back in time to 1973. It is a little complicated, but it's also one of the best instalments in the uneven franchise, though some familiarity with previous films helps the enjoyment. (2014) ★★★★★

SUNDAY SEPTEMBER 25

WONDER WOMAN

Invading no man's land

TVNZ 2, 7.30pm

On her first solo superhero screen outing, Gal Gadot is great as the free-spirited Amazonian princess whose first encounter with the outside world, via American pilot Steve Trevor (Chris Pine), leads her to the Western Front on a mission to end World War I. It's more entertaining and fun than the sort of movies DC Comics characters have

inspired in recent decades, helped by its fish-out-of-water story and the Gadot-Pine on-screen chemistry. (2017) ★★★★★

THE AMAZING SPIDER-MAN 2

Sophomore slump

Three, 8.00pm

Overstuffed, messy Spider-flick that was the second and last time Andrew Garfield and Emma Stone played Peter Parker and Gwen Stacey. (2014) ★★

THE REVENANT

A-hunting we will go

Whakaata Māori, 8.30pm

Director Alejandro Iñárritu's deep, dark survival thriller, which finally won Leonardo DiCaprio a best-acting Oscar. It was a reminder that the Old West could also be the Cold West and that if the grizzlies of wilderness Wyoming don't get you, there are plenty of other things that can – such as Tom Hardy, a ruthless trapper on his trail. (2015) ★★★★★

THE MATRIX RESURRECTIONS

Back down the rabbit hole

Sky Movies Premiere, 8.30pm; Neon

Eighteen years after the disappointing finish to the influential action sci-fi trilogy, Keanu Reeves returns to the illusory world as



The Legend of Baron To'a, Wednesday.

◀ a middle-aged Thomas Anderson/Neo for more mind games and a mission to rescue Carrie-Anne Moss' Trinity, who may or may not be a woman called Tiffany who is a regular at his local cafe. The pair's on-screen reunion gives this a curiously romantic kick, but the film still suffers from the portentousness and incoherence of its predecessors. (2021) ★★★

A GOOD DAY TO DIE HARD

Saving the worst for last

TVNZ 2, 10.10pm

The fifth doesn't have the fun factor that went with all its predecessors when flatfoot John McClane went toe-to-toe with various Dr Evils. Here, in a story that has him in Russia attempting to rescue his CIA agent son, his quips are neither wise nor cracking and the story ends up in Chernobyl – an apt spot for an 80s powerhouse to undergo a meltdown. (2013) ★★★

MONDAY SEPTEMBER 26

THE SPEECH

Unaccustomed as I am

Rialto, 8.30pm

Quirky, talky, fourth-wall-breaking French comedy about 35-year-old Adrien (Benjamin Lavernhe), who suffers through a tedious family dinner while

anxiously awaiting a text from his ex. When his brother-in-law-to-be suggests he make a speech at his sister's forthcoming wedding, he starts imagining the possible scenarios. (2020) ★★★

WEDNESDAY SEPTEMBER 28

THE LEGEND OF BARON TO'A

Fighting in the streets

Whakataa Māori, 8.30pm

Equally bruising and amusing action comedy filmed on the mean streets of Mt Roskill by director Kiel McNaughton. He delivers a martial-arts film style to the story of Fritz, a Tongan guy who has returned to the neighbourhood and must fight a local gang for the return of his father's stolen champion wrestling belt. (2019) ★★★

FRIDAY SEPTEMBER 30

MISSION: IMPOSSIBLE

– FALLOUT

The latest is the greatest

Three, 7.30pm

The sixth *Mission: Impossible* film might be yet another Tom Cruise global stunt-athon that has him bouncing from Belfast to Berlin to Paris to London to the Central Otago region of "Kashmir". But it's also the best in the series. (2018) ★★★★★

Films are rated out of 5:

★ (abysmal) to ★★★★★ (amazing)

Talkback

ROYAL OVERLOAD

The television news has been dominated by the death of the Queen – with good reason. However, no other news has been reported, apart from the weather!

Has the TV news been over-run by the women's magazines? What is an appropriate amount of time to give on national news to such an event?

I think TV news has gone overboard, sympathetic reporting notwithstanding. It is ridiculous to assume that nothing has happened in the world or in New Zealand apart from the death of the Queen.

I acknowledge she is a very respected person with huge political significance, and I am a monarchist to boot, but this level of reporting to the exclusion of all other events is sensationalist.

Surely, other events have happened in the world that if they were deserving of reporting yesterday would have been deserving of reporting today.

Also, for the government to use this as an excuse for the cessation of Parliament for 10 days is excessive, and totally self-serving.

Murray Lander

(Kingsland, Auckland)

Watching BBC World News in recent days and viewing the late Queen Elizabeth's coffin being taken from Balmoral Castle, and the following day through many towns and villages, the solemnity was destroyed by other news at the base of our television screen, some of which was extremely frivolous.

Just one example was when we were shown a headline that an Australian man was killed by his pet kangaroo.

We all know that the late Queen's family was still in mourning, all bedecked in black. At one of the many church services, King Charles III could

be seen wiping tears from both eyes.

Brian Collins

(Petone, Lower Hutt)

CORPS BLIMEY

Is there anyone at RNZ National dedicated to monitoring the competency of announcers?

A new low was set by an announcer on Friday, September 9, after news of Queen Elizabeth's death reached New Zealand. She pronounced the word "corps" as "corpse". This jarring note was amplified by repetition.

Citizens should be able to look to our national publicly funded radio station for accuracy, if not excellence. RNZ falls excruciatingly short far too frequently.

Carol Brown

(Aro Valley, Wellington)

FACT FROM FICTION

Lately, I've noted a tendency for reporters, media commentators and the like to make frequent use of the expression "to be honest". Does this mean that everything else they say is a pack of lies?

Julia Millen

(Karori, Wellington)

USE OF TE REO

I don't understand why, with increasing frequency, Māori words are inserted into English texts. Perhaps J Wallis and Rangi Faith (*Talkback*, September 10) can enlighten me.

The inference is increasingly that English has somehow become deficient whereas the Māori vocabulary is complete.

Fred Muller

(Whangārei)

Please send comments, queries or complaints about radio or television to: listenerletters@aremedia.co.nz with "Talkback" in the subject line, or Talkback, NZ Listener, PO Box 52122, Kingsland, Auckland 1352.

TVNZ 1 FREEVIEW 1 SKY 001

- 6.00 **Te Karere** (R, HD)
 6.30 **Country Calendar** (G, R, HD, C, AD)
 7.00 **Rural Delivery** (G, R, HD, C)
 7.30 **Infomercials**
 8.30 **Religious Programming**
 9.00 **Extreme Cake Makers** (G, R, HD, C)
 9.30 **Tagata Pasifika** (HD)
 10.00 **Ready Steady Cook** (G, R, HD, C)
 11.00 **Winning Combination** (G, R, HD, C, AD) Omid Djalili presents a UK quiz show.
Noon **Call the Midwife** (PG, R, HD, C, AD) s10ep2
 1.20 **Movin' to the Country** (G, HD, C)
 2.00 **The Casketeers** (G, R, HD, C, AD) Francis and Kaiora take a road trip to his home marae.
 2.30 **10 Years Younger in 10 Days** (G, R, HD, C, AD) Cherry Healey hosts a UK makeover show.
 3.30 **Clean It, Fix It** (G, HD, C) A team of cleaners and DIY experts help homeowners.
 4.30 **Every Bite Takes You Home** (G, C, AD) Kylie Kwong explores the food and culture of migrants in Australia.
 5.00 **The Chase** (G, R, HD, C) Bradley Walsh hosts a UK quiz show.
 6.00 **1 News** (HD, C)
 7.00 **Tipping Point Lucky Stars** (G, R, HD, C) Ben Shephard hosts a celebrity version of the UK quiz show, with Rufus Hound, Nadia Sawalha and Jonathan "JB" Gill.
 8.00 **Lotto**
 8.05 **Heathrow: Britain's Busiest Airport** (G, HD, C, AD) At Heathrow's in-house Covid-19 testing centre, service manager Joel and the staff deal with increasing numbers of passengers needing their assistance. s7ep12
 8.35 **Grand Designs UK** (M, R, HD, C, AD) A former advertising man is building a dramatically cantilevered house on a flood plain in Essex that is designed to survive a one in 1000-year flood event.
 9.35 **Showtrial** (16, HD, C, AD) UK drama series. Tonight, A press scandal throws a new and damning light on Talitha Campbell's motives. s1ep3
 11.50 **Burden of Truth** (M, HD, C, AD) Joanna and Billy are blindsided when Joanna is the target of a mysterious criminal investigation. s4ep3
 12.45am **Vigil** (M, R, HD, C, AD) s1ep4
 1.40 **Nashville** (M, HD, C) s6ep7
 4.05 **Infomercials**
 5.30 - 6.00 **Religious Programming**

TVNZ 2 FREEVIEW 2 SKY 002

- 6.00 **Ready, Steady, Wiggle!** (G, R, HD, C, AD)
 6.10 **Not Too Late Show** (G, R, HD, C) s1ep4
 6.25 **PJ Masks: Bubbles of Badness** (G, R, C)
 6.45 **Spidey and His Amazing Friends** (G, HD, C)
 7.10 **Madagascar: A Little Wild** (G, HD, C)
 7.35 **SpongeBob SquarePants** (G, R, HD, C)
 7.55 **Moomin Valley** (G, HD, C)
 8.20 **The Croods: Family Tree** (G, HD, C)
 8.45 **Dragons: Riders of Berk** (PG, R, HD, C)
 9.05 **Wilde Ride** (G, R, HD, C, AD)
 9.30 **Mystic** (G, R, HD, C, AD) s1ep7
 10.00 **Fresh** (PG, C) The return of Know Your Roots, and Gaby & Dom are back for redemption.
 10.35 **The Simpsons** (G, R, HD, C, AD) s12ep5
 11.00 **Have You Been Paying Attention?** (PG, R, C)
Noon **America's Got Talent Extreme** (PG, HD, C)
 1.50 **Mike & Molly** (PG, R, HD) s5ep14
 2.10 **The Good Witch** (G, HD, C)
 3.05 **Junior Bake Off** (G, HD, C)
 4.00 **Celebrity Brain Busters** (G, C)
 5.00 **Nancy Drew** (PG, C) s1ep3
 6.00 **The Cube** (G, HD, C, AD) Phillip Schofield presents a UK game show in which contestants undertake physical and mental challenges in a giant clear cube.
 7.00 **Star Wars: The Last Jedi** (2017, PG, R, HD, C, AD) Resistance fighter Rey seeks out Luke Skywalker so she may learn the ways of the Jedi and face Kylo Ren and the First Order. Daisy Ridley, Mark Hamill, Carrie Fisher, Adam Driver, John Boyega. **TV Films, page 69**
 9.45 **X-Men: Days of Future Past** (2014, 16, R, HD, C, AD) Wolverine is sent to the past in a desperate effort to change history by stopping Mystique. Hugh Jackman, Patrick Stewart, Jennifer Lawrence, James McAvoy, Michael Fassbender. **TV Films, page 69**
 12.05am **The Light Between Oceans** (2016, M, R, HD, C, AD) A lighthouse keeper and his wife rescue an infant girl, but years later discover the child's true parentage. Michael Fassbender, Alicia Vikander, Rachel Weisz.
 3.25 **Alma's Not Normal** (16, HD) s1ep4&5
 4.35 **Fresh** (PG, R, C)
 5.00 **Infomercials**
 5.30 - 6.00 **Religious Programming**

THREE FREEVIEW 3 SKY 003

- 6.00 **Charles Stanley**
 6.30 **Infomercials**
 9.30 **Newshub Nation** With Simon Shepherd and Rebecca Wright.
 10.30 **Celebrity Family Feud** (PG, R, C) s4ep9
 11.30 **Grand Designs NZ** (PG, R, C)
 12.30 **The Block NZ: Redemption Marathon** (PG, R, C)
 4.00 **The Masked Singer NZ** (PG, R, C)
 5.00 **Family Game Night** (G, C)
 6.00 **Newshub Live**
 7.00 **Building the Kiwi Dream** (PG, C) To save money, Kaylene takes on more interior decorating, and Matt gets a digger so he can install the swimming pool himself. s1ep8
 7.30 **Crikey! It's the Irwins** (PG, C) Bindi and the keepers ready Sophie the baby giraffe for her first steps into her enclosure and Robert helps with joey Melman. s1ep8
 8.25 **Just Go with It** (2011, M, R, C) A plastic surgeon convinces his assistant to pose as his ex-wife on a trip to Hawaii to cover up a lie. Adam Sandler, Jennifer Aniston, Brooklyn Decker. **TV Films, page 69**
 10.35 **Zombieland** (2009, 16, R, C) A shy student tries to get to his family in Ohio amid a zombie apocalypse. Jesse Eisenberg, Emma Stone, Woody Harrelson.
 12.20am **Infomercials**
 5.00 **Leading the Way**
 5.30 - 6.00 **Charles Stanley**

PRIME FREEVIEW 10 SKY 004

- 6.00 **Infomercials**
 8.00 **Kids' Programmes** (C)
 10.05 **SmackDown** (PG, R)
 11.05 **RAW** (PG, R)
Noon **Jeopardy** (G, R)
 12.30 **Judge Judy** (PG)
 1.00 **The Crowd Goes Wild** (PG, R)
 2.30 **Heartland Championship Live** King Country v East Coast, live from Rugby Park, Te Kuiti.
 4.30 **Once a Warrior with Monty Betham** (G)
 5.00 **The Loggers** (PG, R, C)
 5.30 **Prime News**
 6.00 **American Pickers** (PG, R)
 7.00 **Storage Wars** (PG, R, C)
 7.30 **Border Security: Australia's Front Line** (PG, R, C)
 8.00 **Underarm** (PG, R, C) Documentary about the infamous 1981 underarm cricket incident.
 9.00 **Midsomer Murders** (M, R, C) A murder-mystery weekend experiences an actual murder.
 11.00 **NXT** (PG)
 12.00am - 6.00 **Infomercials**


Documentary: THE V&A PRESENTS ALICE: CURIUSER AND CURIUSER

It's been pretty tough to travel to the world's museums and art galleries and we're late, we're late for the very important Alice: Curiouser and Curiouser exhibition at the V&A Museum in London, which ran from May to December last year. However, there is this documentary exploring the exhibition and the influence of *Alice's Adventures in Wonderland*, from the surrealists to Little Simz. Even quantum physics gets a look in: Cern has a physics experiment that it calls Alice – A Large Ion Collider Experiment. **SKY ARTS, 8.20pm**


Game show: CELEBRITY BRAIN BUSTERS

We're assuming Michael Baker will do well on the science questions, but how about the jungle gym maze? The celebrity version of the kids' show returns, with Baker, Jason Gunn, *RuPaul's Drag Race* star Anita Wigl'it and *Shortland Street*'s Cameron Jones lining up to be mildly humiliated. **TVNZ 2, 4.00pm**

WHAKAATA MĀORI

FREEVIEW 5 SKY 019

6.30 Kids' Programmes
9.30 Ōpaki (G, R)
10.30 Ako (G, R)
11.00 ASB Polyfest (G)
Noon Haka at Home (G, R)
1.00 Whakataukī (G, R)
1.30 Karanga: The First Voice (G, R)
2.00 Whaikōrero (PG, R)
2.30 Chatham Islanders (G, R)
3.00 Intrepid Journeys (PG)
4.00 Marae
5.00 Moosemeat and Marmalade (G, R)
5.30 Intake (M, R) Series following recruits at Waiouru Military Camp.
6.00 Piri's Tiki Tour (PG, R) Piri Weepu meets divers, farmers and hunters.
6.30 He Aha to Say? (G, R) A series of interviews with the people of Ngāti Porou.
7.00 A Dog's Purpose (2017, PG, R) A dog is reincarnated through four lifetimes with different owners. Dennis Quaid, KJ Apa, Peggy Lipton, voice of Josh Gad.
TV Films, page 69
8.40 - 11.50 Fiddler on the Roof (1971, PG, R) A poor Jewish milkman is faced with the challenge of marrying off his five daughters amidst the growing tension in his village. Chaim Topol, Norma Crane, Rosalind Harris.

Film: THE GREY

A sad-sack Liam Neeson takes on not only a pack of wolves in the Alaskan wilderness, but his own demons. Other survivors of a plane crash are similarly afflicted, amid discussions of atheism, faith, God and nature. From the guy who made *The A-Team*, too.

EDEN, 8.30pm



BRAVO

FREEVIEW 4 SKY 012

6.00 Infomercials
10.00 A Place in the Sun: Summer Sun (PG, R)
Noon Catfish (PG, R)
12.55 Southern Charm (PG)
2.40 Tiny House Nation (PG, R)
3.40 Love It or List It (G, R)
4.40 Stop Search Seize (PG, R)
5.35 Rich Listers (PG, R)
6.35 Undercover Boss (PG, R)
7.35 Tattoo Fixers (M, R) Jay takes on Tom's superhero design, and Glen removes Darren's chat-up line leg art.
8.35 Fifty Shades Darker (2017, 16, R, C) When Christian Grey tries to entice Ana Steele back into his life, she demands a new arrangement before she will give him another chance. Dakota Johnson, Jamie Dornan.
10.55 Southern Charm (M)
11.50 Snapped: Killer Couples (M, R)
12.40am Infomercials **5.00 - 6.00 Top Chef** (PG, R)

EDEN

FREEVIEW 8 SKY 013

6.00 My Cat from Hell (PG, R)
7.00 The Pioneer Woman (G)
7.30 Trisha's Southern Kitchen (G)
8.00 Jamie & Jimmy's Food Fight Club (PG, R)
9.05 Mysteries at the Monument (PG, R)
10.05 American Pickers (PG, R)
11.05 Strictly Come Dancing (G, R)
1.55 The Chase USA (PG, R)
2.55 Animal Cries (PG)
3.55 The Best Thing I Ever Ate (G)
5.00 Mysteries at the Monument (PG)
6.00 American Pickers (PG)
7.00 My Lottery Dream Home (G)
7.30 The 1% Club (PG)
8.30 The Grey (2011, M) A group of oil workers try to survive in Alaska after their plane goes down in wolf territory. Liam Neeson, Frank Grillo, Dermot Mulroney.
10.40 Forged in Fire (PG)
11.35 Flea Market Flip (G)
12.05am - 6.00 Infomercials

RUSH

FREEVIEW 14 SKY 024

6.00 Wheelers Dealers (PG, R)
6.50 Garage Squad (PG, R)
8.30 Head Rush (G, R)
9.20 Tanked Marathon (PG, R)
1.35 Inside West Coast Customs (PG, R)
2.20 Building Off the Grid: Mountain Man Cave (G, R)
3.10 Men, Women, Wild (PG, R)
3.55 100 Days Wild (PG, R)
4.50 Desert Car Kings (PG, R)
5.45 Garage Squad (PG)
6.40 Man vs. Wild (PG, R)
7.30 Treasure Quest: Snake Island (M) A run-in with a jaguar leads to another revelation.
8.25 Bering Sea Gold (M) The Pomrenkes head inland.
9.15 Gem Hunt (PG) Ron LeBlanc and the team chase rumours of a gem find in north Madagascar.
10.05 Cops UK: Bodycam Squad (PG)
11.00 Garage Squad (PG, R)
11.45 Man vs. Wild (PG, R)
12.35am Programmes continue

TVNZ DUKE

FREEVIEW 6 SKY 023

6.00 On Duke Today
7.00 DUKEbox Music
11.30 Extreme E: Electric Odyssey (G)
Noon Superstore (PG, R, HD, C, AD) s6ep6
2.05 Motorway Patrol (PG, R, C)
3.00 River Monsters (PG, R, HD, C)
3.55 Xploration: Awesome Planet (G, R, HD)
4.20 Impossible Engineering (G, R, HD, C, AD)
5.15 The Big Bang Theory (PG, R, HD, C, AD) s4ep22
6.00 Rescue Cam (PG, R, HD)
6.30 Fish of the Day (HD, C) s1ep5
7.00 Family Guy (PG, R, HD, C, AD)
7.30 The Simpsons (G, R, HD, C) s19ep7
8.30 Russell Howard's Good News (16)
9.10 8 Out of 10 Cats Does Countdown (16, R, HD, C)
10.10 Pitch Black (2000, M, R, HD, C) A spaceship crashes on a dangerous planet. Vin Diesel.
12.15am The UnXplained with William Shatner (M, R, HD, C) **1.00 - 4.00 Extreme E Live: Chile**, first qualifying session.

SKY PREMIERE

SKY 030

6.00 Four Good Days (2019, M) Mila Kunis, Glenn Close
7.40 The Little Things (2021, M) Denzel Washington, Rami Malek
9.50 Chaos Walking (2021, M) Tom Holland, Daisy Ridley
11.40 Dune (2021, M) Timothée Chalamet, Rebecca Ferguson
2.15 The Professor and the Madman (2019, M) Mel Gibson, Sean Penn
4.20 The Suicide Squad (2021, 16) Margot Robbie, Idris Elba
6.30 Marry Me (2022, PG) When she learns her partner has been unfaithful, a pop star marries a fan instead. Jennifer Lopez, Owen Wilson
8.30 Wrath of Man (2021, 16) A new security guard raises the suspicions of his co-workers with his precision skills. Jason Statham, Holt McCallany
10.30 Scream (2022, 16) Twenty-five years after the first murders, a new killer dons the Ghostface mask. Melissa Barrera, Neve Campbell
12.25am Alone (2020, 16) **3.00 Flesh and Blood** (2018, 16) **4.35 The Courier** (2020, M)

MOVIES CLASSICS

SKY 034

6.50 The Big Country (1958, G) Gregory Peck, Jean Simmons
9.35 Bye Bye Birdie (1963, PG) Dick Van Dyke, Janet Leigh
11.25 Unforgiven (1992, M) Clint Eastwood, Gene Hackman
1.35 Murder in the First (1994, 18) Kevin Bacon, Christian Slater
3.40 Bram Stoker's Dracula (1992, M) Gary Oldman, Winona Ryder
5.50 The Color Purple (1985, PG) Over 40 years, an African-American woman living in the Jim Crow South faces abuse and bigotry. Whoopi Goldberg, Danny Glover
8.30 The Shining (1980, 16) A family travel to an isolated hotel for the winter where an evil presence influences the father. Jack Nicholson, Shelley Duvall
10.55 Gandhi (1982, PG) Based on the life of Mahatma Gandhi, the leader of the Indian independence movement against the British Empire during the 20th century. Ben Kingsley, Om Puri
3.00am Anzio (1968, PG) **4.55 Comanche Station** (1960, M)

RIALTO

SKY 039

6.10 Stardust (2020, M) Johnny Flynn, Jena Malone
8.00 Sputnik (2020, 16) Oksana Akinshina
9.55 Machine (2019, M) Australian documentary.
11.20 The Promise Marathon (M) s1ep1-6
5.15 Helmut Newton: The Bad and the Beautiful (2020, M) German documentary.
6.50 Help (2021, M) A care-home worker bonds with a challenging patient with Alzheimer's. Stephen Graham, Jodie Comer
8.30 Rialto Selection: Titane (2021, 18) A woman with a titanium plate in her head after a car accident as a child embarks on a murder spree. Vincent Lindon **TV Films, page 69**
10.15 Manhunt: The Night Stalker (M) The Force Tasking Group must decide whether or not to fund Colin's high-stakes gamble. s2ep3
11.05 The Night (2020, M) Shahab Hosseini
12.50am Assassins (2020, M) **3.35 Titane** (2021, 18) **5.20 The Promise** (M) s1ep1

SKY CHANNELS

Vibe SKY 006

6.00 Private Eyes (M) s4ep7 **6.45** Jamestown (16) s2ep8 **7.35** Parenthood Omnibus (M) **11.20** Medici: The Magnificent (16) s1ep7 **12.20** Outlander (18) s1ep9&10 **2.25** Judge Judy Omnibus (PG) **4.30** Private Eyes (M) s4ep7 **5.30** Family Finders (M) s2ep12&13 **6.30** Monday Mornings (M) s1ep3 **7.30** ■ An Hour Behind (2017, PG) When daylight saving causes a woman to be late for a blind date, she mistakenly meets a sweet paramedic with a painful past. Emily Rose, Barry Watson. **9.15** Harlots (16) Margaret must focus on business, but a visit to the Pleasure Gardens leads to a confrontation. s2ep3 **10.10** The Closer Omnibus (M) **3.00am** Programmes continue

BBC UKTV SKY 007

6.00 Staged (M) s1ep6 **6.25** QI Marathon (M) **8.00** Richard Osman's House of Games Marathon (PG) s1ep11-13 **9.35** The Bill Marathon (M) **1.45** Casualty (PG) **2.35** Holby City (PG) s21ep22 **3.40** Call the Midwife (PG) s8ep4 **4.45** A Touch of Frost (M) s3ep1 **6.40** London Kills (PG) s3ep2 **7.35** Casualty (PG) s37ep5 **8.30** Midsomer Murders (M) Barnaby investigates the death of a member of a neighbourhood watch group. s19ep2 **10.20** All Round to Mrs Brown's (M) With Jonathan Ross, Rob Rinder, the Nolans, and Fleur East. s4ep6 **11.00** Who Do You Think You Are? (PG) Pixie Lott discovers she is descended from three generations of military musicians. **12.00am** Programmes continue

SoHo SKY 010

6.15 Impeachment: American Crime Story (16) s3ep3 **7.15** The Comey Rule (M) s1ep1 **8.50** A Discovery of Witches (M) s2ep2 **9.35** American Gigolo (16) s1ep2 **10.35** Yellowstone (16) s4ep4 **11.25** The Vow (18) s1ep1 **12.25** A Black Lady Sketch Show Marathon (16) s3ep1-6 **3.25** The Baby Marathon (16) s1ep1-7 **7.00** The Baby (16) s1ep8 **7.30** City on a Hill (16) Siobhan asks for Decourcy's help to expose Needham Industries. s3ep7 **8.30** Deceit (18) The operation gains momentum when prime suspect Colin Stagg starts to fall for undercover officer "Lizzie James". s1ep2 **9.30** Animal Kingdom (16) As Pope is brought in for questioning, J, Deran and Craig grapple with the truth, and Julia tries to make amends with an upset Andrew. s6ep9 **10.30** Scenes from a Marriage (16) s1ep5 **11.30** Industry (16) s2ep3 **12.30am** Programmes continue

Living SKY 017

6.15 Grand Designs House of the Year (PG) **7.05** Wedding Cake Championship (PG) **8.45** Salvage Hunters Marathon (PG) **12.10** Grand Designs New Zealand (PG) **1.05** Paramedics on Scene (PG) **2.00** Guy's Grocery Games (PG) **3.50** Mystery Diners (PG) **4.45** Dinner: Impossible (PG) **5.35** Capturing Cricket: Steve Waugh in India (PG) **6.35** The Real Prince Philip: A Royal Officer (PG) **7.30** Miriam Margolyes: Almost Australian (PG) Miriam explores the concept of mateship and how Australia enshrines it in its culture, and meets some of Alice Springs' Aboriginal residents. **8.30** Gardening Australia (PG) **9.40** The Great Garden Revolution (PG) **10.40** Our Simple Life (PG) **11.30** Guy's Grocery Games (PG) **1.10am** Programmes continue

Investigation Discovery SKY 018

6.05 Who the (Bleep) Did I Marry? Marathon (M) **7.45** Murder in the Heartland (M) **8.35** Undercover Underage (M) **9.25** The Night That Didn't End (M) **10.20** Disappeared (M) **11.15** Murder Comes to Town (M) **12.10** Ken and Barbie Killers: (M) **1.05** In Memoriam (M) **2.00** Where Murder Lies (M) **2.55** Evil Lives Here (M) **3.50** Deadly Secrets Marathon (M) **7.30** A Deadly Dose (M) **8.30** Ken and Barbie Killers: (M) **9.30** In Memoriam (M) **10.20** Murder Comes to Town (M) **11.10** The Night That Didn't End (M) **12.00am** Programmes continue

Sky Arts SKY 020

6.30 ■ The Prado Museum: A Collection of Wonders (2019, G) **8.00** Artist to Icon **9.30** Immersive World **10.00** Children in Art **10.55** Put Some Colour in Your Life **11.45** Van Gogh: Brush with Genius **12.25** The Music Critic **1.25** Grayson Perry's Big American Road Trip (PG) **2.10** ■ The Prado Museum: A Collection of Wonders (2019, G) **3.40** ■ The Amber Light (2019, G) **5.15** ■ Horn from the Heart: The Paul Butterfield Story (2017, G) **6.50** Parklife **8.20** The V&A Presents Alice: Curiouser and Curiouser (G) Documentary about the Alice's Adventures in Wonderland exhibition at the V&A in London. **9.50** Willy Ronis: The Reporter and His Battle (G) Documentary about photographer Willy Ronis. **10.45** Sgt. Pepper Live (G) A performance of the Beatles' album featuring Ed Harcourt and members of Supergrass, Libertines and Primal Scream. **11.50** ■ The Amber Light (2019, G) Documentary about whisky in Scotland. **1.25am** Programmes continue

Discovery SKY 070

6.05 How It's Made (PG) **6.30** How Do They Do It? (PG) **6.55** Heavy Tow Truckers Down Under (PG) **7.45** Demolition Down Under Marathon (PG) **12.10** Dirty Jobs (PG) **1.05** Heavy Tow Truckers Down Under (PG) **2.00** Gold Rush the Dirt: The Hoffman Story (M) **2.55** Aussie Gold Hunters (PG) **3.50** Outback Opal Hunters Marathon (PG) **6.35** Dual Survival (M) **7.30** Building Off the Grid (PG) **8.30** Railroad Alaska (PG) **9.30** Moonshiners (M) **10.30** Blowing Up History (PG) **11.25** Manhattan Project: Mysteries at the Museum (PG) **12.15am** Programmes continue

National Geographic SKY 072

6.00 Food Factory (PG) **6.30** Gordon Ramsay: Uncharted (PG) **8.30** Dutch Caribbean Coastguard (PG) **9.30** Primal Survivor: Mighty Mekong (PG) **10.30** First Alaskans (PG) **11.30** Running Wild with Bear Grylls: The Challenge (PG) **12.30** Last of the Giants: Wild Fish (PG) **1.30** Aussie Snake Wranglers (PG) **2.00** Outback Wrangler (PG) **2.30** Narco Wars: Chasing the Dragon (16) **3.30** WW2 Hell Under the Sea (PG) **4.30** Hitler's Last Stand (M) **5.30** Air Crash Investigation: Special Report (M) **6.30** Air Crash Investigation (M) **7.30** Food Factory Marathon (PG) **10.30** Aussie Snake Wranglers (PG) **11.00** Outback Wrangler (PG) **11.30** Last of the Giants: Wild Fish (PG) **12.30am** Programmes continue

History SKY 073

6.30 The Blitz: Britain on Fire (PG) **7.30** Treasures Decoded (PG) **8.30** Time Team **9.30** This Is Greece (PG) **10.30** Time Team **11.30** WWII: Witness to War (16) **12.30** Tutankhamun: Life, Death and Legacy (PG) **1.30** The Blitz: Britain on Fire (PG) **2.30** Treasures Decoded (PG) **3.30** Hitler's Last Secrets (M) **4.30** Abandoned Engineering (PG) **5.30** The Civil War by Ken Burns **6.30** Treasures of Ancient Egypt (PG) **7.30** The Nile: 5000 Years of History (PG) **8.30** Henry VIII: Man, Monarch, Monster (PG) How Henry's obsession with marrying Anne Boleyn resulted in a cataclysmic and hugely unpopular split with the Roman Catholic Church. **9.30** Operation Stonehenge: What Lies Beneath? (PG) **10.40** Egypt (PG) **11.40** End of Empire: Rise & Fall of Dynasties (PG) **12.35am** Programmes continue

BBC Earth SKY 074

6.00 Life Below Zero Marathon (M) **8.25** 24 Hours in A&E (PG) **10.05** Earth from Space (PG) **11.55** Attenborough's Natural Curiosities (PG) **12.20** Wild Brazil **2.25** Wild Kingdom (PG) **3.25** Chris Packham's Animal Einsteins (PG) **4.30** Africa with Ade Adepitan (PG) **5.35** The Dog Rescuers with Alan Davies (PG) **6.25** Fishing Leopards (PG) **7.25** Wild Kingdom (PG) **8.30** Animals with Cameras (G) Life in the ocean. **9.25** Life Below Zero (PG) **10.20** The Truth About Your Immune System (PG) **11.15** Africa with Ade Adepitan (PG) **12.20am** Programmes continue



SoHo: Animal Kingdom, 9.30pm

SKY SPORT

Sky Sport 1 SKY 051

6.00 National Provincial Championship, Taranaki v Counties Manukau **6.15** NPC, Canterbury v Auckland **6.35** Gallagher Premiership, Bath v Wasps, **live** **8.45** Rugby Heaven **9.45** NPC, Canterbury v Auckland **10.00** Rugby Championship, Australia v All Blacks **10.30** Rugby Championship, Argentina v South Africa **11.00** Gallagher Premiership, Bath v Wasps, replay **1.00** Rugby Heaven **2.00** National Provincial Championship, Bay of Plenty v Hawke's Bay, from Tauranga Domain, **live** **4.00** Black Ferns v Japan Women, from Eden Park, Auckland, **live** **6.30** Rugby Championship, All Blacks v Australia, from Eden Park, Auckland, **live** **9.00** Black Ferns v Japan Women, replay **11.00** NPC, Bay of Plenty v Hawke's Bay **11.15** NPC, Tasman v Northland **11.30** NPC, Wellington v Waikato **11.45** Rugby Championship, All Blacks v Australia, replay **1.45am** NPC, Bay of Plenty v Hawke's Bay **3.00** Rugby Championship, Argentina v South Africa **3.30** Rugby Championship, South Africa v Argentina, **live**

Sky Sport 2 SKY 052

6.00 Sky Speed **6.35** UEFA Nations League, Germany v Hungary, **live** **8.45** NPC, Canterbury v Auckland **9.00** Rugby Championship, Argentina v South Africa **9.30** TBA **11.30** Gearing Up **Noon** India v Australia, 1st T20, highlights **12.30** ATP 250, Moselle Open, day 5, match of the day **2.00** National Provincial Championship, Tasman v Northland, from Trafalgar Park, Nelson, **live** **4.00** Sky Speed **4.30** National Provincial Championship, Wellington v Waikato, from Sky Stadium, Wellington, **live** **6.30** UFC on Sky **7.00** NRL Women, semi-final 1, **live** **9.00** UEFA Nations League, Germany v Hungary, replay **11.15** DTM, round 7, Red Bull Ring, race 1, **live** **1.00am** ATP 250, Moselle Open, day 6, from Metz, France, **live** **5.30** Squash, PSA Egyptian Open, semi-finals, **live**

Sky Sport 3 SKY 053

6.30 Caribbean Premier League, Guyana Amazon Warriors v St Lucia Kings, replay **10.30** India v Australia, 2nd T20, replay **2.30** Heartland Championship, King Country v East Coast, from Rugby Park, Te Kuiti, **live** **4.30** AFL Grand Final, **live** **8.30** India v Australia, 1st T20 **9.00** India v Australia, 2nd T20 **9.30** Pakistan v England, 1st T20, highlights **10.00** Pakistan v England, 2nd T20, highlights **10.30** Pakistan v England, 3rd T20, highlights **11.00** DTM Championship, round 7, race 1, from Red Bull Ring, Austria, **live** **1.00am** India v Australia, 1st T20 **1.30** India v Australia, 2nd T20 **3.00** Pakistan v England, 1st T20 **3.30** Pakistan v England, 2nd T20 **4.00** Pakistan v England, 3rd T20 **4.30** India v Australia, 2nd T20, highlights **4.50** UEFA Nations League, Slovenia v Norway, **live**



Film: LOU

Allison Janney generally plays mentally tough characters (think CJ Cregg in *The West Wing* or Tonya Harding's awful mum), but in this new film she's going full-on Liam Neeson. She's one of those retired CIA types living off-grid in a rural area who is spurred into action when her neighbour's daughter is kidnapped. So far, so *Taken*, although it's definitely different to see an older woman kicking butt and taking names, and the movie is directed by Anna Foerster, who has worked on many action movies and directed episodes of *Outlander* and *Westworld*. The excellent Jurnee Smollett is the mum along for the most dangerous ride of her life.

NETFLIX



Football: ALL WHITES V AUSTRALIA

Rugby union might take up all the oxygen, but the All Whites and the Socceroos are celebrating 100 years since their first trans-Tasman game. The first fixture is in Brisbane on September 22; the second is today at Eden Park in Tāmaki Makaurau.

Sky Sport 1, 4.00pm

TVNZ 1 FREEVIEW 1 SKY 001

- 6.00 Attitude (G, R, HD, C, AD)
- 6.25 ■ Paddington Station (G, R, HD, C)
- 7.15 Tagata Pasifika (R, HD)
- 7.40 Praise Be (G, R, HD, C)
- 8.10 Susan Calman's Grand Day Out (G, R, HD, C, AD)
- 9.00 Q+A with Jack Tame (HD, C) Political interviews and discussions.
- 10.00 Waka Huia (G) Māori stories and histories for all New Zealanders.
- 10.30 Marae (HD)
- 11.00 The Great British Sewing Bee (G, R, HD, C, AD) s6ep7
- 12.05 Attitude (PG, C, AD) Eric Knapp was a fit and healthy professional firefighter, but on the eve of his 33rd birthday, he suffered a series of strokes.
- 12.35 ■ Asia Unplated with Diana Chan (G, R, HD, C)
- 1.05 Sunday (R, C) Miriama Kamo presents current affairs.
- 2.10 Waterhole: Africa's Animal Oasis (G, HD, C, AD) A purpose-built waterhole is constructed in the Mwiba Wildlife Reserve in Tanzania to allow filming of the animals that visit 24/7.
- 3.25 ■ Super Rich Sleepover (G, R, HD, C, AD) Sally Lindsay becomes a house guest at some of Britain's poshest homes.
- 4.30 Fishing and Adventure (PG, C) In Fiordland, the crew try their best to get through the huge challenge list.
- 5.00 The Chase (G, R, C) Bradley Walsh hosts a UK quiz show.
- 6.00 1 News (HD, C)
- 7.00 Country Calendar (G, C, AD) A retired couple took a punt growing truffles on their Te Puke block, and are now busy producing, selling and showcasing their nuggets of black gold.
- 7.30 Sunday (C) Miriama Kamo presents current affairs.
- 8.30 George Clarke's Amazing Spaces (G, HD, C, AD) A 1920s railway carriage is converted into a luxury gym and sauna, a Victorian ladies' loo is turned into a romantic getaway, and George visits a French chateau in Buckinghamshire. s10ep4
- 9.35 Four Lives (16, HD, C, AD) Another man's body is found in the same place in London, but again the police rule it an overdose. Meanwhile, the suspicions of the previous two men's families continue to rise. s1ep2
- 10.45 ■ Line of Duty (16, HD, C, AD) Steve is arrested on suspicion of murder, but continues to protest his innocence. s3ep6
- 12.35am Coyote (16, HD, C) s1ep2
- 1.35 - 6.00 Infomercials

TVNZ 2 FREEVIEW 2 SKY 002

- 6.00 Peppa Pig (G, HD, C)
- 6.10 Kangaroo Beach (G, R, HD, C)
- 6.20 Bluey (G, R, HD, C)
- 6.50 Care Bears: Unlock the Magic (G, R, HD, C)
- 7.10 Trollstopia (G, R, HD, C)
- 7.35 Ben 10 (G, R, HD, C)
- 7.45 Bunnacula (G, R, HD, C)
- 8.05 SpongeBob SquarePants (G, R, HD, C)
- 8.30 What Now? (G, C) Local kids' show featuring, games, interviews, fun and gunge.
- 9.30 Home and Away Omnibus (PG, R, C)
- 11.25 Shortland Street Omnibus (PG, R, HD, C, AD)
- 1.50 United States of AI (PG, HD, C, AD) s2ep17
- 2.20 B Positive (PG, HD, C) s2ep11
- 2.45 Call Me Kat (PG, HD, C, AD) s2ep14
- 3.10 The Middle (G, R, HD) s1ep14
- 3.40 Mr. Bean (G, R, HD, C, AD) Mr. Bean has a hard time waiting at the hospital, and visits Windsor Castle. s1ep13
- 4.10 ■ Are We There Yet? (2005, PG, R, HD, C, AD) A man courting a divorcee takes her children on a disaster-filled road trip. Ice Cube, Nia Long.
- 6.00 The Amazing Race (PG, HD, C, AD) The contestants have a big decision to make when they stumble upon a surprise double u-turn in Laos. s31ep2
- 7.00 Young Sheldon (G, C) Sheldon finds himself at odds with Paige when she considers enrolling at East Texas Tech, and Mary seeks June's advice when looking for a change. s4ep16
- 7.30 ■ Wonder Woman (2017, M, R, HD, C, AD) When an American pilot crashes on her island, an Amazon princess sets out to stop World War I, in the belief it was started by the Amazons' enemy, Ares. Gal Gadot, Chris Pine, Robin Wright, David Thewlis. TV Films, page 69
- 10.10 ■ A Good Day to Die Hard (2013, M, R, HD, C, AD) John McClane travels to Russia to get his son, a CIA agent, out of prison and is caught in the crossfire of a global terrorist plot. Bruce Willis, Jai Courtney, Yulia Snigir. TV Films, page 69
- 12.05am ■ Blumhouse's Fantasy Island (2020, M, HD, C) On an island, a group of people find their dream fantasies are brought to life. Michael Peña, Maggie Q, Lucy Hale.
- 2.00 Killer Camp (16, HD, C) s1ep2
- 2.50 License to Kill (M, HD, C) s2ep8
- 3.40 2 Tunes
- 4.05 Infomercials
- 4.30 Religious Programming
- 5.00 - 6.00 Infomercials

THREE FREEVIEW 3 SKY 003

- 6.00 Life TV
- 6.30 Leading the Way
- 7.00 Charles Stanley
- 8.00 Life TV
- 8.30 Turning Point
- 9.00 Extreme Couponing (PG, C)
- 9.25 The Hui (R, C) With Mihingarangi Forbes.
- 9.55 Newshub Nation (R, C) With Simon Shepherd and Rebecca Wright.
- 10.55 Nature's Strangest Mysteries: Solved (PG, R, C) s1ep19
- 11.20 What Could Possibly Go Wrong? (PG, R, C) s1ep9
- Noon American Loggers (PG, C)
- 1.00 FIM World Speedway Championship
- 2.00 Driven Coverage of the Kiwi rally team in Finland.
- 2.30 GT World Challenge Europe
- 3.45 MotoGP World Championship
- 5.00 Ocean Bounty (G, C)
- 6.00 Newshub Live
- 7.00 The Masked Singer NZ (PG, C) Behind the scenes, and the road to the final for the top three masked singers.
- 8.00 ■ The Amazing Spider-Man 2 (2014, M, R, C) Peter Parker tries to protect Gwen as he investigates his parents' deaths and faces supervillain Electro. Andrew Garfield, Emma Stone, Jamie Foxx. TV Films, page 69
- 10.30 9-1-1 (M, R, C)
- 11.30 Cocaine Trade Exposed: The Invisibles (M, R, C)
- 12.30am Infomercials
- 5.30 - 6.00 AM Early With Bernadine Oliver-Kerby.

PRIME FREEVIEW 10 SKY 004

- 6.00 Kids' Programmes (C)
- 6.50 Religious Programming (PG)
- 10.00 LPGA Highlights (G) Portland Classic.
- 11.00 NXT (PG, R)
- Noon Rugby Championship (G, C) Australia v All Blacks.
- 2.00 National Provincial Championship Live North Harbour v Taranaki, live from North Harbour Stadium.
- 4.00 Mainfreight Rugby (G)
- 5.00 Rugby Nation (G)
- 5.30 Prime News
- 6.00 American Pickers (PG, R)
- 7.00 Storage Wars (PG, R, C)
- 7.30 Rescue: River Deep Mountain High (PG, R, C)
- 8.00 Kalgoorlie Cops (M, C)
- 8.35 The Equalizer (M, C) Bishop asks for help when a terrorist from his past targets his son.
- 9.30 Game of Thrones (18, C) Tyrion roots out a spy, and at Winterfell, Luwin tries to decipher Bran's dreams.
- 11.45 SmackDown (PG)
- 12.45am Fear the Walking Dead (18, C)
- 2.00 - 6.00 Infomercials

WHAKAATA MĀORI

FREEVIEW 5 SKY 019

6.30 Kids' Programmes
8.30 Whānau Bake-Off (G, R)
9.30 Easy Eats (G, R)
10.00 Kai with Anne Thorp (G, R)
10.30 Moon Tide Fishing (G, R)
11.00 Te Ao Mārama
11.30 Te Ao with Moana (R)
Noon Te Ao Tapatahi
12.30 Tagata Pasifika
1.00 5 Minutes of Fame (G, R)
2.00 A Dog's Purpose (2017, PG, R) Dennis Quaid, KJ Apa, Peggy Lipton.
4.00 Waka Huia (G, R)
4.30 The Hui (R)
5.00 Matangireia (G, R)
5.30 Te Ao Toa
6.30 Heritage Rescue (G, R) At the Thames Historical Museum, Brigid Gallagher explores stories of gunfights on the street, famous tight rope walkers and mysterious ghosts for a new exhibit.
7.30 Whānau (PG) Documentary weaving together the stories of three core characters and their whānau.
8.30 - 11.30 The Revenant (2015, 16) A frontiersman on a fur trading expedition in the 1820s fights for survival after being mauled by a bear and left for dead by members of his own hunting team. Leonardo DiCaprio, Tom Hardy, Domhnall Gleeson.
TV Films, page 69

TVNZ DUKE

FREEVIEW 6 SKY 023

6.00 On Duke Today
7.00 Extreme E Live Chile, second qualifying session.
8.30 Extreme E (R) Chile, first qualifying session.
Noon Superstore (PG, R, HD, C, AD) s6ep11
2.05 Motorway Patrol (PG, R, C)
2.55 River Monsters (PG, R, HD, C)
3.55 Xploration: Awesome Planet (G, R, HD)
4.20 Impossible Engineering (G, R, HD, C, AD)
5.15 The Big Bang Theory (PG, R, HD, C, AD) s4ep24
6.05 Rescue Cam (PG, R, HD)
6.30 Fish of the Day (PG, HD, C)
7.05 Family Guy (PG, R, HD, C, AD)
7.30 The Simpsons (G, R, HD, C)
8.30 South Seas Spearo (M, C) The team head north to Manawatāwhi. s3ep1
9.30 Wild Kai Legends (M, HD, C) Tāmati hunts for whitetail deer on Stewart Island. s3ep1
10.05 Wheelburn (PG, HD) Mike and Cole invite their mums.
10.35 Fast Justice (PG, R, HD, C, AD)
11.30 Wild Kai Legends (PG, R, HD, C) s2ep7
1.00am Extreme E Live: Chile, semi-finals. **2.30** DUKEbox Music **4.00** Extreme E Live: Chile, final.

BRAVO

FREEVIEW 4 SKY 012

6.00 Top Chef (PG, R)
9.10 Hoarders (PG, R)
10.50 Rich Listers (PG, R)
11.40 Love It or List It (G, R)
1.30 Stop Search Seize (PG, R)
2.30 Rich Kids Go Skint (PG, R)
3.30 A Place in the Sun: Summer Sun Marathon (PG, R)
6.30 Love It or List It (G)
7.30 Enemy at the Gates (M, R, C) Russian and a German snipers play a game of cat-and-mouse during the Battle of Stalingrad. Jude Law, Joseph Fiennes, Ed Harris, Rachel Weisz, Bob Hoskins.
10.05 999: What's Your Emergency? (M, R) Services experience a rise in racially motivated incidents at the weekends.
11.10 Young, Dumb and Banged Up in the Sun (M, R) Andrew was falsely implicated in a murder and extradited to Greece.
12.05am The Real Housewives of Dubai (M) **12.55 - 6.00** Infomercials

SKY PREMIERE

SKY 030

6.25 Come Play (2020, M) Azhy Robertson, Gillian Jacobs
8.00 Charm City Kings (2020, 16) Jahi Di'Allo Winston
10.05 Six Minutes to Midnight (2021, M) Eddie Izzard
11.45 Great White (2020, 16) Katrina Bowden
1.20 The Space Between (2021, M) Kelsey Grammar
3.00 The Conjuring 3: The Devil Made Me Do It (2021, 16) Patrick Wilson, Vera Farmiga
4.55 South of Heaven (2021, 16) Jason Sudeikis, Evangeline Lilly
6.55 Naked Singularity (2021, 16) A burnt-out public defender decides to rob his client's multimillion-dollar drug deal. John Boyega, Olivia Cooke
8.30 The Matrix Resurrections (2021, M) The creator of a video game series struggles to separate reality from dreams. Keanu Reeves, Carrie-Anne Moss **TV Films, page 69**
11.00 Godzilla vs. Kong (2021, M) Alexander Skarsgard
12.55am Belfast (2021, M) **2.35** Lake Placid: Legacy (2018, 16) **4.10** Malignant (2021, 18)

EDEN

FREEVIEW 8 SKY 013

6.00 Key of David
6.30 Through the Bible
7.00 Leading the Way
7.30 Turning Point
8.00 Baked in Vermont (G)
8.25 The Best Thing I Ever Ate (G, R)
9.15 Monument Mysteries (PG, R)
10.00 American Pickers (PG, R)
10.45 Robson Green's Grand Slam
11.35 Flea Market Flip (G, R)
Noon Craft Wars (PG)
1.00 Ridiculous Cakes (G)
1.30 The 1% Club (PG, R)
2.30 My Lottery Dream Home (G, R)
3.00 Amanda to the Rescue (PG)
4.00 Baker's Dozen (PG)
5.00 Monument Mysteries (PG)
6.00 American Pickers (PG)
7.00 Everything but the House (G)
7.30 Tony Robinson's Coast to Coast (G)
8.30 Shattered Glass (2003, M) Hayden Christensen.
10.30 Forged in Fire (PG)
11.25 Flea Market Flip (G)
12.00am - 6.00 Infomercials

MOVIES CLASSICS

SKY 034

6.10 The Color Purple (1985, PG) Whoopi Goldberg, Danny Glover
8.50 The Fan (1996, 16) Robert De Niro, Wesley Snipes
10.45 La Bamba (1987, PG) Lou Diamond Phillips, Esai Morales
12.30 Casualties of War (1989, M) Michael J Fox, Sean Penn
2.20 The Victors (1963, M) George Hamilton, George Peppard
4.50 City Slickers (1991, PG) Billy Crystal, Daniel Stern
6.40 Flatliners (1990, M) Five medical students conduct dangerous clandestine experiments. Kiefer Sutherland, Julia Roberts
8.30 Cape Fear (1991, 16) In this slick remake, a lawyer and his family are terrorised by a brutal criminal after withholding evidence that may have acquitted him. Robert De Niro, Nick Nolte
10.35 The Age of Innocence (1993, G) Daniel Day-Lewis, Michelle Pfeiffer
12.50am Fail Safe (1964, PG) **2.40** The Night of the Hunter (1955, PG) **4.10** Kings Go Forth (1958, PG)

RUSH

FREEVIEW 14 SKY 024

6.00 Tanked (PG, R)
7.40 Desert Car Kings (PG, R)
8.30 Building Off the Grid: Mountain Man Cave (G, R)
9.20 100 Days Wild (PG, R)
10.10 Men, Women, Wild (PG, R)
11.00 Inside West Coast Customs (PG, R)
11.50 Garage Squad (PG, R)
1.30 Wheeler Dealers Marathon (PG, R)
5.45 Garage Squad (PG)
6.40 Head Rush (G)
7.30 Desert Car Kings (PG) Ron picks up a classic 1962 Galaxie for only \$900.
8.25 Highway to Sell (PG) Dennis and Slick get broken-down classics back on the road.
9.20 Texas Metal (PG) Bill and the crew lift a 2020 Chevy Silverado 5500 more than a foot with a heavy-duty air suspension and radically overhaul the utility bed.
10.15 Airplane Repo (M)
11.10 Garage Squad (PG, R)
12.00am Programmes continue

RIALTO

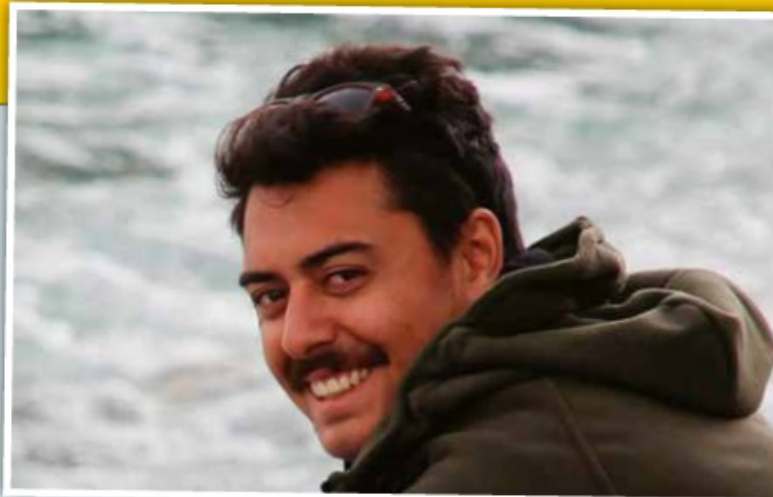
SKY 039

6.20 The Promise Marathon (M) s1ep2-6
11.15 Help (2021, M) Jodie Comer
1.00 A Hole (2021, PG) Josh McKenzie
1.15 Sixteen (2021, M) Sua Cho
1.30 Blue Lake (2021, M) Chris Parker
1.45 Song for Serbia (2021, PG) Lawrence Wharerau
1.55 Heart to Heart (2021, M) Lauren Porteous
2.15 Green (2021, M) Mark Mitchinson
2.35 Matua (2021, PG) Ngahiriwa Rauhina
2.55 Blood & Gold (2021, 16) Jodie Hillock
3.15 Balloon (2018, M) David Kross
5.20 Tread (2020, 16) US documentary.
6.50 June Again (2020, M) Noni Hazlehurst
8.30 Manhunt: The Night Stalker (M) s2ep4
9.20 Inheritance (2020, 16) Lily Collins, Simon Pegg
11.10 In the Shadow of 9/11 (2021, 16) US documentary.
12.50am Carmen & Lola (2018, 16) **2.35** A Hole (2021, PG) **2.50** Balloon (2018, M) **4.55** Tread (2020, 16)

SUNDAY SEPTEMBER 25

Hunting: WILD KAI LEGENDS

Sunday reporter Tāmati Rimene-Sproat was a late arrival to the noble art of shooting things, having grown up on the mean streets of Newtown, but here's a third season of the series in which he meets young hunters and heads out to track prey.
TVNZ DUKE, 9.30pm



SKY CHANNELS

Vibe SKY 006

6.45 Family Finders (M) s2ep12&13 **7.45** Judge Judy Omnibus (PG) **9.45** The Closer Omnibus (M) **1.45** Harlots (16) s2ep3 **2.45** ■ An Hour Behind (2017, PG) Emily Rose. **4.30** Back in Time for Dinner (PG) s1ep5 **5.30** Stacey Dooley Investigates (M) **6.30** Dream Home Rescue (PG) s1ep15&16 **7.30** Designing Dreams (G) Architect Julie Stout takes Matthew Ridge on a past and present Auckland journey and considers its future, especially the waterfront area presently occupied by Ports of Auckland. s1ep5 **8.30** Victoria (M) At Osborne House, Albert relishes the opportunity to spend time with the family away from London, but Victoria is desperate to get back to Buckingham and the business of politics. s3ep3 **9.30** Agatha Christie's Marple (M) Miss Marple is drawn into a case of intrigue and black magic when a major who bragged of owning a photo of a murderer dies. s6ep1 **11.15** Back in Time for Dinner (PG) s1ep5 **12.15am** Programmes continue

BBC UKTV SKY 007

6.00 Hypothetical Marathon (M) s2ep4-6 **8.20** Holby City (PG) s21ep22 **9.25** EastEnders Marathon (PG) **11.25** The Jonathan Ross Show (PG) s18ep5 **12.15** The Graham Norton Show (M) s29ep11 **1.05** 8 Out of 10 Cats Does Countdown (M) **1.55** Midsomer Murders (M) s19ep2 **3.40** The Mallorca Files (PG) s1ep2 **4.35** Sanditon (PG) s2ep1 **5.35** Heartbeat (PG) s18ep13 **6.30** Death in Paradise (PG) s10ep7 **7.35** Doc Martin (M) A family seeking a new life by the sea look set to disrupt the tranquillity of Portwenn. s3ep3 **8.30** Who Do You Think You Are? (PG) David Walliams learns of his great-grandfather's experiences during WWI, and a lifetime in what was then called a lunatic asylum. **9.35** Call the Midwife (PG) Sister Monica Joan holds the key to the diagnosis of a mystery illness, and a newly-promoted Jenny faces her most challenging case to date. s3ep1&2 **11.40** Casualty (PG) s37ep5 **12.30am** Programmes continue

SoHo SKY 010

6.20 A Black Lady Sketch Show Marathon (16) s3ep4-final **8.05** The Baby Marathon (16) s1ep1-8 **12.05** City on a Hill (16) s3ep7 **1.05** Deceit (18) s1ep2 **1.55** Scenes from a Marriage (16) s1ep5 **2.55** Industry (16) s2ep3 **3.55** Shameless Hall of Shame (18) s1ep2 **4.40** Animal Kingdom (16) s6ep9 **5.30** Industry (16) s2ep3 **6.30** White House Farm (18) s1ep5 **7.30** Nikki Glaser: Good Clean Filth (16) Stand-up comedy special. **8.30** Black Narcissus (16) Sister Clodagh and the nuns of St Faith start a school at the mysterious palace of Mopu in the Himalayas. s1ep1 **9.30** House of the Dragon (18) s1ep5 **10.30** Real Time with Bill Maher (M) s20ep28 **11.30** Atlanta (16) s4ep1 **12.00am** Programmes continue

Living SKY 017

6.15 Salvage Hunters (PG) **7.10** Garden Rescue (PG) **8.00** The Great Garden Revolution (PG) **8.50** Gardening Australia (PG) **9.50** Our Simple Life (PG) **10.50** Salvage Hunters: The Restorers (PG) **11.35** Miriam Margolyes: Almost Australian (M) **12.35** Rachael Ray's Week in a Day (PG) **1.35** Girl Meets Farm (PG) **2.00** Wedding Cake Championship (PG) **3.50** Bakeaway Camp with Martha Stewart (PG) **5.35** DNA Family Secrets (PG) **6.35** Long Lost Family: What Happened Next (PG) **7.30** The Great British Dig (PG) **8.30** Shed and Buried (PG) **9.30** Every Family Has a Secret (PG) **10.30** Wedding Cake Championship (PG) **12.10am** Programmes continue

Investigation Discovery SKY 018

6.05 I'd Kill for You (M) **7.45** True Conviction (M) **8.35** People Magazine Investigates (M) **9.25** Dead of Night (M) **10.20** Disappeared (M) **11.15** Murder Comes to Town (M) **12.10** Homicide City (M) **1.05** Body Cam (M) **2.00** People Magazine Investigates

Marathon (M) **6.35** Ken and Barbie Killers: (M) **7.30** In Memoriam (M) **8.30** Murder in the Heartland (M) **9.30** Undercover Underage (M) **10.30** Murder Comes to Town (M) **11.25** Dead of Night (M) **12.15am** Programmes continue

Sky Arts SKY 020

7.00 Willy Ronis: The Reporter and His Battle **8.00** Lucia Di Lammermoor (G) A performance of Donizetti's opera. **10.15** ■ Horn from the Heart: The Paul Butterfield Story (2017, G) **11.50** Parklife **12.35** The V&A Presents Alice: Curiouser and Curiouser **2.05** Willy Ronis: The Reporter and His Battle **3.00** Sgt. Pepper Live **4.05** Europakonzert 2020 from Berlin **5.30** Masterpieces Unveiled **5.55** ■ The Black Power Mixtape (2011, G) **7.30** You, Myself and Art **8.00** Madness Play Baloise Session **9.15** ■ Madness: The Get Up! (2021, G) Film following Madness as they mount a live show in an empty London Palladium. **10.40** Rock Legends: Ray Charles **11.10** Rock Legends: Blood, Sweat & Tears **11.35** Rock Legends: The Band **12.00am** Programmes continue

Discovery SKY 070

6.05 How It's Made (PG) **6.30** How Do They Do It? (PG) **6.55** Strange Evidence (PG) **7.45** Blowing Up History (PG) **8.35** Heavy Tow Truckers Down Under (PG) **9.25** Dirty Jobs (PG) **10.20** What on Earth? (PG) **11.15** Gold Rush the Dirt: The Hoffman Story (M) **12.10** Aussie Gold Hunters (PG) **1.05** Heavy Tow Truckers Down Under Marathon (PG) **7.30** Aussie Gold Hunters (PG) **8.30** Naked and Afraid (M) **10.30** Dual Survival (M) **11.25** Strange Evidence (M) **12.15am** Programmes continue

National Geographic SKY 072

6.30 Witness to Disaster (M) **7.30** Air Crash Investigation: Special Report (PG) **9.30** Last of the Giants: Wild Fish (PG) **10.30** Wicked Tuna (PG) **11.30** First Alaskans (PG) **12.30** Mine Kings (M) **1.30** Megastructures **2.30** Mega Factories **3.30** Drain the Oceans Best ofs (PG) **5.30** Running Wild with Bear Grylls: The Challenge (PG) **6.30** Aussie Snake Wranglers (PG) **7.00** Real Time Disaster (PG) **7.30** César Millan: Better Human, Better Dog (PG) **8.30** Air Crash Investigation: Special Report (M) **9.30** Narco Wars: Chasing the Dragon (16) **10.30** Running Wild with Bear Grylls: The Challenge (PG) **11.30** Aussie Snake Wranglers (PG) **12.00am** Programmes continue

History SKY 073

6.20 Operation Stonehenge: What Lies Beneath? (PG) **7.30** Egypt (PG) **8.30** Time Team **9.30** The Nile: 5000 Years of History (PG) **10.25** Henry VIII: Man, Monarch, Monster (PG) **11.20** Operation Stonehenge: What Lies Beneath? (PG) **12.30** Egypt (PG) **1.30** End of Empire: Rise & Fall of Dynasties (PG) **2.30** Abraham Lincoln (PG) **4.30** Lost Treasures of the Ancient World **5.30** Black Patriots: Buffalo Soldiers (PG) **6.30** Abandoned Engineering (PG) **7.30** Lost Secrets of the Pyramid (PG) **8.30** Cromwell: God's Executioner (PG) **9.30** The True Story of King Tut's Treasure (PG) **10.30** Ancient Apocalypse (PG) **11.30** Air Warriors (PG) **12.30am** Programmes continue

BBC Earth SKY 074

6.00 Life Below Zero (PG) **6.50** Natural History Museum: World of Wonder (PG) **7.40** Louis Theroux: Life on the Edge (M) **8.35** The Parkinson's Drug Trial (M) **9.40** Natural Curiosities (PG) **10.30** One Cup, a Thousand Stories (PG) **12.25** The Hunt: The Making of (PG) **12.35** The Dog Rescuers (PG) **2.10** 24 Hours in A&E (PG) **3.50** Brian Cox's Adventures in Space and Time (PG) **4.45** Frozen Planet (PG) **5.40** Wild Kingdom (PG) **6.45** Life Below Zero (PG) **7.40** The Dog Rescuers with Alan Davies (PG) **8.30** Chris Packham's Animal Einsteins (PG) **9.35** Brian Cox's Adventures in Space and Time (PG) **10.35** The Parkinson's Drug Trial (M) **11.40** Attenborough's Natural Curiosities (PG) **12.30am** Programmes continue



Vibe: Victoria, 8.30pm

SKY SPORT

Sky Sport 1 SKY 051

6.00 Black Ferns v Japan Women **6.15** NPC, Bay of Plenty v Hawke's Bay **6.30** NPC, Tasman v Northland **6.45** NPC, Wellington v Waikato **7.00** Rugby Championship, Australia v All Blacks **7.35** UEFA Nations League, Spain v Switzerland, **live** **9.45** Rugby Championship, South Africa v Argentina **11.45** Gallagher Premiership, Northampton Saints v Leicester Tigers **1.45** NPC, Wellington v Waikato **2.00** National Provincial Championship, Manawatu v Otago, **live** **4.00** All Whites v Australia, from Eden Park, **live** **6.30** Black Ferns v Japan Women **7.00** Rugby Championship, All Blacks v Australia **7.15** Rugby Championship, South Africa v Argentina **7.30** The Breakdown **8.30** Rugby Nation **9.00** Rugby Championship, All Blacks v Australia **11.00** Black Ferns v Japan Women **1.00am** NPC, Canterbury v Auckland **1.15** NPC, Bay of Plenty v Hawke's Bay **1.30** NPC, Tasman v Northland **1.45** NPC, Wellington v Waikato **2.00** NPC, Manawatu v Otago **2.15** NPC, North Harbour v Taranaki **2.30** NPC, Southland v Counties Manukau **2.50** Gallagher Premiership, Exeter Chiefs v Harlequins, **live** **5.00** Rugby Championship, Australia v All Blacks **5.30** Rugby Championship, South Africa v Argentina

Sky Sport 2 SKY 052

6.00 Squash, PSA Egyptian Open, semi-finals, **live** **10.30** ATP 250, Moselle Open, day 6, semi-finals 1 and 2 **1.30** ATP Uncovered **2.00** National Provincial Championship, North Harbour v Taranaki, **live** **4.00** NPC, Bay of Plenty v Hawke's Bay **4.15** NPC, Tasman v Northland **4.30** NPC, Southland v Counties Manukau, **live** **6.30** Caribbean Premier League, Trinbago Knight Riders v St Lucia Kings **7.00** UEFA Nations League, Spain v Switzerland, replay **9.00** All Whites v Australia, replay **11.00** ATP 250, Moselle Open day 6, semi-final 2 **12.30am** The Breakdown **1.30** Rugby Nation **2.00** All Whites v Australia, highlights **2.30** India v Australia, 2nd T20 **2.50** India v Australia, 3rd T20, from Rajiv Gandhi International Stadium, Hyderabad, **live**

Sky Sport 3 SKY 053

7.00 CPL, Guyana v St Lucia **7.35** UEFA Nations League, Serbia v Sweden, **live** **9.45** NPC, Tasman v Northland **10.00** CPL, Guyana Amazon Warriors v Jamaica Tallawahs **10.30** CPL, St Kitts & Nevis v Trinbago **11.00** CPL, Guyana v St Lucia **11.30** CPL, Guyana Amazon Warriors v Trinbago Knight Riders, **live** **3.45** Women's National Cricket League, Western Australia v Australian Capital Territory, **live** **11.00** CPL, Guyana Amazon Warriors v Trinbago Knight Riders **11.30** Pakistan v England, 1st, 2nd and 3rd T20s **1.00am** India v Australia, 1st and 2nd T20s **2.00** Pakistan v England, 1st, 2nd and 3rd T20s **3.20** Pakistan v England, 4th T20, from National Stadium, Karachi, **live**

TVNZ 1

FREEVIEW 1 SKY 001

- 6.00 Young Elizabeth** (G, R, HD) Documentary about Queen Elizabeth II's first three decades.
- 7.00 The Age of Elizabeth** (G, R, HD) Documentary looking at how radically the world changed during Elizabeth II's reign.
- 8.15 Queen and Country** (G, R, HD) Documentary about Elizabeth II's home, her United Kingdom.
- 9.30 Lingo** (G, HD, C)
- 10.30 Tipping Point** (G, R, HD, C)
- 11.30 The Chase** (G, R, HD, C)
- 12.30 Emmerdale** (PG, HD, C, AD) Harriet informs an anxious Kim that they have not found Millie, and Charity is thrilled when Mack surprises her with a trip to Ibiza.
- 1.30 Country Calendar** (G, R, C, AD) A retired couple took a punt growing truffles on their Te Puke block.
- 2.00 The Repair Shop** (G, R, HD, C, AD)
- 3.00 Tipping Point** (G, C)
- 4.00 Te Karere** (HD) A Māori perspective on the day's news and current affairs.
- 4.30 Dog Squad** (G, R, HD, C, AD) Local series following working dogs and their handlers on the streets, at the airport and on the border.
- 5.00 The Chase** (G, R, C) Bradley Walsh hosts a UK quiz show.
- 6.00 1 News** (HD, C)
- 7.00 Border Security** (PG, C) Australian series going behind the scenes with border control and Customs officers.
- 8.00 The Check Up** (PG, C, AD) Mataroria Lyndon, Shawn Gielen-Relph, Jayani Kannangara and Vanisi Prescott present a local health series. Tonight, Vanisi delves into blood transfusions, Shawn schools up on CPR and defibrillators, and Jayani explains the relationship between chickenpox and shingles. s3ep4
- 8.30 My Life Is Murder** (M, C, AD) Alexa investigates a death at a retirement village where a quiet life is the last thing the residents want. s3ep4
- 9.30 20/20 (C)** Carolyn Robinson presents international current affairs.
- 10.30 Hard Quiz** (M, R, HD, C) Tom Gleeson hosts an Australian quiz show.
- 11.00 Shortland Street** (PG, R, C, AD)
- 11.30 Paramedics** (PG, R, HD, C)
- 12.25am Q+A with Jack Tame** (R, HD, C)
- 1.25 Te Karere** (R, HD)
- 2.00 Infomercials**
- 5.30 - 6.00 Te Karere** (R, HD)

TVNZ 2

FREEVIEW 2 SKY 002

- 6.00 Les Mills Born to Move** (G, R, HD, C)
- 6.25 Kiri and Lou** (G, R, HD, C, AD)
- 6.30 Toi Time** (G, R, HD, C, AD)
- 7.00 Robin Hood: Mischief in Sherwood** (G, HD, C)
- 7.25 Agent Binky: Pets of the Universe** (G, HD, C)
- 7.50 Teen Titans Go!** (G, R, HD, C)
- 8.10 Gus - the Itsy Bitsy Knight** (G, HD, C) s1ep2
- 8.20 Mighty Little Bheem** (G, R, HD, C)
- 8.35 Sesame Street** (G, HD, C)
- 9.00 Infomercials**
- 9.30 Les Mills BodyBalance** (G, R, HD, C)
- 10.00 Home and Away** (PG, R, HD, C)
- 10.30 Shortland Street** (PG, R, HD, C, AD)
- 11.00 Charmed** (PG, HD, C)
- Noon First Dates** (PG, HD, C) s6ep12
- 1.00 Selling Houses Australia** (G, R, HD, C)
- 2.05 The Drew Barrymore Show** (PG, C)
- 3.00 Will & Grace** (G, R, C) s1ep16
- 3.30 The Feed** (PG, HD, C)
- 5.00 The Simpsons** (PG, R, HD, C, AD) s32ep2
- 5.30 Friends** (G, R, HD, C) s1ep6
- 6.00 Ghosts** (PG, HD, C, AD) Hetty accidentally possesses Jay's body just as he and Sam are to about show the mansion to a renowned wedding planner. s1ep10
- 6.30 Home and Away** (PG, C) Theo and Kirby are the internet's hottest duet.
- 7.00 Shortland Street** (PG, HD, C, AD) Marty walks the line between hate and love, and Esther loses control.
- 7.30 Celebrity Treasure Island** (PG, HD, C, AD, another episode screens tomorrow) A charity challenge puts \$5000 up for grabs in Kauri.
- 8.35 Renters** (PG, HD, C, AD) Wisteria on a property in Tāmaki Makaurau threatens to overwhelm Tracy-Lee, and in Cromwell, Rochelle is left in the lurch. s10ep4
- 9.05 Australian Survivor: Blood v Water** (M, HD, C, another episode screens tomorrow) It's tribe swap time and the castaways need to start playing their own game.
- 10.45 Two and a Half Men** (PG, R, HD, C) s8ep11
- 11.40 2 Broke Girls** (M, R, HD, C) s2ep9
- 12.35am Counterpart** (16, HD, C) s1ep7
- 1.25 Emmerdale** (PG, R, HD, C, AD)
- 2.10 Infomercials**
- 3.10 The Cube** (G, R, HD, C)
- 3.55 Heroes** (PG, R, HD, C) s3ep14
- 4.40 Neighbours** (G, R, HD, C)
- 5.00 - 6.00 Infomercials**

THREE

FREEVIEW 3 SKY 003

- 6.00 AM** With Ryan Bridge and Melissa Chan-Green.
- 9.00 Infomercials**
- 10.30 Gold Rush** (PG, R, C)
- 11.30 Newshub Live**
- Noon Sweetheart Con** (2018, M, R, C) Jessalyn Gilsig, Jon Cor.
- 2.00 Breaking Amish** (M, C)
- 3.00 Outrageous Acts of Science** (PG, C)
- 4.00 Bath Crashers** (G, C)
- 4.30 Newshub Live**
- 5.00 Gold Rush** (PG, C)
- 6.00 Newshub Live**
- 7.00 The Project** With Kanoa Lloyd, Jesse Mulligan and Jeremy Corbett.
- 7.30 The Block NZ: Redemption** (PG, C, another episode screens tomorrow) Teams dig in for a tough week working on their front and back yards with materials lifted in by a crane.
- 8.40 The Rookie** (M, C) The team search for a sniper and discover that the gunman has a connection to one of their own, and Wesley is forced to work for crime boss Elijah Stone. s4ep3
- 9.35 Law & Order: Special Victims Unit** (16, C) The squad questions a group of college roommates when one of the them does missing during a lockdown. s22ep3
- 10.35 Newshub Late**
- 11.05 Head High** (M, R, C) Local drama series. s2ep6
- 12.05am Infomercials**
- 5.30 - 6.00 AM Early** With Bernadine Oliver-Kerby.

PRIME

FREEVIEW 10 SKY 004

- 6.00 Infomercials**
- 8.00 Kids' Programmes** (C)
- 9.00 Jeopardy** (G, R)
- 9.30 The Neighborhood** (PG, C)
- 10.00 New Amsterdam** (M, R, C)
- 11.00 NCIS: New Orleans** (M, R, C)
- Noon Parenthood** (M)
- 1.00 House** (M, C)
- 2.00 The Late Show with Stephen Colbert** (PG, R)
- 3.00 Wheel of Fortune** (G)
- 3.30 Jeopardy** (G)
- 4.00 American Pickers** (PG, R)
- 5.00 Tagata Pasifika** (G)
- 5.30 Prime News**
- 6.00 Storage Wars** (PG, R, C)
- 7.00 Pawn Stars** (PG, R)
- 7.30 American Pickers** (PG, R) Mike and Frank encounter a scientist who can create his own lightning.
- 8.30 The Crowd Goes Wild**
- 9.30 Super Pumped: The Battle for Uber** (16, C) Gurley and his backers present Travis with an ultimatum.
- 10.45 The Late Show with Stephen Colbert** (PG)
- 11.45 Ballers** (16)
- 12.30 - 6.00 Infomercials**



Documentary: **EDGE OF THE UNKNOWN WITH JIMMY CHIN**

Chin and his directing and producing partner Elizabeth Chai Vasarhelyi have experience with the psychology of dangerous sporting endeavours, having previously made the award-winning documentary about climber Alex Honnold, *Free Solo*. In this new 10-part series, Chin and Vasarhelyi ask adventure athletes about their failures and near-misses; basically, their near-death experiences. Subjects include snowboarder Travis Rice, big-wave surfer Justine Dupont, big mountain skier Angel Collinson and legendary alpinist Conrad Anker. **NATIONAL GEOGRAPHIC, 8.30pm**



Film: **RAVEN'S HOLLOW**

It's horror movie Monday! There's a spooky old town, wolves, ravens (of course) and a legend in the making in this movie inspired by a real incident in Edgar Allan Poe's life when he was a West Point cadet. The dying words of a cruelly tortured man lead Poe to Raven's Hollow and a lifetime's examination of the macabre. **SHUDDER**

WHAKAATA MĀORI

FREEVIEW 5 SKY 019

- 6.30 Kids' Programmes**
8.30 Oranga Ngākau (G)
9.00 Easy Eats (G, R)
9.30 Whānau Living (G, R)
10.00 Kai Safari (G, R)
10.30 Toi Te Ora (G, R)
11.00 Whānau (PG, R)
Noon Te Ao Tapatahi
12.30 Celebrity Playlist (G, R)
1.00 Heritage Rescue (G, R)
2.00 Tōku Reo (G, R)
2.30 Ako (G, R)
3.00 Kids' Programmes
5.00 Haka Life Web Series (G, R)
5.15 Ka Hao (G, R)
5.30 Kids' Programmes
6.00 Haka Ngahau ā-Rohe:
Aotea (G, R) Aotea, from Whanganui.
6.30 Te Ao Mārama
7.00 Marae Current affairs.
7.30 Our Other Islands (PG) Troy Kingi talks honey, kawakawa, mussels, snapper and pāua in the Marlborough Sounds.
8.00 Te Ao with Moana Moana Maniapoto presents current affairs.
8.30 Merata (2018, M, R) Documentary about pioneering film-maker Merata Mita, featuring rare archival footage.
10.00 Indigenous 100 (G, R) Julian Wilcox meets Francis and Kaiora Tipene.
10.30 Ki Tua (G, R)
11.00 - 11.30 Te Ao Mārama (R)

Film: TOOTSIE

No doubt it wouldn't happen today, but straight actors in drag was a bit of a thing in 1982 – Dustin Hoffman was one of three performances that year nominated for an Oscar. Hoffman did at least have Holly Woodlawn, the subject of Lou Reed's *Walk on the Wide Side*, as a mentor.

SKY MOVIES CLASSICS, 8.30pm



BRAVO

FREEVIEW 4 SKY 012

- 6.00 Infomercials**
10.00 Love It or List It (G, R)
10.50 Stop Search Seize (PG, R)
11.40 Snapped (M, R)
12.40 A Lie to Die For (PG, R)
1.40 Below Deck (M, R) s4ep2
2.35 Love It or List It (G, R)
3.35 Top Chef (PG)
4.30 Shark Tank (PG, R)
5.30 A Place in the Sun: Summer Sun (PG)
6.30 Stop Search Seize (PG, R)
7.30 Snapped: Killer Couples (M) The death of a single mother leads to a love triangle.
8.30 New York Homicide (16) A 39-year-old daycare owner went missing on a freezing morning in January.
9.30 Twisted Killers (16) In Columbia, South Carolina, a young man gunned down locals in cold blood then lead detectives on a chase all the way to Texas.
10.30 Snapped (M, R)
11.30 A Lie to Die For (PG, R)
12.20am - 6.00 Infomercials

EDEN

FREEVIEW 8 SKY 013

- 6.00 Amanda to the Rescue** (PG, R)
7.00 The Pioneer Woman (G)
7.30 Trisha's Southern Kitchen (G)
8.00 Baker's Dozen (PG, R)
9.00 Monument Mysteries (PG, R)
10.00 American Pickers (PG, R)
11.00 Salvage Dawgs (G)
11.30 Flea Market Flip (G, R)
Noon Bang on Budget (PG)
1.00 American Restoration (PG)
1.30 Everything but the House (R)
2.00 Coast to Coast (G, R)
3.00 My Cat from Hell (PG)
4.00 Jamie's Super Food Family Classics (G)
5.00 Monument Mysteries (PG)
6.00 American Pickers (PG)
7.00 Shipping Wars (PG)
7.30 Border Security Aus (PG)
8.00 Newshub Live
8.30 Inside the Ritz (G)
9.30 World's Greatest Hotels (PG) Caesars Palace.
10.30 Shipping Wars (PG, R)
11.00 Border Security Aus (PG, R)
11.30 Flea Market Flip (G)
12.00am - 6.00 Infomercials

RUSH

FREEVIEW 14 SKY 024

- 6.00 Alaska: The Last Frontier** (PG, R)
6.50 Tanked (PG, R)
7.40 Wheeler Dealers (PG, R)
8.30 Desert Car Kings (PG, R)
9.20 Highway to Sell (PG, R)
10.10 Texas Metal (PG, R)
11.00 Alaska: The Last Frontier (PG, R)
11.50 Tanked (PG, R)
12.40 Building Off the Grid: Mountain Man Cave (G, R)
1.30 Building Alaska (G, R)
2.20 Homestead Rescue (PG, R)
3.10 Wheeler Dealers (PG, R)
4.00 Desert Car Kings (PG, R)
4.50 Alaska: The Last Frontier (PG, R)
5.40 Tanked (PG)
6.40 Wheeler Dealers (PG)
7.30 Men, Women, Wild (PG)
8.25 Man vs. Wild (PG) Bear Grylls parachutes into Patagonia.
9.20 Naked and Afraid (M)
10.15 Alaska: The Last Frontier (PG)
11.10 Tanked (PG, R)
12.00am Programmes continue

TVNZDUKE

FREEVIEW 6 SKY 023

- 6.00 On Duke Today**
7.20 Extreme E (R) Chile semi-finals and final.
11.00 Beat the Chef (G, R, HD, C)
11.25 Two and a Half Men (PG, R, HD, C) s12ep7
11.50 Everybody Hates Chris (PG, R, HD, C)
12.15 River Monsters (PG, R, HD, C)
1.10 Star Trek Discovery (M, HD, C) s3ep2
2.10 Hunting Aotearoa (G, R, HD)
2.40 Heavy Rescue 401 (PG, R, HD)
3.30 The Chase Aus (G, HD, C)
4.20 ABC World News (PG)
4.45 Abandoned Engineering (G, R, HD, C)
5.40 30 Rock (PG, R, HD, C)
6.35 Two and a Half Men (PG, R, HD, C) s12ep8
7.00 Everybody Hates Chris (G, R, HD, C)
7.30 The Simpsons (PG, R, HD, C)
8.30 Family Guy (PG, R, HD, C, AD)
9.25 Ten Year Old Tom (M, HD, C)
10.00 Robot Chicken (M, HD)
10.25 Aqua Teen Hunger Force (M, HD)
10.50 The Eric Andre Show (M, HD)
11.15 YOLO (M, R, HD)
11.40 Venture Brothers (16, HD)
1.50am - 2.10 ABC World News (PG, R)

SKY PREMIERE

SKY 030

- 6.00 They Come Knocking** (2018, 16) Clayne Crawford, Josephine Langford
7.25 Penguin Bloom (2020, M) Naomi Watts
9.00 Crisis (2020, 16) Gary Oldman, Armie Hammer
10.55 The Unholy (2021, M) Jeffrey Dean Morgan, Cricket Brown
12.35 The Body (2018, 16) Tom Bateman
2.00 Four Good Days (2019, M) Mila Kunis, Glenn Close
3.40 Father of the Bride (2022, PG) Andy Garcia
5.35 A Nasty Piece of Work (2019, 16) Kyle Howard
6.55 Together (2021, M) James McAvoy, Sharon Horgan
8.30 The Nest (2020, 16) After relocating his family to an English country manor, an entrepreneur must face unwelcome truths. Jude Law, Carrie Coon
10.20 Spider-Man: No Way Home (2021, M) Tom Holland, Benedict Cumberbatch
12.50am Spiral: From the Book of Saw (2021, 18) **2.25** Land (2021, M) **3.55** I'm Just F*cking with You (2018, 16) **5.20** Blood Moon (2020, 16)

MOVIES CLASSICS

SKY 034

- 6.00 Gilda** (1946, PG) Glenn Ford, Rita Hayworth
7.50 Alvarez Kelly (1966, PG) William Holden, Richard Widmark
9.40 Castle Keep (1969, M) Burt Lancaster, Patrick O'Neal
11.25 Halloween 4: The Return of Michael Myers (1988, 16) Donald Pleasence, Ellie Cornell
12.50 The Deer Hunter (1978, 18) Robert De Niro, Christopher Walken
3.48 Dead Man Walking (1995, 16) Sean Penn, Susan Sarandon
5.46 Heat (1995, 16) Al Pacino, Robert De Niro
8.30 Tootsie (1982, PG) An unemployed actor disguises himself as an older woman to get a part on a TV soap. Dustin Hoffman, Jessica Lange
10.25 Captain Apache (1971, PG) Captain Apache must use a murder victim's last words to help him find the killer. Lee Van Cleef, Carroll Baker
12.00am The Swimmer (1968, M)
1.35 The Big Gundown (1967, M)
3.05 The Witches of Eastwick (1987, M) **5.00** Basic Instinct (1992, 18)

RIALTO

SKY 039

- Hazlehurst
8.05 Manhunt: The Night Stalker (M) s2ep4
8.55 Inheritance (2020, 16) Lily Collins, Simon Pegg
10.45 In the Shadow of 9/11 (2021, 16) US documentary.
12.25 Carmen & Lola (2018, 16) Zaira Romero
2.10 Cry Wolf (M) s1ep1&2
4.05 Never Too Late (2020, M) James Cromwell, Jacki Weaver
5.45 The Dissident (2020, M) US documentary.
7.40 War of the Worlds (M) s2ep3
8.30 Rialto World: The Speech (2020, M) A man waits for a reconciliation message from his ex during a never-ending family dinner. Benjamin Lavernhe, Sara Giraudeau, Julia Piaton **TV Films, page 69**
10.00 I Am MLK Jr. (2018, M) Canadian documentary.
11.35 Anonymous Animals (2020, 16) Thierry Marcos
12.45am Crime + Punishment (2018, M) **2.35** War of the Worlds (M) s2ep3 **3.25** Never Too Late (2020, M) **5.05** The Dissident (2020, M)

SKY CHANNELS

Vibe SKY 006

6.00 Parenthood (M) s6ep11 **6.50** The Closer (M) s6ep11 **7.40** Major Crimes (M) s1ep9 **8.30** The Good Wife (M) s2ep21 **9.20** Covert Affairs (M) s4ep1 **10.10** Judge Judy (PG) **11.10** Agatha Christie's Marple (M) s6ep1 **12.55** Back in Time for Dinner (PG) s1ep5 **2.00** The Closer (M) s6ep11 **2.50** Major Crimes (M) s1ep9 **3.40** The Good Wife (M) s2ep21 **4.30** Judge Judy (PG) **5.30** Parenthood (M) s6ep11 **6.30** Covert Affairs (M) s4ep1 **7.30** Casualty 24/7 (M) s2ep4 **8.30** Ambulance (16) s8ep1 **9.30** Inside the Operating Theatre (M) s1ep20 **10.30** The Good Wife (M) s2ep21 **11.20** Judge Judy (PG) **12.10am** Programmes continue

BBC UKTV SKY 007

6.00 Would I Lie to You? (M) **6.30** QI (M) **7.05** Richard Osman's House of Games Night (PG) s2ep5 **7.35** The Bill (M) **8.25** A Touch of Frost (M) s5ep4 **10.15** Father Brown (PG) s5ep11 **11.00** Doc Martin (M) s5ep4 **11.50** Midsomer Murders (M) s6ep5 **1.35** The Bill (M) **2.25** New Tricks (M) s10ep5 **3.25** 8 Out of 10 Cats Does Countdown (M) **4.20** The Graham Norton Show (M) s26ep9 **5.15** Who Do You Think You Are? Australia (PG) **6.20** QI (M) **6.55** EastEnders (PG) **7.25** QI (M) **8.00** Would I Lie to You? (PG) **8.35** Sanditon (PG) Charlotte starts her new job for the mysterious Alexander Colbourne. s2ep2 **9.35** London Kills (PG) Billie recognises a murder victim. s3ep3 **10.30** Keeping Faith (M) s2ep1 **11.35** Midsomer Murders (M) s6ep5 **1.20am** Programmes continue

SoHo SKY 010

6.05 Flatbush Misdemeanors (16) s2ep1 **6.35** House of the Dragon (18) s1ep5 **8.00** Penny Dreadful: City of Angels (18) s1ep5 **9.00** White House Farm (18) s1ep5 **9.50** Real Time with Bill Maher (M) s20ep28 **10.50** Black Narcissus (16) s1ep1 **11.50** Nikki Glaser: Good Clean Filth (16) **12.50** House of the Dragon (18) s1ep5 **2.00** House of the Dragon (18) s1ep6 **3.30** Real Time with Bill Maher (M) s20ep28 **4.30** Ray Donovan (18) s7ep6 **5.20** A Christmas Carol (16) s1ep2 **6.15** Avenue 5 (M) s1ep2 **6.45** Insecure (16) s4ep1 **7.20** Last Week Tonight with John Oliver (M) s9ep23 **8.00** What We Do in the Shadows (16) s4ep6 **8.30** House of the Dragon (18) s1ep6 **9.40** City on a Hill (16) s3ep8 **10.40** American Gigolo (16) s1ep2 **11.40** Get Shorty (16) s3ep7 **12.40am** Programmes continue

Living SKY 017

6.15 Salvage Hunters (PG) **7.10** The Pioneer Woman (PG) **7.35** Girl Meets Farm (PG) **8.05** House Hunters (PG) **9.00** Long Lost Family US (PG) **10.55** Paramedics on Scene (PG) **11.55** A Place in the Sun: Winter Sun (PG) **12.50** Love It or List It Australia (PG) **1.50** Salvage Hunters (PG) **2.45** House Hunters (PG) **3.45** The Pioneer Woman (PG) **4.15** Girl Meets Farm (PG) **4.45** Paramedics on Scene (PG) **5.40** Location Location Location Australia **6.35** Love It or List It Australia (PG) **7.30** A Place in the Sun: Winter Sun (PG) **8.30** Grand Designs House of the Year (PG) **9.30** Escape to the Chateau **10.30** Grand Designs New Zealand (PG) **11.25** House Hunters (PG) **12.15am** Programmes continue

Investigation Discovery SKY 018

6.05 A Deadly Dose (M) **6.55** Where Murder Lies (M) **7.45** Evil Lives Here (M) **8.35** Homicide City (M) **9.25** Dead of Night (M) **10.20** Disappeared (M) **11.15** Murder Comes to Town (M) **12.10** A Deadly Dose (M) **1.05** Who the (Bleep) Did I Marry? (M) **2.00** Obsession: Dark Desires (M) **2.55** Deadly Affairs (M) **3.50** Blood Relatives (M) **4.45** A Deadly Dose (M) **5.40** Ken and Barbie Killers: (M) **6.35** In Memoriam (M) **7.30** Evil Lives Here (M) **8.30** Where Murder Lies (M) **9.30** Evil Lives Here (M) **10.30** Murder Comes to Town (M) **11.25** Dead of Night (M) **12.15am** Programmes continue

Sky Arts SKY 020

6.40 Rock Legends: Ray Charles **7.10** Rock Legends: Blood, Sweat & Tears **7.35** Rock Legends: the Band **8.00** Europakonzert 2020 from Berlin **9.30** Masterpieces Unveiled **9.55** ■ The Black Power Mixtape (2011, G) **11.30** You, Myself and Art **Noon** Madness Play Baloise Session **1.15** ■ Madness: The Get Up! (2021, G) **2.40** Rock Legends: Ray Charles **3.10** Rock Legends: Blood, Sweat & Tears **3.35** Rock Legends: The Band **4.00** Quatuor Ebene: Beethoven String Quartets **5.40** Scenes from a Ferry by Alexander Ekman 2017 **6.15** Shiro Takatani: Between Nature and Technology **7.10** The Great Pottery Throw Down **8.00** Off Camera **8.55** Citizen Hearst **9.45** ■ Maverick Modigliani (2020, G) **11.20** The Decisive Moment **11.35** Put Some Colour in Your Life **12.00am** Programmes continue

Discovery SKY 070

6.05 How It's Made (PG) **6.30** How Do They Do It? (PG) **6.55** Blowing Up History (PG) **7.45** Maine Cabin Masters (PG) **8.35** Gold Rush the Dirt: The Hoffman Story (M) **9.25** Aussie Gold Hunters (PG) **10.20** Gold Rush: Dave Turin's Lost Mine (M) **11.15** Heavy Tow Truckers Down Under (PG) **12.10** How Do They Do It? (PG) **12.35** How It's Made (PG) **1.05** Naked and Afraid (M) **2.55** Mega Shippers (PG) **3.50** Deadliest Catch (M) **4.45** Alaska: The Last Frontier (M) **5.40** Demolition Down Under (PG) **6.35** Aussie Gold Hunters (PG) **7.30** Aussie Lobster Men (PG) **8.30** Heavy Tow Truckers Down Under (PG) **9.30** Airplane Repo (M) **10.30** Railroad Alaska (PG) **11.25** Naked and Afraid (PG) **12.15am** Programmes continue

National Geographic SKY 072

6.00 Real Time Disaster (PG) **6.30** Hitler's Last Stand (M) **7.30** Aussie Snake Wranglers (PG) **8.00** Real Time Disaster (PG) **8.30** Rescued (M) **9.30** Air Crash Investigation: Special Report (M) **10.30** Air Crash Investigation (M) **11.30** Food Factory (PG) **12.30** Air Crash Investigation (PG) **1.30** Mega Factories **2.30** Apocalypse: War of Worlds (16) **3.30** Nazi Megastructures (PG) **5.30** Hitler's Last Stand (M) **6.30** César Millan: Better Human, Better Dog (PG) **7.30** First Alaskans (PG) **8.30** Edge of the Unknown with Jimmy Chin (PG) **9.00** Do or Die (PG) **9.30** Rescued (M) **10.30** Aussie Snake Wranglers (PG) **11.00** Outback Wrangler (PG) **11.30** Food Factory (PG) **12.30am** Programmes continue

History SKY 073

6.30 The True Story of King Tut's Treasure (PG) **7.30** Ancient Apocalypse (PG) **8.30** Time Team **9.30** Lost Secrets of the Pyramid (PG) **10.30** Cromwell: God's Executioner (PG) **11.30** The True Story of King Tut's Treasure (PG) **12.30** Ancient Apocalypse (PG) **1.30** Battlefield (PG) **3.30** Tanks **4.30** Battle 360 (PG) **5.30** Smoke and Steel: The Modern World (PG) **6.30** Time Team **7.30** China's Dragon Emperor (PG) **8.30** The Engineering That Built the World (PG) **9.30** The Story of Egypt (PG) **10.40** War Wrecks: The Untold Stories (PG) **11.40** The Australian SAS: The Untold History (M) **12.40am** Programmes continue

BBC Earth SKY 074

6.00 Animal Impossible (PG) **6.55** Life Below Zero: The Thaw (M) **7.45** Where the Wild Men Are: Revisited (PG) **8.35** Food: Delicious Science (M) **9.35** Science of Sleep: How to Sleep Better (PG) **10.25** The Dog Rescuers with Alan Davies (M) **11.10** 24 Hours in A&E (PG) **Noon** Attenborough's Natural Curiosities (PG) **12.25** Life Story (PG) **1.20** Food: Delicious Science (M) **2.20** Animal Impossible (PG) **3.15** Turkey with Simon Reeve (M) **4.15** Science of Sleep: How to Sleep Better (PG) **5.05** Life Below Zero (M) **5.55** Where the Wild Men Are: Revisited (PG) **6.50** The Dog Rescuers with Alan Davies (M) **7.40** 24 Hours in A&E (PG) **8.30** Life Below Zero (PG) **9.25** Where the Wild Men Are (PG) **10.20** Life Story (PG) **11.15** Turkey with Simon Reeve (M) **12.20am** Programmes continue



National Geographic: Aussie Snake Wranglers, 10.30pm

SKY SPORT

Sky Sport 1 SKY 051

6.00 Rugby Nation **6.30** Squash, PSA Egyptian Open, final, from Cairo, **live** **9.00** The Breakdown **10.00** National Provincial Championship, Tasman v Northland, replay from Trafalgar Park, Nelson **Noon** National Provincial Championship, Manawatu v Otago, replay from Central Energy Trust Arena, Palmerston North **2.00** Rugby Championship, All Blacks v Australia, highlights from Eden Park, Auckland **2.30** Rugby Championship, South Africa v Argentina **3.00** UEFA Nations League, Austria v Croatia, replay **5.00** UEFA Nations League, Wales v Poland, replay **7.00** TBA **7.30** Heartland Championship, King Country v East Coast **7.45** National Provincial Championship, Southland v Counties Manukau **8.00** Gallagher Premiership, round 3 highlights **8.30** The Crowd Goes Wild **9.30** National Provincial Championship, Southland v Counties Manukau, replay from Invercargill Rugby Park **11.30** TBA **1.30am** Gallagher Premiership, Exeter Chiefs v Harlequins, replay **3.30** National Provincial Championship, Manawatu v Otago, replay from Central Energy Trust Arena, Palmerston North **5.30** Rugby Nation

Sky Sport 2 SKY 052

7.00 Inside Netball **7.35** UEFA Nations League, Wales v Poland, from Cardiff City Stadium, **live** **9.45** National Provincial Championship, Southland v Counties Manukau **10.00** ATP 250, Moselle Open, day 7, final, from Arènes de Metz, France **Noon** The Breakdown **1.00** Football, All Whites v Australia, replay from Eden Park, Auckland **3.00** ATP 250, Korea Open, day 1, from Seoul Olympic Park Tennis Center, **live** **11.00** National Provincial Championship, Manawatu v Otago, replay from Central Energy Trust Arena, Palmerston North **1.00am** The Crowd Goes Wild **2.00** ATP 250, Sofia Open, day 1, from Arena Armeec, Sofia, Bulgaria, **live**

Sky Sport 3 SKY 053

7.35 UEFA Nations League, Austria v Croatia, **live** **9.45** National Provincial Championship, North Harbour v Taranaki **10.00** Caribbean Premier League, Guyana Amazon Warriors v Trinbago Knight Riders **10.30** India v Australia, 3rd T20 **11.00** Pakistan v England, 4th T20 **11.30** Caribbean Premier League, Barbados Royals v Guyana Amazon Warriors, from Providence Stadium, Georgetown, **live** **3.45** India v Australia, 2nd T20 **4.00** India v Australia, 3rd T20 **4.30** Pakistan v England, 4th T20 **5.00** Marsh One Day Cup, Queensland v South Australia, from Allan Border Field, Brisbane, **live** **1.05am** Pakistan v England, 4th T20, replay from National Stadium, Karachi **5.00** West Indies Women v White Ferns, 2nd ODI **5.30** West Indies Women v White Ferns, 3rd ODI



Thriller: **THE FLIGHT ATTENDANT**

Kaley Cuoco is another Hollywood actor taking charge of her career, and this show is the second production from her own company following its success with the animated series *Harley Quinn*. It goes to show that actors often know what they're good at, because *The Flight Attendant*, based on the 2018 novel by Chris Bohjalian, received hugely positive reviews and a slew of award nominations. It's cleverly directed in a 60s spy thriller style, with split screens and a jazzy animated opening sequence (music by Blake Neely), and Cuoco is terrific as the drunk party girl who doesn't remember the night before.

PRIME, 9.35pm



Drama: **REASONABLE DOUBT**

Here's another actor taking control: Kerry Washington (*Scandal*) executive-produces and directs the opening episode of this legal drama starring Emayatzy Corinealdi as a defence lawyer with ... interesting interpretations of the law.

DISNEY+

TVNZ 1 FREEVIEW 1 SKY 001

- 6.00 **Breakfast** (HD, C) Jenny-May Clarkson and Indira Stewart present news, sport, information and weather.
- 9.00 **Unbeatable** (G, HD, C) Jason Manford hosts a UK quiz show.
- 10.00 **Tipping Point** (G, R, HD, C) Ben Shephard hosts a UK quiz show.
- 11.00 **The Chase** (G, R, HD, C) Bradley Walsh hosts a UK quiz show.
- Noon **1 News** (HD, C)
- 12.30 **Emmerdale** (PG, HD, C, AD) Liam returns home with Leyla, but things are tense, Noah accepts a position as Marcus' apprentice, and Bernice confronts Rishi over ditching her at lunch.
- 1.00 **Emmerdale Soapy Slip Ups** (PG, R, HD, C, AD) Behind the scenes of the British soap opera Emmerdale.
- 1.30 **Hollyoaks** (PG, C) Grace goes to war with Mercedes when her signature cocktail recipe is featured at the McQueens' speakeasy, and DeMarcus is having a hard time at young offenders.
- 2.00 **The Repair Shop** (G, R, HD, C, AD) UK series in which expert craftspeople restore treasured items.
- 3.00 **Tipping Point** (G, C) Ben Shephard hosts a UK quiz show.
- 4.00 **Te Karere** (HD) A Māori perspective on the day's news and current affairs.
- 4.30 **Dog Squad** (PG, R, HD, C, AD) Local series following working dogs on the streets, at the airport and on the border.
- 5.00 **The Chase** (G, R, C) Bradley Walsh hosts a UK quiz show.
- 6.00 **1 News** (HD, C)
- 7.00 **Seven Sharp** (HD, C) Hilary Barry and Jeremy Wells present current affairs and entertainment.
- 7.30 **Eat Well for Less?** (G, HD, C, AD) Chris Bavin and Jordan Banjo meet two convenience-loving parents who need to give their health a kick-start. s8ep4
- 8.45 **Documentary NZ: You, Me & Anxiety** (M, C, AD) Robyn Malcolm shares her personal experiences with anxiety and panic attacks, meets others who have experienced the same issue and explores treatments that may help.
- 9.45 **Coronation Street** (PG, C, AD)
- 10.45 **1 News** (HD, C)
- 11.15 **Shortland Street** (PG, R, C, AD)
- 11.45 **Sunday** (R, C)
- 12.45am **I Am** (16, R, HD, C, AD)
- 1.35 **Te Karere** (R, HD)
- 2.00 **Infomercials**
- 5.30 - 6.00 **Te Karere** (R, HD)

TVNZ 2 FREEVIEW 2 SKY 002

- 6.00 **Les Mills Born to Move** (G, R, HD, C)
- 6.25 **Kiri and Lou** (G, R, HD, C, AD)
- 6.30 **Toi Time** (G, R, HD, C, AD)
- 7.00 **Robin Hood: Mischief in Sherwood** (G, HD, C)
- 7.25 **Agent Binky: Pets of the Universe** (G, HD, C)
- 7.50 **Teen Titans Go!** (G, R, HD, C)
- 8.10 **Gus - the Itsy Bitsy Knight** (G, HD, C) s1ep3
- 8.20 **Mighty Little Bheem** (G, R, HD, C)
- 8.35 **Sesame Street** (G, HD, C)
- 9.00 **Infomercials**
- 9.30 **Les Mills BodyCombat** (G, R, HD, C)
- 10.00 **Home and Away** (PG, R, C)
- 10.30 **Shortland Street** (PG, R, HD, C, AD)
- 11.05 **Charmed** (M, HD, C)
- Noon **Celebrity Treasure Island** (PG, R, HD, C, AD)
- 1.00 **Selling Houses Australia** (G, R, HD, C)
- 2.05 **The Drew Barrymore Show** (PG, C)
- 3.00 **Will & Grace** (G, R, C) s1ep17
- 3.30 **The Feed** (PG, HD, C)
- 5.00 **The Simpsons** (PG, R, HD, C, AD) s32ep3
- 5.30 **Friends** (G, R, HD, C) s1ep7
- 6.00 **The Big Bang Theory** (G, R, HD, C, AD) s7ep16
- 6.30 **Home and Away** (PG, C) Marilyn gets framed for abuse, and Ziggy and Dean's dreams come true.
- 7.00 **Shortland Street** (PG, HD, C, AD) Viv braves a storm, Monique loves to hate, and Esther is shown up.
- 7.30 **Celebrity Treasure Island** (PG, C, AD, another episode screens tomorrow) A monolith appears on the island, Kuaka gather for the charity challenge, and a Kiwi classic is up for grabs.
- 8.30 **Hunted Australia** (PG, HD, C, AD) Reality series in which nine teams of two try to evade being caught. Tonight, after being released in Federation Square, Melbourne, 18 fugitives must evade a team of investigators for 21 days. s1ep1
- 10.10 **Australian Survivor: Blood v Water** (PG, HD, C) Last night's Tribal Council plays on some castaways' minds, and not everything is rosy after the tribe swap.
- 11.30 **CSI: Crime Scene Investigation** (M, HD, C) s6ep9
- 1.15am **Killer Cops** (16, HD, C) s1ep2
- 2.05 **Emmerdale** (PG, R, HD, C, AD)
- 2.30 **Infomercials**
- 3.30 **The Cube** (G, R, HD, C)
- 4.15 **Bob Hearts Abishola** (PG, R, HD, C) s3ep6
- 4.35 **Neighbours** (G, HD, C)
- 5.00 - 6.00 **Infomercials**

THREE FREEVIEW 3 SKY 003

- 6.00 **AM** With Ryan Bridge and Melissa Chan-Green.
- 9.00 **Infomercials**
- 10.30 **Gold Rush** (PG, R, C)
- 11.30 **Newshub Live**
- Noon **Missing Daughter** (2017, M, R, C) Austin Highsmith, Wes Brown.
- 2.00 **Breaking Amish** (M, C)
- 3.00 **Outrageous Acts of Science** (PG, C)
- 4.00 **Bath Crashers** (G, C)
- 4.30 **Newshub Live**
- 5.00 **Gold Rush** (PG, C)
- 6.00 **Newshub Live**
- 7.00 **The Project** With Kanoa Lloyd, Jesse Mulligan and Jeremy Corbett.
- 7.30 **The Block NZ: Redemption** (PG, C, another episode screens tomorrow) There's mud, sweat and plenty of tears during outdoors week.
- 8.40 **Patrick Gower: On Cyber Crime** (M, C) Paddy Gower investigates scammers, hackers and cybercrime and the risks of spending more time online.
- 9.40 **Aussie Gold Hunters** (PG, R, C) The teams have taken highly charged and sometimes erratic measures to find gold and protect it. s5ep3
- 10.40 **Newshub Late**
- 11.10 **The Hui** (C) With Mihingarangi Forbes.
- 11.40 **Newshub Nation** (R, C) With Simon Shepherd and Rebecca Wright.
- 12.40am **Infomercials**
- 5.30 - 6.00 **AM Early** With Bernadine Oliver-Kerby.

PRIME FREEVIEW 10 SKY 004

- 6.00 **Infomercials**
- 8.00 **Kids' Programmes** (C)
- 9.00 **Jeopardy** (G, R)
- 9.30 **The Neighborhood** (PG, C)
- 10.00 **New Amsterdam** (M, R, C)
- 11.00 **NCIS: New Orleans** (M, R, C)
- Noon **Parenthood** (M)
- 1.00 **House** (M, C)
- 2.00 **The Late Show with Stephen Colbert** (PG, R)
- 3.00 **Wheel of Fortune** (G)
- 3.30 **Jeopardy** (G)
- 4.00 **American Pickers** (PG, R)
- 5.00 **WhichCar** (G, R, C)
- 5.30 **Prime News**
- 6.00 **Storage Wars** (PG, R, C)
- 7.00 **Pawn Stars** (PG, R)
- 7.30 **American Pickers** (PG, R)
- 8.30 **The Gilded Age** (16, C) In Newport, Ward McAllister takes Bertha to see Mrs Astor's grand home.
- 9.35 **The Flight Attendant** (16, C) A flight attendant wakes up beside a body after a drunk one-night stand.
- 10.35 **The Breakdown** (G)
- 11.40 **The Late Show with Stephen Colbert** (PG)
- 1.00 - 6.00 **Infomercials**

WHAKAATA MĀORI

FREEVIEW 5 SKY 019

6.30 Kids' Programmes
8.00 Tribe (G, R)
8.30 Oranga Ngākau (G, R)
9.30 Whānau Living (G, R)
10.00 Fusion Feasts (G, R)
10.30 Toi Te Ora (G, R)
11.00 Our Other Islands (PG, R)
11.30 Indigenous 100 (G, R)
Noon Te Ao Tapatahi
12.30 ■ Merata (2018, M, R)
Documentary.
2.00 Tōku Reo (G, R)
2.30 Ako (G, R)
3.00 Kids' Programmes
5.00 Haka Life Web Series (G, R)
5.15 Ka Hao (G, R)
5.30 Kids' Programmes
6.00 Haka Ngahau ā-Rohe: Aotea (G, R)
6.30 Te Ao Mārama
7.00 Up 2 (G) Chiefs legend Tanerau Latimer.
7.30 Karena and Kasey's Kitchen Diplomacy (G) Karena and Kasey are in Hoi An, Vietnam.
8.00 Moon Tide Fishing (PG) The Tangaroa-ā-Roto phase is perfect for deep monsters near Motukokako.
8.30 Wild Wars Australia (G) Nature series.
9.30 Wild Kai Legends (M, R) With Tāmāti Rīmene-Sproat.
10.00 ■ Michif Country (G) Don Amero.
10.30 Piri's Tiki Tour (PG)
11.00 - 11.30 Te Ao Mārama (R)

TVNZ DUKE

FREEVIEW 6 SKY 023

6.00 On Duke Today
10.30 DUKEbox Music
11.10 Beat the Chef (G, R, HD, C)
11.35 Two and a Half Men (PG, R, HD, C) s12ep8
Noon Everybody Hates Chris (G, R, HD, C)
12.25 River Monsters (PG, R, HD, C)
1.20 Star Trek Discovery (PG, HD, C) s3ep3
2.15 Hunting Aotearoa (PG, R, HD)
2.40 Heavy Rescue 401 (G, R, HD)
3.35 The Chase Aus (G, HD, C)
4.25 ABC World News (PG)
4.50 Abandoned Engineering (PG, R, HD, C)
5.40 30 Rock (PG, R, HD, C) s7ep6
6.35 Two and a Half Men (PG, R, HD, C) s12ep9
7.05 Everybody Hates Chris (PG, R, HD, C)
7.30 The Simpsons (G, R, HD, C) s20ep3
8.30 ■ Ransom (1996, 16, R, HD, C, AD) When a millionaire's son is taken, he offers a bounty on the kidnappers. Mel Gibson, Rene Russo.
10.45 Secrets of Playboy (M, HD, C)
11.45 - 12.10am ABC World News (PG, R)



BRAVO

FREEVIEW 4 SKY 012

6.00 Infomercials
10.00 Love It or List It (G, R)
10.50 Stop Search Seize (PG, R)
11.45 Snapped (M, R)
12.40 A Lie to Die For (PG, R)
1.40 Below Deck (M, R) s4ep3
2.35 Love It or List It (G, R)
3.35 Top Chef (PG)
4.30 Shark Tank (PG, R)
5.30 A Place in the Sun: Summer Sun (PG)
6.30 Stop Search Seize (PG, R) Behind the scenes of the warehouse where seized contraband goes to die.
7.30 Rich Kids, Skint Holidays (M) A Lithuanian rich kid who jets away on 11 holidays a year goes a budget break.
8.30 The Real Housewives of Beverly Hills (M)
9.30 Botched (PG) A singer obsessed with the 2000s and Britney Spears seeks bigger boobs.
10.30 Snapped (M, R)
11.30 A Lie to Die For (PG, R)
12.20am - 6.00 Infomercials

SKY PREMIERE

SKY 030

6.40 Nobody (2021, 16) Bob Odenkirk, Connie Nielsen
8.15 Resident Evil: Welcome to Raccoon City (2021, 16) Kaya Scodelario, Robbie Amell
10.05 The Courier (2020, M) Benedict Cumberbatch, Rachel Brosnahan
11.55 Juniper (2021, M) Charlotte Rampling, George Ferrier
1.30 Never Back Down: Revolt (2021, 16) Olivia Popica, Michael Bisping
3.00 Voyagers (2020, 16) Tye Sheridan, Colin Farrell
4.50 Venom: Let There Be Carnage (2021, M) Tom Hardy, Woody Harrelson
6.25 The Eyes of Tammy Faye (2021, M) Jessica Chastain
8.30 Gunpowder Milkshake (2021, 16) An assassin reunites with her mother to protect a child. Karen Gillan, Lena Headey
10.25 Gully (2021, 18) Kelvin Harrison Jr, Charlie Plummer
11.50 Old (2021, M) Gael Garcia Bernal, Vicky Krieps
1.40am The Fallout (2021, 16) 3.15 Promising Young Woman (2020, 18)
5.10 Time for Me to Come Home for Christmas (2018, PG)

EDEN

FREEVIEW 8 SKY 013

6.00 My Cat from Hell (PG, R)
7.00 The Pioneer Woman (G)
7.30 Trisha's Southern Kitchen (G)
8.00 Jamie's Super Food (G, R)
9.00 Monument Mysteries (PG, R)
10.00 American Pickers (PG, R)
11.00 Salvage Dawgs (G)
11.30 Flea Market Flip (G, R)
Noon World's Greatest Hotels (PG, R)
1.00 Inside the Ritz (G, R)
2.00 Shipping Wars (PG, R)
2.30 Border Security Aus (PG, R)
3.00 My Cat from Hell (PG)
4.00 Islands to Highlands (G)
5.00 Monument Mysteries (PG)
6.00 American Pickers (PG)
7.00 Extreme Animal Transport (PG)
7.30 It's Me or the Dog UK (PG)
8.00 Newshub Live
8.30 Undercover Billionaire (PG)
9.25 Lost and Found (PG)
10.25 Extreme Animal Transport (PG, R)
11.00 It's Me or the Dog UK (PG, R)
11.30 Flea Market Flip (G)
12.00am - 6.00 Infomercials

MOVIES CLASSICS

SKY 034

7.05 Wyatt Earp (1994, M) Kevin Costner, Dennis Quaid
10.10 Othello (1951, G) Orson Welles, Micheal MacLiammoir
11.40 The Moon Is Blue (1953, PG) William Holden, David Niven
1.20 The Blue Lagoon (1980, M) Brooke Shields
3.05 Anzio (1968, PG) Robert Mitchum, Peter Falk
5.00 The Story of G.I. Joe (1945, PG) Robert Mitchum
6.50 The Man from Laramie (1955, PG) A man searches for whoever sold rifles to the Apaches who killed his brother. James Stewart, Cathy O'Donnell
8.30 The Basketball Diaries (1995, 16) Based on Jim Carroll's high school years, during which he excelled at basketball while hustling to support his heroin addiction. Leonardo DiCaprio, Lorraine Bracco
10.15 Forever Young (1992, PG) Mel Gibson, Jamie Lee Curtis.
11.55 Drugstore Cowboy (1989, 16) Matt Dillon, Kelly Lynch
1.35am A Night in Casablanca (1946, G) 3.00 Fanny (1961, G) 5.10 Young Guns (1988, M)

RUSH

FREEVIEW 14 SKY 024

6.00 Alaska: The Last Frontier (PG, R)
6.50 Tanked (PG, R)
7.40 Wheeler Dealers (PG, R)
8.30 Men, Women, Wild (PG, R)
9.15 Man vs. Wild (PG, R)
10.05 Naked and Afraid (M, R)
10.55 Alaska: The Last Frontier (PG, R)
11.40 Tanked (PG, R)
12.35 Inside West Coast Customs (PG, R)
1.20 Kindig Customs (PG, R)
2.10 Street Outlaws: No Prep Kings (M, R)
3.00 Wheeler Dealers (PG, R)
3.50 Men, Women, Wild (PG, R)
4.45 Alaska: The Last Frontier (PG, R)
5.40 Tanked (PG)
6.35 Wheeler Dealers (PG)
7.30 100 Days Wild (PG)
8.25 Edge of Alaska (M)
9.20 Deadliest Catch (M)
10.15 Alaska: The Last Frontier (PG)
11.10 Tanked (PG, R)
12.00am Programmes continue

RIALTO

SKY 039

7.00 The Speech (2020, M) Benjamin Lavernhe
8.30 I Am MLK Jr. (2018, M) Canadian documentary.
10.05 Anonymous Animals (2020, 16) Thierry Marcos
11.15 War of the Worlds (M) s2ep3
12.05 Crime + Punishment (2018, M) US documentary.
2.00 Cry Wolf (M) s1ep3&4
3.50 Creating a Character: The Moni Yakim Legacy (2020, M) US documentary.
5.05 Lansky (2021, 16) Harvey Keitel
7.05 The Chocolate War (2022, M) Danish documentary.
8.30 War of the Worlds (16) As the aliens search for Bill Ward, they realise that they're not immune. s2ep4
9.20 Breaking Bread (2020, M) US/Israeli documentary about the first Muslim Arab to win MasterChef Israel.
10.55 Identifying Features (2020, 16) Mercedes Hernandez
12.35am In the Cold Dark Night (2020, 16) 2.10 War of the Worlds (16) s2ep4 3.00 The Chocolate War (2022, M) 4.25 Identifying Features (2020, 16)

TUESDAY SEPTEMBER 27

Film: GULLY

Nabil Elderkin has had a stellar career directing music videos and photographing superstars, but chose a gritty story about the cycle of abuse for his first narrative feature. In a nod to his background, there is a banging soundtrack, however.

SKY MOVIES PREMIERE, 10.25pm

SKY CHANNELS

Vibe SKY 006

6.00 Parenthood (M) s6ep12 **6.50** The Closer (M) s6ep12 **7.40** Major Crimes (M) s1ep final **8.30** The Good Wife (M) s2ep22 **9.20** Covert Affairs (M) **10.10** Judge Judy (PG) **11.00** Ambulance (16) s8ep1 **12.15** Inside the Operating Theatre (M) s1ep20 **1.05** Casualty 24/7 (M) s2ep4 **2.00** The Closer (M) s6ep12 **2.50** Major Crimes (M) s1ep10 **3.40** The Good Wife (M) s2ep22 **4.30** Judge Judy (PG) **5.30** Parenthood (M) s6ep12 **6.30** Covert Affairs (M) **7.30** The Equalizer (M) s1ep2 **8.30** Vera (M) s4ep3 **10.15** The Good Wife (M) s2ep22 **11.15** Judge Judy (PG) **12.10am** Programmes continue

BBC UKTV SKY 007

6.00 Would I Lie to You? (M) **6.30** QI (M) **7.05** EastEnders (PG) **7.35** The Bill (M) **8.20** A Touch of Frost (M) s6ep1 **10.10** Father Brown (PG) s5ep12 **11.00** Doc Martin (M) s5ep5 **11.50** Midsomer Murders (M) s7ep1 **1.35** The Bill (M) **2.25** New Tricks (M) s10ep6 **3.25** 8 Out of 10 Cats Does Countdown (M) **4.15** The Graham Norton Show (PG) s26ep10 **5.15** Who Do You Think You Are? Australia (PG) **6.20** QI (PG) **6.55** EastEnders (PG) **7.25** QI (M) **8.00** Would I Lie to You? (PG) **8.35** Heartbeat (PG) A gangster's accountant is on the run from his bosses. s18ep14 **9.30** The Mallorca Files (PG) A famous icon of St Nicholas is stolen in front of a shocked crowd. s1ep3 **10.25** Doc Martin (PG) s6ep5 **11.20** Midsomer Murders (M) s7ep1 **1.05am** Programmes continue

SoHo SKY 010

6.50 Get Shorty (16) s3ep7 **7.50** Condor (16) s2ep2 **8.35** Last Week Tonight with John Oliver (M) s9ep23 **9.10** Avenue 5 (M) s1ep2 **9.40** Insecure (16) s4ep1 **10.15** What We Do in the Shadows (16) s4ep6 **10.45** House of the Dragon (18) s1ep6 **11.55** City on a Hill (16) s3ep8 **12.55** Avenue 5 (M) s1ep2 **1.25** Insecure (16) s4ep1 **2.05** What We Do in the Shadows (16) s4ep6 **2.35** American Gigolo (16) s1ep2 **3.35** Last Week Tonight with John Oliver (M) s9ep23 **4.10** Our Cartoon President (16) s3ep10 **4.40** Ray Donovan (18) s7ep7 **5.30** A Christmas Carol (16) s1ep3 **6.30** I Know This Much Is True (16) s1ep3 **7.30** Dublin Murders (16) s1ep4 **8.30** Yellowstone (16) s4ep5 **9.30** Industry (16) s2ep4 **10.30** The New Pope (16) s1ep5 **11.30** Lovecraft Country (18) s1ep5 **12.30am** Programmes continue

Living SKY 017

6.15 Salvage Hunters (PG) **7.10** The Pioneer Woman (PG) **7.35** Girl Meets Farm (PG) **8.05** House Hunters (PG) **9.00** Escape to the Chateau **10.00** Grand Designs House of the Year (PG) **11.00** A Place in the Sun: Winter Sun (PG) **11.55** Love It or List It Australia (PG) **12.50** Grand Designs New Zealand (PG) **1.50** Salvage Hunters (PG) **2.45** House Hunters (PG) **3.45** The Pioneer Woman (PG) **4.15** Girl Meets Farm (PG) **4.45** Grand Designs House of the Year (PG) **5.40** Location Location Location Australia (PG) **6.35** Love It or List It Australia (PG) **7.30** A Place in the Sun: Winter Sun (PG) **8.30** Salvage Hunters (PG) **9.30** Grand Designs UK (PG) **10.30** Escape to the Country (PG) **11.25** House Hunters (PG) **12.15am** Programmes continue

Investigation Discovery SKY 018

6.05 A Deadly Dose (M) **6.55** Murder in the Heartland (M) **7.45** True Conviction (M) **8.35** Deadline: Crime with Tamron Hall (M) **9.25** Dead of Night (M) **10.20** Disappeared (M) **11.15** Murder Comes to Town (M) **12.10** A Deadly Dose (M) **1.05** Who the (Bleep) Did I Marry? (M) **2.00** Obsession: Dark Desires (M) **2.55** Deadly Affairs (M) **3.50** Blood Relatives (M) **4.45** A Deadly Dose (M) **5.40** Where Murder Lies (M) **6.35** Evil Lives Here (M) **7.30** Killing Gucci: People Magazine (M) **8.30** People Magazine Investigates (M) **9.30** Ken and Barbie Killers: (M) **10.30** In Memoriam (M) **11.25** Dead of Night (M) **12.15am** Programmes continue

Sky Arts SKY 020

7.20 The Decisive Moment **7.35** Put Some Colour in Your Life **8.00** Quatuor Ebene: Beethoven String Quartets **9.40** Scenes from a Ferry by Alexander Ekman 2017 **10.15** Shiro Takatani: Between Nature and Technology **11.10** The Great Pottery Throw Down **Noon** Off Camera **12.55** Citizen Hearst **1.45** ■ Maverick Modigliani (2020, G) **3.20** The Decisive Moment **3.35** Put Some Colour in Your Life **4.00** ■ Secret Impressionists (2020, G) **5.20** The Artist's Workshop **5.35** Put Some Colour in Your Life **6.00** The Dark Side of Renaissance **7.00** Stars of the Silver Screen: Gene Hackman **7.45** Music on the Road **8.00** The Prince's Master Crafters: The Next Generation (G) The crafters tackle stained glass. **9.00** Boswell & Johnson's Scottish Journey **9.45** The Book Makers **10.45** ■ The Unknown Tour (2019, G) **12.00am** Programmes continue

Discovery SKY 070

6.05 How It's Made (PG) **6.30** How Do They Do It? (PG) **6.55** Blowing Up History (PG) **7.45** Maine Cabin Masters (PG) **8.35** Airplane Repo (M) **9.25** Fast N' Loud (PG) **10.20** Alaska Mega Machines (PG) **11.15** Gold Rush: Dave Turin's Lost Mine (M) **12.10** How Do They Do It? (PG) **12.35** How It's Made (PG) **1.05** Expedition X (M) **2.00** Naked and Afraid (PG) **2.55** Mega Shippers (PG) **3.50** Deadliest Catch (M) **4.45** Alaska: The Last Frontier (M) **5.40** Demolition Down Under (PG) **6.35** Gold Rush the Dirt: The Hoffman Story (M) **7.30** Aussie Gold Hunters (PG) **8.30** Strange Evidence (PG) **9.30** What on Earth? (PG) **10.30** Blowing Up History (PG) **11.25** Naked and Afraid (PG) **12.15am** Programmes continue

National Geographic SKY 072

6.00 Food Factory (PG) **6.30** Better Human, Better Dog (PG) **7.30** First Alaskans (PG) **8.30** Edge of the Unknown with Jimmy Chin (PG) **9.00** Do or Die (PG) **9.30** Rescued (M) **10.30** Aussie Snake Wranglers (PG) **11.00** Outback Wrangler (PG) **11.30** Food Factory (PG) **12.30** Air Crash Investigation (PG) **1.30** Mega Factories **2.30** Narco Wars (16) **3.30** Banged Up Abroad (M) **4.30** Better Human, Better Dog (PG) **5.30** First Alaskans (PG) **6.30** Edge of the Unknown with Jimmy Chin (PG) **7.00** Do or Die (PG) **7.30** Last of the Giants: Wild Fish (PG) **8.30** Aussie Snake Wranglers (PG) **9.00** Outback Wrangler (PG) **9.30** Wicked Tuna (PG) **10.30** Narco Wars: Chasing the Dragon (16) **11.30** Food Factory (PG) **12.30am** Programmes continue

History SKY 073

6.20 The Story of Egypt (PG) **7.30** War Wrecks: The Untold Stories (PG) **8.30** Time Team **9.30** Smoke and Steel: The Modern World (PG) **10.30** Time Team **11.30** China's Dragon Emperor (PG) **12.30** The Engineering That Built the World (PG) **1.30** Battlefield (PG) **3.30** Tanks **4.30** Battle 360 (PG) **5.30** Smoke and Steel: The Modern World (PG) **6.30** Time Team **7.30** Abraham Lincoln (PG) **9.30** Top 10 Treasures of Egypt (PG) **10.30** Race to Victory (PG) **11.30** Rise of the Nazis (PG) **12.30am** Programmes continue

BBC Earth SKY 074

6.00 Animal Impossible (PG) **6.55** Life Below Zero (PG) **7.45** Where the Wild Men Are: Revisited (PG) **8.35** Food: Delicious Science (M) **9.35** Science of Sleep: How to Sleep Better (PG) **10.25** The Dog Rescuers (M) **11.15** 24 Hours in A&E (PG) **12.05** Animals with Cameras: The Making of (PG) **12.15** Life Story (PG) **1.10** Food: Delicious Science (M) **2.15** Animal Impossible (PG) **3.10** Turkey with Simon Reeve (PG) **4.15** Science of Sleep: How to Sleep Better (PG) **5.05** Life Below Zero (M) **5.55** Where the Wild Men Are: Revisited (PG) **6.50** The Dog Rescuers (PG) **7.40** 24 Hours in A&E (PG) **8.30** Africa with Ade Adepitan (PG) **9.40** Louis Theroux: Life on the Edge (M) **10.40** Life Story (PG) **11.35** Turkey with Simon Reeve (PG) **12.40am** Programmes continue



Sky Arts: The Prince's Master Crafters: The Next Generation, 8.00pm

SKY SPORT

Sky Sport 1 SKY 051

6.00 National Provincial Championship, Tasman v Northland **6.15** West Indies Women v White Ferns, 1st T20, from Sir Vivian Richards Stadium, Antigua, **live** **10.30** The Breakdown **11.30** Rugby Championship, South Africa v Argentina **Noon** Rugby Championship, All Blacks v Australia, replay **2.00** Between Two Posts **3.00** National Provincial Championship, Wellington v Waikato, replay **5.00** UEFA Nations League, Hungary v Italy, replay **7.00** Rugby Championship, South Africa v Argentina **7.30** Rugby Championship, All Blacks v Australia **8.00** Sky Speed **8.30** Aotearoa Rugby Pod **9.30** The Back Page **10.30** Between Two Posts **11.30** Gallagher Premiership, Northampton Saints v Leicester Tigers, **1.30am** Gallagher Premiership, Bath v Wasps, replay **3.30** Rugby Championship, All Blacks v Australia **4.00** National Provincial Championship, Wellington v Waikato, replay

Sky Sport 2 SKY 052

8.00 The Crowd Goes Wild **9.00** ATP 250, Korea Open, day 1, match of the day **10.30** Presidents Cup, round 4, highlights from Quail Hollow Club, Charlotte, North Carolina **11.30** LPGA, NW Arkansas Championship, round 3, highlights **Noon** Sofia Open, day 1, match of the day **1.30** ATP 250, Korea Open, day 2, match of the day **3.00** ATP 250, Korea Open, day 2, from Seoul Olympic Park Tennis Center, **live** **11.00** UEFA Nations League, Wales v Poland, replay **1.00am** UEFA Nations League, Denmark v France, replay **3.00** The Crowd Goes Wild **4.00** Gallagher Premiership, Bath v Wasps, replay

Sky Sport 3 SKY 053

6.00 The Breakdown **7.05** Gallagher Premiership, round 3 highlights **7.35** UEFA Nations League, Hungary v Italy, **live** **9.45** National Provincial Championship, North Harbour v Taranaki **10.00** Heartland Championship, King Country v East Coast, replay **Noon** Caribbean Premier League, Guyana Amazon Warriors v Trinbago Knight Riders **12.30** Caribbean Premier League, Jamaica Tallawahs v St Lucia Kings **1.00** Caribbean Premier League, Barbados Royals v Guyana Amazon Warriors, replay **5.00** India v Australia T20, highlights **5.30** Pakistan v England T20, highlights **6.00** West Indies Women v White Ferns, ODI highlights **7.00** India v Australia, 1st T20 **7.30** India v Australia, 2nd T20 **8.00** India v Australia, 3rd T20 **8.30** Caribbean Premier League, Jamaica Tallawahs v St Lucia Kings **9.00** Caribbean Premier League, Barbados Royals v Guyana Amazon Warriors **9.30** India v Australia, 3rd T20, replay **1.30am** Caribbean Premier League, Jamaica Tallawahs v St Lucia Kings **2.00** Caribbean Premier League, Barbados Royals v Guyana Amazon Warriors **2.30** Caribbean Premier League, Eliminator, **live**

TVNZ 1 FREEVIEW 1 SKY 001

- 6.00 Breakfast (HD, C)** Jenny-May Clarkson and Indira Stewart present news, sport, information and weather.
- 9.00 Unbeatable (G, HD, C)** Jason Manford hosts a UK quiz show.
- 10.00 Tipping Point (G, R, HD, C)** Ben Shephard hosts a UK quiz show.
- 11.00 The Chase (G, R, HD, C)** Bradley Walsh hosts a UK quiz show.
- Noon 1 News (HD, C)**
- 12.30 Emmerdale (PG, C, AD)**
- 1.00 Hollyoaks (PG, C, AD)** The McQueens receive a sinister message and Mercedes takes drastic measures, and Mason is determined to get Ella to notice him by taking advice from an online forum.
- 2.00 Coronation Street (PG, R, C, AD)**
- 3.00 Tipping Point (G, C)** Ben Shephard hosts a UK quiz show.
- 4.00 Te Karere (HD)** A Māori perspective on the day's news and current affairs.
- 4.30 Heathrow: Britain's Busiest Airport (G, R, HD, C, AD)** Behind the scenes with some of the 77,000 workers at Heathrow Airport in Hillingdon, London.
- 5.00 The Chase (G, R, C)** Bradley Walsh hosts a UK quiz show.
- 6.00 1 News (HD, C)**
- 7.00 Seven Sharp (HD, C)** Hilary Barry and Jeremy Wells present current affairs and entertainment.
- 7.30 The Celebrity Chase (PG, C)** Bradley Walsh presents a celebrity version of the UK quiz show. Tonight, Sunetra Sarker, Matty Lee, David Arnold and Basil Brush play for charity (includes Lotto at 8.20pm).
- 8.30 George Clarke's Flipping Fast (G, HD, C, AD)** George Clarke presents a UK realty series. Tonight, in the battle for the life-changing prize, one team push to regain the top spot, another try to finish their project, and there may be a comeback. s1ep6
- 9.30 Coronation Street (PG, C, AD)**
- 10.35 1 News (HD, C)**
- 11.05 Shortland Street (PG, R, C, AD)** Nicole gets a rude awakening, and Viv lets her guard down.
- 11.35 Good Sam (M, HD, C)** US medical drama series. Tonight, when Sam refuses to concede her role as chief, her father orchestrates a costly surprise. s1ep3
- 12.30am Under the Dome (M, C)** s2ep8
- 1.15 Te Karere (R, HD)**
- 1.40 Infomercials**
- 5.35 - 6.00 Te Karere (R, HD)**

TVNZ 2 FREEVIEW 2 SKY 002

- 6.00 Les Mills Born to Move (G, R, HD, C)**
- 6.25 Kiri and Lou (G, R, HD, C, AD)**
- 6.30 Toi Time (G, R, HD, C, AD)**
- 7.00 Robin Hood: Mischief in Sherwood (G, HD, C)**
- 7.25 Agent Binky: Pets of the Universe (G, HD, C)**
- 7.50 Teen Titans Go! (G, R, HD, C)**
- 8.10 Gus - the Itsy Bitsy Knight (G, HD, C)** s1ep4
- 8.20 Mighty Little Bheem (G, R, HD, C)**
- 8.35 Sesame Street (G, HD, C)**
- 9.00 Infomercials**
- 9.30 Les Mills BodyAttack (G, R, HD, C)**
- 10.00 Home and Away (PG, R, C)**
- 10.30 Shortland Street (PG, R, HD, C, AD)**
- 11.05 Charmed (PG, HD, C)**
- Noon Celebrity Treasure Island (PG, R, C, AD)**
- 1.00 Selling Houses Australia (G, R, HD, C)**
- 2.05 The Drew Barrymore Show (PG, C)**
- 3.00 Will & Grace (PG, R, C)** s1ep18
- 3.30 The Feed (PG, HD, C)**
- 5.00 The Simpsons (PG, R, HD, C, AD)** s32ep4
- 5.30 Friends (G, R, HD, C)** s1ep8
- 6.00 The Big Bang Theory (PG, R, HD, C, AD)** s7ep17
- 6.30 Home and Away (PG, C)** Cash decides nice guys finish last, Roo accuses Marilyn of online bullying, and Bree puts Remi in his place.
- 7.00 Shortland Street (PG, HD, C, AD)** Nicole gets a rude awakening, and Viv lets her guard down.
- 7.30 Celebrity Treasure Island (PG, C, AD)** Teams find a clue about the monolith back at their kainga, and players battle for the ultimate gamechanger in a set of individual challenges.
- 8.30 Taskmaster's New Year Treat (16, R, HD, C, AD)** Greg Davies presents a New Year's special episode, with John Hannah, Krishnan Guru-Murthy, Nicola Coughlan, Rylan Clark-Neal and Shirley Ballas.
- 9.30 Live at the Apollo (M, HD, C)** Loyiso Gola introduces Scott Bennett and Helen Bauer to the stage. s16ep2
- 10.30 Girls5eva (M, HD, C, AD)** s2ep7
- 11.45 Have You Been Paying Attention? (M, R, C)**
- 12.40am Guilty Party (16, HD, C)** s1ep4
- 1.15 Rutherford Falls (PG, HD, C)** s1ep4
- 1.45 Emmerdale (PG, R, C, AD)**
- 2.05 Infomercials**
- 3.05 The Cube (G, R, HD, C)**
- 3.50 Heroes (M, R, HD, C)** s3ep15
- 4.35 Neighbours (PG, HD, C)**
- 5.00 - 6.00 Infomercials**

THREE FREEVIEW 3 SKY 003

- 6.00 AM With Ryan Bridge and Melissa Chan-Green.**
- 9.00 Infomercials**
- 10.30 Gold Rush (PG, R, C)**
- 11.30 Newshub Live**
- Noon Corrupt (1999, M, R, C)** Ice-T, Sikk the Shocker, Ernie Hudson Jr.
- 2.00 Breaking Amish (M, C)**
- 3.00 Outrageous Acts of Science (PG, C)**
- 4.00 Bath Crashers (G, C)**
- 4.30 Newshub Live**
- 5.00 Gold Rush (PG, C)**
- 6.00 Newshub Live**
- 7.00 The Project** With Kanoa Lloyd, Jesse Mulligan and Jeremy Corbett.
- 7.30 The Block NZ: Redemption (PG, C)** The teams work outdoors in rain and mud to finish their final spaces.
- 8.40 Newshub Investigates: The Enchanter Tragedy (M, C)** Special in which survivors of the Enchanter, which sank in March off Manawatāwhi-Three Kings, tell their stories (rescheduled).
- 9.40 The Men Who Sold the World Cup (M, C)** Documentary that examines the bidding processes for the 2018 and 2022 soccer World Cups and the corruption in FIFA exposed by Sunday Times investigators Heidi Blake and Jonathan Calvert.
- 10.40 Newshub Late**
- 11.10 Ghosts of Shepherdstown (PG, C)**
- 12.10am Infomercials**
- 5.30 - 6.00 AM Early** With Bernadine Oliver-Kerby.

PRIME FREEVIEW 10 SKY 004

- 6.00 Infomercials**
- 8.00 Kids' Programmes (C)**
- 9.00 Jeopardy (G, R)**
- 9.30 The Neighborhood (PG, C)**
- 10.00 New Amsterdam (M, R, C)**
- 11.00 NCIS: New Orleans (M, R, C)**
- Noon Parenthood (M)**
- 1.00 House (M, C)**
- 2.00 The Late Show with Stephen Colbert (PG, R)**
- 3.00 Wheel of Fortune (G)**
- 3.30 Jeopardy (G)**
- 4.00 American Pickers (PG, R)**
- 4.55 The Hui (G, C)**
- 5.30 Prime News**
- 6.00 Sky Speed (G)**
- 6.30 Storage Wars (PG, R, C)**
- 7.00 Pawn Stars (PG, R)**
- 7.30 Traffic Cops (PG, C)**
- 8.30 The Red Stag Timber Hunters Club (M, C)** Hunting boars in the Maniototo.
- 9.35 Stacey Dooley Investigates (M, C)** Child labour on the Ivory Coast.
- 10.50 The Late Show with Stephen Colbert (PG)**
- 11.50 World's Most Unexplained (M, R, C)**
- 12.30 - 6.00 Infomercials**

**Film: BLONDE**

Joyce Carol Oates' 2000 fictional biography of Marilyn Monroe was adapted into a fairly sloppy mini-series in 2001 (Oates reportedly complained that the director would often "read the scene in the novel just before shooting it"), but this film by Australian Andrew Dominik (*The Assassination of Jesse James by the Coward Robert Ford*) is a whole other impressionistic thing, perhaps more akin to Pablo Larraín's *Spencer*. Ana de Armas plays Monroe in what Oates has called a "very disturbing" and "utterly feminist" interpretation of the star's tragic life. De Armas spent nine months with a dialect coach, and her daily make-up took three and a half hours.

NETFLIX**Documentary: NEWSHUB INVESTIGATES: THE ENCHANTER TRAGEDY**

You may have noticed that a certain significant royal event has been playing havoc with already-published television schedules. This TV Pick from last week features the first interviews with survivors of the Enchanter boating tragedy in March.

THREE, 8.40pm

WHAKAATA MĀORI

FREEVIEW 5 SKY 019

- 6.30 Kids' Programmes
8.30 Oranga Ngākau (G, R)
9.30 Whānau Living (G, R)
10.00 Karena and Kasey's Kitchen Diplomacy (G, R)
10.30 Toi Te Ora (G, R)
11.00 Piri's Tiki Tour (PG, R)
11.30 Moon Tide Fishing (PG, R)
Noon Te Ao Tapatahi
12.30 Piri's Tiki Tour (PG, R)
1.00 Wild Wars Australia (G, R)
2.00 Tōku Reo (G, R)
2.30 Ako (G, R)
3.00 Kids' Programmes
5.00 Haka Life Web Series (G, R)
5.15 Ka Hao (G, R)
5.30 Kids' Programmes
6.00 Haka Ngahau ā-Rohe: Aotea (G, R)
6.30 Te Ao Mārama
7.00 Lifted (G) Riapo Panapa explores the Kiwi tracks dominating the airwaves. Tonight, Paige and Louis Baker.
7.30 5 Minutes of Fame (PG) Amateur singers go head-to-head for a shot at fame.
8.30  The Legend of Baron To'a (2020, M, R) A Tongan man fights for the return of his dad's stolen wrestling championship belt. Uli Latukefu, Nathaniel Lees, Shavaughn Ruakere.
TV Films, page 69
10.20 Sidewalk Karaoke (G, R)
10.50 - 11.20 Te Ao Mārama (R)

Film: FALKLANDS: ISLANDS OF SECRETS

"The more I've looked, the stranger the story has become," says Marcel Theroux (Louis' older brother) about his investigation into the disappearance of marine Alan Addis on the Falklands in 1980. What else Theroux uncovers is shocking.
RIALTO, 8.30pm



BRAVO

FREEVIEW 4 SKY 012

- 6.00 Infomercials
10.00 Love It or List It (G, R)
10.50 Stop Search Seize (PG, R)
11.45 Snapped (M, R)
12.40 A Lie to Die For (PG, R)
1.40 Below Deck (M, R) s4ep4
2.35 Love It or List It (G, R)
3.35 Top Chef (PG)
4.30 Shark Tank (PG, R)
5.30 A Place in the Sun: Summer Sun (PG)
6.30 Stop Search Seize (PG, R)
7.30 999: What's Your Emergency? (M) At the start of the Covid-19 epidemic, South Yorkshire Police face a surge in calls and crimes, including fights over toilet paper and domestic violence.
9.35 911 Crisis Center (M) The team support Donna when she receives a call that brings back a past trauma.
10.05 Snapped (M, R)
11.00 A Lie to Die For (PG, R)
11.50 The Circus (PG, R)
12.20am - 6.00 Infomercials

EDEN

FREEVIEW 8 SKY 013

- 6.00 My Cat from Hell (PG, R)
7.00 The Pioneer Woman (G)
7.30 Trisha's Southern Kitchen (G)
8.00 Islands to Highlands (G, R)
9.00 Monument Mysteries (PG, R)
10.00 American Pickers (PG, R)
11.00 Salvage Dawgs (G)
11.30 Flea Market Flip (G, R)
Noon Lost and Found (PG, R)
1.00 Undercover Billionaire (PG, R)
2.00 Extreme Animal Transport (PG, R)
2.30 It's Me or the Dog UK (PG, R)
3.00 My Cat from Hell (PG)
4.00 Giada in Italy (G)
4.30 Nigella: At My Table (G)
5.00 Monument Mysteries (PG)
6.00 American Pickers (PG)
7.00 Shipping Wars (PG)
7.30 Border Security Aus (PG)
8.00 Newshub Live
8.30 Iceland with Alexander Armstrong (PG)
9.30 Aussie Salvage Squad (PG)
10.30 Shipping Wars (PG, R)
11.00 Border Security Aus (PG, R)
11.30 Flea Market Flip (G)
12.00am - 6.00 Infomercials

RUSH

FREEVIEW 14 SKY 024

- 6.00 Alaska: The Last Frontier (PG, R)
6.50 Tanked (PG, R)
7.40 Wheeler Dealers (PG, R)
8.30 100 Days Wild (PG, R)
9.20 Edge of Alaska (M, R)
10.10 Deadliest Catch (M, R)
11.00 Alaska: The Last Frontier (PG, R)
11.50 Tanked (PG, R)
12.40 Expedition Mungo (PG, R)
1.30 Expedition Unknown (PG, R)
2.20 NASA's Unexplained Files (PG, R)
3.10 Wheeler Dealers (PG, R)
4.00 100 Days Wild (PG, R)
4.50 Alaska: The Last Frontier (PG, R)
5.40 Tanked (PG)
6.35 Wheeler Dealers (PG)
7.30 Building Off the Grid: Yellowstone River (G)
8.25 Building Alaska (G)
9.20 Homestead Rescue (PG)
10.10 Alaska: The Last Frontier (PG)
11.05 Tanked (PG, R)
11.55 Wheeler Dealers (PG, R)
12.45am Programmes continue

TVNZDUKE

FREEVIEW 6 SKY 023

- 6.00 On Duke Today
10.20 DUKEbox Music
10.30 Extreme E: Electric Odyssey (G, R)
11.00 Beat the Chef (G, R, HD, C)
11.25 Two and a Half Men (PG, R, HD, C) s12ep9
11.50 Everybody Hates Chris (PG, R, HD, C)
12.15 River Monsters (PG, R, HD, C)
1.10 Star Trek Discovery (PG, HD, C) s3ep4
2.10 Hunting Aotearoa (G, R, HD)
2.40 Heavy Rescue 401 (G, R, HD)
3.30 The Chase Aus (G, HD, C)
4.25 ABC World News (PG)
4.45 Abandoned Engineering (G, R, HD, C)
5.40 30 Rock (PG, R, HD, C)
6.35 Two and a Half Men (PG, R, HD, C) s12ep10
7.00 Everybody Hates Chris (PG, R, HD, C)
7.30 The Simpsons (PG, R, HD, C)
8.30 Police: Hour of Duty (16, HD) s2ep7
9.30 Disasters Engineered (G, HD, C) s2ep6
10.30 The Buildings That Fought Hitler (G, R, HD, C)
11.25 Grimm (16, HD) s2ep2
1.00am - 1.20 ABC World News (PG, R)

SKY PREMIERE

SKY 030

- 6.40 The Many Saints of Newark (2021, 16) Michael Gandolfini
8.40 Belfast (2021, M) Jamie Dornan, Caitriona Balfe
10.20 The Eyes of Tammy Faye (2021, M) Jessica Chastain
12.25 F9: The Fast Saga (2021, M) Vin Diesel, Michelle Rodriguez
2.50 Wrath of Man (2021, 16) Jason Statham, Holt McCallany
4.50 Judas & the Black Messiah (2021, 16) Daniel Kaluuya, LaKeith Stanfield
6.55 Escape Room: Tournament of Champions (2021, M) Six people try to survive a series of escape rooms. Taylor Russell, Logan Miller
8.30 Wonder Woman 1984 (2020, M) In the 1980s, Diana Prince squares off against two dangerous foes. Gal Gadot, Chris Pine
11.00 Malignant (2021, 18) A woman discovers her visions are terrifyingly real. Annabelle Wallis, Maddie Hasson
12.50am Let Them All Talk (2020, M) 2.45 The Space Between (2021, M) 4.25 The Dry (2020, 16)

MOVIES CLASSICS

SKY 034

- 6.55 Major Dundee (1965, PG) Charlton Heston
8.55 T-Men (1947, PG) Dennis O'Keefe, Mary Meade
10.25 The Shining (1980, 16) Jack Nicholson, Shelley Duvall
12.50 The Night of the Generals (1967, PG) Omar Sharif, Peter O'Toole
3.10 Interview with the Vampire (1994, 16) Brad Pitt, Tom Cruise
5.10 Fright Night (1985, M) Roddy McDowall, William Ragsdale
6.55 Fargo (1996, 18) A pregnant police chief investigates a failed extortion attempt. William H Macy, Frances McDormand
8.30 Young Winston (1972, G) Based on Winston Churchill's works as a junior officer in India. Simon Ward, Robert Shaw
10.50 King Rat (1965, PG) A group of soldiers struggle to survive in a Japanese-run POW camp. George Segal, Tom Courtenay
1.05am Interview with the Vampire (1994, 16) 3.05 The Big Country (1958, G) 5.50 Anzio (1968, PG)

RIALTO

SKY 039

- 6.05 Breaking Bread (2020, M) US/Israeli documentary.
7.40 Lansky (2021, 16) Harvey Keitel
9.40 In the Cold Dark Night (2020, 16) UK/US documentary.
11.15 War of the Worlds (16) s2ep4
12.10 Identifying Features (2020, 16) Mercedes Hernandez
1.50 Cry Wolf (M) s1ep5&6
3.35 The Last Shift (2020, M) Richard Jenkins
5.05 Olympia (2018, 16) US documentary.
6.45 The Godmother (2020, M) A translator working for the police gets involved in the other side of drug dealing. Isabelle Huppert
8.30 Falklands: Islands of Secrets (2021, 16) UK documentary in which Marcel Theroux investigates the disappearance of a marine.
10.10 The Last Vermeer (2019, M) Guy Pearce, Claes Bang
12.05am Exposed: The Church's Darkest Secret (2020, 18) 2.00 Fanny Lye Deliver'd (2019, 16) 3.50 The Godmother (2020, M) 5.35 The Last Shift (2020, M)

SKY CHANNELS

Vibe SKY 006

6.00 Parenthood (M) s6ep13 **6.50** The Closer (M) s6ep13 **7.40** Major Crimes (M) s2ep1 **8.30** The Good Wife (M) **9.20** Covert Affairs (M) s4ep3 **10.10** Judge Judy (PG) **11.10** Vera (M) s4ep3 **1.00** The Equalizer (M) s1ep2 **2.00** The Closer (M) s6ep13 **2.50** Major Crimes (M) s2ep1 **3.40** The Good Wife (M) **4.30** Judge Judy (PG) **5.30** Parenthood (M) s6ep13 **6.30** Covert Affairs (M) s4ep3 **7.30** Frayed (M) s2ep4 **8.30** Julia (M) Julia decides to make the season finale the show's last. s1ep8 **9.30** Garrow's Law (M) **10.40** The Good Wife (M) s2ep23 **11.30** Judge Judy (PG) **12.20am** Programmes continue

BBC UKTV SKY 007

6.00 Would I Lie to You? (PG) **6.30** QI (M) **7.05** EastEnders (PG) **7.35** The Bill (M) **8.25** A Touch of Frost (M) s6ep2 **10.15** Father Brown (PG) s5ep13 **11.00** Doc Martin (M) s5ep6 **11.50** Midsomer Murders (M) s7ep2 **1.35** The Bill (M) **2.25** New Tricks (M) s10ep7 **3.25** 8 Out of 10 Cats Does Countdown (M) **4.20** The Graham Norton Show (M) s26ep11 **5.15** Who Do You Think You Are? Australia (PG) **6.20** QI (PG) **6.55** EastEnders (PG) **7.25** QI (M) **8.00** Would I Lie to You? (PG) **8.35** Guilt (M) Two brothers kill an old man while driving home. s1ep1 **9.40** Holby City (PG) Is Dom at risk of falling under Isaac's spell? s21ep23 **10.45** Keeping Faith (M) s3ep5 **11.50** Midsomer Murders (M) s7ep2 **1.35am** Programmes continue

SoHo SKY 010

6.05 Strike Back (18) s7ep3 **6.55** I Know This Much Is True (16) s1ep3 **7.55** Dublin Murders (16) s1ep4 **8.55** Yellowstone (16) s4ep5 **9.40** Industry (16) s2ep4 **10.40** The New Pope (16) **11.30** Lovecraft Country (18) s1ep5 **12.30** Strike Back (18) s7ep3 **1.20** Dublin Murders (16) s1ep4 **2.30** Yellowstone (16) s4ep5 **3.15** Industry (16) s2ep4 **4.15** Our Cartoon President (16) s3ep11 **4.45** Ray Donovan (18) s7ep8 **5.35** The L Word: Generation Q (18) s1ep1 **6.30** House of the Dragon (18) s1ep6 **7.40** The Great (M) When smallpox breaks out in the servants' quarters, Peter reverts to his old ways. s1ep7 **8.30** American Gigolo (16) s1ep3 **9.30** Bill Maher: Adulting (16) Stand-up comedy special. **10.35** Real Time with Bill Maher (M) s20ep28 **11.35** s4ep6 **12.05am** Programmes continue

Living SKY 017

6.15 Salvage Hunters (PG) **7.10** The Pioneer Woman (PG) **7.35** Girl Meets Farm (PG) **8.05** House Hunters (PG) **9.00** Grand Designs UK (PG) **10.00** Salvage Hunters (PG) **11.00** A Place in the Sun: Winter Sun (PG) **11.55** Love It or List It Australia (PG) **12.50** Escape to the Country (PG) **1.50** Salvage Hunters (PG) **2.45** House Hunters (PG) **3.45** The Pioneer Woman (PG) **4.15** Girl Meets Farm (PG) **4.45** Salvage Hunters (PG) **5.40** Location Location Location Australia (PG) **6.35** Love It or List It Australia (PG) **7.30** A Place in the Sun: Winter Sun (PG) **8.30** The Great Garden Revolution (PG) **9.30** Gardening Australia (PG) **10.30** Miriam and Alan: Lost in Scotland (PG) **11.25** House Hunters (PG) **12.15am** Programmes continue

Investigation Discovery SKY 018

6.05 A Deadly Dose (M) **6.55** True Conviction (M) **7.45** Crimes Gone Viral (M) **8.35** Body Cam (M) **9.25** Dead of Night (M) **10.20** Disappeared (M) **11.15** Murder Comes to Town (M) **12.10** A Deadly Dose (M) **1.05** Who the (Bleep) Did I Marry? (M) **2.00** Obsession: Dark Desires (M) **2.55** Deadly Affairs (M) **3.50** Blood Relatives (M) **4.45** Six Degrees of Murder (M) **5.40** People Magazine Investigates (M) **6.35** Reasonable Doubt (M) **7.30** Evil Lives Here (M) **8.30** True Conviction (M) **9.30** Deadline: Crime with Tamron Hall (M) **10.30** Murder Comes to Town (M) **11.25** Dead of Night (M) **12.15am** Programmes continue

Sky Arts SKY 020

6.45 ■ The Unknown Tour (2019, G) **8.00** ■ Secret Impressionists (2020, G) **9.20** The Artist's Workshop **9.35** Put Some Colour in Your Life **10.00** The Dark Side of Renaissance **11.00** Stars of the Silver Screen **11.45** Music on the Road **Noon** The Prince's Master Crafters: The Next Generation **1.00** Boswell & Johnson's Scottish Journey **1.45** The Book Makers **2.45** ■ The Unknown Tour (2019, G) **4.00** Salzburg Festival 2020: Martha Argerich and Gautier Capuçon **5.15** Salzburg Festival: Daniel Barenboim Conducts the West-Eastern Divan Orchestra **6.30** Plácido Domingo at Arena Di Verona **7.55** LSO: Harry Christophers Conducts Haydn's Creation **9.45** Classical Destinations with Simon Callow **10.10** Salzburg Festival 2020: Belcea Quartet **12.00am** Programmes continue

Discovery SKY 070

6.05 How It's Made (PG) **6.30** How Do They Do It? (PG) **6.55** Blowing Up History (PG) **7.45** Maine Cabin Masters (PG) **8.35** Airplane Repo (M) **9.25** Fast N' Loud (PG) **10.20** Strange Evidence (PG) **11.15** What on Earth? (PG) **12.10** How Do They Do It? (PG) **12.35** How It's Made (PG) **1.05** Expedition X (M) **2.00** Naked and Afraid (PG) **2.55** Mega Shippers (PG) **3.50** Deadliest Catch (M) **4.45** Alaska: The Last Frontier (M) **5.40** Deadliest Catch Special (M) **7.30** Deadliest Catch (M) **8.30** Dirty Jobs (PG) **9.30** Moonshiners (M) **10.30** Naked and Afraid XL (M) **11.25** Naked and Afraid (M) **12.15am** Programmes continue

National Geographic SKY 072

6.00 Food Factory (PG) **6.30** Edge of the Unknown with Jimmy Chin (PG) **7.00** Do or Die (PG) **7.30** Last of the Giants: Wild Fish (PG) **8.30** Aussie Snake Wranglers (PG) **9.00** Outback Wrangler (PG) **9.30** Wicked Tuna (PG) **10.30** Narco Wars: Chasing the Dragon (16) **11.30** Food Factory (PG) **12.30** Air Crash Investigation (PG) **1.30** Mega Factories **2.30** Wicked Tuna (PG) **3.30** Aussie Snake Wranglers (PG) **4.00** Outback Wrangler (PG) **4.30** Lost Treasures of Egypt (PG) **5.30** Lost Treasures of the Maya (PG) **6.30** Last of the Giants: Wild Fish (PG) **7.30** Aussie Snake Wranglers (PG) **8.00** Made in a Day (PG) **8.30** Air Crash Investigation: Special Report (M) **9.30** Narco Wars: Chasing the Dragon (16) **10.30** Edge of the Unknown with Jimmy Chin (PG) **11.00** Do or Die (PG) **11.30** Food Factory (PG) **12.30am** Programmes continue

History SKY 073

6.30 Top 10 Treasures of Egypt (PG) **7.30** Race to Victory (PG) **8.30** Time Team **9.30** Smoke and Steel: The Modern World (PG) **10.30** Time Team **11.30** Abraham Lincoln (PG) **1.30** Battlefield (PG) **3.30** Secret War (M) **4.30** Battle 360 (PG) **5.30** Smoke and Steel: The Modern World (PG) **6.30** Time Team **7.30** History's Greatest Mysteries (PG) The Chicago Tylenol murders in 1982. **8.30** Abandoned Engineering (PG) **9.30** Ancient Engineering (PG) **10.30** Titanic: Stories from the Deep (PG) **11.30** Nazi War Machines: Secrets Uncovered (PG) **12.30am** Programmes continue

BBC Earth SKY 074

6.00 Animal Impossible (PG) **6.55** Life Below Zero (PG) **7.45** Where the Wild Men Are: Revisited (PG) **8.35** From Ice to Fire (PG) **9.40** The Truth About Cosmetic Treatments (M) **10.35** The Dog Rescuers with Alan Davies (PG) **11.25** 24 Hours in A&E (PG) **12.15** Animals with Cameras: The Making of (PG) **12.25** Life Story (PG) **1.20** From Ice to Fire (PG) **2.20** Animal Impossible (PG) **3.15** Operation Arctic with Simon Reeve (PG) **4.10** The Truth About Cosmetic Treatments (M) **5.05** Life Below Zero (M) **5.55** Where the Wild Men Are: Revisited (PG) **6.50** The Dog Rescuers with Alan Davies (PG) **7.40** 24 Hours in A&E (M) **8.30** Super Powered Eagles (PG) **9.30** The Trials of Life (PG) **10.25** Attenborough and the Giant Dinosaur (PG) **11.30** Operation Arctic with Simon Reeve (PG) **12.25am** Programmes continue



BBC Earth: Super Powered Eagles, 8.30pm

SKY SPORT

Sky Sport 1 SKY 051

6.00 Gallagher Premiership, round 3 highlights **6.35** Between Two Posts **7.35** UEFA Nations League, Ukraine v Scotland, **live** **9.45** National Provincial Championship, Manawatu v Otago **10.00** National Provincial Championship, Wellington v Waikato, replay **Noon** National Provincial Championship, Tasman v Northland, replay **2.00** Aotearoa Rugby Pod **3.00** UEFA Nations League, Ukraine v Scotland, replay **5.00** UEFA Nations League, Republic of Ireland v Armenia, replay **7.00** National Provincial Championship, Bay of Plenty v Northland, from Tauranga Domain, **live** **9.00** UEFA Nations League, Norway v Serbia, replay **11.00** Rugby, Gallagher Premiership **1.00am** Rugby Championship, South Africa v Argentina, replay **3.00** Between Two Posts **4.00** National Provincial Championship, Manawatu v Otago, replay

Sky Sport 2 SKY 052

6.00 The Crowd Goes Wild **7.00** LPGA, NW Arkansas Championship, highlights **7.35** UEFA Nations League, Republic of Ireland v Armenia, **live** **9.45** National Provincial Championship, Tasman v Northland **10.00** ATP 250, Korea Open, day 2, match of the day **11.30** PGA DP World Tour, Cazoo Open De France, highlights **Noon** Sofia Open, day 2, match of the day **1.30** ATP 250, Korea Open, day 2 match of the day **3.00** ATP 250, Korea Open, day 3, from Seoul Olympic Park Tennis Center, **live** **11.00** UEFA Nations League, Norway v Serbia, replay **1.00am** Gallagher Premiership, Bath v Wasps, replay **3.00** National Provincial Championship, Tasman v Northland **3.20** Pakistan v England, 5th T20, from Gaddafi Stadium, Lahore, **live**

Sky Sport 3 SKY 053

6.45 Pakistan v England, 4th T20 **7.05** UEFA Nations League Highlights **7.35** UEFA Nations League, Greece v Northern Ireland, **live** **9.45** India v Australia, 3rd T20 **10.00** Caribbean Premier League, Guyana Amazon Warriors v Trinbago Knight Riders **10.30** Caribbean Premier League, Jamaica Tallawahs v St Lucia Kings **11.00** Caribbean Premier League, Barbados Royals v Guyana Amazon Warriors **11.30** Caribbean Premier League, Qualifier 1, from Providence Stadium, Georgetown, **live** **3.45** Caribbean Premier League, Jamaica Tallawahs v St Lucia Kings **4.15** Caribbean Premier League, Barbados Royals v Guyana Amazon Warriors **4.45** India v Australia, 3rd T20 **5.00** Marsh One Day Cup, South Australia v Tasmania, from Allan Border Field, Brisbane, **live** **1.05** Caribbean Premier League, Eliminator **1.35** Caribbean Premier League, Qualifier 1 **2.05** India v Australia, 2nd T20 **2.30** India v Australia, 3rd T20 **2.50** India v South Africa, 1st T20, **live**



Health: EMBARRASSING BODIES

It's always seemed a mystery as to why Brits would be willing to rock up to a brightly lit faux medical clinic to have their most private medical difficulties photographed for national television (or get their gear out in a tent on the beach, for that matter), but this Channel 4 series ran for nearly 10 years, won two Baftas and likely educated a lot of people along the way. After seven years, it's been revived with new doctors Jane Leonard, Anand Patel and Tosin Ajayi-Sotubo and the usual frightening conditions await them, from severe skin conditions to misshapen implants and hair loss.

TVNZ 2, 8.30pm



History: THE CROWN COLLECTION

Archive website NZ On Screen has assembled a small collection of royal items, including the Duke and Duchess of York's tour of Aotearoa in 1927, Elizabeth II's tour in 1953-54, Charles and Diana's 1983 visit and the tangihanga for our own Māori Queen in 2006.

NZ ON SCREEN

TVNZ 1	TVNZ 2	THREE
FREEVIEW 1 SKY 001	FREEVIEW 2 SKY 002	FREEVIEW 3 SKY 003
6.00 Breakfast (HD, C) Jenny-May Clarkson and Indira Stewart present news, sport, information and weather. 9.00 Unbeatable (G, HD, C) Jason Manford hosts a UK quiz show. 10.00 Tipping Point (G, R, HD, C) Ben Shephard hosts a UK quiz show. 11.00 The Chase (G, R, HD, C) Bradley Walsh hosts a UK quiz show. Noon 1 News (HD, C) 12.30 Emmerdale (PG, C, AD) 1.00 Hollyoaks (PG, C, AD) The school sports day ends in violence when Mason reaches boiling point, Yazz starts a crime podcast, and Ella's private photos are leaked online. 2.00 Coronation Street (PG, R, C, AD) 3.00 Tipping Point (G, C) Ben Shephard hosts a UK quiz show. 4.00 Te Karere (HD) A Māori perspective on the day's news and current affairs. 4.30 Heathrow Britain's Busiest Airport (G, R, HD, C, AD) Behind the scenes with some of the 77,000 workers at Heathrow Airport in Hillingdon, London. 5.00 The Chase (G, R, C) Bradley Walsh hosts a UK quiz show. 6.00 1 News (HD, C) 7.00 Seven Sharp (HD, C) Hilary Barry and Jeremy Wells present current affairs and entertainment. 7.30 The Great Kiwi Bake Off (G, C, AD) Hayley Sproull and Pax Assadi host a baking competition series, with judges Peter Gordon and Jordan Rondel. Tonight, it's international week, a towering technical calls for a guest expert, and the bakers put their best choux forward. s4ep6 9.00 Hard Quiz (PG, HD, C) Tom Gleeson hosts an Australian quiz show. Tonight's topics are roller coasters, Manchester United, the Shining and the Watergate scandal. 9.35 Coronation Street (PG, C, AD) 10.35 1 News (HD, C) 11.05 Shortland Street (PG, R, C, AD) Desi stretches the truth, Maeve can't escape her blunder, and Viv resolves not to go down without a fight. 11.40 For Life (M, HD, C) Aaron is forced to attempt a desperate move, risking the wrath of a powerful new adversary. s1ep13 12.35am 20/20 (R, C) 1.20 Te Karere (R, HD) 1.45 Infomercials 5.35 - 6.00 Te Karere (R, HD)	6.00 Les Mills Born to Move (G, R, HD, C) 6.25 Kiri and Lou (G, R, HD, C, AD) 6.30 Toi Time (G, R, HD, C, AD) 7.00 Robin Hood: Mischief in Sherwood (G, HD, C) 7.25 Agent Binky: Pets of the Universe (G, HD, C) 7.45 Teen Titans Go! (G, R, HD, C) 8.10 Gus - the Itsy Bitsy Knight (G, HD, C) s1ep5 8.20 Mighty Little Bheem (G, R, HD, C) 8.35 Sesame Street (G, HD, C) 9.00 Infomercials 9.30 Les Mills Core (G, R, HD, C) 10.00 Home and Away (PG, R, C) 10.30 Shortland Street (PG, R, HD, C, AD) 11.05 Charmed (PG, C) Noon Celebrity Treasure Island (PG, R, C, AD) 1.00 Selling Houses Australia (G, R, HD, C) 2.05 The Drew Barrymore Show (PG, C) 3.00 Will & Grace (PG, R, C) s1ep19 3.30 The Feed (PG, HD, C) 5.00 The Simpsons (PG, R, HD, C, AD) s32ep5 5.30 Friends (G, R, HD, C) s1ep9 6.00 The Big Bang Theory (G, R, HD, C, AD) s7ep18 6.30 Home and Away (PG, C) Remi gets his mojo back, and Eden gets a bitter taste of the new Cash. 7.00 Shortland Street (PG, HD, C, AD) Desi stretches the truth, Maeve can't escape her blunder, and Viv resolves not to go down without a fight. 7.30 Ten 7: Aotearoa (PG, C) Local series about crime in Aotearoa and the communities and people affected by it 8.00 Motorway Patrol (PG, HD, C, AD) A cargo of cannabis, the wheels on the bus won't go round and round, and the cars go bump in the night. 8.30 Embarrassing Bodies (16, HD, C) UK medical series. Tonight, Dr Jane meets a woman with a serious vaginal issue, and Dr Tosin helps a man with leaky ears. s9ep1 9.35 SEAL Team (M, HD, C, AD) Jason must confront his deepest fears, and Clay and Sonny are forced to take certain matters into their own hands. s5ep12 10.35 Ten 7: Aotearoa (PG, R, C) 11.05 CSI: Crime Scene Investigation (M, HD, C) s6ep11 12.55am Extant (M, HD, C) s2ep10 1.35 Emmerdale (PG, R, C, AD) 2.00 Infomercials 3.00 The Cube (G, R, C) 3.50 Heroes (M, R, HD, C) s3ep16 4.35 Neighbours (PG, HD, C) 5.00 - 6.00 Infomercials	6.00 AM With Ryan Bridge and Melissa Chan-Green. 9.00 Infomercials 10.30 Gold Rush (PG, R, C) 11.30 Newshub Live Noon A Mother's Sacrifice (2017, M, R, C) Kristy Swanson. 2.00 Breaking Amish (M, C) 3.00 Outrageous Acts of Science (PG, C) 4.00 Bath Crashers (G, C) 4.30 Newshub Live 5.00 Gold Rush (PG) 6.00 Newshub Live 7.00 The Project With Kanoa Lloyd, Jesse Mulligan and Jeremy Corbett. 7.30 Comedy Month: The Comedy Mixtape (M, C) Pax Assadi hosts a stand-up showcase that includes Tofiga Fepulea'i, Bubbah, David Correos and Courtney Dawson. 8.30 Mean Mums (M, C) It's Heather's birthday and she's feeling old. 9.00 The Stand Up Sketch Show (16, C) Comedians' routines are brought to life in sketch form. 9.30 Get the Name Right (PG, C) Joe Daymond discovers his home town is named after a director of The New Zealand Company, and Kara uncovers the origins of Te Awakairangi. 10.00 Newshub Late 10.30 NCIS: Los Angeles (M, R, C) 11.30 Breaking Amish (M, R, C) 12.30am Infomercials 5.30 - 6.00 AM Early With Bernadine Oliver-Kerby.
		PRIME FREEVIEW 10 SKY 004 6.00 Infomercials 8.00 Kids' Programmes (C) 9.00 Jeopardy (G, R) 9.30 The Neighborhood (PG, C) 10.00 New Amsterdam (M, R, C) 11.00 NCIS: New Orleans (M, R, C) Noon Parenthood (M) 1.00 House (M, C) 2.00 The Late Show with Stephen Colbert (PG, R) 3.00 Wheel of Fortune (G) 3.30 Jeopardy (G) 4.00 American Pickers (PG, R) 5.00 Rural Delivery (G, C) 5.30 Prime News 6.00 Storage Wars (PG, R, C) 7.00 Pawn Stars (PG, R) 7.30 Michael Palin: Travels of a Lifetime (PG, R, C) 8.30 The Black Ferns: Wāhine Toa (PG, C) Two-part documentary following the Black Ferns as they prepare for the Rugby World Cup. 9.35 Bull (M, C) 10.30 The Crowd Goes Wild (PG) 11.00 UFC on Sky (M) 11.30 The Late Show with Stephen Colbert (PG) 12.30am - 6.00 Infomercials

WHAKAATA MĀORI

FREEVIEW 5 SKY 019

- 6.30 Kids' Programmes
8.30 Oranga Ngākau (G, R)
9.30 Whānau Living (G, R)
10.00 Lifted (G, R)
10.30 Toi Te Ora (G, R)
11.00 5 Minutes of Fame (PG)
Noon Te Ao Tapatahi
12.30 My Party Song (G, R)
2.30 Ako (G, R)
3.00 Kids' Programmes
5.00 Haka Life Web Series (G, R)
5.15 Ka Hao (G, R)
5.30 Kids' Programmes
6.00 Haka Ngahau ā-Rohe: Waitaha (G, R) Waitaha, from Ōtautahi.
6.30 Te Ao Mārama
7.00 Fresh (G) Pasifika show for young people.
7.30 Funny Whare (PG, R)
8.00 Only in Aotearoa (PG, R) Comedy skits.
8.30 Rage Against the Rangatahi (PG) Love and Light.
9.00 Black Comedy (M) Sketch comedy featuring a cast of indigenous performers.
9.30 ■ Ahikāroa (M, R) House of La Renta comes out in force, and Haki gets a reality check.
10.00 Mura o te Ahi (PG, R) Debating competition.
10.30 Colonial Combat (M, R) Violence spills out of the tent and onto the streets.
10.45 The Adventures of Suzy Boon (PG, R)
11.00 - 11.30 Te Ao Mārama (R)

TVNZ DUKE

FREEVIEW 6 SKY 023

- 6.00 On Duke Today
9.40 Extreme E Chile highlights
11.00 Beat the Chef (G, R, HD, C)
11.25 Two and a Half Men (PG, R, HD, C) s12ep10
11.50 Everybody Hates Chris (PG, R, HD, C)
12.15 River Monsters (PG, R, HD, C)
1.10 Star Trek Discovery (PG, HD, C) s3ep5
2.10 Hunting Aotearoa (PG, R, HD)
2.40 Heavy Rescue 401 (PG, R, HD)
3.30 The Chase Aus (G, HD, C)
4.25 ABC World News (PG)
4.50 Abandoned Engineering (PG, R, HD, C)
5.40 30 Rock (PG, R, HD, C)
6.35 Two and a Half Men (PG, R, HD, C) s12ep11
7.00 Everybody Hates Chris (G, R, HD, C)
7.30 The Simpsons (G, R, HD, C) s20ep7
8.30 Outback Car Hunters (G, HD, C) s1ep5
9.30 Secrets of the Supercars (PG, HD, C) s1ep6
10.30 NZ Hunter Adventures (M, R, HD, C) s8ep5
11.50 The Russell Howard Hour (16, R, HD)
12.45am - 1.10 ABC World News (PG, R)



THURSDAY SEPTEMBER 29

Film: ISHTAR

Like a lot of bombs, there's been a rethinking around *Ishtar*, which went onto "worst movie ever made" lists pretty quickly. Elaine May's "wrongly maligned masterwork" said the *New Yorker* in 2016 about a comedy that was "expressly political".

SKY MOVIES CLASSICS, 8.30pm

BRAVO

FREEVIEW 4 SKY 012

- 6.00 Infomercials
10.00 Love It or List It (G, R)
10.50 Stop Search Seize (PG, R)
11.45 Snapped (M, R)
12.40 A Lie to Die For (PG, R)
1.40 Below Deck (M, R) s4ep5
2.35 Love It or List It (G, R)
3.35 Top Chef (PG)
4.30 Shark Tank (PG, R)
5.30 A Place in the Sun: Winter Sun (G)
6.30 Stop Search Seize (PG, R)
7.30 Rich Listers (PG) Diego invites the cast to join him for a buyer's trip to the exclusive Queenstown market.
8.30 Below Deck Mediterranean (M) Captain Sandy and the deck crew attempt a tricky night docking.
9.30 A&E After Dark (M) A patient brought in by police claims to have swallowed drugs.
10.30 Snapped (M, R)
11.30 A Lie to Die For (PG, R)
12.20am - 6.00 Infomercials

EDEN

FREEVIEW 8 SKY 013

- 6.00 My Cat from Hell (PG, R)
6.55 The Pioneer Woman (G)
7.30 Trisha's Southern Kitchen (G)
8.00 Giada in Italy (G, R)
8.30 Nigella: At My Table (G, R)
9.00 Monument Mysteries (PG, R)
10.00 American Pickers (PG, R)
11.00 Salvage Dawgs (G)
11.30 Flea Market Flip (G, R)
Noon Aussie Salvage Squad (PG, R)
1.00 Iceland with Alexander Armstrong (PG, R)
2.00 Shipping Wars (PG, R)
2.30 Border Security Aus (PG, R)
3.00 My Cat from Hell (PG)
4.00 Bizarre Foods: Delicious Destinations (G)
4.30 Rick Stein's Cornwall (G)
5.05 Monument Mysteries (PG)
6.00 American Pickers (PG)
7.00 Aussie Lobster Men (PG)
8.00 Newshub Live
8.30 Bite Club (M)
9.25 Mediterranean with Simon Reeve (PG)
10.25 Aussie Lobster Men (PG, R)
11.25 Flea Market Flip (G)
12.00am - 6.00 Infomercials

RUSH

FREEVIEW 14 SKY 024

- 6.00 Alaska: The Last Frontier (PG, R)
6.50 Tanked (PG, R)
7.40 Wheeler Dealers (PG, R)
8.30 Building Off the Grid (G, R)
9.20 Building Alaska (G, R)
10.10 Homestead Rescue (PG, R)
11.00 Alaska: The Last Frontier (PG, R)
11.50 Tanked (PG, R)
12.40 Treasure Quest: Snake Island (M, R)
1.30 Bering Sea Gold (M, R)
2.20 Gem Hunt (PG, R)
3.10 Wheeler Dealers (PG, R)
4.00 Building Off the Grid: Yellowstone River (G, R)
4.50 Alaska: The Last Frontier (PG, R)
5.40 Treehouse Masters (PG)
6.35 Wheeler Dealers (PG)
7.30 Inside West Coast Customs (PG)
8.25 Kindig Customs (PG)
9.20 Street Outlaws (M)
10.15 Alaska: The Last Frontier (PG)
11.10 Treehouse Masters (PG, R)
12.00am Programmes continue

SKY PREMIERE

SKY 030

- 6.25 2 Hearts (2020, M) Jacob Elordi, Tiera Skovbye
8.10 Fatale (2020, 16) Hilary Swank, Michael Ealy
9.55 Pure (2018, 16) Jahkara Smith, McKaley Miller
11.25 The Suicide Squad (2021, 16) Margot Robbie, Idris Elba
1.35 Marry Me (2022, PG) Jennifer Lopez, Owen Wilson
3.35 French Exit (2021) (2021, M) Michelle Pfeiffer, Lucas Hedges
5.25 Six Minutes to Midnight (2021, M) Eddie Izzard, Judi Dench
7.05 Songbird (2020, 16) A courier tries to save the woman he loves from a quarantine camp. KJ Apa, Sofia Carson
8.30 The Matrix Resurrections (2021, M) The creator of a video game series struggles to separate reality from dreams. Keanu Reeves, Carrie-Anne Moss
11.00 The Forever Purge (2021, 16) Ana de la Reguera
12.45am Great White (2020, 16)
2.15 Voyagers (2020, 16) 4.05 Culture Shock (2018, 16) 5.35 Alone (2020, 16)

MOVIES CLASSICS

SKY 034

- 7.45 The Cardinal (1963, M) Tom Tryon, Romy Schneider
10.35 Tucker: The Man and His Dream (1988, PG) Jeff Bridges, Joan Allen
12.25 The King of Comedy (1983, PG) Robert De Niro, Jerry Lewis
2.10 Comanche Station (1960, M) Randolph Scott, Nancy Gates
3.25 Advise and Consent (1962) (1962, PG) Henry Fonda, Charles Laughton
5.40 A Bridge Too Far (1977, PG) James Caan, Michael Caine
8.30 Ishtar (1987, PG) Two down-on-their-luck lounge singers find themselves in the middle of a political uprising in a small Middle Eastern country. Dustin Hoffman, Warren Beatty
10.20 The Color Purple (1985, PG) Over 40 years, an African-American woman living in the Jim Crow South faces abuse and bigotry. Whoopi Goldberg, Danny Glover, Oprah Winfrey
1.00am The Candidate (1972, PG)
2.50 Pale Rider (1985, PG) 4.45 Castle Keep (1969, M)

RIALTO

SKY 039

- 7.05 Olympia (2018, 16) US documentary.
8.45 The Last Vermeer (2019, M) Guy Pearce, Claes Bang
10.40 Falklands: Islands of Secrets (2021, 16) UK documentary.
12.20 The Godmother (2020, M) Isabelle Huppert
2.05 Cry Wolf (M) s1ep7&8
3.55 Litigante (2019, M) Alejandra Sarria
5.35 Banksy Most Wanted (2020, M) French documentary.
7.00 A Rainy Day in New York (2019, M) A young couple spend an eventful weekend in New York. Timothée Chalamet, Elle Fanning, Selena Gomez
8.30 Rialto Documentary: Blind Ambition (2021, M) Australian documentary about four Zimbabwean wine tasters.
10.05 The Killing of Two Lovers (2020, M) Clayne Crawford
11.30 New Order (2020, 16) Naian Gonzalez Norvind
12.55am Killing Escobar (2021, 16)
2.30 Heart to Heart (2021, M) 2.50 Litigante (2019, M) 4.30 Banksy Most Wanted (2020, M) 5.55 A Rainy Day in New York (2019, M)

SKY CHANNELS

Vibe SKY 006

6.00 Downton Abbey (M) s1ep1 **7.10** The Closer (M) s6ep14 **7.55** Major Crimes (M) s2ep2 **8.40** The Good Wife (M) s3ep1 **9.25** Covert Affairs (M) s4ep4 **10.10** Judge Judy (PG) **10.50** Julia (M) s1ep8 **11.50** Garrow's Law (M) **1.00** Frayed (M) s2ep4 **2.00** The Closer (M) s6ep14 **2.50** Major Crimes (M) s2ep2 **3.40** The Good Wife (M) s3ep1 **4.30** Judge Judy (PG) **5.20** Downton Abbey (M) s1ep1 **6.35** Covert Affairs (M) s4ep4 **7.30** Murdoch Mysteries (M) s15ep3 **8.30** Gentleman Jack (M) The railway arrives in Yorkshire. s2ep3 **9.30** Big Little Lies (16) s1ep4 **10.30** The Good Wife (M) s3ep1 **11.30** Judge Judy (PG) **11.55** Murdoch Mysteries (M) s15ep3 **12.40am** Programmes continue

BBC UKTV SKY 007

6.00 Would I Lie to You? (PG) **6.30** QI (M) **7.05** EastEnders (PG) **7.35** The Bill (M) **8.25** A Touch of Frost (M) s6ep3 **10.15** Father Brown (PG) s5ep14 **11.00** Doc Martin (M) s5ep7 **11.50** Midsomer Murders (M) s7ep3 **1.35** The Bill (M) **2.25** New Tricks (M) s10ep8 **3.25** 8 Out of 10 Cats Does Countdown (M) **4.20** The Graham Norton Show (M) s26ep12 **5.15** Who Do You Think You Are? Australia (PG) **6.20** QI (PG) **6.55** EastEnders (PG) **7.25** QI (M) **8.00** Would I Lie to You? (PG) **8.35** The Graham Norton Show (M) s29ep12 **9.30** The Jonathan Ross Show (PG) s18ep6 **10.25** The Mallorca Files (PG) s1ep3 **11.15** Midsomer Murders (M) s7ep3 **1.00am** Programmes continue

SoHo SKY 010

6.10 Insecure (16) s4ep10 **6.40** House of the Dragon (18) s1ep6 **7.50** The Great (M) s1ep7 **8.40** American Gigolo (16) s1ep3 **9.40** Bill Maher: Adulthood (16) **10.45** Insecure (16) s4ep10 **11.20** Real Time with Bill Maher (M) s20ep28 **12.20** House of the Dragon (18) s1ep6 **1.30** **1.50** The Great (M) s1ep7 **2.45** American Gigolo (16) s1ep3 **3.45** What We Do in the Shadows (16) s4ep6 **4.15** Our Cartoon President (16) s3ep12 **4.45** Ray Donovan (18) s7ep9 **5.35** The L Word: Generation Q (18) s1ep2 **6.30** Industry (16) s2ep4 **7.30** Dave (16) s1ep8 **8.00** Atlanta (16) s4ep2 **8.30** Flatbush Misdeemeanors (16) s2ep2 **9.00** Shining Vale (M) s1ep2 **9.30** McMillion\$ (M) Documentary series. s1ep4 **10.30** A Million Little Things (M) s4ep5 **11.30** Westworld (18) s3ep5 **12.30am** Programmes continue

Living SKY 017

6.15 Salvage Hunters (PG) **7.10** The Pioneer Woman (PG) **7.35** Girl Meets Farm (PG) **8.05** House Hunters (PG) **9.00** Gardening Australia (PG) **10.00** The Great Garden Revolution (PG) **11.00** A Place in the Sun: Winter Sun (PG) **11.55** Love It or List It Australia (PG) **12.50** Miriam and Alan: Lost in Scotland (PG) **1.50** Salvage Hunters (PG) **2.45** House Hunters (PG) **3.45** The Pioneer Woman (PG) **4.15** Girl Meets Farm (PG) **4.45** The Great Garden Revolution (PG) **5.40** Location Location Location Australia (PG) **6.35** Love It or List It Australia (PG) **7.30** A Place in the Sun: Winter Sun (PG) **8.30** Girl Meets Farm (PG) **9.30** Freakshow Cakes (PG) **10.30** Location Location Location Australia **11.25** House Hunters (PG) **12.15am** Programmes continue

Investigation Discovery SKY 018

6.05 Six Degrees of Murder (M) **6.55** People Magazine Investigates (M) **7.45** Ken and Barbie Killers: (M) **8.35** In Memoriam (M) **9.25** Dead of Night (M) **10.20** Disappeared (M) **11.15** Murder Comes to Town (M) **12.10** Six Degrees of Murder (M) **1.05** Who the (Bleep) Did I Marry? (M) **2.00** Obsession: Dark Desires (M) **2.55** Deadly Affairs (M) **3.50** Blood Relatives (M) **4.45** Six Degrees of Murder (M) **5.40** True Conviction (M) **6.35** Evil Lives Here (M) **8.30** Crimes Gone Viral (M) **9.30** Body Cam (M) **10.30** Murder Comes to Town (M) **11.25** Dead of Night (M) **12.15am** Programmes continue

Sky Arts SKY 020

6.10 Salzburg Festival 2020: Belcea Quartet **8.00** Salzburg Festival 2020: Martha Argerich and Gautier Capuçon **9.15** Salzburg Festival: Daniel Barenboim Conducts the West-Eastern Divan Orchestra **10.30** Plácido Domingo at Arena Di Verona **11.55** LSO: Harry Christophers Conducts Haydn's Creation **1.45** Classical Destinations with Simon Callow **2.10** Salzburg Festival 2020: Belcea Quartet **4.00** Talking Heads: Alan Bennett Monologues **4.45** Elementa **5.25** In the Making **5.50** The Artist's Workshop **6.05** Kreativ: A Study by a Ekman **7.00** Exhibition on Screen: Lucian Freud **8.30** Video Killed the Radio Star: Kate Bush **9.00** Nomad: In the Footsteps of Bruce Chatwin (2019, G) **10.30** Grayson's Art Club **11.15** The Decisive Moment **11.30** In the Making **12.00am** Programmes continue

Discovery SKY 070

6.05 How It's Made (PG) **6.30** How Do They Do It? (PG) **6.55** Blowing Up History (PG) **7.45** Maine Cabin Masters (PG) **8.35** Airplane Repo (M) **9.25** Fast N' Loud (PG) **10.20** Deadliest Catch (M) **11.15** Dirty Jobs (PG) **12.10** How Do They Do It? (PG) **12.35** How It's Made (PG) **1.05** Expedition X (PG) **2.00** Naked and Afraid (M) **2.55** Mega Shippers (PG) **3.50** Deadliest Catch (M) **4.45** Alaska: The Last Frontier (M) **5.40** Demolition Down Under (PG) **6.35** Aussie Gold Hunters (PG) **8.30** Gold Rush the Dirt: The Hoffman Story (M) **9.30** Gold Rush: Dave Turin's Lost Mine (M) **10.30** Alaskan Bush People (M) **11.25** Naked and Afraid (PG) **12.15am** Programmes continue

National Geographic SKY 072

6.00 Food Factory (PG) **6.30** Last of the Giants: Wild Fish (PG) **7.30** Aussie Snake Wranglers (PG) **8.00** Made in a Day (PG) **8.30** Air Crash Investigation: Special Report (M) **9.30** Narco Wars: Chasing the Dragon (16) **10.30** Edge of the Unknown with Jimmy Chin (PG) **11.00** Do or Die (PG) **11.30** Food Factory (PG) **12.30** Air Crash Investigation (PG) **1.30** Mega Factories **2.30** César Millan: Better Human, Better Dog (PG) **3.30** Only in Oz (PG) **4.30** Food Factory (PG) **5.30** Edge of the Unknown with Jimmy Chin (PG) **6.00** Do or Die (PG) **6.30** Air Crash Investigation: Special Report (M) **7.30** Narco Wars: Chasing the Dragon (16) **8.30** Hitler's Last Stand (M) **9.30** Lost Treasures of Rome (PG) **10.30** Wicked Tuna (PG) **11.30** Food Factory (PG) **12.30am** Programmes continue

History SKY 073

6.30 Ancient Engineering (PG) **7.30** Titanic: Stories from the Deep (PG) **8.30** Time Team **9.30** Smoke and Steel: The Modern World (PG) **10.30** Time Team **11.30** History's Greatest Mysteries (PG) **12.30** Abandoned Engineering (PG) **1.30** Battlefield (PG) **3.30** Secret War (M) **4.30** Battle 360 (PG) **5.30** Smoke and Steel: The Modern World (PG) **6.30** Time Team **7.30** Abandoned Engineering (PG) **8.30** Ancient Apocalypse (PG) **9.30** Pyramids: Solving the Mystery **10.30** World's Greatest Ships (PG) **11.30** Hitler's Most Wanted (M) **12.30am** Programmes continue

BBC Earth SKY 074

6.00 Animal Impossible (PG) **6.55** Life Below Zero (M) **7.45** Where the Wild Men Are: Revisited (PG) **8.35** From Ice to Fire (PG) **9.40** The Truth About Cosmetic Treatments (PG) **10.35** The Dog Rescuers (PG) **11.20** 24 Hours in A&E (M) **12.10** Attenborough and the Giant Dinosaur (PG) **1.10** From Ice to Fire (PG) **2.15** Animal Impossible (PG) **3.10** Operation Arctic with Simon Reeve (PG) **4.05** The Truth About Cosmetic Treatments (PG) **5.00** Life Below Zero (M) **5.55** Where the Wild Men Are: Revisited (PG) **6.50** The Dog Rescuers (PG) **7.40** 24 Hours in A&E (PG) **8.30** The Dog Rescuers with Alan Davies (PG) **9.25** Frozen Planet (PG) **10.20** Nature's Great Events (PG) **11.15** Operation Arctic with Simon Reeve (PG) **12.15am** Programmes continue



SoHo: Shining Vale, 9.00pm

SKY SPORT

Sky Sport 1 SKY 051

6.00 National Provincial Championship, Wellington v Waikato **6.15** West Indies Women v White Ferns, 2nd T20, from Sir Vivian Richards Stadium, Antigua, **live** **10.30** Black Ferns v Japan Women, replay from Eden Park, Auckland **12.30** National Provincial Championship, Bay of Plenty v Northland, replay from Tauranga Domain **2.30** National Provincial Championship, Bay of Plenty v Hawke's Bay, replay from Tauranga Domain **4.30** National Provincial Championship, Tasman v Northland, replay from Trafalgar Park, Nelson **6.30** UFC on Sky **7.00** Mainfreight Rugby **8.00** Inside Netball **8.30** The Crowd Goes Wild **9.00** Mainfreight Rugby **10.00** Inside Netball **10.30** Rugby Championship, South Africa v Argentina, replay from Kings Park, Durban **12.30am** UFC on Sky **1.00** National Provincial Championship, Tasman v Northland, replay from Trafalgar Park, Nelson **3.00** Gallagher Premiership, Northampton Saints v Leicester Tigers, replay from Franklin's Gardens, Northampton **5.00** Gallagher Premiership, Bath v Wasps, replay from the Recreation Ground, Bath

Sky Sport 2 SKY 052

7.30 Once a Warrior with Monty Betham **8.00** ATP 250, Korea Open, day 3, match of the day from Seoul Olympic Park Tennis Center **9.30** UEFA Nations League, Ukraine v Scotland, replay **11.30** ATP Uncovered **Noon** Sofia Open, day 3, match of the day from Arena Armeec, Sofia, Bulgaria **1.30** ATP 250, Korea Open, day 3, match of the day **3.00** ATP 250, Korea Open, day 4, from Seoul Olympic Park Tennis Center, **live** **11.00** Between Two Posts **12.00am** National Provincial Championship, Bay of Plenty v Northland, replay from Tauranga Domain **2.00** Rugby Championship, South Africa v Argentina, replay from Kings Park Stadium, Durban **4.00** National Provincial Championship, Tasman v Northland, replay from Trafalgar Park, Nelson

Sky Sport 3 SKY 053

7.00 Heartland Championship, King Country v East Coast, replay from Rugby Park, Te Kuiti **9.00** Rugby Championship, All Blacks v Australia, replay from Eden Park, Auckland **11.00** India v South Africa, 1st T20 **11.30** Caribbean Premier League, Qualifier 2, from Providence Stadium, Georgetown, **live** **3.45** Pakistan v England, 5th T20 **4.00** India v South Africa, 1st T20, replay from Greenfield International Stadium, Thiruvananthapuram **8.00** Pakistan v England, 5th T20 **8.30** India v South Africa, 1st T20 **9.00** Caribbean Premier League, Qualifier 2, highlights from Providence Stadium, Georgetown **9.30** Pakistan v England, 5th T20, replay from Gaddafi Stadium, Lahore **1.30am** Marsh One Day Cup, South Australia v Tasmania, replay from Allan Border Field, Brisbane

TVNZ 1 FREEVIEW 1 SKY 001

- 6.00 Breakfast (HD, C)** Jenny-May Clarkson and Indira Stewart present news, sport, information and weather.
- 9.00 Unbeatable (G, HD, C)** Jason Manford hosts a UK quiz show.
- 10.00 Tipping Point (G, R, HD, C)** Ben Shephard hosts a UK quiz show.
- 11.00 The Chase (G, R, HD, C)** Bradley Walsh hosts a UK quiz show.
- Noon 1 News (HD, C)**
- 12.30 Emmerdale (PG, C, AD)**
- 1.00 Hollyoaks (PG, C, AD)** Sienna puts in motion her plan to ruin Warren's life, but Joel intervenes and contemplates doing something he could live to regret.
- 2.00 Coronation Street (PG, R, C, AD)**
- 3.00 Tipping Point (G, C)** Ben Shephard hosts a UK quiz show.
- 4.00 Te Karere (HD)** A Māori perspective on the day's news and current affairs.
- 4.30 Heathrow Britain's Busiest Airport (G, R, HD, C, AD)** Behind the scenes with some of the 77,000 workers at Heathrow Airport.
- 5.00 The Chase (G, R, HD, C)** Bradley Walsh hosts a UK quiz show.
- 6.00 1 News (HD, C)**
- 7.00 Seven Sharp (HD, C)** Hilary Barry and Jeremy Wells present current affairs and entertainment.
- 7.30 The Repair Shop (G, HD, C, AD)** UK series in which expert craftspeople restore treasured items.
- 8.30 The Dog House (G, HD, C, AD)** UK series in which dogs are matched with new owners. Tonight, it's battle of the cutest as a family chooses between two very different puppies, Winnie the Lhasa Apso meets a potential new bestie, and mistreated Manuel looks for a kind and patient home. s3ep5
- 9.30 Hotel People (16, C, AD)** Eugene, aka Mr Weddings, is busier than ever with a boom in weddings, but there is a damaged wedding cake to rescue. s1ep2
- 10.30 1 News (HD, C)**
- 11.00 Shortland Street (PG, R, C, AD)** Vivienne is blindsided. Madonna takes a risk. Desi gets some tough love.
- 11.30 The Great British Sewing Bee (G, R, HD, C, AD)** s6ep6
- 12.45am Schitt's Creek (M, R, HD, C, AD)** s5ep9
- 1.35 Te Karere (R, HD)**
- 2.00 Infomercials**
- 5.30 - 6.00 Religious Programming**

TVNZ 2 FREEVIEW 2 SKY 002

- 6.00 Les Mills Born to Move (G, R, HD, C)**
- 6.25 Kiri and Lou (G, R, HD, C, AD)**
- 6.30 Toi Time (G, R, HD, C, AD)**
- 7.00 Robin Hood: Mischief in Sherwood (G, HD, C)**
- 7.25 Agent Binky: Pets of the Universe (G, HD, C)**
- 7.50 Teen Titans Go! (G, R, HD, C)**
- 8.10 Gus - the Itsy Bitsy Knight (G, HD, C)** s1ep6
- 8.20 Mighty Little Bheem (G, R, HD, C)**
- 8.35 Sesame Street (G, HD, C)**
- 9.00 Infomercials**
- 9.30 Les Mills Grit Cardio (G, R, HD, C)**
- 10.00 Home and Away (PG, R, C)**
- 10.30 Shortland Street (PG, R, HD, C, AD)**
- 11.05 Charmed (M, HD, C)**
- Noon First Dates (M, HD, C)** s6ep13
- 1.00 Selling Houses Australia (G, R, HD, C)**
- 2.05 The Drew Barrymore Show (PG, C)**
- 3.00 Will & Grace (G, R, C)** s1ep20
- 3.30 The Feed (PG, HD, C)**
- 5.00 The Simpsons (G, R, HD, C, AD)** s32ep6
- 5.30 Friends (G, R, HD, C)** s1ep10
- 6.00 The Big Bang Theory (PG, R, HD, C, AD)** s7ep19
- 6.30 Home and Away (PG, C)** Lyrik scores an unlikely band manager, an old flame reignites, and will Heather give Marilyn a second chance?
- 7.00 Shortland Street (PG, HD, C, AD)** Vivienne is blindsided, Madonna takes a risk, and Desi gets some tough love.
- 7.30 Travel Guides Australia (PG, R, HD, C, AD)** The Travel Guides are in Western Australia for a mermaid experience in Busselton.
- 8.35 Have You Been Paying Attention? (M, C)** Hayley Sproull presents a topical comedy panel show.
- 9.35 Dinner Date (G, HD, C, AD)** UK dating show in which a single person chooses a date based on three meals cooked by a blind date in their own home.
- 10.35 Ready to Mingle (16, HD, C)** The partners cause havoc as they take over for the day, and a hot new boy arrives in an attempt to break up the love triangle. s1ep9
- 11.35 Alex Rider (M, HD, C)** Alex needs Jack's help to escape Amsterdam and deliver vital evidence to the department. s2ep7
- 12.25am Evil (16, C)** s2ep7
- 1.15 Emmerdale (PG, R, C, AD)**
- 1.40 Infomercials**
- 2.35 Unreal (16, HD, C)** s4ep5
- 4.05 The Bachelorette (PG, R, HD, C)** s16ep13
- 5.35 - 6.00 2 Tunes**

THREE FREEVIEW 3 SKY 003

- 6.00 AM With Ryan Bridge and Melissa Chan-Green.**
- 9.00 Infomercials**
- 10.30 Gold Rush (PG, R, C)**
- 11.30 Newshub Live**
- Noon Dance Night Obsession (2016, M, R, C)** Sabrina Bryan.
- 2.00 Cutthroat Kitchen (G, C)**
- 3.00 Outrageous Acts of Science (PG, C)**
- 4.00 Bath Crashers (G, C)**
- 4.30 Newshub Live**
- 5.00 Gold Rush (PG, C)** Tony hauls the final piece of his million-dollar second dredge from Thistle Creek and prepares to rebuild it.
- 6.00 Newshub Live**
- 7.00 The Project With Kanoa Lloyd, Jesse Mulligan and Jeremy Corbett.**
- 7.30 Mission: Impossible - Fallout (2018, M, R, C)** Ethan Hunt and the IMF team try to prevent nuclear weapons technology from falling into the hands of terrorists. Tom Cruise, Vanessa Kirby, Henry Cavill, Ving Rhames, Angela Bassett. **TV Films, page 69**
- 10.15 Newshub Late**
- 10.45 World Rally Championship NZ Coverage of day 2 of the 2022 Rally New Zealand, featuring the Whaanga Coast near Raglan.**
- 11.20 Comedy Month: The Comedy Mixtape (M, R, C)** Pax Assadi hosts a stand-up showcase that includes Tofiga Fepulea'i, and Courtney Dawson.
- 12.20am - 6.00 Infomercials**

PRIME FREEVIEW 10 SKY 004

- 6.00 Infomercials**
- 8.00 Kids' Programmes (C)**
- 9.00 Jeopardy (G, R)**
- 9.30 The Neighborhood (PG, C)**
- 10.00 New Amsterdam (M, R, C)**
- 11.00 NCIS: New Orleans (M, R, C)**
- Noon Parenthood (M)**
- 1.00 House (M, C)**
- 2.00 The Late Show (PG, R)**
- 3.00 Wheel of Fortune (G)**
- 3.30 Jeopardy (G)**
- 4.00 American Pickers (PG, R)**
- 5.00 Attitude (PG, C)**
- 5.30 Prime News**
- 6.00 Storage Wars (PG, R, C)**
- 7.00 Pacific Brothers & Sisters (G)** With Oscar Kightley.
- 7.30 Border Security: America's Front Line (PG, R, C)**
- 8.00 Border Security: Australia's Front Line (PG, R, C)**
- 8.30 Pawn Stars (PG)** Jake gets a lesson from Corey when a rare instrument arrives.
- 9.30 RAW (PG)**
- 10.30 The Late Show with Stephen Colbert (PG)**
- 11.30 How to Make It in America (M, C)**
- 12.00am - 6.00 Infomercials**

**Film: HOCUS POCUS 2**

The 1993 movie wasn't an immediate hit, but over the years, thanks to television Halloween scheduling, it has taken on classic status. Even so, it took a lot of lobbying by Bette Midler to get a sequel underway. Midler, Kathy Najimy and Sarah Jessica Parker reprise their roles as witches Winifred, Mary and Sarah Sanderson and the story revolves around three Salem teens (Whitney Peak, Belissa Escobedo and Lilia Buckingham) who resurrect the witches again after 30 years. In a more modern twist, the teens have a few magical skills themselves, "pitting the young against the veterans", says Midler.

DISNEY+

**Animation: INTERGALACTIC**

From nostalgia to the utterly modern: musician and actor Kid Cudi created this animated series and voices its lead character, Jabari, an artist on the cusp of success in New York. Cool kids Jessica Williams, Timothée Chalamet, Ty Dolla \$ign and Vanessa Hudgens lend their voices.

NETFLIX

WHAKAATA MĀORI

FREEVIEW 5 SKY 019

- 6.30 Kids' Programmes**
8.00 Tribe (G, R)
8.30 Oranga Ngākau (G, R)
9.30 Whānau Living (G, R)
10.00 Lucky Dip (G, R)
10.30 Toi Te Ora (G, R)
11.00 Rage Against the Rangatahi (PG, R)
11.30 Lifted (G, R)
Noon Te Ao Tapatahi
12.30 Only in Aotearoa (PG, R)
1.00 Ka Pai Living (PG, R)
1.30 Tōku Reo (G, R)
2.30 Ako (G, R)
3.00 Kids' Programmes
4.30 Tribe (G, R)
5.00 Haka Life Web Series (G, R)
5.15 Ka Hao (G, R)
5.30 Kids' Programmes
6.00 Haka Ngahau ā-Rohe: Waitaha (G, R)
6.30 Te Ao Mārama
7.00 Pacific Island Food Revolution (G, R) Three teams must showcase the best of healthy Fijian cuisine.
8.00 Moosemeat and Marmalade (G, R) Two very different chefs explore contrasting cultures and traditions.
8.30 Intrepid Journeys (PG) Simon Gault is in Turkey and Iran.
9.30 Moko (G, R) Moko artists from Aotearoa attend Tatau i Mo'orea.
10.00 The New Zealanders (G, R)
11.00 - 11.30 Te Ao Mārama (R)

TVNZ DUKE

FREEVIEW 6 SKY 023

- 6.00 On Duke Today**
10.30 DUKEbox Music
11.10 Beat the Chef (G, R, HD, C)
11.35 Two and a Half Men (PG, R, HD, C) s12ep11
Noon Everybody Hates Chris (G, R, HD, C)
12.25 River Monsters (PG, R, HD, C)
1.20 Star Trek Discovery (M, HD, C) s3ep6
2.15 Hunting Aotearoa (PG, R, HD)
2.40 Heavy Rescue 401 (G, R, HD)
3.35 The Chase Aus (G, HD, C)
4.25 ABC World News (PG)
4.50 Abandoned Engineering (PG, R, HD, C)
5.40 30 Rock (PG, R, HD, C) s7ep12
6.35 Two and a Half Men (PG, R, HD, C) s12ep12
7.05 Everybody Hates Chris (PG, R, HD, C)
7.30 The Simpsons (G, R, HD, C) s20ep9
8.30 Family Guy (PG, R, HD, C, AD)
9.25 Wild Wild West (1999, M, R, HD, C, AD) Will Smith, Kevin Kline, Salma Hayak.
11.25 Friday Night Lights (PG, HD, C) s1ep4
1.05am - 1.25 ABC World News (PG, R)

Film: WEREWOLVES WITHIN

Midnight seems an appropriate time for a comedy-horror that is like a party game come to life. Players of Mafia or Werewolf may be interested to learn that this is the first film in the based-on-a-video-game genre to earn Certified Fresh at Rotten Tomatoes.

RIALTO, 12.00am



BRAVO

FREEVIEW 4 SKY 012

- 6.00 Infomercials**
10.00 Love It or List It (G, R)
10.50 Stop Search Seize (PG, R)
11.45 Snapped (M, R)
12.40 A Lie to Die For (PG, R)
1.40 Below Deck (M, R) s4ep6
2.35 Love It or List It (G, R)
3.35 Top Chef (PG)
4.30 Shark Tank (PG, R)
5.30 A Place in the Sun: Winter Sun (G)
6.30 Stop Search Seize (PG, R)
7.30 The Birdcage (1996, M, C) A cabaret owner and his partner agree to act straight for the right-wing parents of their son's fiancée. Robin Williams, Nathan Lane, Gene Hackman, Dianne Wiest, Dan Futterman, Calista Flockhart, Christine Baranski.
9.55 An Unexpected Killer (16, R) A recently divorced mother is found strangled on her couch.
10.55 Snapped (M, R)
11.45 A Lie to Die For (PG, R)
12.35am - 6.00 Infomercials

EDEN

FREEVIEW 8 SKY 013

- 6.00 My Cat from Hell** (PG, R)
7.00 The Pioneer Woman (G)
7.30 Trisha's Southern Kitchen (G)
8.00 Bizarre Foods: Delicious Destinations (G, R)
8.30 Rick Stein's Cornwall (G, R)
9.05 Monument Mysteries (PG, R)
10.00 American Pickers (PG, R)
11.00 Salvage Dawgs (G)
11.30 Flea Market Flip (G, R)
Noon Mediterranean with Simon Reeve (PG, R)
1.00 Bite Club (M, R)
2.00 Aussie Lobster Men (PG, R)
3.00 My Cat from Hell (PG)
4.00 Jamie & Jimmy's Food Fight Club (PG, R)
5.00 Mysteries at the Monument (PG)
6.00 American Pickers (PG)
7.00 The Chase USA (PG)
8.00 Newshub Live
8.30 All Together Now UK (G) Singing competition series.
10.00 The Great Giveback with Melissa McCarthy (G)
11.00 The Chase USA (PG, R)
12.00am - 6.00 Infomercials

RUSH

FREEVIEW 14 SKY 024

- 6.00 Alaska: The Last Frontier** (PG, R)
6.50 Treehouse Masters (PG, R)
7.40 Wheeler Dealers (PG, R)
8.30 Inside West Coast Customs (PG, R)
9.20 Kindig Customs (PG, R)
10.10 Street Outlaws (M, R)
11.00 Alaska: The Last Frontier (PG, R)
11.50 Treehouse Masters (PG, R)
12.40 Desert Car Kings (PG, R)
1.30 Highway to Sell (PG, R)
2.20 Texas Metal (PG, R)
3.10 Wheeler Dealers (PG, R)
4.00 Inside West Coast Customs (PG, R)
4.50 Alaska: The Last Frontier (PG, R)
5.40 Treehouse Masters (PG)
6.35 Wheeler Dealers (PG)
7.30 Expedition Mungo (PG)
8.25 Expedition Unknown (PG)
9.20 NASA's Unexplained Files (PG)
10.15 Alaska: The Last Frontier (PG)
11.10 Treehouse Masters (PG, R)
12.00am Programmes continue

SKY PREMIERE

SKY 030

- 7.15 Lake Placid: Legacy** (2018, 16) Katherine Barrell
8.50 The Unholy (2021, M) Jeffrey Dean Morgan, Cricket Brown
10.30 Stillwater (2021, M) Matt Damon, Abigail Breslin
12.50 Together (2021, M) James McAvoy, Sharon Horgan
2.25 A Quiet Place Part II (2020, M) Emily Blunt
4.00 Charm City Kings (2020, 16) Jahi Di'Allo Winston
6.00 Spider-Man: No Way Home (2021, M) With his secret exposed, Peter turns to Doctor Strange to make the world forget. Tom Holland, Benedict Cumberbatch
8.30 The Little Things (2021, M) A deputy sheriff's quick assignment turns into the search for a serial killer. Denzel Washington, Rami Malek
10.40 Naked Singularity (2021, 16) A burnt-out public defender decides to rob his client's multimillion-dollar drug deal. John Boyega, Olivia Cooke
12.15am Crisis (2020, 16) **2.15** New Year, New You (2018, 16) **3.40** Gully (2021, 18) **5.05** The Devil Has a Name (2021, 16)

MOVIES CLASSICS

SKY 034

- 6.30 Birdman of Alcatraz** (1962, PG) Burt Lancaster, Karl Malden
8.55 Wyatt Earp (1994, M) Kevin Costner, Dennis Quaid
Noon Goodfellas (1990, 16) Robert De Niro, Ray Liotta
2.25 Basic Instinct (1992, 18) Michael Douglas, Sharon Stone
4.32 Fail Safe (1964, PG) Henry Fonda, Walter Matthau
6.25 The Manchurian Candidate (1962, PG) After being captured during the Korean War, a soldier begins to suspect his sergeant has been brainwashed. Frank Sinatra, Laurence Harvey
8.30 Pancho Villa (1972, PG) A Mexican revolutionary takes revenge by raiding a US Army weapons depot. Telly Savalas, Clint Walker, Chuck Connors
10.00 The Witches of Eastwick (1987, M) Jack Nicholson, Susan Sarandon
11.55 Heat (1995, 16) Al Pacino, Robert De Niro
2.40am Bye Bye Birdie (1963, PG)
4.30 The China Syndrome (1979, PG)

RIALTO

SKY 039

- 7.25 Blind Ambition** (2021, M) Australian documentary.
9.00 The Killing of Two Lovers (2020, M) Clayne Crawford
10.25 Killing Escobar (2021, 16) UK documentary.
Noon New Order (2020, 16) Naian Gonzalez Norvind
1.25 Heart to Heart (2021, M) Lauren Porteous
1.45 The Gig Is Up (2021, M) Canadian/French documentary.
3.15 Sulphur and White (2020, 16) Mark Stanley
5.15 Collective (2019, 16) Romanian documentary.
7.05 Saint Maud (2019, 16) A hospice nurse becomes obsessed with saving the soul of her dying patient. Jennifer Ehle, Morfydd Clark
8.30 John and the Hole (2021, M) A 13-year-old decides to hold his family captive in a hole in the ground. Charlie Shotwell
10.15 Titane (2021, 18) Vincent Lindon
12.00am Werewolves Within (2021, 16) **1.35** Neon Bull (2015, 18)
3.20 The Gig Is Up (2021, M) **4.50** Sulphur and White (2020, 16)

SKY CHANNELS

Vibe SKY 006

6.00 Downton Abbey (M) s1ep2 **6.50** The Closer (M) s6ep15 **7.40** Major Crimes (M) s2ep3 **8.25** The Good Wife (M) s3ep2 **9.15** Covert Affairs (M) **10.00** Judge Judy (PG) **10.50** Murdoch Mysteries (M) s15ep3 **11.50** Gentleman Jack (M) s2ep3 **1.00** Big Little Lies (16) s1ep4 **2.00** The Closer (M) s6ep15 **2.50** Major Crimes (M) s2ep3 **3.40** The Good Wife (M) s3ep2 **4.30** Judge Judy (PG) **5.30** Downton Abbey (M) s1ep2 **6.30** Covert Affairs (M) **7.30** Jamestown (16) s3ep1 **8.30** Medici: The Magnificent (16) A circle of conspirators closes in on the Medici family. s1ep8 **9.35** Outlander (18) Claire and Geillis face charges of witchcraft. s1ep11&12 **11.45** The Good Wife (M) s3ep2 **12.30am** Programmes continue

BBC UKTV SKY 007

6.00 Would I Lie to You? (M) **6.30** QI (M) **7.05** EastEnders (PG) **7.35** The Bill (M) **8.25** A Touch of Frost (M) s6ep4 **10.15** Father Brown (PG) s5ep15 **11.00** Doc Martin (M) s5ep8 **11.50** Midsomer Murders (M) s7ep4 **1.35** The Bill (M) **2.25** New Tricks (M) s10ep9 **3.25** 8 Out of 10 Cats Does Countdown (M) **4.20** The Graham Norton Show (M) s26ep13 **5.15** Who Do You Think You Are? Australia (PG) **6.20** QI (PG) **6.55** Richard Osman's House of Games Night (PG) s2ep6 **7.25** QI (M) **8.00** Would I Lie to You? (PG) **8.35** 8 Out of 10 Cats Does Countdown (M) **9.30** 8 Out of 10 Cats Does Countdown (M) **10.30** Hypothetical (M) s2ep5 **11.20** Midsomer Murders (M) s7ep4 **1.00am** Programmes continue

SoHo SKY 010

6.40 Westworld (18) s3ep5 **7.40** Murder on Middle Beach (18) s1ep4 **9.10** Industry (16) s2ep4 **10.20** Flatbush Misdemeanors (16) s2ep2 **10.50** Shining Vale (M) s1ep2 **11.20** McMillion\$ (M) s1ep4 **12.20** A Million Little Things (M) s4ep5 **1.05** Westworld (18) s4ep5 **2.05** Industry (16) s2ep4 **3.05** Atlanta (16) s4ep2 **3.35** Flatbush Misdemeanors (16) s2ep2 **4.05** Our Cartoon President (16) s3ep13 **4.35** Ray Donovan (18) s7ep10 **5.35** The L Word: Generation Q (18) s1ep3 **6.30** Yellowstone (16) s4ep5 **7.30** The Vow (18) s1ep2 **8.30** A Discovery of Witches (M) s3ep3 **9.30** Impeachment: American Crime Story (16) As Monica leans on Linda for support, Linda begins documenting their conversations. s3ep4 **10.30** Avenue 5 (M) s1ep2 **11.00** Last Week Tonight with John Oliver (M) s9ep23 **11.35** American Gigolo (16) s1ep3 **12.35am** Programmes continue

Living SKY 017

6.15 Salvage Hunters (PG) **7.10** The Pioneer Woman (PG) **7.35** Girl Meets Farm (PG) **8.05** House Hunters (PG) **9.00** Freakshow Cakes (PG) **10.00** Girl Meets Farm (PG) **11.00** A Place in the Sun: Winter Sun (PG) **11.55** Love It or List It Australia (PG) **12.50** Location Location Location Australia **1.50** Salvage Hunters (PG) **2.45** House Hunters (PG) **3.45** The Pioneer Woman (PG) **4.15** Girl Meets Farm (PG) **5.40** Location Location Location Australia (PG) **6.35** Love It or List It Australia (PG) **7.30** A Place in the Sun: Winter Sun (PG) **8.30** Paramedics on Scene (PG) **9.30** Long Lost Family US (PG) **11.25** House Hunters (PG) **12.15am** Programmes continue

Investigation Discovery SKY 018

6.05 Six Degrees of Murder (M) **6.55** Murder in the Heartland (M) **7.45** Homicide City (M) **8.35** Body Cam (M) **9.25** Dead of Night (M) **10.20** Disappeared (M) **11.15** Murder Comes to Town (M) **12.10** Six Degrees of Murder (M) **1.05** Who the (Bleep) Did I Marry? (M) **2.00** Obsession: Dark Desires (M) **2.55** Deadly Affairs (M) **3.50** Blood Relatives (M) **4.45** Six Degrees of Murder (M) **5.40** Crimes Gone Viral (M) **6.35** Body Cam (M) **7.30** Evil Lives Here (M) **8.30** Reasonable Doubt (M) **9.30** Homicide City (M) **10.30** Murder Comes to Town (M) **11.25** Dead of Night (M) **12.15am** Programmes continue

Sky Arts SKY 020

6.30 Grayson's Art Club **7.15** The Decisive Moment **7.30** In the Making **8.00** Talking Heads: Alan Bennett Monologues **8.45** Elementa **9.25** In the Making **9.50** The Artist's Workshop **10.05** Kreativ: A Study by a Ekman **11.00** Exhibition on Screen: Lucian Freud **12.30** Video Killed the Radio Star **1.00** ■ Nomad: In the Footsteps of Bruce Chatwin (2019, G) **2.30** Grayson's Art Club **3.15** The Decisive Moment **3.30** In the Making **4.00** ■ Eric Clapton: Planes, Trains and Eric (2014, G) **5.30** Immersive World **6.00** Resonance **7.00** Put Some Colour in Your Life **8.00** Beijing Spring **8.55** Johnny Cash: Man in Black in Britain **9.45** Grayson Perry's Big American Road Trip (PG) **10.30** Portrait Artist of the Year **12.00am** Programmes continue

Discovery SKY 070

6.05 How It's Made (PG) **6.30** How Do They Do It? (PG) **6.55** Blowing Up History (PG) **7.45** Maine Cabin Masters (PG) **8.35** Airplane Repo (M) **9.25** Fast N' Loud (M) **10.20** Gold Rush the Dirt: The Hoffman Story (M) **11.15** Aussie Gold Hunters (PG) **12.10** How Do They Do It? (PG) **12.35** How It's Made (PG) **1.05** Expedition X (PG) **2.00** Naked and Afraid (PG) **2.55** Gold Rush Special (M) **3.50** Deadliest Catch (M) **4.45** Gold Rush: Parker's Trail (PG) **5.40** Demolition Down Under (PG) **6.35** Alaska Mega Machines (PG) **7.30** Gold Rush the Dirt: The Hoffman Story (M) **8.30** Aussie Gold Hunters (PG) **9.30** Dirty Jobs (PG) **10.30** What on Earth? (PG) **11.25** Naked and Afraid (PG) **12.15am** Programmes continue

National Geographic SKY 072

6.00 Food Factory (PG) **6.30** Air Crash Investigation: Special Report (M) **7.30** Narco Wars: Chasing the Dragon (16) **8.30** Hitler's Last Stand (M) **9.30** Lost Treasures of Rome (PG) **10.30** Wicked Tuna (PG) **11.30** Food Factory (PG) **12.30** Air Crash Investigation (PG) **1.30** Mega Factories **2.30** Ocean Wreck Investigation (PG) **3.30** Gordon Ramsay: Uncharted (PG) **5.30** Last of the Giants: Wild Fish (PG) **6.30** Hitler's Last Stand (M) **7.30** Aussie Snake Wranglers (PG) **8.00** Do or Die (PG) **8.30** Rescued (M) **9.30** Air Crash Investigation: Special Report (M) **10.30** Air Crash Investigation (M) **11.30** Food Factory (PG) **12.30am** Programmes continue

History SKY 073

6.30 Pyramids: Solving the Mystery **7.30** World's Greatest Ships (PG) **8.30** Time Team **9.30** Smoke and Steel: The Modern World (PG) **10.30** Time Team **11.30** Abandoned Engineering (PG) **12.30** Ancient Apocalypse (PG) **1.30** Battlefield (PG) **3.30** Secret War (PG) **4.30** Nazi Hunters (M) **5.30** Smoke and Steel: The Modern World (PG) **6.30** Time Team **7.30** WWII: Witness to War (16) **8.30** Tutankhamun: Life, Death and Legacy (PG) **9.30** The Blitz: Britain on Fire (PG) How actress Mary Lawson's rash decision to stay above ground during the bombing had tragic consequences. **10.30** Treasures Decoded (PG) **11.30** Hitler's Last Secrets (M) **12.30am** Programmes continue

BBC Earth SKY 074

6.00 Animal Impossible (PG) **6.55** Life Below Zero (M) **7.45** Where the Wild Men Are: Revisited (PG) **8.35** From Ice to Fire (PG) **9.40** The Truth About Your Immune System (PG) **10.35** The Dog Rescuers with Alan Davies (PG) **11.25** 24 Hours in A&E (PG) **12.15** Blue Planet II: The Making of (PG) **12.25** Nature's Great Events (PG) **1.20** From Ice to Fire (PG) **2.20** Animal Impossible (PG) **3.15** Operation Arctic with Simon Reeve (PG) **4.10** The Truth About Your Immune System (PG) **5.05** Life Below Zero (M) **5.55** Where the Wild Men Are: Revisited (PG) **6.50** The Dog Rescuers with Alan Davies (PG) **7.40** 24 Hours in A&E (PG) **8.30** Natural History Museum: World of Wonder (PG) **9.25** The Truth About Getting Fit at Home (PG) **10.20** Nature's Great Events (PG) **11.20** Operation Arctic with Simon Reeve (PG) **12.15am** Programmes continue



SoHo: Avenue 5, 10.30pm

SKY SPORT

Sky Sport 1 SKY 051

7.00 Mainfreight Rugby **8.00** UFC on Sky **8.30** National Provincial Championship, Bay of Plenty v Hawke's Bay, replay from Tauranga Domain **10.30** National Provincial Championship, Southland v Counties Manukau, replay from Invercargill Rugby Park **12.30** National Provincial Championship, Bay of Plenty v Northland, replay from Tauranga Domain **2.30** National Provincial Championship, North Harbour v Taranaki, replay from North Harbour Stadium, Auckland **4.30** The Crowd Goes Wild **5.00** Rugby Championship, All Blacks v Australia, replay from Eden Park, Auckland **7.00** National Provincial Championship, Hawke's Bay v Tasman, from McLean Park, Napier, **live** **9.00** Mainfreight Rugby **10.00** Rugby Championship, All Blacks v Australia, replay from Eden Park, Auckland **12.00am** Rugby Championship, South Africa v Argentina, replay from Kings Park, Durban **2.00** TBA **4.00** Gallagher Premiership, Exeter Chiefs v Harlequins, replay

Sky Sport 2 SKY 052

6.00 Gallagher Premiership, Northampton Saints v Leicester Tigers, replay from Franklin's Gardens, Northampton **8.00** ATP 250, Korea Open, day 4, match of the day **9.30** The Crowd Goes Wild **10.00** NRL, Preliminary Final 1, highlights **10.30** NRL, Preliminary Final 2, highlights **11.00** Inside Netball **11.30** UFC on Sky **Noon** Sofia Open, day 4, match of the day from Arena Armeec, Sofia, Bulgaria **1.30** ATP 250, Korea Open, day 4, match of the day **3.00** ATP 250, Korea Open, day 5, from Seoul Olympic Park Tennis Center, **live** **11.00** NRL Try Time **11.30** UFC on Sky **12.00am** UEFA Nations League, Greece v Northern Ireland, replay **2.00** Rowing World Champs, day 8, from Racice, Czech Republic **4.30** Mainfreight Rugby **5.30** UFC on Sky

Sky Sport 3 SKY 053

9.30 Pakistan v England, 5th T20, replay from Gaddafi Stadium, Lahore **1.30** Caribbean Premier League, Qualifier 2, replay from Providence Stadium, Georgetown **5.30** India v South Africa, 1st T20 **6.00** Pakistan v England, 5th T20 **6.30** Caribbean Premier League, Eliminator **7.00** Caribbean Premier League, Qualifier 1 **7.30** Caribbean Premier League, Qualifier 2 **8.00** Mobil 1 **8.30** India v South Africa, 1st T20, replay from Greenfield International Stadium, Thiruvananthapuram **12.30am** Caribbean Premier League, Qualifier 1 **1.00** Pakistan v England, 1st T20 **1.30** Pakistan v England, 2nd T20 **2.00** Pakistan v England, 3rd T20 **2.30** Pakistan v England, 4th T20 **3.00** Pakistan v England, 5th T20 **3.20** Pakistan v England, 6th T20, from Gaddafi Stadium, Lahore, **live**

RNZ Concert

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NB: Programmes are subject to change

SATURDAY

News and Weather 6.00, 8.00, 9.00, noon
6.00 RNZ Concert Mornings **10.00** RNZ Concert Days **1.00** Onstage **2.00** Worlds of Music with Trevor Reekie **3.00** RNZ Concert Afternoons **5.00** Inside Out with Nick Tipping **7.00** RNZ Concert Evenings **8.00** **Music Alive** CMNZ: Takács Quartet – Haydn: String Quartet No 64 in D Op 76/5; A Ritchie: Whakatipua Op 71; Webern: Langsamer Satz; Dvorak: String Quartet No 14 in A flat Op 106; Haydn: String Quartet in D Op 20/4 (4), Takács Quartet (recorded in Michael Fowler Centre) **9.30** **Sound Lounge** BBC Proms 2022: Public Service Broadcasting – This New Noise, Seth Lakeman, Public Service Broadcasting, BBC Symphony Orchestra/Jules Buckley (recorded in Royal Albert Hall, London) **12.00am** Music Through the Night

SUNDAY

News and Weather 6.00, 8.00, 9.00, noon
6.00 Sanctuary **7.30** Hymns on Sunday with Robyn Jaquierey **8.00** Grace Notes **9.00** RNZ Concert Mornings **10.00** RNZ Concert Days **1.00** Onstage **3.00** The Musical Omnivore with David Morriss **5.00** New Horizons with William Dart **6.00** **Opera on Sunday** WFMT Opera Series 2022: Giuseppe Verdi's Macbeth – Simon Keenlyside (Macbeth), Anna Pirozzi (Lady Macbeth), Günther Groissböck (Banquo), David Junghoon Kim (Macduff), April Koyejo-Audiger (Lady Macbeth's Attendant), Egor Zhuravskii



April Koyejo-Audiger, Opera on Sunday, 6.00pm.

(Malcolm), Blaise Malaba (Doctor), Chorus and Orchestra of the Royal Opera House/Daniele Rustioni (recorded in Royal Opera House, London) **9.00** Made in New Zealand **11.00** New Music Dreams with Ryan Smith **12.00am** Music Through the Night

MONDAY

News and Weather 6.00, 7.00, 8.00, 9.00, noon, 5.00pm
6.00 RNZ Concert Mornings **10.00** RNZ

Concert Days **1.00** **Onstage** A showcase of live performances from Aotearoa and around the world **3.00** RNZ Concert Afternoons **7.00** RNZ Concert Evenings **8.00** **Music Alive** NZSO: Timeless – Mozart: Symphony No 40 in G minor K550; Haydn: Symphony No 64 in A, Tempora mutantur; Beethoven arr Weingartner: Grosse Fuge in B flat Op 133, New Zealand SO/Hamish McKeich (recorded in Michael Fowler Centre, Wellington) **10.00** Day's End **12.00am** Music Through the Night

TUESDAY

News and Weather 6.00, 7.00, 8.00, 9.00, noon, 5.00pm
6.00 RNZ Concert Mornings **10.00** RNZ Concert Days **1.00** **Onstage** A showcase of live performances from Aotearoa and around the world **3.00** RNZ Concert Afternoons **7.00** RNZ Concert Evenings **8.00** **Music Alive** CMNZ: Mendelssohn & Dvorak – Farr: Te Kōanga; Mendelssohn: String Quartet No 1 in E flat Op 12; Edwards: White Cockatoo Spirit Dance; Dvorak: String Quartet No 12 in F Op 96, American; Sculthorpe: Hill Song 2, Goldner String Quartet (recorded in Auckland Concert Chamber) **10.00** Day's End **12.00am** Music Through the Night

WEDNESDAY

News and Weather 6.00, 7.00, 8.00, 9.00, noon, 5.00pm
6.00 RNZ Concert Mornings **10.00** RNZ Concert Days **1.00** **Onstage** **3.00** RNZ Concert Afternoons **7.00** RNZ Concert Evenings **8.00** **Music Alive** BBC Proms 2022: Nicola Benedetti plays Wynton Marsalis – Adès: Three-Piece Suite, from Powder Her Face (Suite No 1); Marsalis: Violin Concerto; Britten: Four Sea Interludes,

RNZ National

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NB: Programmes are subject to change

SATURDAY

6.08 Storytime **6.55** News 2 Me **7.08** Country Life **8.10** Saturday Morning with Kim Hill **12.10** **Māpuna with Julian Wilcox** Conversations with Māori throughout Aotearoa, from sports legends to business leaders, artists and community advocates **1.06** Music 101 with Charlotte Ryan **5.00** The World at Five **5.30** **Tagata o te Moana** Pacific news, issues, information and music **6.06** **Nashville Babylon** Mark Rogers presents Americana, alt country, folk, soul and blues **7.06** **Saturday Night with Phil O'Brien** Requests, nostalgia and musical memories **12.04am** All Night Programme

SUNDAY

6.08 Storytime **7.10** Features Hour **8.06** **Sunday Morning with Jim Mora** Including 9.06 Mediawatch **12.12** **Standing Room Only with Lynn Freeman** Including 1.10 At the Movies 2.05 The Laugh Track **3.05** Classic Drama **4.06** The Arts Hour (BBC World Service) **5.00** The World at Five **5.10** Heart and Soul (BBC) **5.35** **Te Manu Korihi** Māori news and issues **6.06** **Māpuna with Julian Wilcox** Conversations with Māori throughout Aotearoa, from sports legends to business leaders, artists and community advocates **6.50** Voices **7.04** **Smart Talk** Conversations recorded around Aotearoa and the world **8.06** The Sunday Night Retro Show with Phil O'Brien **10.00** News at Ten **10.15** Mediawatch **11.04** The Retro Cocktail Hour (KPR) **12.04am** All Night Programme

MONDAY

5.00 First Up with Nathan Rarere **6.00** Morning Report with Corin Dann and Susie Ferguson **9.06** Nine to Noon with Kathryn Ryan **Noon** Midday Report with Māni Dunlop **1.06** Afternoons with Jesse Mulligan **3.45** The Panel with Wallace Chapman **5.00** Checkpoint with Lisa Owen **6.30** Trending Now **7.06** Nights with Bryan Crump **10.00** News at Ten **10.15** Lately with Karyn Hay **11.04** **Nashville Babylon** Mark Rogers presents Americana, alt country, folk, soul and blues **12.04am** All Night Programme

TUESDAY

5.00 First Up with Nathan Rarere **6.00** Morning Report with Corin Dann and Susie Ferguson **9.06** Nine to Noon with Kathryn Ryan **Noon** Midday Report with Māni Dunlop **1.06** Afternoons with Jesse Mulligan **3.45** The Panel with Wallace Chapman **5.00** Checkpoint with Lisa Owen **6.30** Trending Now **7.06** Nights with Bryan Crump **10.00** News at Ten **10.15** Lately with Karyn Hay **11.04** Worlds of Music with Trevor Reekie **12.04am** All Night Programme

WEDNESDAY

5.00 First Up with Nathan Rarere **6.00** Morning Report with Corin Dann and Susie Ferguson **9.06** Nine to Noon with Kathryn Ryan **Noon** Midday Report with Māni Dunlop **1.06** Afternoons with Jesse Mulligan **3.45** The Panel with Wallace Chapman **5.00** Checkpoint with Lisa Owen **6.30** Trending Now **7.06** Nights with Bryan Crump **10.00** News at Ten **10.15** Lately with Karyn Hay **11.04** **Inside Out** Nick Tipping presents classic recordings and modern masterpieces from the world of jazz. **12.04am** All Night Programme

THURSDAY

5.00 First Up with Nathan Rarere **6.00** Morning Report with Corin Dann and Susie Ferguson **9.06** Nine to Noon with Kathryn Ryan **Noon** Midday Report with Māni Dunlop **1.06** Afternoons with Jesse Mulligan **3.45** The Panel with Wallace Chapman **5.00** Checkpoint with Lisa Owen **6.30** Trending Now **7.06** Nights with Bryan Crump **10.00** News at Ten **10.15** Lately with Karyn Hay **11.04** Music 101 Pocket Edition **12.04am** All Night Programme

FRIDAY

5.00 First Up with Nathan Rarere **6.00** Morning Report with Corin Dann and Susie Ferguson **9.06** Nine to Noon with Kathryn Ryan **Noon** Midday Report with Māni Dunlop **1.06** Afternoons with Jesse Mulligan **3.45** The Panel with Wallace Chapman **5.00** Checkpoint with Lisa Owen **6.30** Trending Now **7.06** Nights with Bryan Crump **10.00** News at Ten **10.15** Lately with Karyn Hay **11.04** The Mixtape **12.04am** All Night Programme



Tova O'Brien, Today FM, Monday to Thursday, 6.30am.

from Peter Grimes; Bernstein: West Side Story, Symphonic Dances, Nicola Benedetti (violin), Royal Scottish National Orchestra/Thomas Søndergård (recorded in Royal Albert Hall, London) **10.00** Day's End **12.00am** Music Through the Night

THURSDAY

News and Weather 6.00, 7.00, 8.00, 9.00, noon, 5.00pm

6.00 RNZ Concert Mornings **10.00** RNZ Concert Days **1.00 Onstage** A showcase of live performances from Aotearoa and around the world **3.00** RNZ Concert Afternoons **7.00** RNZ Concert Evenings **8.00 Music Alive** Live from Auckland Town Hall – APO Premier Series: White Horses & Bezuidenhout's Mozart – Peacocke: White Horses (world premiere); MOZART: Piano Concerto No 22 in E flat K482; Martinů: Symphony No 6, Fantaisies symphoniques, Kristian Bezuidenhout (piano), Auckland Phil/Johannes Fritsch **10.00** Day's End **12.00am** Music Through the Night

FRIDAY

News and Weather 6.00, 7.00, 8.00, 9.00, noon, 5.00pm

6.00 RNZ Concert Mornings **10.00** RNZ Concert Days **1.00 Onstage** A showcase of live performances **3.00** RNZ Concert Afternoons **7.00** RNZ Concert Evenings **8.00 Music Alive** BBC Proms 2022: Last Night of the Proms – Lise Davidsen (soprano), Sheku Kanneh-Mason (cello), Harriet Walter (actor), BBC Singers, BBC Symphony Chorus, BBC Symphony Orchestra/Dalia Stasevska (recorded in Royal Albert Hall, London) **10.00** Day's End **12.00am** Music Through the Night

Newstalk ZB newstalkzb.co.nz

SATURDAY

6.00 Jamie McKay **7.00** D'Arcy Waldegrave **9.00** Jack Tame Noon Sportstalk **3.00** Tim Roxborough & Tim Beveridge **6.00** Roman Travers **12.00am** Jim Snedden

SUNDAY

6.00 Peter Wolfkamp **9.00** Francesca Rudkin Noon Sportstalk **3.00** Tim Roxborough & Tim Beveridge **6.00** Frank Ritchie & Jax van Buuren **7.30** John Cowan **8.00** Miles Davis **11.00** The Nutters Club **1.00am** Roman Travers

MONDAY-FRIDAY

5.00 Kate Hawkesby **6.00** Mike Hosking **9.00** Kerre Woodham Noon Simon Barnett & James Daniels (Andrew Dickens on Monday) **4.00** Heather du Plessis-Allan **7.00** Sportstalk **8.00** Marcus Lush **12.00am** Roman Travers/Tim Beveridge

Today FM todayfm.co.nz

SATURDAY

6.00 Nigel Yalden **9.00** WellBeings with Dominic Bowden Noon Robett Hollis **2.00** Sport with Marc Peard & John Day **6.00** Saturday Night Live

SUNDAY

6.00 Best of Tova & Lloyd Burr Live **7.00** Build & Design with Hamish Dodd & Stan Scott **9.00** Mel Homer Noon Dave Letele & Nats Levi **2.00** Graeme Hill **7.00** Podcast Playback **8.00** Polly Gillespie

MONDAY-THURSDAY

5.00 Rachel Smalley **6.30** Tova O'Brien **9.00** Duncan Garner Noon Leah Panapa & Mark Richardson **4.00** Lloyd Burr **7.00** Graeme Hill (Wilhelmina Shrimpton on Monday) **8.00** Polly Gillespie **12.00am** Today FM Late

FRIDAY

As above until evening **7.00** Podcast Playback **8.00** Friday Night Nickson **12.00am** Today FM Late

Classical

by RICHARD BETTS

Not drowning, waving

A new orchestral work describes a mysterious death.

Viva Waud Farmar was a remarkable woman. Or maybe she was just a normal woman who did some remarkable things. Or simply a woman who lived in remarkable times and kind of went with it. Any of these could be true. Or none of them. Even the bare facts of her life are contestable: she was Viva Waud Farmar – Waud being a family name – except sometimes she's recorded as Viva Maud Farmar, Maud being her mother's name.

We know that Farmar was born in 1886. She trained as a nurse and worked in Wairau Hospital, Blenheim, until late in World War I, when she was shipped to the front line.

Afterwards, she returned to Blenheim, with its routine of x-rays, pills and bed-pans, and in 1929, joined Marlborough Aero Club. By the early 1930s, she was among the first New Zealand women to gain a pilot's licence. One summer, while flying as a passenger from Blenheim to Wellington, Farmar opened the aircraft's door and leapt into Cook Strait, 800m without a parachute. To this day, no one knows why.

"She hit the sea sometime before I could get down," AE Willis, the plane's pilot, told the *Marlborough Express*. "The sea was pretty rough, with white horses everywhere."

"There's something mysterious and beautiful about the image of her falling," says composer Gemma Peacocke, who has just written *White Horses*, an orchestral work inspired by Farmar's story, and which Auckland Philharmonia Orchestra

Composer Gemma Peacocke: inspired by the story of Viva Waud Farmar's death in 1937.

premieres on September 29.

Peacocke's career has been mostly overseas, so she's swum largely beneath the waves in her home country, but she's a big deal. Having graduated from the New Zealand School of Music, she worked in arts administration for a while, but always knew she wanted to compose.

"There's something mysterious and beautiful about the image of her falling."

"I got to the end of my twenties and thought, 'I can't keep doing this as a hobby. It's too painful, I need to make a decision: give it up or pursue it properly.'"

Peacocke eyed the US. She applied to NYU, got in, gained a Masters. Applied to Princeton, got in on a full-ride fellowship. She's currently completing her PhD on the theme of haunting, and if that's not the musical equivalent of our "cinema of unease", then I don't know what is.

"I couldn't tell you what the New Zealand classical music sound is, or whether I have that," Peacocke says. "I can only sound like me." ■

Auckland Philharmonia Orchestra – Bezuidenhout's Mozart. Broadcast live from the Auckland Town Hall, RNZ Concert, September 29, 7.30pm.

GREG
DIXON

Making the switch

In breaking news, the Queen is dead. Also, I have realised I'm now officially a Renaissance Man.

This does not mean I am middle-aged and undergoing a renaissance, although it is indeed true that I am middle-aged and, since moving from the Big Smoke to the Sticks, have gone through something like a regeneration.

Nor, when I say I'm a Renaissance Man, do I mean that I am a man who, of all history's exciting epochs, only has eyes for all things Renaissance, from the *Mona Lisa* to moveable type to the works of Raphael. And, of course, I am not saying I was born during the Renaissance, although it is true that some mornings I feel about 500 years old.

No, what I mean is that since arriving at Lush Places, I have become a fellow of many talents, a bloke of many parts, a jack of all trades and master of some. I've had no choice.

Having moved to the country, I couldn't just sit about being (cough, cough) a man of letters churning out ill-chosen words at 60c a go for whoever would have them.

By dint of now co-owning 5ha, livestock, giant lawns, hundreds of trees, a huge garden and gates and fences and sheds and water pumps and septic tanks and a very long driveway, I've had to become a man of letters who is also familiar with chainsaws and weed-eaters, with ride-on mowers and sheep, with fixing gates and cleaning septic-tank filters and myriad other

things I could not do, or never did, before I left Auckland.

To save money, for example, I have learnt how to efficiently clean our chimney and how to properly paint window and door frames and sills.

wiring to fix appliances, mastered the art of seasoning firewood, and become a dab hand at pruning, hedge trimming and taking care of chooks. I've even delivered lambs.



The pump shed in happier days.

This week, I added further DIY experience to the list when the kitchen mixer tap broke.

Because our Vodafone wireless broadband is sometimes so terrible, I've had to figure out how to best align our aerials and fiddle with router settings to try to improve our internet speed. To avoid catching Covid at the barber's, I've successfully learnt how to cut my own hair (current customer online comment: "Your here cutz r sorta ok").

I have learnt how to solder

a new one myself rather than pay a plumber.

It was not, as it turned out, terribly difficult to do, though I had to remove cupboard doors and unscrew and remove sink pipes before starting, and then put everything back as I found it. It wasn't completely cock-up-free; I had to reverse the hot and cold connections after inadvertently affixing them the wrong way round. Even Renaissance Men make mistakes.

Next on my list of things to learn is basic electrical work – something made more urgent by recent experience.

A few weeks back, the water pump stopped working, which meant no house water. I quickly worked out that it wasn't a fuse or the pump or an act of god that had killed the water, but a failed switch socket.

To avoid the possibility of getting a shock replacing it myself, I called our regular electricians based in nearby Carterton. A cheery bloke arrived the same day, and in 10 minutes flat had sorted the problem.

The shock came with the bill. It was an astonishing \$310, which included an hour and half labour and \$74 for travel, charged out at a frankly price-gouging \$1.85 per km plus GST.

After I challenged the labour charge, it was cut to an hour and the bill was reduced, without apology. It is now \$258 – or, as I like to think of it, 258 reasons for Renaissance Man to learn how to replace an electrical socket himself. ■

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